

# Woman's Realm / Social and Personal / Fashions / Literature



**EVERY KERNEL IS WASHED**

*We wash all wheat TO GIVE YOU THIS*

**SUPER-CLEAN FLOUR**

You wash all potatoes, vegetables and fruits before you use them. Why? Because cleanliness is essential for good health. Because clean food tastes better.

Robin Hood washes every grain of wheat that passes through its great mills. Thousands of gallons of sparkling water scour away every trace of grime and field dirt. Only immaculate kernels with all the

goodness of Canadian sunshine sealed in their glistening coats go to the rolls to be milled into Robin Hood Flour.

No wonder Robin Hood gives your bread extra whiteness—extra delicious flavour.

Sincerely,  
*Evangelina*

HOME BAKING SERVICE  
ROBIN HOOD FLOURS MILLS LIMITED

**Robin Hood Flour**  
*Milled from Washed Wheat*

**Your Individual HOROSCOPE**  
By Frances Drake

For Thursday, December 12th (Aries) — After 11:40 A.M., beneficent vibrations particularly favor skilled workers, building, mining, laboratory experimentation. Police, detectives and others in confidential work especially sponsored.

APRIL 21 to MAY 20 (Taurus) — Very promising for your special talents and splendid mental powers. Monetary gains indicated for your cleverness and perseverance. Artistic and industrial worker and executive favored alike.

MAY 21 to JUNE 21 (Gemini) — A.M. warns against undo aggressiveness or carelessness with machinery, tools, chemicals, airplanes and motor vehicles. Generous friendly rays emanate after 11:40 A.M., especially for mental and artistic pursuits, social and charity affairs.

JUNE 22 to JULY 23 (Cancer) — Ideal indications for your line of work and the talents with which God blessed you. Home, children's

(Continued on page 9, Col 2)

**BEST FOR BOTTLE FED BABIES**

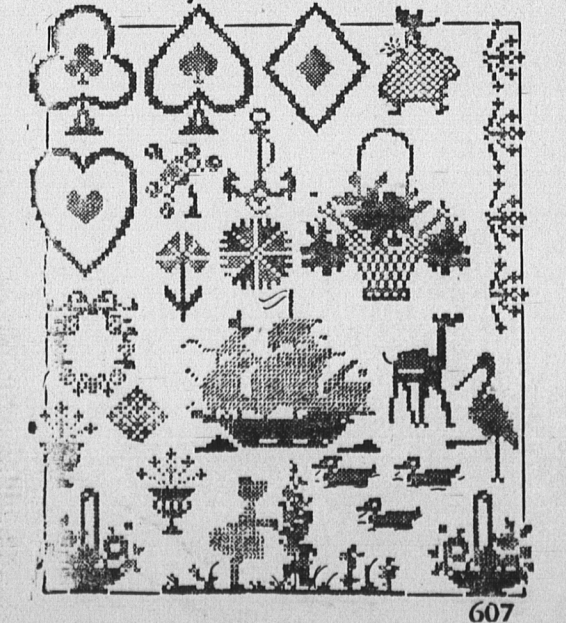
**BEST FOR COOKING TOO!**

**Carnation**

IRRADIATED ON "SUNSHINE" VITAMIN D

**CROSS STITCH MOTIFS**

**To-Day's Popular Design**  
By Carol Aimes



DESIGN NO. 607

Your requests for "a sheet of transfers of innumerable cross stitch motifs" have reached the proportion of a deluge! We like cross stitch, too, but did not realize so many of our readers had the same idea. Here it is—a grand sheet of lovely designs (only a few are illustrated.) You will find no end of uses for them.

The pattern includes the large sheet of transfer motifs, suggestions for using them and color keys and guides.

To order this pattern, send 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian, P.O. Charlottetown, P.E.I.

Design No. 607

Name \_\_\_\_\_  
Street Address \_\_\_\_\_

**Dorothy Dix Says—**

**CHARM COMES BY NATURE BUT IT NEEDS TO BE CULTIVATED**

**If You Are Not Already Blessed, Take Time And Trouble To Develop Traits That Are Necessary to Make You Liked By Others**

Dear Miss Dix—Our second-year home economics class is confronting a problem which we would like for you to solve. It is: What is charm? And how may we acquire it? We have been taught from the grade up that quality is a necessary one to attractive ness, but unfortunately, we have not been taught just what it is, or how to attain it. Please tell us.  
CHARM SEEKERS.



Answer—  
Not even Solomon himself could answer that question. We all recognize charm when we contact it and go down before it like ripe grain before the sickle, but just in what charm consists none of us know, nor do we know how to acquire it. Beauty has something to do with it, because we are all attracted to the individual who is good to look at, but some of the most beautiful people in the world are the least charming. Intelligence is one of the ingredients of charm, yet many of the intelligentsia repel us at sight. Suavity of manner is a necessary quality to charm, yet there are too many of the world who are less drawn than we are to those who are too anxious to please. Our own charm, we all know homey people and even dull people who are utterly charming, and because of their charm we support many a lazy good-for-nothing and forgive many a villain his vices.

Sometimes Charm is a Gift  
For his happy possessors, charm is the gift that their Fairy God-mother dropped in their cradles when they were born. For the rest of us, it is the intangible something that draws us to an individual and makes us like him or her without knowing why.

At times, in its higher form, charm is like genius. It comes by nature, but a very good synthetic artist can be manufactured by anyone who is willing to take the time and trouble to do so. And to the girls who are charm-seekers I would say:

First, make yourself as easy on the eye as you can by getting the best haircut you can get, by keeping yourself well groomed and wearing clothes that complement your make-up. Give your attention to all of your details, no use in discussing whether we are attracted to a woman, sovenly, neatly woman, or one who is slick-and-span and who has on a pretty frock.

Makes a Good Impression

Then cultivate a pleasing address. Learn how to deal very tactfully and acquire the art of making a good impression.

And this, in its simplest form, consists in being friendly and polite and showing an interest in those with whom you are thrown in contact. Do not be afraid to ask people about the things they are interested in, their business, their hobbies, their automobiles, help people to make their parties a success, and everybody will think you are a very charming person.

And, finally, and this is the most important of all, never say anything about your own charms, or about the charms of any other woman. Let your own charms speak for themselves. If you are a very charming person, you will be sure to attract the attention of those who are looking for a charming person. And if you are not a very charming person, you will be sure to attract the attention of those who are looking for a charming person.

WEAR ONLY WHAT

Dear Miss Dix—Full and flared skirts, low-cut necks, and a full bust, these are the things that I like to wear. I am a very stout woman, and I am sure that I am not alone in this. I am sure that I am not alone in this. I am sure that I am not alone in this.

PERPLEXED WOMAN.

Answer—  
The fashion used to be set by Paris. Now all eyes are being made to resemble this country as the style center of the world. As to who originates them, heaven only knows. When you look at the modern hat, you are convinced that it is the masterpiece of an alcoholic in the times of antiquity remains, seeing that women follow fashion blindly when they know it turns them into caricatures of an, is a mystery to me. One day, when I was in a store, I saw a woman who was confronted with the spectacle of knee-kneed and gaily-colored women, who were dressed in the clean, simple, and they were decently covered up, wearing knee-length skirts that exposed their faulty underpinnings to the world.

—We see women who are living skeletons in gossamer gowns that turn a spotlight on their bones, and fat women waddling around in Kassy Kut Kollege sport suits that add tons to their weight. And why they do it when there are mirrors on every corner is past all guessing. Their excuse is that it is the style, and they never seem to think that it would be possible to rebel against

**THE COOK'S CORNER**

**CANDIED SHELLS**

Select large grapefruit or oranges that are of good shape and color, making sure, however, that there are no blemishes on the skins of the fruit. Wash and cut a slice from the stem end of the fruit, remove the inside with a teaspoon, while being careful to leave all of the thick part of the peel intact. Cover the shells with cold salted water (using 1 teaspoon salt to 1 quart of water). Bring to a boil and cook for about 5 minutes. Drain off this water then cover with fresh water and boil 5 minutes again. Drain. Repeat this process of covering with fresh water, boiling, and draining, two or three times, or until as much of the bitter flavor is removed as desired and then cook the peel in water until tender. Drain and cool the shells. Invert on a rack to dry, overnight.

For 5 or 6 large oranges or 3 or 4 grapefruit, prepare the following syrup.

4 cups sugar  
4 cups water  
1 cup corn syrup  
1-2 teaspoons glycerine

METHOD: Combine the ingredients and boil for 5 minutes. There must be enough syrup to thoroughly cover and float the fruit. Glycerine is added to aid in keeping the fruit soft.

Add the prepared shells to the syrup and cook until the syrup gives a jelly test. Let the shells stand in the syrup at least 24 hours, turning them several times during this period. Reheat and cook for 10 minutes longer. Cool in the syrup and let stand in the syrup until ready to use. Before filling with cake mixture, drain syrup from the shell.

**GREENERY FOR TABLE DECORATIONS**

Have any of you ever tried growing leaves from planted peanuts? If not, plant some as I did and have some lovely feathery green leaves for decorations. Write a correspondent. I planted eight peanuts, shelled, in a bulb pot in sandy soil. It is interesting watching the leaves coming up, and well worth the slight trouble.

**Free! NEW SENSATIONAL RECIPE BOOK!**



HAVE YOU EVER MADE BUTTERSCOTCH BISCUITS?

It's one of the amazingly delightful recipes given in this new Recipe Book... "52 Baking Secrets"... created by Mrs. H. M. Aitken, Famous Cooking Authority... and issued by the Canada Starch Home Service Department.

Here's a real gold mine of the simplest, most delicious recipes for Hot Bread, Cookies, Biscuits, Meats, Fish and many other types of foods. Write now for this FREE Recipe Book. Send your request, with a label from any Canada Starch product, to Canada Starch Home Service, Dept. DW, Box 129, Montreal.

**A Morning Smile**

GETTING NEARER  
A little girl went into a local chemist's and asked to be served with a "pen-orth of pano." "What is it for?" asked the puzzled shopman. "Oh, it's ammonia you want!" "Yes—that's it 'amonium. I knew it was something to play on!"

Pat Murphy was on the spot when the explosion occurred. He was blown up, and they couldn't find a trace of him. When his wife called the foreman said quietly: "He's gone, mum." "Gone," she said, "for good?" "Well, in that direction," said the foreman.

**IMPROVED BLEND—VACUUM PACKED**

Roasted in Canada by a Special Process

**FOR ECONOMY, TRY MAXWELL HOUSE**

SEE IF YOU DON'T GET MORE FLAVOUR—MORE RICH GOODNESS FROM EVERY POUND

DRIP GRIND—for Drip Pot and Glass Coffee-Makers  
REGULAR GRIND—for Percolator or Boiled Coffee

**MAXWELL HOUSE Coffee**

**DOUBLE ACTION! AND WHAT IT MEANS IN YOUR KITCHEN**



Logical, scientific, modern, DOUBLE ACTION is the property in Barbour's ACADIA Baking Powder that takes the "guess work" out of baking. Cakes are finer grained, because the leavening action is more gradual—more gentle. Rising starts when the dry and liquid ingredients are combined IN THE MIXING BOWL.

The second rising action occurs after the batter is placed IN THE OVEN, and continues until the baking is complete. Ordinary interruptions in batter preparation therefore do not affect the finished pastry. "Falling" is a thing of the past when you bake with Barbour's ACADIA, the DOUBLE ACTION Baking Powder.

Barbour's ACADIA Baking Powder will save you money. Not only does it cost less—it lasts longer. You will use only level teaspoons of baking powder (not heaping) or less than two thirds the usual amount. Superior ingredients and uniform, careful preparation provide assurance against baking failures.

Barbour's ACADIA Baking Powder introduced DOUBLE ACTION to Maritime housewives. Its efficiency and economy are proven. Next time, order Barbour's ACADIA Baking Powder, and insist upon getting it.

*It's double Action means Satisfaction!*

**Living & Leisure —The Woman's Realm**

To gold refined gold, to paint the lily. To throw perfume on the violet; To smooth the ice or add another unto the rainbow, or with taper-light To seek the beautiful eye of heaven Is wasteful and ridiculous excess. —Shakespeare.

Newest dolls of plastic made with latex have flexible fingers and toes and soft skin that wrinkles realistically.

A "ritchbell" is a standard of measurement for glass fibre and means a filament 3-10,000 inch or more in diameter.

It must be borne in mind that light opera is not inferior to, nor less important as, an art, than grand opera. It is a question of kind, not of degree.

Sturgeon eggs are made into caviar. One fish may produce as much as 15 gallons.

Deaths from tuberculosis in France have decreased 40 per cent in the last few years.

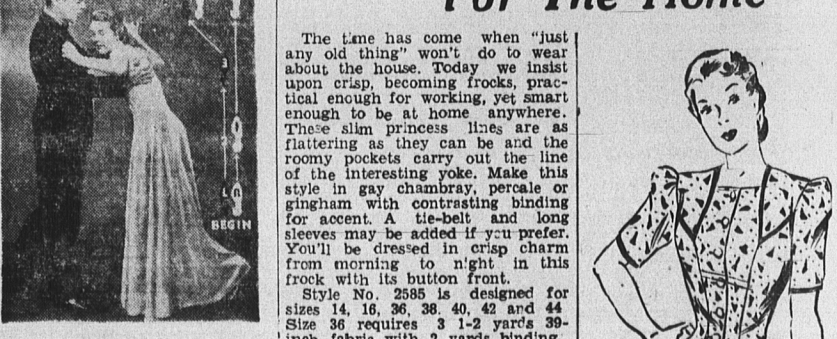
A new spread: Mix cottage or white cream cheese, sliced almonds, and grated green rind. Spread this on freshly-baked gingerbread, drop cakes, or cookies.

Calcium cyanide dust has proved a very effective rat exterminator, when shot into rat holes.

If the cellar steps are dark, paint the bottom one white; it might save a bad fall.

Rattlesnake can locate their prey blindfolded; sensory pits located between the eye and the nostril enable them to find a foe they cannot see.

**Needlecraft—For The Home**



The time has come when "just an old thing" won't do to wear about the house. Today we insist upon crisp, becoming frocks, practical enough for working, yet smart enough to be at home anywhere. These slim princess lines are as flattering as they can be and the roomy pockets carry out the line of the interesting yoke. Make this style in gay chambray, percale or gingham with contrasting binding for accent. A tie-belt and long sleeves may be added if you prefer. You'll be dressed in crisp charm from morning to night in this frock with its button front.

Style No. 2685 is designed for sizes 14, 16, 36, 38, 40, 42 and 44. Size 36 requires 3 1/2 yards 39-inch fabric with 2 yards binding.

Send Twenty (20c) coin is ordered for pattern. Write plainly your Name, Address and style number. Be sure to state the size you wish.

Style No. 2685 Size \_\_\_\_\_

Name \_\_\_\_\_  
Street Address \_\_\_\_\_  
City \_\_\_\_\_ Province \_\_\_\_\_

**MANY NURSES SAY**

"MILDLY MEDICATED CUTICURA IS A GREAT HELP IN RELIEVING UNSIGHTLY PIMPLES OF EXTERNAL CAUSE"

**CUTICURA SOAP & OINTMENT**

2585 SIZES 14-44

**A Pimple Covered Face Kills Many a Romance**

The lives of many young people are made miserable by the breaking out of pimples, and you probably know of cases where a promising romance has been spoiled by those red, white, festering and pus filled sores on the face.

The trouble is not so much physical pain, but the mental suffering caused by the embarrassing disfigurement which very often makes the sufferer ashamed to go out in company.

The quickest way to get rid of pimples is to improve the general health by a thorough cleansing of the blood.

Burdock Blood Bitters helps to cleanse the blood and with the blood cleansed the complexion should clear up.

The T. Millburn Co., Limited, Toronto, Ont.

