

# Woman's Realm -:- Social and Personal -:- Fashions -:- Literature

## Daily Arguments

AUNT HET

BY ROBERT QUILLEN



"If all the men are gone to kiss all the girls they go with, how in the name of common sense are they going to find un-kissed ones when they get ready to marry?"

POOR PA

BY CLAUDE CALLAN



"Ma never finds fault with me for bein' so slender, but she's always talkin' about her big brother Dan havin' such a commandin' appearance."

## COUGHING RELIEVED CATARRH OVERCOME

From St. John, N. B. comes the convincing testimony of Mrs. Harry E. McDonald of 345 City Road: "As a long sufferer from catarrh and asthma, I can testify to the remarkably beneficial action of Catarrh-zone. When coughing spasms come on, Catarrh-zone gives me immediate relief. A few breaths taken through the inhaler clear the nose, throat and enable me to breathe freely. Catarrh-zone has relieved me of chronic catarrh in the nose and throat. To prevent colds and keep the breathing organs in good condition, I know of nothing so efficient as Catarrh-zone."



Catarrh-zone is needed in every home. Large size lasts 2 months, price \$1.00; Small size, 50c. At all storekeepers and druggists.

Minard's Liniment for coughs and colds

## A Fashion Hint

PRACTICALITY AND CHIC

A printed silk crepe whose wearability makes it an economical choice for Spring wardrobe. Its lines are slender and straight; so becoming with lightweight woolen or silk crepe top coat. The neckline is smart and comfortable for all-around wear, with rever collar and scarf tie of plain harmonizing silk crepe. The box-plaits across front of skirt are youthful fashion. Style No. 479 can be had in sizes 16, 18, 20 years, 36, 38, 40 and 42 inches bust, and is made with 3/4 yard of 36-



479



inch contrasting in the 36-inch size. It is an excellent model for tennis made with short sleeves, or sleeveless of printed pique, striped washable rayon silk, flat silk crepe or linen. Printed cotton foulard, georgette crepe, and featherweight woolen fabrics are also suitable. Pattern price 15 cents in stamps or coin (coin is preferred). Wrap coin carefully. We suggest that when you send for this pattern, you enclose 10 cents additional for a copy of our Spring Fashion Magazine. It's just filled with delightful styles, including smart ensembles, and cute designs for the kiddies.

## A Morning Smile

"Now tell me just what do you mean?" Said wife to Archibald Green, When he watched Mrs. Barr Step into her car And remarked, "What a nice complexion!"

## Milady Beautiful

By Lois Leeds

### CHARACTER IN COIFFURES

The thing that often distinguishes the homemade gown from the professional creation is a certain lack of sophistication in details and fit. By taking pains to compare her work with that of successful modistes and correcting it, the home dressmaker can make clothes that are not a whit less chic than the most expensive importations.

By the same attention to details milady may learn to dress her own hair so that her coiffure will be becoming and modish. Readers of this column sometimes send me their photographs when they ask for coiffure suggestions. The trouble with



most of these coiffures is that they lack character. The waves in the hair are not definite enough. The hair has not been treated decoratively with reference to the shape of the face and the features. The part has not been put in at just the right point. Too much or too little of the forehead is shown. The eyebrows are too pale or too scraggly.

The first essential in building a chic coiffure is to study your face. Don't place the part in a hit-or-miss fashion, but experiment until you have found the best position for it. Now decide how much of your forehead is broad and high, use a side part and bring your hair in a deep dip over the center of your brow (A). If you use water-waving combs, it will be easy enough to bring this first wave over your forehead. If you use kids or hot irons, the same idea should be kept in mind. Never have a "washboard" march in which the ripples are as stiff as even as a corrugated sheet of iron (B). The skillful marceller gives a graceful swing to each wave.

When the first wave in a side part coiffure is deep, the second wave comes forward on the upper part of the cheek bone. When the first wave is shallow, the second wave naturally comes forward over the temple to the outer corners of the eye; the third covers the ear and curls forward below the cheek bone (C). It is this sharp, well-defined undulation of waves that gives a professional appearance to the coiffure. The placing of small curls at the beginning of the part on the temples and in front of the ears, also adds to the decorative effect and gives a sophisticated air. Short, unruly hairs should be trained into "spittles" or else concealed by waves.

Girls and women who have been in the habit of curling their hair for a number of years usually find that their front hair is uneven in length. There are many short hairs which must be trained to blend in with the longer hair so that the coiffure will look smooth and well-groomed. Brilliantine may be combed through the hair and then the palms of the hand may be used to make to stroke the short, broken hairs and make them lie down.

Hair nets are useful articles but the coiffure looks smarter without them unless there are many fuzzy ends of hair that cannot be kept in place. The coiffure without a net is more youthful.

Tomorrow—Beauty Questions Answered

## Lesson in English

By W. B. Gordon

WORDS OFTEN MISUSED: Do not say, "Give me an apple and peach pie." If you mean two pies, say "an apple and a peach."

OFTEN MISPRONOUNCED: faux pas. Pronounce fo-pa, o as in "no," a as in "father," accent last syllable. OFTEN MISPELLED: acoustics; two c's, but no k.

SYNONYMS: improper, indecent, indecorous, indelicate, unbecoming. WORD STUDY: "Use a word three times and it is yours." Let us increase our vocabulary by mastering one word each day. Today's word: ANALOGOUS; bearing some resemblance or proportion. "Here is an analogous example."

## Laugh and Be Healthy

Laugh and grow fat! Fatness—the ordinary man's antithesis to poor, unhappy stringiness. Laugh and the world laughs with you!

Youth was made for love and laughter. All the poets, the scientists, the philosophers, are at last agreed on one thing—the value of laughter as that which constitutes the light in our lives, a tonic both bodily and spiritual.

Dull doctors may tell us that laughter is "short, expiratory blasts which provoke a clear sound from the vocal cords kept tense for the purpose." Cynics may say that laughter is an ill-natured thing mostly provoked by the misfortunes of others. Never mind them. Remember the philosopher who called it a "sudden glow."

Why do we laugh? The subject of laughter is a puzzling problem to philosophers and psychologists. Many theories have been put forth to explain the problem, but no single explanation seems to satisfy every one. Herbert Spencer, the English psychologist, believed that laughter was merely an overflow of excessive nervous energy. That is why, according to Spencer's theory, thin, dried-up individuals rarely laugh—they have so little surplus energy—whereas the proverbial fat man is shaken with laughter at the slightest provocation.

Henri Bergson, the famous French philosopher, thought that laughter was evolved by the human race for the purpose of social discipline. No one likes to be laughed at. To be laughed at is to be made to feel ridiculous and small. Thus, to avoid be-

## Mistakes Dancers Make

The most astonishing thing about modern ballroom dancing is the number of people who unwittingly spoil their enjoyment by technical blunders, says an expert on dancing in the "Daily Mail." I will not say that they do not enjoy dancing at all, but it is clear that they are far from experiencing the pleasure which might be theirs if they avoided some of the primary mistakes.

At a popular ballroom the other evening I amused myself by noting the wrong ways in which many of the couples took the floor. Some of them were badly partnered. There was a tall girl dancing with a man an inch or so shorter than herself. Well you simply cannot dance comfortably like that. The position should be reversed, the man always being slightly taller than the girl. This automatically adjusts the stride of the partners and makes correct balance possible.

Then a great many couples were "pump-handling," as the experts call it. This is the man's fault. He insists on moving his left arm up and down in time to the music, as though it were part of the dance. Not only does this look ugly but it takes away energy which should be employed in other directions or saved altogether. You can only dance well by economy of effort.

Perhaps the most conspicuous fault was that neither partner was adopting the proper hold. The men clutched their partners in the middle of the back. Little dreaming of the discomfort they were inflicting. The girls had a habit of leaning too heavily with their left arms upon their partners' right, making the balance one-sided and the action cramped.

Then, instead of that agreeable skating movement which marks the good dancer, there was a tendency to obstruct the advance by not keeping the feet together. To dance naturally and with enjoyment it is absolutely essential to move so that the feet virtually skim each other as they pass. It is equally important to dance with a straight knee as far possible.

How uncomfortable you would find it if you walked with a "straddle!" The "straddle" in dancing is due to partners adopting the wrong hold, upsetting their poise and being com-

pelled to recover it by shifting the feet outward.

Finally I noticed considerable difficulty with the turning movements. To turn easily—and here again it is up to the man to take command—you must gather impetus firm. This is done by the partners accelerating the action just before the turn. While it is necessary for the man to sweep forward before "going round," it is just as important that the girl should be ready to quicken her pace as the turn is completed and the man runs back.

## THE SWEETHEART

To learn to drive the auto, dear, First put the lever into gear, Then push your left foot in like this, That's fine. Now teacher gets a kiss.

Now step upon the starter, so; That makes the precious engine go; Now let your left foot back like this, Good. Teacher gets another kiss.

Upon the gas you now must step, That fills the engine full of pep, That's great! You are a clever miss, Here teacher gets another kiss.

Now change to second. Now to high, You do that just as good as I, Now stop the car right here, and then

We'll do the lesson once again.

(THE WIFE)

First, see your car is out of gear, How? By the gear-shift lever here. How can you tell? Why feel it. See? The thing is simple as can be.

Now step on that to make it start Great Scott! You'll tear it all apart If you don't take your foot off quick! The second that it gives a kick.

Now throw your clutch. For goodness' sake! Your clutch! Your clutch; No, not your brake!

Why? Cause I tell you to, that's why. There now, you needn't start to cry.

Now pull this lever into low, Step on the gas and start off slow. Look out! You almost hit the fence! Here let me drive. You've got no sense

—Title News.

## Etiquette

By Roberta Lee

Q. What is the function of the service or place plate?

A. It is purely decorative.

Q. When one uses a crest, what kind of stationery is the most imposing?

A. Conservative white stationery is preferred.

Q. Does a considerate wife interrupt her husband's workday by unnecessary telephone calls?

A. No; a considerate wife will not do so.

## Household Hints

By Roberta Lee

### Ovens

All ovens should be well scrubbed after cooking, with hot soda water and soap. Scrape off any hard substance which is caked on to the baking sheets, using an old knife.

### Coffee

When coffee is purchased it should be placed immediately in an airtight canister in order to preserve its aroma.

### Train Sickness

To prevent train sickness try eating a lemon. The chewing of gum is also a remedy.

## YES! WE HAVE CARMELED BANANAS

We know that a great many people are prejudiced against cooked bananas, but almost everybody likes caramel. If they do not like caramelized bananas it may be because they have not cooked them to perfection, and it may be that they will have to acquire the taste for them.



## Youthful Loveliness of SKIN and HAIR

RETAINED by using Cuticura Soap regularly every day and Cuticura Ointment as required... Begin today the regular use of Cuticura for the toilet, bath and shampoo. There is nothing better for keeping the skin fresh and clear, and the hair live and glossy. Soap 25c. Ointment 25c. and 50c. Talcum 25c. Sample each free. Address Canadian Dept., J. T. Watt Company, Limited, Montreal.

As for us, we think they stimulate the breakfast appetite more than any cold fruit can, are quickly prepared, and will cook in about twice the time it takes to get out the utensils and make drip coffee, taking into consideration that there are also the cups to warm and make ready with sugar, if that is needed.

For one or two people take two fine large yellow bananas. Have ready a tablespoon of melted butter in a flat bottomed frying pan (some frying pans get a hoop). Peel the bananas, cut them across into two, and then cut these halves in two lengthwise, sprinkle the cut side with sugar and roll the other side in the pan and let cook gently till a cinnamon brown on that side, then turn with a spatula and brown on the other side. They will have cooked through usually so that the round side flattens down when they are turned, and is wholly flat by the time it is browned and so wholly covered with caramel. Take up to eat on the side with a cereal, leaving none of the delicious caramel in the pan. Remember that the cooking must be gentle.

For a different effect, use bacon fat and no sugar, slice the bananas so as to get long diagonal slices—one-third inch thick—and brown on both sides in the fat. Five minutes to a side or six to the first side and

## For The Cook

Leftover Goose

An interesting dish, solving the problem of leftover goose. Two cups cooked goose, two tablespoons butter, one tablespoon flour, two tablespoons chopped ham, one tablespoon chopped onion, one tablespoon chopped parsley, salt, pepper, one and a half cups leftover gravy or stock, one clove, one chopped green pepper. Melt butter, add flour and then stir in stock. Add other ingredients and simmer for fifteen minutes. Serve on slices of bread

four to the second is right with the right fire. It is not necessary to season them in any way.

There are other ways of preparing bananas in much the same way and so getting something that will stimulate the appetite and set it on its way to do a fine piece of digestive work. The caramelized bananas are excellent as a garnish for ham or they may replace a breakfast cereal entirely in the morning as warm weather comes on, with lighter breakfasts.

Suede gloves can be cleaned at home if they are rubbed with oatmeal and then given a good brushing.

CONGOLEUM

# Beauty

...is at its best in the NEW "PERSAN"

The new 1929 range of Congoleum Gold Seal Rug patterns set a new standard of beauty in rugs... at a price within reach of all... particularly the new colourful all-over effect secured in the "Persan" pattern No. 612.

Genuine Congoleum Gold Seal Rugs are so low in cost they leave plenty in the budget for the other attractive accessories that help to make up charming room interiors.

Guaranteed to your satisfaction... by the Gold Seal on the surface... but make sure you actually see the Gold Seal before purchasing... then, and then only, can you be sure of the genuine.

# CONGOLEUM GOLD SEAL RUGS

CONGOLEUM CANADA, LIMITED, MONTREAL, CANADA

## PROWSE BROS. LIMITED

Carry all Sizes and Patterns in GOLD SEAL CONGOLEUM RUGS Including the New Persian Design

## Delightfully Soft

the most comfortable napkin ever made

### The NEW and IMPROVED KOTEX

Marks the greatest step in intimate feminine hygiene

Deodorizes\*... and 4 other important features:

- 1—Softer gauze ends chafing; pliable filler absorbs amazingly;
- 2—Corners are rounded and tapered; no evidence of sanitary protection;
- 3—Deodorizes\*—safely, thoroughly, by a new and patented process;
- 4—Adjust it to your needs; thinner, narrower, as required;

and

- 5—It is easily disposed of; no unpleasant laundry.

Made in Canada... On sale at all drug, drygoods and department stores.

\*Kotex is the only sanitary pad that deodorizes by patented process. (Patent No. 1,670,587.)

Regular 60c **KOTEX** Sanitary Napkins Super 75c

# Nonsuch Stove Polish

Liquid and Paste

As good as Nonsuch Silver Polish

Gives a quick shine that lasts a long time

Made in Canada Nonsuch Limited Toronto