



FLEET FOOT

For Every Summer Need

WHEN we say "put the whole family in FLEET FOOT this summer" it means the little folks as well as the big ones.

FLEET FOOT shoes provide styles for everybody—sandals for the little ones—sturdy styles for boys and girls—sensible, comfortable oxfords and shoes for ordinary wear—heavy FLEET FOOT for rough work—smart FLEET FOOT for afternoon and evening wear—and the famous FLEET FOOT sport shoes for every sport and recreation.

Make sure you get the genuine **FLEET FOOT**. You will know them by the name stamped on every shoe. Look for the name—it insures good style, sturdy wear, foot comfort and economy.

Ask your Shoe Dealer for Fleet Foot and make sure you get Fleet Foot.



Summer Frocks in New York

What to wear on the warm days in the city that is the question that confronts many of us just now. When the sun strikes straight down it is well to be prepared with something in the way of a dress that will not be too thick and hot and that will, at the same time be formal enough to answer every town requirement.

A dress of dark blue heavy crepe is made with kimona bodice and straight skirt. It has a panel in the front of the skirt of white foulard with blue circles printed upon it. Then the panel runs up into the bodice where it spreads into a curved section which succeeds in forming the whole lower part of the waist. It is an interesting combination of materials and is designed to give its wearer a "post-er" look if she is so made that she can carry off that particular style of dressing.

Crepe dresses that are draped in certain ways are among the most interesting things that are now being displayed. For instance there is one that looks like nothing so much as a straight piece of material when it is held in the hand, but, the head slipped through a hidden opening, the thing ties and drapes about the figure most miraculously. Not the least alluring feature of this new sort of frock is the fact that it is lined with chiffon so that when an evening dress is desired, then the kimona is removed and the chiffon side turned out so that in a jiffy, it becomes a dress of quite a different character. There is no doubt about it, women's frocks are becoming greatly simplified. And if one's desire is to "keep" one's dressing out of the "fancy" class but still in the class of smartness it is wholly possible to bring together these two seemingly opposing interests.

Taffeta is being used for the summer street dress again. This year it has not so much of the ordinary fishu to be seen, but it is trimmed in other ways that are surely as fascinating. There is one great advantage about this material in that it keeps its shape. Its bouffant quality is something that carries with it a real charm and which makes it popular in some way or another every time that summer comes around.

The taffeta dresses in dark blue and black are the ones that women love to wear for the street during the warm weather. This year they have trimmings of their own material pleated and puffed and frilled and used for edgings wherever touches of white on any of the new dresses, then they are done in a rather inconspicuous manner and confined to rows of lace or little frillings of net or organdie. Some of the taffeta dresses are literally trimmed with organdie, that is, the darker taffetas have white organdie inserted into them in one way or another. There is one horrible disadvantage about this little trick which is that washing is out of the question and, when one has to wear one's frocks more than two or three times, it is not pleasant to have to send them to the cleaners too frequently.

The colored laces have been used for the trimming of the taffeta frocks and with excellent effect. A dark blue taffeta dress trimmed with wide lace dyed to match, comes as extremely interesting looking thing and one which any woman would be glad to call her own. Of course, for the dressy afternoon dresses this idea has been carried out in brighter and more conspicuous colors, but for the street they stick to blues and browns and blacks as being more nicely appropriate.

A dress of dark blue crepe Georgette designed for daytime wear has a perfectly simple bodice and a full skirt with dyed lace used for trimming only on the skirt, where it is put on in panels at the sides, panels that are slightly gathered and draped so that they fall in gracefully with the folds of the chiffon that bound them on either side. It is in this way that lace becomes most effective for the summer daytime dress, when it is combined with the foundation material so that it looks almost like a part of that material. It is never used as a trimming accessory, but rather as an addition to and an extension of the basic fabric, which should be something soft and transparent and of the same general character as the lace itself.

The hats that are worn with the summer street clothes become a serious matter for consideration, because unless the hat is exactly right, then the dress might as well not exist at all for all effect it will have upon the general public.

The summer hats are large and

"Back to Normalcy"

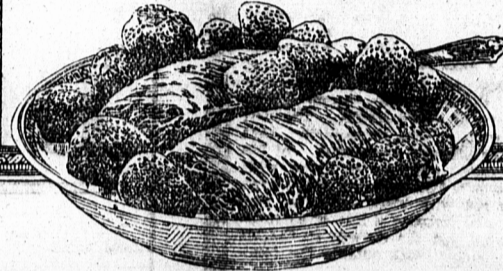
We hear much about a return to "normalcy." Nature also pleads for a return to normal living—for a return to simple, nourishing foods. All the food elements you need are supplied in Shredded Wheat

It is 100 per cent whole wheat in a digestible form—thoroughly cooked and ready-to-eat.

Two biscuits with milk or cream make a nourishing meal and cost but a few cents. Delicious with berries or other fruits.

TRISCUIT is the shredded wheat cracker, a crisp whole-wheat toast, eaten with butter or soft cheese.

MADE IN CANADA



drooping. They need to be in this shape on account of the heat and glare of the sun, and then they are so becoming that women gladly welcome the picture lines and possibilities that they carry with them. The idea is, this season, to have the hat as transparent as can be and then to trim it with many examples of fruits and flowers. The hats are extraordinarily large and many of them are extraordinarily transparent.

The wreaths of flowers, and sometimes cherries, that are arranged around these summer hats are placed in a sparing manner, not massed as they were last year. Some of them have the flowers gathered into a sort of large rosette at the front, where it adds height to the hat and gives a feathery effect of many little flowerets gathered carelessly together. The flowers used for trimming are tied together with fascinating little pieces of ribbon in bright colors woven with metal threads to make them sparkle and glisten. Many of the hats are bouc with narrow pieces of lace ribbon and many of them have groupings of streamers hanging from their brims made of the same sort of lace ribbon as the summer hat, and when it is not a wide veil draped about it to give that soft and flowing effect which must be a part of the summer hat. Those hats with a two inch band of lace falling from

their brims are extremely popular and they are so made that they are not too fancy to be worn with the sort of dress we have been talking of. Indeed they are just about the right sort of thing to set off the street dress of crepe, of foulard or of chiffon made from dark and inconspicuous colors.

A Tribute to Article on "Overcoming Worry"

By Helen Dulmage

A very exhaustive treatise on overcoming worry, and with that triumph, real success in life, is given in the Christian Guardian of April 6th, by Julia W. Wolfe. I wish to pay tribute to the fluent literary style and the many beautiful thoughts embodied. The main thoughts are summed up in the last few sentences: "To the brave in heart there are no obstacles. They wade through them and use them as stepping-stones. They are impelled by hope—begot of their faith. They are sustained by courage—begot of their hope. They have strength and endurance—begot of their courage. Therefrom emanates success and therein lies the antidote for worry." For the benefit of those women who are not particularly courageous, and who, in spite of honest endeavor, fall at times to reap the proper benefit from the hard places of life, I wish to re-write those few sentences.

To the heart that opens wide to Jesus Christ there are no obstacles. They are impelled by the power of divine love through faith. They have strength and endurance because "they that wait on the Lord shall renew their strength." "I will keep him in perfect peace whose mind is stayed on me, because he trusteth in me." The real antidote for worry.

Shark Fishermen

The shark industry on the Pacific Coast is reported as having developed into an established profession. Shark fishermen are still making good money, and are also making records in big creatures caught. The sharks are what is known as the "mud" variety, ground feeders at great depth, and entirely harmless to human beings. They live in great numbers in the deep inlets of the coast, and are valuable for their livers, their skins, and the fertilization values of their flesh and bones. At Main

THE WILLIS



Canada's Best

Canada's Best

The Piano Which Inspires

Those who purchase the Suburb Willis can always be confident that their instrument will win the highest measure of praise on account of its superlatively sympathetic quality. The Willis Piano in the making has been treated with the care and tenderness as a rare violin. It is the supreme outcome of years of experience and steady striving after an ideal; every part of it has literally been trained towards perfection, and the result is an instrument which is almost human in its responsiveness. . . .

The WILLIS an inspiration to the Artist, Music Student and Amateur or splendour of Tone, and Perfectly Responsive Touch are unrivalled.

See the exhibit of WILLIS PIANOS "Canada's Best" now on display at our store.

A. E. TOOMBS

167 Queen Street

Charlottetown

island, on the coast near Vancouver Island, the shark fishermen are catching very large mud-sharks at a depth of 100 and 125 feet. Some of the sharks caught have been 35 feet long.

The Same Old Story

A Cambridge undergraduate, contrary to regulations, was entering his sister, when they heard someone on the stairs. Hastily hiding his sister behind a curtain, he went to the door and confronted an aged man who was revisiting the scene of his youth, and was desirous of seeing his old rooms.

Obtaining permission, he looked round and remarked, "Ah, yes, the same old room." Going to the window, he said, "The same old view," and, peeping behind the curtain, he exclaimed, "The same old game!" "My sister, sir," said the student, "Oh, yes," said the visitor, "the same old story!"

Comes Early in Spring

Among the first birds to arrive in spring in the northern part of the United States is the bluebird, says the American Forestry Magazine of Washington.

USE BEAVER FLOUR

and Improve Your Bakings

BEAVER FLOUR contains all the richness and goodness of Ontario Winter Wheat combined with enough Western Hard Wheat to give it strength.

It is the only scientifically blended flour on the market—and can be relied on to give the best baking results every time. Ask for it at your grocer's.

THE T. H. TAYLOR CO. LIMITED
CHATHAM, ONTARIO

Increases Weight and Strength of Thin, Nervous People In Many Cases. New Phosphate Recommended by Specialists Is Guaranteed By Local Druggists.

Nothing like Bitro-Phosphate, says Dr. Harrington, of New York, to make thin, delicate, nervous, discouraged men and women take on needed weight and quickly exhibit a nerve force that radiates health, energy and ambition.

It is known to be such a wonderful aid to frail and tired out people that Hughes Drug Co., Ltd., and other leading druggists, who have a large demand for it, are glad to guarantee Bitro-Phosphate.

CAUTION: Although Bitro-Phosphate is an excellent aid in relieving weak, nervous condition, its use is not advised unless increased weight is desired.

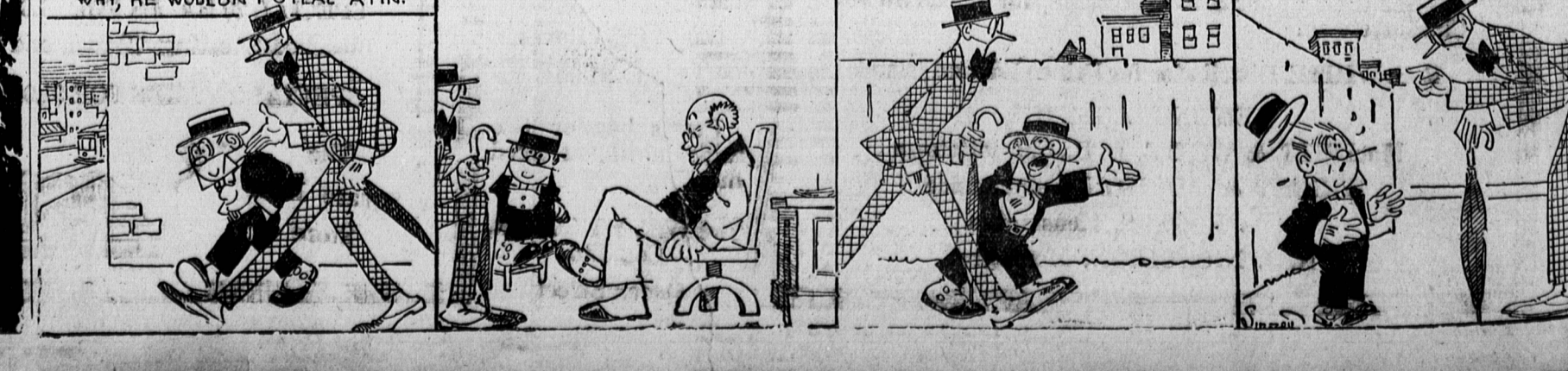
DICKY DIPPY'S DIA RY.

TUESDAY: BLONDY ASKED ME TO GO WITH HIM TO SEE SAM MILLS ON BUSINESS. "IS SAM A GOOD BUSINESS MAN?" I ASKED. "YES, AND WHAT'S MORE HE'S HONEST. WHY, HE WOULDN'T STEAL A PIN."

HOWEVER, I NOTICED BLONDY NEVER LET GO HIS UMBRELLA WHILE HE WAS IN SAM'S OFFICE.

SO, WHEN WE LEFT, I SAID TO HIM: "YOU HUNG ONTO YOUR UMBRELLA PRETTY WELL IN THERE. YET YOU SAY SAM WOULDN'T STEAL A PIN."

AND HE REPLIED: "YES, THAT'S RIGHT— BUT I'M NOT GOING TO TRY HIM ON AN UMBRELLA."



Canadian Pacific Rockies —to the Pacific Coast

Superb trains with open-top observation cars through the Alps of Canada—convenient schedules—finest dining car service—and direct connections at Vancouver by rail and steamship for all Pacific Coast points, and by steamship for Victoria, B.C., Alaska, Hawaii, the Orient, and Australasia.

This Trip Is the Best of Vacations

For 500 miles you pass through gorgeous Alpine scenery. Stop off privileges at Banff, Lake Louise, Field (for Emerald Lake and Yoho Valley), Glacier, Sicomous, Vancouver, and Victoria, B.C. on the Coast.

But even if you have no time to spare, this trip through the Canadian Pacific Rockies is a real vacation.

For Full Particulars write, N. R. DESBRISAY, District Passenger Agent, ST. JOHN, N. B.

Master WORKMAN SMOKING TOBACCO

The Smoke that Lightens the Work

The same rich flavor—the same restful comfort and satisfaction in both Plug and Cut Plug.

Put up in both forms to please ALL Smokers.

At all Tobacconists and General Stores.

—By SINNOTT