

Whoever enjoys a perfect cup of coffee—fragrant, delicious, satisfying—will find an added pleasure in a cup of Chase & Sanborn's "SEAL BRAND" COFFEE.

In 1/2, 1 and 2 pound tins. Whole—Ground—Pulverized—also fine ground for Percolators. Never sold in bulk.

CHASE & SANBORN, MONTREAL.

Coughs, Colds, Bronchitis, Grippe, promptly vanish after a few doses of

=TAROL=

Prepared with extracts of Tar, Cod Liver Oil and other effective ingredients—it is the best remedy known for all affections of the respiratory tract.

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CANADIAN NATIONAL RAILWAYS
PINCE EDWARD ISLAND

Time Table in Effect, April 23rd, 1919

Trains Outward READ DOWN Trains Inward READ UP

P.M.	P.M.	A.M.	Dep.	Charlottetown Arr.	A.M.	P.M.	A.M.
4.00	12.15	6.35	Dep. Charlottetown	11.55	10.20	10.40	9.03
5.20	1.48	7.55	Hunter River	10.47	9.22		
6.05	2.50	8.08	Emerald Jct.	10.09	8.50	7.30	8.08
6.50	3.30	8.34	Summerside	9.37	8.25	6.50	
7.20	4.10	9.00	Dep. Summerside	9.10	8.00	6.10	
8.10	5.00	9.30	Dep. Summerside	8.35	5.00		
9.08	5.40	10.00	Port Hill	7.40	8.21		
9.57	6.20	10.30	O'Leary	6.52	1.52		
10.38	7.00	11.00	Alberton	6.05	12.32		
11.19	7.40	11.30	Dep. Alberton	5.30	11.30		
	8.55		Dep. Emerald Jct.	7.45			
	9.55		Dep. Bordet	6.45			
P.M.	A.M.		Dep. Charlottetown	10.10	6.10		
3.10	7.00		Mt. Stewart	8.55	4.30		
4.30	8.55		Morell	8.22	3.35		
5.00	9.30		St. Peters	8.00	3.00		
5.22	10.00		Souris	6.50	1.35		
6.30	11.35		Dep. Souris				
P.M.	A.M.		Dep. Elmira	5.30			
7.50							
P.M.	A.M.		Dep. Mt. Stewart	8.50	4.10		
4.35	9.10		Cardigan	7.48	2.54		
5.27	10.20		Montague	7.23	2.25		
5.51	11.00		Georgetown	6.45	1.40		
6.25	11.40		Dep. Georgetown				
P.M.	A.M.		Dep. Charlottetown	10.15	9.45		
3.10	3.10		Vernon River	8.20	8.31		
4.25	4.55		Murray Harbor	6.20	7.00		
5.55	7.05		Dep. Murray Harbor				

Except as noted, all the above trains run daily Sunday excepted.
H. H. MELANSON, Passenger Traffic Manager, Toronto Ontario.
W. T. HUGGAN, District Passenger Agent, Charlottetown, P. E. I.

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WELCOMED HOME

A public reception in New London Hall was tendered recently to a returned War Prisoner, Mr. W. Ray Gunn at which the following program was given: Opening chorus; Remarks by Chairman; Address read by Mrs. Lockhart to which a fitting reply was made by Mr. Gunn; Solo, Mr. Lamont; Reading, Miss Ada McKay; Solo, Miss Mabel McGregor; Remarks, Sgt. Allen Cole; Solo, Fred McLeod; Chorus, Solo, Heath Harding; Remarks, Mr. John Lockhart; Solo, Mr. Lamont; Trio, Fred McLeod, Heath Harding, Miss Florence McLeod; National Anthem. A dainty lunch was served by ladies of New London Institutes.

Many times since the fall of 1914 when the war-clouds that had been hovering so long over Europe, burst into flames, and Britain called to her Colonies and overseas Dominions to rally to her help, have the doors of New London Hall been opened to the public. We have met at recruiting meetings, when the noblest and bravest of our youths, volunteered to give their lives a sacrifice, if need be, that Liberty might not perish from the earth. We have met at other times, when the claims of Red Cross and other patriotic schemes were presented to us and when money was needed for these schemes we found the public willingly and generously contributing and the past winter we have met on more than one occasion to welcome back our returning heroes. But while realizing the deep debt of gratitude we owe those who have been so long in the firing line and may still bear in their bodies, the scars of many a battle still our welcome to you has a deeper note, not being unmixed with sympathy, for we feel that to one of your ardent temperament, a life of activity on the battle field, no matter how strenuous, would be preferable to the restricted life of a German prisoner camp. The battle of St. Eloi will ever live in the annals of British history, where on the 11th of April 1916 a small body of brave Canadians held back for so long an overwhelming number of the enemy and it was only when your ammunition was all gone, and you were cut off from reinforcements, that the rear, that you were forced to surrender, only sixteen out of a gallant company of 123 being spared to tell the tale. When the message that you were missing was flashed over the wire, a wave of genuine sorrow and sympathy passed over the whole community, for yourself that a life so young and promising should be cut off and for your parents in their loneliness and uncertainty over your fate and when some weeks later word was received that you were a prisoner of war, all rejoiced with them and our help that we could give to render your life more endurable has been willingly and gladly given.

And now the war is over, the victory has been won, militarism has been crushed and the world made safe for democracy we would remind you and your fellow soldiers that you still have a duty to perform. In the reconstruction period on which we are entering.

Many difficult problems are presenting themselves the struggle between Labor and Capital is becoming more acute, work must be found for the returning soldiers and we trust that the bravery and patience of yourself and fellow soldiers displayed in trench and hospital and prison camp, may manifest itself in your private and community life, believing that he who ruleth his own spirit is greater than he who taketh a city. We would again on behalf of your friends and neighbors bid you welcome home and close with those lines, as applicable in peace as in war.



has been preserved, and militarism has received its death blow.

We regret that you do not find it expedient to take up your life work in our midst, but we realize that the lure of the West is very strong, and we trust that success will crown your efforts wherever you go and as a slight token of the esteem of your friends and neighbors we ask you to accept this small gift.

Signed on behalf of Institute.
C. B. GASS,
Sec. Treas.

ANTI-BOLSHEVIK GOVERNMENT

PARIS, May 14.—General Denekine, the Head of the Cossack anti Bolshevik government in southeastern Russia, has communicated his program to representatives of the Allied powers. The principle points of the program follow:
To continue the struggle against Bolshevism;
Restoration of law and order.
Reconstruction of a unified and indivisible Russia.
Convocation of a constituent assembly based upon universal suffrage.
Large regional autonomy and the establishment of self-governing districts.
Civil and religious liberty.
Immediate agrarian reforms.
Adoption of measures tending to protect workers against exploitation by the capitalists and against government abuses.

NEED THIS SPRING

Of a Good Tonic Medicine, Nerve Builder and Blood Purifier

Is greater than ever before. The nervous strain, worry and anxiety caused by the war.—The debilitating effects of the terrible influenza, grip and pneumonia.—The depletion of the blood by indoor life in winter.—Have tremendously overdrawn the reserve strength of nearly every man and woman.—This makes the favorite Spring medicine, Hood's Sarsaparilla, more of a necessity now than ever before. For your impure, exhausted blood, and for that extreme tired feeling, sure to come, prepare yourself now. Today begin to recover your lost strength by taking Hood's Sarsaparilla, the standard Spring medicine and blood purifier, which creates a keen appetite, aids digestion and assimilation. Remember Hood's Pills if you need a mild laxative.

RECEPTION TO RETURNED SOLDIERS

On Monday evening the people of Northam might be seen moving en masse towards the residence of Mr. James Dymont. Their purpose was soon apparent—the holding of a reception in honor of the returned heroes—Sergeants Willard and Therman Dymont of the Second Siege Battery and of Sergeant Arthur Yeo. After an exchange of neighbourly greetings Mr. Edmund Maynard was asked to occupy the pillar of state—the proverbial chair.

The following address was then read and satisfactorily replied to by the laddies, after which a number of speeches were delivered, interspersed with music ably provided by Mrs. Ivan Linkletter.

It is hardly necessary to say that the hostess rose to the occasion by entertaining right royally. The gathering dispersed in the wee sma' hours to the strains of "God Save the King."

Gentlemen:—Realizing that once more it is our happy privilege to meet you, and impelled by a sense of admiration for your gallantry, we greet you.

We submit that we have but crystallized the sentiments of your fellow-citizens into expressive phrases when we bid you welcome back to the conditions of civil life.

We assure you that while the shadows of anxiety flitted in the background, we at home have followed your course with intense satisfaction.

It has been your privilege in life to participate in the greatest drama of tragedy and triumph the world has ever seen, and with you we have the proud satisfaction of knowing that the ideals for which you contended will be the forces by which the destiny of mankind will be governed in the future.

Truly yours has been a life worth living, and worth dying.

You are now about to enter upon the second phase of your career. We trust you will in the future show to the world as great a readiness to defend and live up to those ideals that our great British Empire and her allies have sacrificed so much to defend.

Gentlemen:—Upon the return from the battlefields to Canada to again assume the duties of civil life you and your comrades will find many great national problems evolving towards their right solution. You will be welcomed home to a country possessing all the essentials for the upholding of a great nation. We trust that while the opportunities for personal advancement will be great they may not cloud your vision of responsibility.

CLEANLINESS IS HEALTH

By the use of Gillett's Lye, house cleaning is made a pleasure instead of a drudgery. It softens the water and cleans thoroughly whether the dirt is visible or invisible. Destroys all bacteria and infectious germs, removes obstructions from drain pipes, closets, sinks, etc. Refrigerators are made delightfully fresh and clean by using one teaspoonful of Gillett's Lye dissolved in two gallons of water.

"GILLETT'S LYE EATS DIRT"

Made in Canada

Rioting Now In Winnipeg

(Continued from page One)

fears of rioting should occur, but in fact, the city was never so quiet, with the strikers' committees in evidence ready to co-operate in the event of disturbances. The stereotypes and pressmen struck just before noon today, as a result all three Winnipeg daily newspapers will be obliged to suspend publication. The strike committee is considering the advisability of permitting the Labor News a weekly labor organ, to publish a daily edition.

CAUSE OF THE TROUBLE

The first intimation to the public of the trouble which culminated in the general strike order was on April 24, when schedules of the metal workers and building trade workers were presented to the employers, accompanied by demands for the former of 17 cents an hour for mechanics up to 30 cents for laborers; and for the latter approximately 20 cents an hour.

Negotiations proceeded and the men refused the employers' offer of five and ten cent increases. The employers announced willingness to treat with employee committees but refused to negotiate with labor representatives.

LABOR IN CONTROL

In truth, Winnipeg now is wholly governed by the strike committee of two members from each of the sixty-seven striking unions, and five delegates at large from the Labor Council, with James Winning as chairman. At Labor Temple half of these executives and agents are present day and night, and are in touch with all parts of the city. That the control of this body of labor leaders is absolute, was shown during the evening when their co-operation was asked by the civic health inspectors with special reference to an epidemic

of scarlet fever in Weston. Authority was granted for them to remain at work for purely sanitary purposes.

The spectacle of guests at the Royal Alexandra and the Fort Garry Hotel, feeding themselves with the aid of a few chambermaids, with candle light, instead of the elaborate glare of electric chandeliers, was one of the features of the first night of the labor upheaval.

Volunteer autos carried the crowds home this evening, though there was no organized effort, and the labor committee gave warning to Mayor Gray that the police would be called out if any effort at strike-breaking is made by the city. The council is considering re-establishment of the jitney service with the permission of the strike executive. Famine fears swayed the average householder late into the evening, and many small stores were early sold out, with no hope of replenishing their stocks, unless they sent to the wholesalers personally, as no deliveries can be made. Crowds staggered home with all the food they could carry, and even fashionably dressed women carried hams and rolls in their expensive shopping bags.

HARD ON THE BABES

A pathetic feature has been the appeal for young babies, and the city is establishing depots to assist in this phase of distribution, as deaths are feared. The larger dairies cannot make deliveries, though a few small ones promise to keep up a limited business. The dairy delivery men say they struck only in sympathy, for they are paid \$40 per week for their long hours. Wholesalers assert the stocks of food are very large, but will be exhausted generally within one month since they cannot bring in more, with the freight handlers, car men, and many other railway operators out.

Candles have been purchased in huge quantities in anticipation of lights failing, through the Civic Company, and a private one promise a limited service provided the strikers make no further inroads on their help. Guards have been established around the civic water source of supply and special constables were

sworn in at the packing houses though all authorities agree that there is little fear of rioting since to effort is being made to introduce strike-breakers.

After the collapse of the final efforts of the authorities and the strike committee to settle, no further plans for resuming business have been introduced by either side. The large stores are operating with such reduced staffs and with so little business, except for food, which is so rapidly being depleted, that even the larger ones are expected to close within a few hours.

MENACING ASPECT

A menacing phase of the situation disclosed was the handling to each striker as he left the C. P. R. shops, a number of pamphlets issued by the Socialist party, and copies of the Socialist Bulletin. This paper, printed under Winnipeg date line, contained articles signed Nicholas Lenin, and L. A. K. Martens, representative in the United States of the Russian Soviet. Returned soldiers complained to Ottawa some time ago against the Bulletin, but the Mounted Police have received no orders to suppress it. It is revolutionary and demands the Soviet government. Business men and the authorities are trying to ascertain where it is being printed.

Some ugly threats are being made against so-called food hoarders, but it is merely loose talk and is the chief resentment displayed. In fact, 59 out of the 60 unions, which voted the strike, are sympathetic strikers. These fifty-nine want to help the Metal Trade Union get recognition of their union. The Federal Government's vague message to the city to "do the best you can," is not regarded as an optimistic feature, but Mayor Grey says he is still hopeful for an early settlement. He and Premier Norris have worked earnestly for the past three days to bring order out of the threatening chaos.

With the hundreds of volunteers at the fire halls and the help of the captains, no fear in that direction is expressed, and the strikers do not apparently regard these business men as strike-breakers.

Food For Children serves a double purpose

Growth must be provided for, as well as replacement of daily wear and tear.

At this vital time of the child's life parents should consider

Grape-Nuts

— a real "building" food that constructs and maintains.

Pure and Wholesome