

# Woman's Realm / Social and Personal / Fashions / Literature

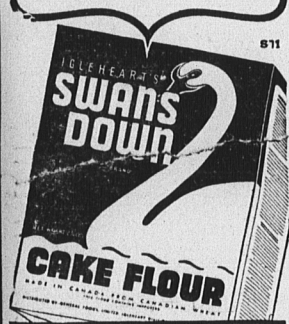
## THE GANG MEETS AT OUR HOUSE NOW



Children are quick to recognize good baking—and from the first bite they're in favour of cakes made with Swans Down Cake Flour. The reason is that it's easier for anyone to bake lighter, fluffier cakes with this finer, special cake flour, than with ordinary flour. Swans Down Cake Flour, made from a particular variety of soft, winter wheat grown for Swans Down in one particular section, is milled by the "Controlled Milling Process" to produce a flour which is 27 times as fine as ordinary flour. The superlative fineness and unvarying high quality of Swans Down Cake Flour imparts extra touches of goodness to every Swans Down Cake.

RECIPES FOR THE 9 MOST POPULAR CAKES ARE ON THE PACKAGE

### THE INSURANCE POLICY FOR BETTER CAKES



### A Morning Smile

The club bore was boasting of his family's patriotism. "I'm joining the R.A.F. next week," he exclaimed. "My father fought in the last war, and my grandfather fought in the Civil War. My great-grandfather, I've been told, fought in the Zulu War..." "On which side?" interjected a fast-tongued listener.

**IT'S DIFFERENT!**  
Mildly medicated super-soft talc with fragrant Oriental bouquet. Buy today—all drug stores—only 25¢.  
**CUTICURA TALCUM POWDER**

CROCHETED TOY



This toy is not difficult to make. The face is crocheted in simple crochet, while the body is made in a pop stitch. Pattern No. X400 contains list of materials needed, illustration of stitches and complete instructions.  
To order this pattern, send 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian, Charlottetown, P.E.I.  
Design No. X400  
NAME \_\_\_\_\_  
STREET ADDRESS \_\_\_\_\_  
PROVINCE \_\_\_\_\_ CITY \_\_\_\_\_

## Your Individual HOROSCOPE

By Frances Drake

**For Thursday, February 20th**  
**MARCH 21 to APRIL 20 (Aries)**—Moderation is your watchword for today, especially personal money transactions. Manufacturing, household tasks, your usual routine are favored.  
**APRIL 21 to MAY 20 (Taurus)**—Planetary tendencies for you are similar to Aries, therefore you will need to be cautious and sensible in investments, signing contracts and making estimates. Think before you act.  
**MAY 21 to JUNE 21 (Gemini)**—Mildly favorable for essential duties and those things that do not call for unique and original thought and design. Be more conservative in your own affairs than usual for better results.  
**JUNE 22 to JULY 23 (Cancer)**—National and international problems and industries connected with the future security are the most urgent and favored. If considerations don't neglect them for personal pleasure or interest. Gains indicated.  
**JULY 24 to AUGUST 23 (Leo)**—Should be an excellent day for matters related to steel, iron, lumber, tools machinery, navy and army interests. Care is advised in matters related to shipping, packing and chemicals.  
**AUGUST 23 to SEPTEMBER 24 (Virgo)**—Go steadily about your affairs and don't anticipate trouble or worry. Favorable for personal advancement and benefits through admirers and your own God-given talents.  
**SEPTEMBER 24 to OCTOBER 23 (Libra)**—Very opportune for money transactions, selling, buying, advertising, negotiating new business deals, law and court proceedings. Private interests, too.

## South From Mayfair

By Pearl Bellairs

her heels, lest he might hear her moving about the room, increased rapidly in the dark, hanging her clothes as neatly as she could on the end of the bed. She had put her nightgown ready on it. In less than a full minute she was in bed.  
No one had seen her go out; no one had seen her come in. In the dim light down there he could not have recognized her, though he might have seen something of her clothes.  
And she had his pocket book! She dared not turn on the light yet to look at it.  
Suddenly she heard rapid footsteps walking up and down pausing, walking on again. Had he seen her get in the room? Had he seen the window? He must have! She lay still as a mouse. The foot steps went away, and then she heard voices talking below. Had he told the night-porter? "Oh, Lorna, Lorna!" she thought. "To think all this should happen to you!"  
She lay with beating heart, listening to the hurried footsteps going to and fro. She heard voices outside on the fire-escape below.  
"Ran along," she heard Hawksford saying. "And then got in there!"  
"So he had seen her! Had the hotel he heard something and investigated? It was extraordinary temerity on his part if he had summed them himself!"  
Whatever the case, the searches arrived on her own floor two minutes later, and began a systematic opening and shutting of doors. There was a murmur outside her own, then a rap on it.  
"Come in," said Lorna, trying to assume a New Zealand accent so that Hawksford should not recognize her voice, while she shivered with suspense.  
"The manager, madam. Did you happen to hear any one outside on your fire escape? There's been a theft downstairs."  
"Oh? I was asleep. I didn't hear anything," she tried to sound as stupid as possible.  
"Was Hawksford out there? If she didn't open her door they might see something. Then she heard his voice below the fire escape again; she got up, slipped on her dressing gown, and opened the door.  
"The manager was outside, and the night porter was with him.  
"Someone got into a gentleman's room below here and got away by the fire escape. We thought they might have come up here," the manager explained apologetically.  
"Oh, do come in and lock my window, then!" begged Lorna. "It makes one so nervous—they may be still about!"  
The porter came in and closed her window, and in three minutes they were gone, with apologies for disturbing her. She locked her door, put out her light and got back into bed. Ten minutes later all was quiet again below. (To Be Continued)

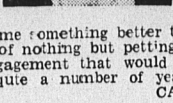
**Mother, If Child's Young**  
Relieve Misery of Colds—Improved Vicks VapoRUB  
If your child is miserable with muscular soreness or tightness, spells of coughing or irritation from a cold—you'll welcome the relief a "VapoRUB Massage" brings.  
With this more thorough treatment, the poultice-and-vapor action of Vicks VapoRUB effectively PENETRATES irritated air passages with soothing medicinal vapors... STIMULATES chest and back like a warming poultice or plaster... STARTS RELIEVING misery right away! Results delight even old friends of VapoRUB.  
TO GET a "VapoRUB Massage" with all its benefits—massage VapoRUB for 3 minutes on IMPROVED RUB-AREA OF BACK as well as throat and chest—spread a thick layer on chest, cover with a warm cloth. BE SURE to use genuine, time-tested VICKS VAPORUB.

## Dorothy Dix Says

### SHUN SHIFTLESS MAN WHEN IT COMES TO PICKING MATE

### Girls Need To Do A Lot Of Serious Thinking About The Future With The Man They Expect To Marry

Dear Dorothy Dix—I am a girl of 21. Have been engaged for the last two years to a young man of 23. When I first met him he had no job and during the last three years he has held five positions. Has been able to keep none. At present he is earning \$20 a week, which is the most he ever made in his life. Possibility of his ever making more is out of the question because of his lack of training and ambition. He comes of a poor and shiftless family one which will not even try to achieve even the bare necessities of life. This would not matter so much if he was not so much like them. His temperament at times is most unbearable and his negligence in his personal appearance is something not to be mentioned. He is rude and unfriendly toward my family and friends. I come from a family in moderate circumstances, have everything a girl could wish for and am an expert beauty operator making good money. Lately this boy and myself have been having so many quarrels that I have suggested that we break our engagement, but he only has a fit of temper and ignores the matter. Do you think a marriage of this sort can last? I think life would be something better than a 24-week living hell if I should be tied down to an en-



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else until I am ready to marry? I can't afford to go "steady" because she is so popular and is taken all the big events and would be out of some good times if she confined herself to me. AFRAID.

**ANSWER**—I print this letter because it is such a serious human document, and because it illustrates so vividly that strange compulsion that girls seem to feel to get married even when they are not really in love with a man, even when it is against their better judgment and when they can hear their Guardian Angels shrieking warnings to them not to do it.

**Marry for Love Only**  
I can understand a girl being so infatuated with a man that she would rather starve with him than feast without him, and that she is willing to undergo any hardships just to be with him.

I can understand a girl wanting so little of life that she cannot forego what living with an ill-tempered, surly, slovenly man would be. I can even understand a woman who is getting along in years, as the phrase goes, marrying almost any man who comes along rather than be an old maid.

But what I can never understand is why a girl who is young and will have many opportunities to marry; who has a good job, a good home, an interesting life; a girl who is sitting on the top of the world as she is, will marry a man with whom she is not desperately in love, who is not congenial, who is no money maker, just for the sake of marrying.

Take this girl's letter as an illustration of this. She is young, she has a profession whereby she can make herself a comfortable living. She has a nice family and pleasant home surroundings. And yet she wants to know if she should marry an uncouth ill-natured, high-tempered, ignorant, thriftless man who is bound to drag her down to poverty and misery. Can you beat it?

**LONG ENGAGEMENTS UNFAIR TO GIRLS**  
Dear Miss Dix—I am 20 years old and am very much in love with a girl a year older than I am. She is very popular and is one of the old-fashioned "nice" girls, gracious to every one, and although I have tried to make her love me I have never told her of my feelings because I am a junior in college and plan to go to medical school, so it will be at least six years before I can support a wife.  
Now shall I take a chance and tell her I love her and ask her to wait for me? Or shall I just keep on being nice to her and hoping that she will not marry somebody else until I am ready to marry? I can't afford to go "steady" because she is so popular and is taken all the big events and would be out of some good times if she confined herself to me. AFRAID.

**ANSWER**—Easiest thing in the world. Refuse to lend. If they have the nerve to borrow, you have the backbone to refuse to lend.  
DOROTHY DIX.

**THIS WEEK ONLY**  
Save **20%**  
ON  
**Helena Rubinstein**  
BEAUTY PREPARATIONS  
INCLUDING  
**APPLE BLOSSOM**  
AT  
**JAMIESON'S Drug Store**  
QUEEN STREET  
"BUY WAR SAVING STAMPS WITH YOUR SAVING"

## Living & Leisure

### The Woman's Realm

Not the quarry, but the chase. Not the laurel, but the race. Not the hazard, but the play. Make me, Lord, enjoy always.  
—Gelett Burgess.

**MAKE UP YOUR OWN BREAKFAST SCRAPPLE** like this: Put a cup of chopped cooked pork into 3 cups of stiff cooked cornmeal. Flour into a loaf pan and chill until firm. Cut in half inch slices, sprinkle with flour and cook until brown in a small amount of fat heated in a frying pan. Use up this scrapple within three days, and be sure to keep it stored in the refrigerator.

**DROPPED STITCHES**  
If your sewing machine has started to drop stitches, try giving it a sharp "shock" before you touch the tension of the machine. Frequently that is all it requires.

The shade known as "buff" received its name from buff leather, made of buffalo hide.  
Rollers built into a new fishing reel are intended to squeeze a line dry as it is reeled in.

Because of a serious shortage of adding and calculating machines in Britain, private owners have been asked to sell or lend their to the government.  
Water that has boiled and cooled recently freezes faster than un-boiled water—the reason: the boiled water requires time to reabsorb air.

The fuel burned in blast furnaces, coke, is the residue after gases have been distilled from bituminous coal.

**ECONOMY IN A CAN**  
You save money every time you use Irradiated Carnation Milk instead of milk in some other form. From creaming coffee to baby's bottle, Carnation meets all milk needs. Try a few cans.  
"from Contented Cows"  
A CANADIAN PRODUCT

**THE COOK'S CORNER**  
**CHEESE BISCUITS**  
2 cups flour  
4 tps. baking powder  
1 tsp. salt  
1 1/2 tsp. sugar (if liked)  
4 tps. butter or other shortening  
1-2 cup milk (approximately)  
1-2 cup grated cheese  
Sift flour with other dry ingredients, add shortening and blend well with knife, fork or fingers, then add cheese, then milk a little at a time until you have a soft dough. Put on floured board, knead gently for 2 minutes, then bake in hot oven.  
Other hot gingerbread with 1-4 ounce marshmallows, 1 cup heavy cream, confectioner's sugar, and 1-2 cup fresh strained orange juice. Cut marshmallows in quarters. Stand in orange juice 1 h.-hr. with cream and fold in. Sweeten to taste with sugar. Serves 6—on hot gingerbread.

**Play SAFE**  
Use PUREX. Soft as down—white as snow—SAFE!  
Distributors: MacGregor Paper & Ink Co., Inc., St. John's  
It's the fleecy softness  
**DUREX**  
Super-Crete TISSUE  
3 for 25¢

**New Fashion Art Course May Be Studied at Home**

**Needlecraft—For The Home**  
Diagrams Show Figure Drawing  
To succeed in fashion art—the dream of many a girl who likes to draw! The pay is good, the work itself is fascinating.  
And turning that dream into reality may be easier than you realize. For you can teach yourself to draw the glamorous fashion figures which appear in newspapers and magazines. From charts and diagrams you can learn the proportions of body and face, the methods of professional artists.  
As you see in our diagram, you measure the body in heads. The fashion figure, taller than the ordinary figure, is eight times the length of the head. The waistline is less than three "heads" down; the knee is about six "heads" down.  
Following such rules, you avoid amateur distortions. You draw figures of grace, symmetry.  
Then, with instruction in pen and wash techniques you learn to draw fabrics, to bring out the features of smart costumes.  
Prepare for a fashion art career! Our new 24-page home course gives professional instruction in fashion drawing—with 158 illustrations including charts and diagrams. Explains perspective, foreshortening; the use of pen, wash.  
Send 20c in coin for your copy of Fashion Drawing Made Easy to The Guardian Home Service. Be sure to write plainly your Name, Address, and the Name of booklet.

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**SO ECONOMICAL**  
SEE IF EVERY POUND DOESN'T GIVE YOU MORE RICH, MELLOW FLAVOUR, FULL-BODIED GOODNESS!  
IMPROVED BLEND—VACUUM PACKED—Roasted in Canada by a Special Process  
**MAXWELL HOUSE Coffee**  
DRIP GRIND—for Drip Pot and Glass Coffee-Makers  
REGULAR GRIND—for Percolator or Boiled Coffee

**MAXWELL HOUSE COFFEE**

**Needlecraft—For The Home**  
2825  
SIZE 36-40  
North or South... East or West... this is the dress to make for the days to come. If you are going to be in a warmer climate, be sure that you choose a neatly striped cotton or rayon for your new classic shirt frock. The sleeveless cardigan jacket is light but easy in flannel. For colder weather a soft rayon with a wool jacket is ideal under your coat for all occasions and the jacket can be worn with other frocks, too.  
Style No. 2825 is designed for sizes 12, 14, 16, 36, 38, 40, 42, 44 and 46. Size 36 requires 4-2 yards of 39-inch fabric for the dress; 1-3/8 yards for the jacket.  
Send Twenty (20c) coin is preferred, for Pattern. Write plainly your Name, Address and the style number. Be sure to state the size you wish.  
Style No. 2825 Size \_\_\_\_\_

**Control THE SPASMS OF Whooping Cough with BUCKLEY'S MIXTURE**