

A TRAINED NURSE

After Years of Experience, Advises Women in Regard to Their Health.

Mrs. Martha Pohlman of 55 Chester Avenue, Newart, N.S., who is a Graduate Nurse from the Blockley Training School at Philadelphia and for six years Chief Clinic Nurse at the Philadelphia Hospital, writes the letter published below. She has the advantage of personal experience besides her professional education and what she has to say may be absolutely relied upon. Many other women are afflicted as she was. They can regain health in the same way. It is prudent to heed such advice from such a source.



Mrs. Martha Pohlman

Mr. Pohlman writes: "I am firmly persuaded, after eight years of experience with Lydia E. Pinkham's Vegetable Compound, that it is the easiest and best medicine for any suffering woman to take. I had pains down through my limbs so I could hardly walk. It was as bad as a case of female trouble as I have ever known. Lydia E. Pinkham's Vegetable Compound, however, gave me relief within four months. Since that time I have had occasion to recommend it to a number of patients suffering from all forms of female troubles, and I find that while it is considered unprofessional to recommend a patent medicine, I can honestly recommend Lydia E. Pinkham's Vegetable Compound for I have found that it cures female ills, where all other medicine fails. It is a genuine medicine for sick women. Many cannot buy such testimony as this—many women can produce such letters, and the ablest specialists now agree that Lydia E. Pinkham's Vegetable Compound is the most universally successful remedy for all female diseases known to medicine. When women are troubled with irregular, suppressed or painful periods, weakness, displacement or ulceration of the female organs, that bearing-down feeling, inflammation, backache, bloating (or flatulence), general debility, indigestion, and nervous prostration, or are beset with such symptoms as dizziness, faintness, lassitude, excitability, irritability, Lydia E. Pinkham's Vegetable Compound Succeeds where Others Fail.

nervousness, sleeplessness, melancholy, "all-pond" and "heart-to-be-left-alone" feelings, bites and hopelessness, they should remember there is one tried and true remedy. Lydia E. Pinkham's Vegetable Compound at once removes such troubles. No other female medicine in the world has received such widespread and unqualified endorsement. The needless suffering of women from diseases peculiar to their sex is terrible to see. The money which they pay to doctors, who do not help them is an enormous waste. The pain is cured and the money is saved by Lydia E. Pinkham's Vegetable Compound. It is well for women who are ill to write Mrs. Pinkham, Lynn, Mass. The present Mrs. Pinkham is the daughter-in-law of Lydia E. Pinkham, her assistant for many years before her decease, and for twenty-five years since her decease has been freely given to sick women. In her great experience, which covers many years, she has probably had to deal with dozens of cases just like yours. Her advice is strictly confidential.

THE QUEEN'S COUNTY GUARDIAN

Head Offices in New Prowse Block—Charlottetown

BAND at the big Arena tonight. J. E. LARSEN, Richmond is in the city. G. P. BAKER was a passenger on the special last night. JOHN MURPHY of Summerside left for the big Arena on route to the Pacific coast.

MANY people at Hunter River are busily engaged at the harvesting of the crop, which is of exceptionally good quality.

THE people of Pownal and surrounding country are pleased to see Mr. Brown of the Florida Hotel, out again after his recent illness.

RONALD ATKEN arrived in the city yesterday morning by the mail special, having been called home on account of the illness of his brother.

There is good possibility that Jimmie Williams, the fast Hockey player will take part in the Championship races in the Arena Wednesday next.

Forty members of the Knights of Columbus of the City went by Summerside by special train on Saturday to attend the funeral of their late Bro. Knight Capt. McKinnon.

MR. BROWN, of Pownal, sold to parties in Charlottetown oysters fished in Pownal Bay on the 5th of January, 1907, which he thinks is probably the last fishing of this season.

EXCELLENT ice, choice music, pure atmosphere, sanitary in every respect, correctly managed, this is what has made the big Arena so attractive to the respectable skating public.

W. W. BROWN, of the Florida Hotel, Pownal, talks of being one of the contestants in the skating championship races at the Arena rink on Wednesday evening. He has been training for some time and his friends look forward to his success.

ACCORDING to advices from Ottawa, Fred G. Boyer, Georgetown, has been appointed Fruit Inspector for this Province on condition that he assume his duties when his services will be required.

When the need for inspection arises Mr. Boyer will spend some time visiting the different fruit centres.

THERE were about fifty boys at the 10 o'clock meeting yesterday morning at the Y. M. C. A. Louis Crosby conducted the service and the singing, which was excellent, was led by the boy's orchestra.

These Sunday morning meetings are growing in interest, and the Bible classes, during the week are being well attended.

JAMES WILLIAMS, the speediest player of the New Glasgow hockey team, wants to be an amateur once more, says the Chronicle, and has made application to the N. S. A. A. A. for reinstatement. He writes the President that he wishes to take part in the N. S. A. A. A. skating championships at Charlottetown, on February 6th. It is doubtful if James will be able to compete.

THE recent renovating of the office of the Queen's Hotel is a notable improvement and the proprietress Mrs. Archibald, is to be complimented on the appearance of the office of this first class and popular hotel. Every appointment of the office is up to date and nothing is lacking for the comfort and convenience of guests. It is a pleasure to refer to the present thorough efficiency of the Queen, and its obliging office staff.

On Friday night the Charlottetown Hockey Club, which left this City on Thursday night last, played the Westville, N. S. team and were defeated 8-4. Quillen is said to have played a game and did Byron Brown, but the team had not got together. Besides this the redoubtable "Chick" Davy played with the Westville team. Davy is expected will rejoin his fellow townsmen and play with them in the balance of the games which are to be contested before the team comes back to Charlottetown.

T. HUNDREDS OF CANADIANS.

Use Ozone (the coupon kind) because they know it is superior to any other brand on the market, because they get nearly twice as much for their money as they would were they to buy any other make, because it is the only way in which they can procure one full sized 50c. package of Celery King free of cost. To effect a permanent cure of germ troubles we recommend that Celery King be taken with Solution of Ozone and remember the Celery King is supplied at our expense. No other firm can make you this generous offer. We alone have the right to give Celery King with Ozone of the sure and safe "coupon kind" at THE PUBLIC LAUNDRY CO., BRIDGENOON ONY.

Famous Soap makes home happy.

SULTANA CAKE, WALNUT CAKE, TEA CAKES fresh each day. Can be had frosted or plain to suit the different tastes.

D. STEWART, Baking Best Bread.

Miss MARGARET MACDONALD and Miss Lena North, of Cardigan, P. E. Island, are visiting at Windsor, N. S., the guests of H. F. and Mrs. Bisset.

Successors' special meetings have recently been held in the Little York Office. The meetings are being well attended and several resolutions have been taken.

Miss JOSE MCANNE and Mr. James Brown were the first prizes and Miss Gertrude Hennessey and Miss E. Conroy the second, at the League of the Cross Social on Friday evening.

THE annual meeting of the Presbyterian congregation of Hunter River took place January 31, in the church. The financial statement presented was very satisfactory in every particular, showing a substantial surplus after paying all accounts.

THE officers of the Eastern Teacher's Association have decided to hold their next annual convention at Georgetown, during the last week of June. Miss Jean Atken has been appointed Local Secretary of the Association. An excellent programme is being prepared and the officers are determined to make this the banner convention in the history of the E. T. A.

It was currently reported throughout the City yesterday, word having presumably been brought by the passengers arriving from Georgetown, that a case of smallpox had broken out at Plover. It was difficult to obtain particulars, but whether the rumor is reliable or not it draws attention to the importance of being forewarned as well as forewarned in dealing with the disease.

INSPECTOR MCCORMAC has 78 boys' letters and 110 girls' letters written by pupils of English schools, who are desirous of corresponding with pupils in this province. Teachers having pupils desirous of opening up correspondence with pupils in England will please send the names of such pupils to Mr. McCormac, who will then forward an English letter to each pupil. Mr. McCormac wishes to have this batch of 188 letters placed within two weeks.

THE S.S. Minto which left Plover at 7 Saturday morning for Georgetown, encountered a great deal of very heavy ice on the way across. About 1 p.m. on Saturday she got into a heavy pack of Cape Bear and the ice was piled up level with her rail. Here the boat remained for twelve hours until the ice loosened up under the strong wind and then after a struggle which lasted until 5.30 yesterday morning she finally reached Georgetown. Mails and passengers were brought to this city by the special. The ice in the straits is now very heavy.

ANOTHER large meeting of men gathered at the Y. M. C. A. yesterday afternoon to hear Rev. J. T. Robertson speak on the first article in a creed of powerful things. "I believe in the power of the word of God" was the special phase dealt with. The speaker showed how the word of God was the sword which the spirit uses to convict and convert men. It is also powerful in the cleansing of men's lives and revealing their sin, in revealing Christ as Saviour, and the life that he desires his followers to live as being men of decision and activity.

Moore & McLeod

CLEARING OUT All Winter Goods At heavy discounts

IF YOU HAVE a want among the lines described below, our clearing discounts will make your desire easy of accomplishment. Every line mentioned is attractive and thoroughly desirable and will repay your best attention.

- One third off all coats.
- One third off all cloth skirts.
- One third off all fur coats.
- One third off all fur neck pieces.
- One third off all small furs of every sort.
- One half off all trimmed millinery.

- One half off all ready to wear hats.
- One third off all ladies' fabric gloves.
- One third off all ladies' lined kid gloves.
- One third off all caps for boys and men.
- One third off all men's winter gloves.
- One third off all men's winter shirts.

PERSONAL SUPERVISION

Furniture repaired. Furniture re-upholstered. Furniture of all kinds made to order. Great bargains continued in furniture till the large stock is cleared out. At the old stand opposite Post Office (upstairs).

John Newson.

MARITIME SKATING CHAMPIONSHIPS

—IN THE—
Arena Rink
CHARLOTTETOWN, P. E. Island
Wednesday Evening, February 6th, 1907

Under the Management of the
ABEGWEIT-CRESCENT ATHLETIC CLUB

PROGRAMME

Open Events	Championship Events
1 Mile (16 years and under)	440 Yards
Obstacle Race	380 Yards
2 Mile Novice	1 Mile
	3 Miles

Special Reduced Fares and Train Arrangements on February 6th, as follows:

STATIONS	TRAIN DEPARTS	FARE	STATIONS	TRAIN DEPARTS	FARE
Summerside	2.15 P. M.	\$1.00	Montague	2.35 P. M.	\$1.00
Kennington	2.45 "	1.00	Cardigan	4.35 "	2.00
Freelton	3.00 "	1.00	Mount Stewart	3.55 "	.75
Emerald	3.25 "	.95	Bedford	4.50 "	.40
Bradford	3.32 "	.90	Ch. Town Arrive	5.00 "	1.00
Bunter River	4.07 "	.60	Murray Harbor	4.00 "	1.00
North Wiltshire	4.20 "	.55	Murray River	4.15 "	1.00
Royalton Junction	4.37 "	.55	Wood Island	4.35 "	1.00
Ch. Town Arrive	4.52 "	.55	Meville	4.45 "	.95
Souris	5.00 "	.50	Grandview	4.55 "	.70
Bear River	5.21 "	1.00	Vernon River	5.35 "	.70
St. Peters	5.05 "	1.00	Vernon	5.55 "	.50
Morell	5.27 "	.95	Mt. Albion	4.37 "	.95
Georgetown	2.00 "	1.00	Mt. Herbert	4.55 "	.15
			Ch. Town Arrive	4.45 "	

Special Trains will leave Charlottetown for Souris, Georgetown, Summerside and Murray Harbor, after the races are over.

ADMISSION—Promenade 25 Cents.
ADMISSION—Upper Promenade 35 Cents.
ADMISSION—Reserved Seats 50 Cents.

The "ARENA" is one of the finest and largest rinks east of Montreal, and the fast skaters will have an opportunity of making records.

4th Regiment Band in Attendance
Entries close Saturday, February 2nd.
The first race will be called at 8 o'clock p. m. sharp.

L. B. McMILLAN,
SECRETARY A. C. A. C.

WANTED

Ladies to do plain and light sewing at home, whole or spare time; good pay; work sent by mail; charges paid; send stamp for full particulars.

Eastern Steamship Co.

INTERNATIONAL DIVISION

Winter Reduced Rates.

St. John to Portland \$2.00.
St. John to Boston \$3.00.
Effective to May 1, 1907.
Steamers leave St. John Tuesday and Friday at 8.30 p.m. (Atlantic Standard) for Lunenburg, Portland and Boston.

RETURNING.

From Boston, via Newport, Portland, and Lunenburg, Mondays and Thursdays at 8 a.m.
Through Tickets on sale at principal railway stations and baggage checked to destination.
All cargo, except live stock, via the steamship of this company, is insured against fire and marine risk.

W. G. LEE, Agent, St. John, N. B.

To our Patron

We extend our sincere thanks for their liberally increased patronage during the past year and trust that by strict attention to their requirements will merit their continuance with us.

We also wish all a Happy and prosperous New Year.

W. N. TANTON,
JEWELLER.

P. E. I. RAILWAY

Special Reduced Fares and Train Arrangements on February 6th, as follows:

STATIONS	TRAIN DEPARTS	FARE	STATIONS	TRAIN DEPARTS	FARE
Summerside	2.15 P. M.	\$1.00	Montague	2.35 P. M.	\$1.00
Kennington	2.45 "	1.00	Cardigan	4.35 "	2.00
Freelton	3.00 "	1.00	Mount Stewart	3.55 "	.75
Emerald	3.25 "	.95	Bedford	4.50 "	.40
Bradford	3.32 "	.90	Ch. Town Arrive	5.00 "	1.00
Bunter River	4.07 "	.60	Murray Harbor	4.00 "	1.00
North Wiltshire	4.20 "	.55	Murray River	4.15 "	1.00
Royalton Junction	4.37 "	.55	Wood Island	4.35 "	1.00
Ch. Town Arrive	4.52 "	.55	Meville	4.45 "	.95
Souris	5.00 "	.50	Grandview	4.55 "	.70
Bear River	5.21 "	1.00	Vernon River	5.35 "	.70
St. Peters	5.05 "	1.00	Vernon	5.55 "	.50
Morell	5.27 "	.95	Mt. Albion	4.37 "	.95
Georgetown	2.00 "	1.00	Mt. Herbert	4.55 "	.15
			Ch. Town Arrive	4.45 "	

THE ROYAL BANK OF CANADA

Capital and Reserve \$8,000,000.00
SAVINGS DEPARTMENT
A BANK ACCOUNT promotes credit, establishes responsibility and results in security.

START AN ACCOUNT TO-DAY.
J. F. McMILLAN, Manager, Ch. town

WINTER CAPS

Selling to break all records

1.25 caps for.....	50
.60 caps for.....	30
.40 caps for.....	20
.35 caps for.....	15
.25 caps for.....	12

Another lot so'd at 10c.
Must clear out all our caps as we are going out of that line of business.
Come and get your cap as soon as possible.

MacLellan Bros.

Low Price Store!

We have just received our
New Spring Prints

We are exhibiting a large range of them in both our show windows.

We won the reputation last year of having the prettiest and best prints in the city. This season we have a larger variety than ever.

The Patterns are Choice,
The Quality is Good,
The Prices are Low.

W. C. TURNER & CO.,

Try Us For Shaving Supplies

Soap, Brushes, Mugs, Straps, Lotions, etc.

Johnson & Johnson

PIPES

See the splendid line of pipes we are offering at 25c each. These are special values.

"The Two Macs."
MacDonald & MacKinnon
DRUGS.
Corner Gt. George and Kent

SULTANA CAKE, WALNUT CAKE, TEA CAKES fresh each day. Can be had frosted or plain to suit the different tastes.

D. STEWART,
Baking Best Bread.