

Woman's Realm -:- Social and Personal -:- Fashions -:- Literature



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Thousands of women know from experience that Kotex, the New and Improved Sanitary Napkin, provides true comfort, complete security and consequent freedom from worry.

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4. In hospitals... Kotex is the identical material used practically exclusively by surgeons in most leading hospitals.
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KOTEX

Sanitary Napkins

A Morning Smile

A dapper young squirt came fussy into the drug store and demanded a good deal of attention for some trivial purchase.

The druggist appeared to meditate, looking the young man over. "Fraid I can't sell that to you, sir. I don't want to get into trouble."

"Trouble? Trouble!" shrilled the young man. "What do you mean trouble?"

"Been an awful lot of suicides lately," was the doleful reply.

Household Hints

By Roberta Lee

TENNIS RACKETS Tennis racket strings should be covered with vaseline before putting away for the winter.

To Stop Hiccoughs To stop hiccoughs give a teaspoonful of granulated sugar and vinegar.

House Plants Dead leaves should be cut from a house plant as soon as they appear.

do for it? (3) I am 21 years old, 5 feet 7 inches tall and weigh 137 pounds.

Answer—(1) From your first two questions I judge that there is something wrong with your general health.

Have a thorough physical examination by a doctor to see what is wrong. If, however, your health is good, the stubborn condition of your hair may be due to a naturally coarse texture or too much curling with hot irons.

Acne Scars Joan—Consult a doctor who is a skin specialist about the scars left from the severe case of acne.

Miss Roberta Spencer Fellow Trinity College, London

Dear Miss Leads—(1) I have a long thin face and have been letting my hair grow.

Answer—(1) Try a low side part with the hair brushed smoothly over

Dorothy Dix Letter Box

Is the "Other Woman" Superior to the Deserted Wife?—Shall a Dependent Young Man Marry Despite His Parents' Opposition?—Adopting a Baby

Dear Miss Dix—It occurs to me that you might like to hear the man's version of the "other woman." I have four friends, decent, fine fellows, who have deserted their faithful wives for other women and in each case the "other woman" is far superior to the deserted wife.



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Answer: So there is in men, human nature being what it is. In fact, the dog-in-the-manger spirit seems to be inseparable from matrimony.

As regards the "other woman," she is like every woman in the world—good, indifferent, bad, desperately wicked. Sometimes she is superior to the deserted wife.

Lady Loves can be just as nagging and selfish and domineering as wives. A truth that is vividly illustrated by the fact that the doctor, who was lately tried for murdering a coded for whom he maintained a love nest gave as his excuse for braining her with a hammer that she interfered with all of his plans and raised a row when he wanted to go somewhere to spend a week-end.

I also have known many varieties of the "other woman." I have seen many a conscienceless vamp go after a man and get him, who, but for her would have gone along being a good and faithful husband, contented and satisfied to the end of the chapter.

He had ceased to think of himself as a romantic hero and was interested in the children and his home and found the ordinary Darby and Joan existence pleasant enough until along came the siren who flaunted her youth and beauty before him and used her sex appeal upon him and convinced him that he was too young for his wife, and that all that he needed to make him a boy again and be perfectly happy was to divorce his wife and marry her.

And I have known the "other woman" to be a gallant and a tragic figure. I have known more than one woman great of heart, great of soul, great of brain who found her predestined mate in some man married to a poor, silly, selfish, neurotic woman who made his life a hell on earth to him.

I have seen the "other woman" refuse to take her happiness at the price of orphaning little children. I have seen her even earn the money that supported it, because but for her and the devotion and peace and strength she gave the man, he must have perished in his wretchedness.

So the "other woman" can no more be catalogued and labeled than any other woman, and she no more invariably makes a man a good second wife than his first choice did.

But I agree with you, Mr. Bachelor, that in virtually every case where the husband is purloined or stolen it is an inside job and that it would not have happened if the wife had taken the trouble to guard her treasure sufficiently.

And the time to lock the garage door is before Friend Husband and the "other lady" start off joyriding.

Dear Miss Dix—A young lawyer, about three years in practice, but who is still dependent upon his family for support, is in love with a girl he has known since childhood.

Answer: I think the parents are taking the wrong position in this matter and that they have no right to break off a love affair when their sole objection to the girl is her lack of money and social position.

Moreover, in separating this young man from his sweetheart, they are doing more than any other one thing to slow him down and kill his ambition.

Nor is there anything more deadening to a young man than to marry for money. It slays his self-respect. It deprives him of that greatest factor in success, the necessity of making good, and it turns him into that most contemptible of all created things, a male parasite.

However, in your particular case, X, there doesn't seem to be much choice left you except to fall in with your parents' wishes about giving up the girl, or else giving up your profession, which you have spent so much time and money acquiring.



Keep it this way! Just place a glass or cup over the opened tin and the contents will keep perfectly.

FREE BABY BOOKS Write The Borden Co., Limited, Montreal, Dept. B 46, for Baby Welfare Books.

EAGLE BRAND CONDENSED MILK

Esiquette By Roberta Lee

Q. Should a man remove his cigar cigarette or pipe from his mouth, when he lifts his hat to a woman whom he passes on the street?

A. Yes; any well-bred man will do so.

Q. To what does the ten per cent tipping system refer, when paying for a meal?

A. When the bill amounts to \$2.50 or more.

Q. Should a woman refer to her husband as "hubby"?

A. No; polite society brands this term as vulgar.

do it, unless you are so overwhelmingly in love with the girl that nothing else counts.

But you certainly can't marry her when you have no way of taking care of her. Even love has to be fed and housed, alas!

But I think the girl has a right to know just where you stand on the subject and whether it is worth while waiting for you.

Dear Miss Dix—I have no children and am lonely and am very anxious to adopt a little baby girl, but I don't know how to go about it.

I think there is no other one thing in the world that is so fine and noble as for the woman who has a mother's heart but empty arms to adopt a baby and bring it up as her own.

As for the method of getting a baby to adopt, that varies in different cities. Most cities have child-finding societies who give out children for adoption.

By all means tell the child when it is old enough to understand that it is an adopted baby. That will keep it from ever feeling that there is any stigma in it.

The unbelievably large proportion of people who have been found to be suffering from decayed teeth today, is due to the fact that these people do not give their teeth sufficient exercise, say leading dental authorities.

Chewing is the exercise which Nature intended the teeth to have in order to grow normally and to remain healthy and beautiful.

Chewing is necessary also, to good digestion. For the salivary and gastric juices which carry out the process of assimilation of food in your stomach should receive from the mouth the signal to get ready for work.

In children, chewing is of vital importance. Experts have found that the very contours of the face are formed to a considerable extent according to the exercise, or lack of exercise, given the teeth, gums and jaws.

Regarding Grape-Nuts, a distinguished dentist said recently, "Your teeth, like any other part of your body, need exercise to keep them healthy. That is what I like about Grape-Nuts—it requires good, hard chewing."

For The Cook

SWEETBREADS WITH NEW GREEN PEAS

Wash and clean sweetbreads and boil for 15 minutes. Drain, and when cool enough to handle, cut into small pieces.

DISTINGUISHED VISITORS

HALIFAX, N. S., Sept. 23.—Sir Herbert Greaves, ex chief justice of Barbados, who has been on an extended tour of Canada, was a passenger on the R. M. S. Lady Drake, Canadian National Steamships, which sailed from Halifax for the West Indies yesterday.

for Barbados, J. H. Smith, director of Prince Waterhouse and Co., Montreal and Mrs. Smith and Thomas Cress, passenger manager of the Canadian National Steamships, Montreal, are going to Demerara.

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Just say "Grape-Nuts" to your grocer. Measure out four teaspoonfuls from the wax-wrapped package. Add milk or cream. And get a breakfast thrill.

Grape-Nuts costs less than one cent a serving.

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IT'S folly to suffer long from neuritis, neuralgia, or headaches when relief is swift and sure, thanks to Aspirin. For 23 years the medical profession has recommended it. It does not affect the heart. Take it for colds, rheumatism, sciatica, lumbago, Gargle it for a sore throat or tonsillitis. Proven directions for its many uses, in every package. Every drug store today has genuine Aspirin which is readily identified by the name on the box and the Bayer cross on every tablet.



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Kayser "Slendo" Heel Stockings \$1.50 here at Moore & McLeod Ltd.

Milady Beautiful By Lois Leeds

BEAUTY QUESTIONS ANSWERED

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PIMPLES AND BLACKHEADS On Face, Lasted Three Years. Healed by Cuticura.

crispy brown kernels of goodness Grape-Nuts