

Woman's Realm :- Social and Personal :- Fashions :- Literature

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PURITY FLOUR Best for all your Baking

The HOUSEWIFE and HER ACTIVITIES

YOU WHO ARE YOUNG You who are young, it is you, it is you. Who must make the dreams of the world come true. You who are young have a world to build. The future shall be what you have willed.

CLEANING BROADCLOTH Black broadcloth can be cleaned by rubbing thoroughly with powdered fuller's earth, putting it away in a box or drawer for several days, then shaking and brushing well.

CARE OF HAIR Authorities say that a regular oil shampoo, and a careful and thorough brushing every night, is usually sufficient to insure healthy and glossy hair.

SEAFOOD Enough seafood should be bought for one meal only. It should not be held over a day, as there is always a chance that it may become a bit spoiled.

HERBS IN COOKING Soups and other dishes in which herbs are used for flavoring are frequently marred by the appearance of small sticks, and it is almost impossible to avoid this when the herbs are added in the usual way.

TO CLEAN WALLPAPER For cleaning soiled wallpaper, take a loaf of white bread, break off a piece of crust and rub down the wall. The softness of the bread clinging to the bread crumbs and the wall will be astonishingly clean.

FENS AND PARCELS A good fountain pen may easily be damaged if it is used for writing addresses on parcels wrapped in brown paper. An ordinary penholder, with a specially strong nib should be kept for the purpose, or else a match stick dipped in ink should be used to clear, bold letters, made by a coarse nib or a match, are more legible than fine writing.

TABLOID When sealing jars of jam or jelly with paraffin wax, lay a short length of fine string a little wider than across the width of the jar, letting the middle set in the wax. When opening the jar for use, run a sharp pointed knife around the edge of the wax, and pull on the string ends to remove seal.

RESEARCH BEING MADE INTO BACTERIOLOGY OF COMMON COLD To judge by some of the doleful reports in the daily papers, no research is being made into the bacteriology of the "common cold," and no preventive, far less cure, is in sight, says a writer in New Health Magazine. This is by no means a fair statement of the state of our knowledge at the present time.

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SCOTT'S EMULSION THE DIGESTIBLE COD LIVER OIL WITH THE PLUS VALUES FOR SALE BY YOUR DRUGGIST

Our Faults Are Often Unknown To Us Dorothy Dix Says We Need to See Through Bright Glasses

Our Character Needs a Thorough Inspection Just as Often as Does Our Physical Make-up

Those of us who take intelligent care of our health go to our physicians at least once a year and have them thump and prod us, and take our blood pressures, and listen to our hearts and lungs and see if our various and sundry organs are behaving themselves.

When I return from one of these physical inspection tours, I always shine of you a pity it is that we don't, every now and then, give our characters and our habits as well as our bodies a thorough going over to see if we are up to par, or whether we have acquired high-pressure tempers and chronic irritability and grouchy manners that creep up on us just as insidiously as any disease and are far more deadly.

So often we could cure ourselves of what ails us and makes us disagreeable to live with, if we only diagnosed our symptoms and took the proper treatment. But we are so lazily dead. Nobody wants us around any more than they do a corpse.

Especially is it important that all middle-aged and elderly people should watch their step because we slump morally and mentally just as we do physically as we grow older, and our prejudices and our opinions harden up on us just as our bodies do.

Check up on your personal appearance. Spend an hour studying yourself in the mirror and see whether you have begun to get a hump on your back and a bay-window on your front, and your hair grows straggly and you favor your feet by wearing sloppy shoes.

Check up on your conversation. Keep tab on yourself to see if you are getting to be a repeater who tells the same old story over and over again. Note whether your favorite topic is yourself, your business, your children, about himself and his family.

Check up on your manners. Are you courteous and considerate to all you meet, and kind and sturdy? Do you eat like a pig, or a gentleman, or a lady? Do you grab the best of everything for yourself?

Believe me, our mental health needs looking after as well as our physical, and we could save ourselves from worse tragedies than death if we actually checked up on our manners and our morals and took some reliable remedy for our faults.

THE COOK'S CORNER

CASSEROLE OF LIVER 1 1/2 pounds liver 4 tablespoons oil 1 medium onion, diced 2 carrots, sliced thin 2 cups potatoes, diced 1 cup chopped celery 1 1/2 teaspoon pepper 1 bay leaf 2 cups tomatoes

Method—Melt the drippings, flour the liver well, and brown in the hot drippings, leaving the meat in one place. Place in a Dutch oven, add the onion, carrots, potatoes, celery and seasonings. Pour over all the two cups tomatoes, or tomato juice, cover closely and cook slowly for 2 1/2 hours.

ENCRUSTED FLOWERS Chazel features a novel and attractive novelty in the form of twelve encrusted flowers on black net dresses.

FAD IN COIFFURES A novel—and rather more amusing than beautiful—type of hair-dressing is being displayed by a London hairdresser. He calls it the "Hendress."

PEACH PUDDING Two level cupfuls sifted flour, 1 level tablespoon butter, 1/2 cupful sugar, 1 egg, 1/2 cupful milk, 1/4 cupful sugar, 1 egg, 1/4 cupful milk, 1/4 level teaspoonful salt, 3 level teaspoonfuls baking powder

CRANBERRY SHERBET To 2 cups of puree from stewed cranberries add the strained juices from 3 oranges and 2 cups of granulated sugar. Freeze until mushy in 3 parts of ice to 1 of salt, then whip in the stiffly beaten whites of 2 eggs and finish freezing. Keep packed until time to serve in 4 parts of ice to 1 of salt.

How'd you like to face him—in your search for Santa? Meet him in The Guardian in CHRISTMAS IN TOYLAND starting Monday, December 2.

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Too Many Beaus By ALMA SIOUX SCARBERRY

There was music and dancing at Old Piney Inn and Sugar was thrilled when Zanle Lou decided that was the best place to go.

But she was shocked when Zanle asked for a highball. "Take on a 1/1 alpha-bet soup too," Skip waved a skinny arm at the waiter. "From the ABC store! Get it, Friddle Cookie." He stepped on Sugar's foot under the table.

Scoop shook his head negatively. "Miss Friddle will have a tomato juice cocktail and so will I." He smiled reassuringly at her. "We'll let the infants have our bottle this evening."

Sugar gave him a relieved look. How good he was, she thought gratefully, and decided he was just about the nicest person she had ever known. Scoop waited until Skip and Zanle Lou got up before he asked Sugar if she would like to dance.

"I didn't know whether you knew how," he said as he took her in his arms when she jumped up eagerly. "Oh, yes, Mother Friddle let us dance to the radio in the sitting room. She didn't think it was fair for us not to learn. There was quite a row with the board of directors when she decided we should, though."

"She must be rather a remarkable person," Scoop decided. "You must take me to meet her some of these days. Or would she approve of me?" "Oh, yes, she'd love you for being so good to me. I told her all about you in a big long letter."

Sugar lost herself in the music. Scoop was an excellent dancer and in spite of his stutter he danced with him seemed easy. She was sorry when it was over and Skip asked her to dance.

He held her in a vice-like grip and bent her back until she was sure she would be permanently bowed. It made it necessary to look up into his long face, and she hated his big teeth and wide, asinine grin.

"This is a dance or a bad case of St. Vitus' dance," she stiffened herself against the New Yorker's onslaught. "If this is dancing, give me a fit."

Skip laughed with feline delight and changed to an even more exasperating tempo. "You'll love it when you get used to me," he assured her with a tight-lipped smile. "With an armful like you, Sugar Baby, I could dance all night."

"Over my cold remains," Sugar said savagely. "Do you know why I'm mean to you, Gorgeous?" "I hadn't noticed you were mean to me. I thought maybe you just didn't know how to be a gentleman."

"Wow!" Skipper laughed a little weakly. "That's hitting right to the bull's-eye, Friddle Dee Dee. But I'm going to tell you why I'm mean to you, anyway. It's cause the minute I saw you I was goofy about you. Old man Lanier loved whom he chastened. Get it? I'm always nasty to my women if I love 'em."

"My, how my little heart is beating," Sugar smiled sarcastically. "The great Lanier has fallen for my charms?"

Skipper bent over her head as if he were going to kiss her and Sugar looked around quickly to see where Zanle Lou and Scoop were. "Don't be a fool," she pulled away from him. "If you must insult me, at least try to be a gentleman now, since you came with Zanle Lou."

"But I won't be comin' with her any more if you say the word," Skipper lowered his head to breathe in her ear. "You got what it takes to hold me, Sug. I'm lookin' for greener pastures, Red-head. I'm gettin' awfully bored with Zanle. How about sneakin' out next Thursday night?"

Sugar wrenched herself away savagely. "You're worse than you look," Her brown eyes shot sparks. "And believe me, that's plenty bad!"

She was grateful when the music stopped and they walked back to the table. Skipper's answer was drowned in the rustle of the crowd. But the smirk had not left his face. Zanle Lou looked at her closely and knew something was wrong from the twist of her usually soft, smiling mouth.

And suddenly Zanle was seized with an unreasonable fit of jealousy. She was shrewd enough to know from Sugar's attitude that she was not making a play for Skip. But it infuriated her that her pet catch found some one else attractive. It had started out as a lark, and an excuse to get a close-up of Scoop. But maybe it had been a mistake.

Zanle Lou decided on the best course to pursue. She would make a play for the older man and try to make Skipper jealous.

But she only succeeded in making herself obvious, and in amusing Scoop and Sugar. Sugar's feminine intuition told her why Zanle Lou insisted on the next dance with Scoop, and why later she gazed at him lovingly, hanging on his every word throughout dinner.

Zanle was a little discouraged on the way home when Skip spent most of his time leaning from the rumble seat yelling his idea of smart jibes at Sugar. She would have much preferred having him make love to her, even at the risk of shocking Sugar. It was the first time he had ever failed to try to convince her of his undying devotion after a couple of highballs.

Zanle felt frustrated and the thought of going home in that mood made her panic. If she lost Skip to a girl from the orphanage she would be the laugh of the town.

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crasher?" Sugar tried to smile gaily. "Scoop reached over and took her hand. She could see, even in her inexperience, that he had been drinking too much."

"Well, I see all the shows in New York. I'll pick you out some night and surprise you, beautiful lady." "Oh, I'm not an actress, Sugar. I'm just a professional. I guess you'd call me just a home girl."

"I'm sorry, Mr. Patchen," she said, managing to control her shaking knees and holding her head high. "I'll save Miss Jennings the trouble of any further explanations. I'm a maid in the LeMasters house, and I don't belong here. It was all in fun, and I didn't mean to impose on you. I'm sorry."

She stalked through the door before Patch had a chance to answer. Cart caught her arm. "I'll take you home. Please excuse me a few minutes, Nancy Sue. I'll be right back."

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