


Woman's Realm -:- Social and Personal -:- Fashions -:- Literature



Back in the days when the iron clad hoofs of coach horses rang on cobbled streets Yardley's Old English Lavender Soap was cherished for its perfect purity and lovely fragrance.

Then, as now, lovely ladies used Yardley's to soften and refine hands and faces—and to add the sweetly clinging breath of lavender to enriched skins.

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Beginning May 1 Ending May 4

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One lot of dresses in crepe, satin, flat crepe, georgette end etc., reduced to half price. Others to clear at five and ten dollars. All other new spring lines to clear at wholesale prices

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Produced By

STEWART'S BAKERY
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Rolls 25c doz.	Raisin Buns 20c doz.
German Buns ... 15c doz.	Biscuits 12c doz.
Stollen 30c each	Date Squares ... 30c doz.
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Apple, Raisin, Mince, Lemon and Washington Pies 25c each.
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White Bread 12. per loaf. Wholewheat Loaves 10 per Loaf.

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All wrapped in sanitary wax papers, and full weight.

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A Fashion Hint



150


WASH FROCK

The deep French V at front, combines with inverted plaits of skirt, suggestive of a front panel, to accentuate slender line in a simple home frock, that is exceptionally smart, because it chooses fashionable cotton foulard in novel check in lovely blue tones. Vestee supplies contrasting color theme in beige, with blue buttons. Style No. 150 is attractive made of striped washable radium silk, plain gingham, checked gingham, linen, cotton broadcloth in geometric pattern, printed pique and washable radium silk in ombre stripes. The front waist sections are underlaced and rolled forming revers. Just a few seams to join and it's ready to wear. Pattern can be had in sizes 16, 18, 20, years, 38, 40, 42, 44 and 46 inches bust measure. The 36-inch size requires 3 1/4 yards of 40-inch material with 1/4 yard of 20-inch contrasting and 1/4 yard of binding. Price 15 cents in stamps or coin (coin preferred.) Wrap copy carefully.

We suggest that when you send for this pattern, you enclose 10 cents additional for a copy of our Spring Fashion Magazine. It's just filled with delightful styles, including smart ensembles, and cute designs for the kiddies.

Dorothy Dix Letter Box

How Often Should a Wife Forgive Her Husband? Folly of Marrying a Gold-Digger— Shall This Man Cut Out Smoking to Please His Wife?



My Dear Dorothy Dix—Do you think it wise for a wife continuously and repeatedly to forgive a husband? When a married couple have feuded middle age and the husband is disloyal to his wife and lies to her and neglects her, what course should she take when her affectionate remonstrances and persuasions have failed. Is divorce a remedy for such a situation? Does it bring lasting peace of mind? What effect is it likely to have on her married son and his young family? To what extent should this woman consider her son and other relations in the matter of this contemplated divorce? What is her duty to herself? Is it wise or right or just for her to bear so much mental suffering, loneliness of spirit and heartache in order to spare the feelings of relations?

This woman has given thirty-one years of faithful service to her husband and does not desire a divorce if any other course can be made to do. She does not need his support. It is only a question of choosing the right course in order to obtain peace of mind. Of course, in the end the wife must decide for herself, but anything you say on the subject will be helpful to her.

MRS. E. F.

Answer:

How often a wife should forgive a husband depends altogether on how much worth forgiving he is and on how much she cares for him. There are men who are born polygamists who are constitutionally unable to resist the flutter of every petticoat that crosses their pathway, but who are otherwise all that could be desired in a husband.

They are generous, affectionate, kindly, sympathetic, agreeable in the home, and they make love to their own wives as charmingly as they do to other women. Such a man a woman may well forgive seventy times seven. But when a husband adds infidelity to gruffness and stinginess and fault-finding, once is too often to overlook his fault. He should be given the air if he even glances sideways at a flapper.

There are women who are so obsessed by their love for their husbands that they are happier even with a corner of their hearts than they would be with none. We often see the miracle of mother love, that loves most where it has to forgive most, extended to husbands. So every wife must judge for herself whether her husband is worth the price she has to pay for him.

As to whether divorce brings peace of mind or not, that also depends on the individual woman's temperament. To a woman of strong, practical common sense to be divorced from a lying, immoral man is like a surgical operation that removes some cancer that poisoned all the sweet springs of life. She is healed and well and can set about rebuilding her life, but a neurotic woman can make herself miserable with vain regrets.

When a woman has little children who need a home and home influences and the authority of both mother and father, I think she should endure almost anything for the sake of her young ones, but it is a different story when her children are grown. Then she need consider no one except herself, and there is no reason why she should be tortured by the carryings-on of a worthless old runder. Certainly a woman who has given thirty-one years of her life to the service of her family has a right to do as she pleases with the balance of it.

DOROTHY DIX.

Dear Dorothy Dix—I am a poor young man working hard to get a start in the world. Not long ago the girl I am engaged to had a birthday and suggested an article as a present that costs more money than I had in the world at that time. I explained this to her, but she insisted on having it and I bought it by getting it for so much down and so much a month. Just a month later she startled me with a purchase where \$100 was involved, which she seemed to think was my obligation also, and she is continually reminding me of the desirability of an engagement ring. Her people are well-to-do—worth dollars to my cents—yet every time she calls me on the phone from her house the charges are reversed on me. I feel the need of competent advice.

A DOUBTING MALE.

Household Hints
By Roberta Lee

The Alarm Clock

The alarm clock is a great help if it is set for the time that bread or cake should be taken from the oven, and for similar things that are easily forgotten.

Varnished Floors

Try sprinkling coarse salt on the floor. Allow it to remain for about five minutes and then sweep it off with a soft broom. This will keep the polish on a varnished floor.

Ironing Linen

Add a little salt to the starch, and it will give more luster to the linen.

STRICKEN DOWN IN PRIME OF LIFE

"FRUIT-A-TIVES" Rid Her of Crippling Rheumatism

How terrible it is to think of men and women stricken down with disease, just when they should be enjoying life to the full. How wonderful to know, however, that such dangerous disorders as Rheumatism, Pain in the Back, Irritated Bladder, Indigestion, Biliousness and other troubles of the Stomach, Liver, Kidneys and Bowels are quickly relieved by the wonderful medicine, "Fruit-a-tives."

From Enderby, in the beautiful Okanagan Valley of British Columbia, Mrs. E. Drasching writes: "I have received great benefit from 'Fruit-a-tives,' especially when I had Rheumatism very badly some years ago. I keep 'Fruit-a-tives' always in the house, as I think they are a wonderful medicine." For more than a quarter of a century "Fruit-a-tives" has been Canada's dependable home remedy. 25c and 50c a box—48 dealers everywhere.

Milady Beautiful
By Lois Leeds



At this season of the year a large number of people regularly turn to so-called spring tonics to counteract "that tired feeling." Some of them write to me for suggestions on the brand of tonic to use, instead of consulting a doctor, which would be the logical thing to do. As a beauty specialist I have not the authority to prescribe medicines and, besides, it has been my experience that this springtime tired feeling can be most effectively overcome by a right diet and out-of-door exercise.

The feeling of fatigue that develops without apparent cause is one of beauty's worst enemies. It makes the skin sallow and the eyes dull; it takes the youthful spring out of one's step and the luster from one's hair. The complexion becomes rough and the voice loses its musical quality. When symptoms like these occur the average person buys a bottle of "spring tonic." What is really needed in most cases is a change in habits of living.

Here are a few suggestions on keeping fit in springtime:

First. Be careful to avoid constipation by eating the right food and exercising daily instead of by the use of cathartics. Use such drugs only on a doctor's recommendation.

Second. Every day make it a rule to eat at least one large serving of lettuce and some raw vegetables like tomatoes, celery, coleslaw, grated carrot. In two of your daily meals include succulent vegetables like spinach, asparagus, beets, cabbage, onions, etc. Eat fruit, such as oranges, peaches, apples, pears, grapefruit, every day. Remember that starches and meats leave an acid ash when digested and so a large proportion of the foods mentioned above are needed to prevent too much acidity. The diet must be well-balanced. The average person eats too much of the acid-forming foods. The average restaurant meal does not provide enough fresh vegetables and fruit.

Third. Take a walk in the fresh air every day and wear comfortable shoes so that you can maintain correct posture and enjoy your walk.

Fourth. Breathe deeply and evenly. Do not strain. Take full, easy

BRONCHITIS
Does yours hang on?

When coughing keeps you awake, the quickest relief comes from Catarrhazone—just a few breaths drawn through Catarrhazone Inhaler and you gain refreshing relief. Sick folks like Catarrhazone because there is no actual medicine to take. You just breathe a soothing vapor that is full of piney essences which have a strange healing effect upon the linings of nose, throat and bronchial tubes—makes them feel good—clears out the evil-smelling phlegm that makes you cough, sneeze and spit. Catarrhazone is the ideal remedy to drive out Catarrh—to strengthen a weak throat—to end buzzing noises in the ears that is so often associated with Catarrhal Deafness. For the dry hacking cough of Bronchitis, Catarrhazone is ideal. Large size sufficient for two months' use, \$1.00; smaller size including Inhaler, 50c. Sold everywhere by druggists.

VERY RED RASH ON FACE
Hated to Go Anywhere. Healed by Cuticura.

"I had a rash break out on my face and arms. It was very red and itched so much that I scratched it, which seemed to make it worse. My clothing aggravated the breaking out on my arms. I hated to go any place on account of it.

"I tried many remedies but they did not do any good. I read an advertisement for Cuticura Soap and Ointment so purchased some and I was completely healed after using two cakes of Cuticura Soap and one box of Cuticura Ointment." (Signed) Miss May Potter, R. R. 3, Woodstock, Ont.

Don't forget to shampoo your hair frequently with Cuticura Soap. Soap 25c. Ointment 25c and 50c. Telegram 25c. Sold everywhere. Sample each free. Address: Cuticura, 2, E. Wall Company Limited, Montreal. Cuticura Shaving Stick 25c.

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Perfection oil stoves are as fast as gas, used by city folk, and are faster than electric ranges. Be right up-to-date. See the 1929 model Perfections. Well made, nice designs. All sizes. Popular prices from \$9.00 to \$225.00.

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"Nancy loves her toy telephone! Just listen to her with it—so sweet."
Nancy—"Hullo, hullo, hullo! I'm daddy speaking—why the—don't you answer me?"

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