

CLARK'S PORK and BEANS

What a relief to know that the meal will be ready on time—Just heat and serve Clark's Pork & Beans, or one of the many other delicious Clark Prepared Foods—

No work—no worry—yet everyone will praise the cooking

W. CLARK Limited, MONTREAL

ESTABLISHMENTS AT MONTREAL, P. Q., ST. REMI, P. Q. AND MARKHAM, ONT.

Optometry

Optometry may be defined as the scientific examination of the eye and the prescribing of lenses to correct optical defects.

Formerly the examination of the eye for glasses consisted in the placing of lenses before the eyes of the patient until a seemingly suitable lens had been found.

Optometry affords scientific and precise methods whereby the conditions of the eyes may be readily and accurately determined. With delicate instruments and the use of light rays the faulty condition of the eye is diagnosed.

F. Hutcheson

OPTOMETRISTS

Wm. Rogers & Son
Silverplate

Many homes were delighted with the good things they enjoyed eating on Christmas.

Bread and Buns baked with Gold Bond and Garden City Flour.

BISCUITS and Cakes baked with the celebrated ASBY Flour.

Brown Bread and Muffins from our Whole Wheat Flour and every one saving the coupons to cash in on the silver-table ware premiums shown in this space.

Inset on getting any of these brands from your grocer. Save the coupons and secure some of these premiums. There are coupons in every bag.

Charlottetown Milling Co., Ltd.

GEO. S. ROBSON, Manager

PAY IT TODAY!

You will receive a statement of your account in today's mail. KINDLY MAKE PAYMENT.

We need the Cash

to pay manufacturers' bills, now falling due.

Thank you!

Beer & Weeks

THE CENTRAL GUARDIAN

SHOP from Holman's Catalog.
CLEARANCE sale at Brantford Farm, Frenchfort postponed until about February. 1st See ad later. 11213-9-31

BRASS BEDS, very massive design in three different styles, all full sizes at 25 per cent discount. Patons Ltd. 11220-9-31

LADIES FUR COATS, cloth coats, surge dresses evening dresses, skirts, silk and wool sweaters coats at discounts from 25, 33, 1-3 to half price at Patons Ltd. 9-31

CIVIL SERVICE—Join the classes at the Union Commercial College and get in line for a good position. Full particulars on application to Prin. Moran.

G.W.V.A.—Commander Lewin will lecture to returned men on "The Sinking of the German Fleet at Scapa Flow and after." at the G.W.V.A. rooms on Thursday evening Jan. 11th. 31

GENTS AND BOYS Overcoats suits and overalls, selling at Patons Ltd Money Raising Sale, these wonderful values at discounts from 25 to half price. Patons Ltd. 11220-9-31

JUDGING BY THE WAY The people are taking advantage of the money raising sale the values must be right, the quality the best come and share in the bargains. Patons Ltd. 9-31

OFFICERS ELECTED—At a meeting of Prince Edward Lodge, No. 14 A. F. and M. Stanley on December 27th, 1922, "St. John's Night," the following officials were duly installed. M. M.—R. J. Anderson; S. W.—Walter MacKenzie; J. W.—W. Williams; Treas.—W. T. Welr, re-elected; Sec'y.—H. S. MacEwen, re-elected; S. D.—Duncan MacKenzie; J. D.—Lem MacKay; S. S.—Elmer MacLeod; J. S.—Stirling MacKay; Chap.—H. P. Found; Marshal—C. R. Morris; Tyler—J. I. Stewart.

KELLY'S CROSS—Although many weather prognosticators have prophesied a mild winter for us this year, the recent snow storm besides dampening our expectant spirits, has rendered travelling impossible and our once busy village is now almost isolated from its thrifty suburbs. Messrs. Thomas McAvlin and Leslie Trainor have returned to S. D. U. to resume their studies after spending the holidays at the home of Mrs. John Duffy. Their departure will be regretted by their many friends and will leave a temporary vacancy in the social circle of Kelly's Cross. Mr. Hugh Campbell recently returned from a visit to Saskatchewan to his home in Kelly's Cross. He speaks highly of the Western Provinces and his many friends are glad to see him looking healthy and vigorous. A manifestation of both human and equine endurance was witnessed here Sunday morning (Dec. 30), when Mr. Levi Trainor drove from Charlottetown, notwithstanding the apparently insurmountable banks of snow, the results of the violent snowstorm which lasted for two days previous. Mr. Daniel Murphy of Free-town was a recent visitor to Kelly's Cross. Miss Lena Duffy, graduate nurse of P. E. I. Hospital, spent the week end at Kelly's Cross, the guest of Mr. and Mrs. Amos Hogan. Mr. Oswald Kelly, one of our favorite young men and a talented member of the Kelly's Cross "Glee Club" left last week to spend the winter in Providence. Mr. Fred Murray of Fernwood, was a recent visitor here. Mr. Walter M. Campbell has returned to North Wiltshire, where he is studying telegraphy.

CHILDREN'S WOOL MITTS worth to 60c for 29c per pair at SINCLAIRS

RESERVE THURSDAY Jan. 11th for Children of Mary Card Party in the League of the Cross Hall. 10995-29-1m

INKERMAN SCHOOL HOUSE—Church of England Service next Sunday at 2:30 p. m. All cordially invited.

FELT MATTRESS all widths, regular \$9.00, for \$6.75 at Patons. Ltd Money Raising sale. 11220-9-31

CRAPAUD AND SPRINGFIELD—Church of England service at Crapaud on Sunday, January 14th at 11 a. m. and at Springfield at 7:00 p. m. Sermon, subject "His Father's Business." All are cordially invited

CHRISTMAS TREE AT CRAPAUD—St. John's Sunday School, Crapaud, held its annual Christmas Tree and entertainment in the Rectory on Tuesday, December 26th, both afternoon and evening. During the afternoon over fifty children employed the games, while in the evening the parents and friends came in until the house was almost filled to its capacity, to listen to the splendid program rendered by the children, under the supervision of Miss McKinnon. At the close of the program Old Santa appeared in the person of Mr. Crilly Les, and distributed the presents from the well laden tree, much to the delight of the children. A very pleasing feature of the evening was the presentation of Mrs. Lowther, the faithful organist, of a purse of money, and to Mr. Rand, the lay-reader, a beautiful fur coat and sleigh robe for use in the parish. These were all magnificent gifts, graciously presented by the parish of Crapaud and they show the splendid spirit of loyalty and harmonious good-will that prevails in the parish. Another very nice feature was the bringing by many children, of toys and useful articles for the children of the Protestant Orphanage, thus demonstrating in a practical way the teaching that it is more blessed to give than to receive. The ladies very generously supplied the supper and things provided for the supper as well as to lend their good wishes for other good times in the Rectory before the winter is gone.—(Patriot please copy.)

COVE HEAD NEWS—The school is progressing favorably under the painstaking management of the teacher, Miss Kathryn Wisner.—Miss Dolly McKinnon is visiting in the city.—The guest of her aunt, Miss Agnes McKinnon.—Mr. Melville McAllister has been spending the holiday season in the city, the guest of his uncle, Mr. Jas. McCormack.—The roads in this vicinity at present are in a trifling condition owing to the recent storms and to the carelessness of the road overseers and others concerned in having the roads opened up properly after a storm.—This should not be as a settlement is often judged by the condition of its roads, so its up to those in authority to get busy and to see that all others do the same. Then and not till then will our roads be what they should be—safe and passable for the travelling public.—Miss Belle McCormick spent the week end in the city.—Mr. Archie Auld is busy training for his speedy horse "Monsoon" for the ice races. This coming season and intends to give some of the fast ones a "go" for their money.—We are all pleased to hear that Mr. Geo. T. Bearstour

Quality Purity Accuracy Results

Our store has obtained its enviable reputation by the recognition of our own individual standards of quality. In our estimation it represents the highest possible quality obtainable. Quality is more than purity, for a pure drug only may be a weak drug. It is more than freshness for a fresh drug may be an adulterated drug. It is more than strength for a strong drug may be too strong. We use the highest quality of drugs obtainable. They are tested and known to be of proper relative strength. Quality is a vital point in drugs and medicines. It is a question of "How Good" and not "How Much" it costs. You have the comfort in trading here of knowing that if results do not follow medication it is not the fault of the medicine. Isn't that worth while?

The 2 Macs
The Dependable Druggists

Read This

With no reputation to build, but with an established one to maintain—

—that is why you are assured of best service and satisfaction when you come here for eye examination and correct fitting of lenses.

DR. E. C. HARRIS
Optometrist

OLD PEOPLE

Bitro-Phosphate feeds the nerves and old people need it to make them feel and look younger. It's the one best nerve builder for weak, nerve-exhausted men and women and that is why Hughes Drug Co., Ltd. guarantees it

popular road inspector is out again after his recent severe illness.—Mr. Charlie Reardon spent Sunday at "Harbor View" the guest of Mr. John Maye.—Mr. Edmund McMillan is training his speedy colt "Kickapoo" for the coming races on Cove Head Bay.—Mr. and Mrs. Ramsay Auld, spent Xmas with Mr. and Mrs. Robt. Craswell, Winsloe.

—Mr. Jas. Allan has about cleaned up all the last ones on the roads in this vicinity with his speedy mare, "Prairie Belle" and intends looking for faster company in some other vicinity.—Mr. Hibert Frizell, our popular merchant, intends taking a course on Motor Mechanics at the Technical School in the near future. He proposes buying a motor truck next season to facilitate the handling of his ever increasing business.

Roast Beef Still An English Dish

LONDON, Jan. 8.—Roast beef still deserves to be regarded as a typical English dish, according to information gathered by Dr. Josiah Oldfield. Dr. Oldfield thinks we would be better if we ate less of it, and more cereals, fruit, milk, butter and eggs. To show that people can thrive on various foods he has written to various embassies to find out what to eat. These are the replies he has received:

Austria—Stamina of the nation built up on a vegetarian basis.

Chile—Wheat flour, kidney beans, and maize the principal food. Meat seldom eaten.

Germany—Eaten "not an important part of diet at present."

Japan—Little meat eaten.

Norway—Little meat eaten.

Portugal—Meat seldom eaten by poorer classes.

Russia—Meat consumption insignificant. Eggs, milk and butter, the staple foods during the four months (totalling 18 weeks) and on the two weekly fast days.

Switzerland—Meat seldom eaten by peasants.

Serbia—Eighty per cent of the peasant classes live on boiled beans and other vegetables.

Spain—Little meat eaten.

INSATIATE.

I cannot seem
To get enough of Life—
With 'is red wine I am intoxicated!
And I would drink
And deeper drink again—
Life, lift the cup, I am insatiate.
Oh, Death, hold off—
I am not ready yet!
Dash not away from my warm lips the cup!
Fate, stay your hand,
For I am still athirst—
Still to my lips, Life, hold the chalice up!

Ah, yes, my eager spirit
Asks so much—
There are so many things I long to do,
There are so many heights
That I would reach—
So many ways to go—I know so few!

Ah, no I have not
Had enough of Life
The world is wide—is wonderful and sweet;
But I have only trod
The narrow ways;
The far, strange places have not known my feet.

There is so much Beauty
I would see,
That I may miss . . . I beg
this boon, O Fate!
And Death—hold off!
Give me a longer time!
Life, lift the cup I am insatiate
—Roselle Mercier Montgomery

SPRINGVALE SCHOOL EXAMINATION

On the afternoon of Friday, December twenty-second, the Springvale School examination was held. Quite a number of the parents, ratepayers and others interested were present. The examination of the work done during the term in its various branches was conducted by the teacher Miss Jean E. Stewart, assisted by Mrs. B. Dollar, Miss Besie Bell. The answers given by the scholars showed that the teacher was careful and painstaking in her work. After the examination of the school work was over Rev. R. H. Stavert took the chair and the following program was carried out.

Song, Kris Kingle, by Helen Stewart, Mary L. Bell, Edna Dollar, Miriam Dollar, Florence Dollar; Recitation, Merry Christmas, Mabel Hickox; Recitation, If Stanley Gillespie; Recitation, How I Played Santa, by Miriam Dollar; Recitation, An Impatient Mailer, by Herbie Dollar; Monologue, Somebody's Picture, by Helen Stewart; Recitation, A Christmas Dilemma, by Florence Dollar; Recitation, The Same Old Santa, by Homer Mathieson; Recitation, The Twenty-Sixth, by Golden Dollar; Recitation, A Lady Santa, by Margaret Diamond; Dialogue, The Christmas Spirit, by Alice Dollar, Edna Proude, Miriam Dollar; Recitation, Just be Merry, by Margaret Gillespie; Solo, Xmas Gifts, by John Carson.

Short addresses were then given by Messrs. Charles Proude, Ernest Dollar and A. O. Stewart, Mrs. R. Dollar and Rev. R. H. Stavert. All spoke in high terms of the splendid work done by the teacher and of her kindness in preparing a beautiful Xmas tree for the scholars and

ZAHAROFF PLANS VENTURE

Sir Basil Zaharoff, considered one of the most powerful influences in Europe, has now undertaken to reorganize and enlarge the Deutsche metal works, so as to make Roumanian oil fields independent of foreign materials.

Sir Basil Zaharoff is the well known British oil and armament magnate, known also as the mystery figure in European politics. He played a great part in the treaty making at Versailles, and in the Near East crisis.

His business is of world wide ramifications, and he is considered one of the richest men in all Europe.

Oh, it's here too!

"So many homes I go to now are using Century Salt—and everyone remarks what a beautiful, white, clean, flavoured Salt it is—quite above the ordinary." "Yes, my Grocer says Century Salt is made by the newest vacuum process and it's really the best Salt on the market."

Domestic Salt Co. Limited - Manufacturers and Shippers, Paris

Century Salt

YOU SECURE

The Greatest Bargains Ever Offered in Charlottetown at the Purdie-Ferguson Shoe Store

The following are a few of our outstanding values:—

Men's mahogany or black Boots, blucher style, Goodyear welted, and have rubber heels attached. Made on a box toe last, per pr \$4.50

Men's black box kip blucher Boots, sewed soles and rubber heels, made on good last, per pair \$3.75

Men's mahogany or black Boots, Goodyear welted and have rubber heels attached, made on a French toe last. The latest style, only per pair \$4.95

Skates! Skates! Skates! The balance of our skates to clear at 25 per cent. discount.

Special bargains on Hockey Boots for men and women.

Ladies' small size Boots and pumps, to clear at per pair . \$1.00

We have the best line of Rubbers in Canada—AMES-HOLDEN RUBBERS to fit and suit every member of the family, at lowest possible prices. Every pair is guaranteed.

We are clearing out all our men's and women's Felt Boots and Slippers at 20 per cent discount.

10 to 25 per cent. off all our stock of Hosiery, in silk, silk and wool and all-wool.

Women's small size Rubbers to clear at per pair 50c

Ladies' black Satin 1 Strap Pump, has Baby Louis heel, per pair \$4.50

Ladies' mahogany high cut Boots, recede toe last and military heels, to clear at per pair . \$3.49

Ladies' Gaiters, made of broadcloth, in the 'boot top style, to clear at per pair \$1.00

Ladies' high cut Boots, mostly broken lines, worth up to \$8.00 per pair, sizes 2-1-2 and 3-1-2, to clear at per pair \$1.98

25 per cent Discount off all our Ladies' Mahogany Strap Slippers.

Order by mail if inconvenient to shop. Postage paid.

We are running a strictly CASH BUSINESS, that is why we are doing a BIG BUSINESS, and can sell so much cheaper.

Call and see what we have to offer before you purchase elsewhere.

PURDIE-FERGUSON SHOE CO., LTD.

Successors to D. Gordon & Co., Sunnyside, Charlottetown, P. E. I.

An interesting program for the visitors.

The pretty and useful gifts found on the tree for the teacher were much appreciated. Each child then received a box of candy, a Christmas card and an apple.

After all present had been treated to a generous supply of candy by the teacher, a very pleasant and profitable afternoon was brought to a close by the singing of the National Anthem.

CURE FOR DESERTION

A curious custom prevails in the New Britain group of islands, in compelling a man who has neglected his wife and children to run the gauntlet.

Two rows of women extend for a distance of several hundred feet of the physical suffering it entails as the man is an outcast stick.

Down the avenue thus formed afterwards for several weeks.

SMOKE OLD CHUM TOBACCO

The Largest Sale of any Brand in Canada

"QUALITY TELLS"

Packages 15¢ & 25¢ Also in 1/2 lb. tins