

Woman's Realm :- Social and Personal :- Fashions :- Lite rature

BAG-DAD

DATES OF QUALITY

DELICIOUS AND NOURISHING

PITTED AND UNPITTED



7 OZ. TO 2 LB. CARTONS

JONES-SCHOFIELD-HATHEWAY, LTD. (Dried Fruit Division) SAINT JOHN, N.B.

The HOUSEWIFE and HER ACTIVITIES

CARPENTER OF GALILEE

The Carpenter of Galilee Comes down the street again— In every land, in every age He still is building men. On Christmas Eve we hear Him knock— He goes from door to door; "Are any workmen out of work? The Carpenter needs more."

—Hilda W. Smith.

Compulence is surplus going to waste. A sincere man is a letter of recommendation. It's the early shopper that catches the bargain. To realize true happiness, you must bring happiness to others. A "third party" in politics is often just as unpopular as in love. It's hard to bury your past when your enemies insist on digging it up. Thinking is so painful to some people that they only think when they have to. It's a foolish man who can't enjoy the sunshine today for fear of clouds tomorrow. The best way to keep your wife from giving you the cold shoulder is to buy her a fur coat. A lot of our young people don't seem to realize that an owl's wisdom isn't due to the fact that it stays out all night.

FUR HATS GAIN PLACE IN STYLE

Fur hats certainly have taken fashion by storm. There are nice little hats of felt with an edging of Persian or a silver fox tail trim. A lively turban of black felt has black Persian lamb covering the crown and forming a narrow petalled flower which just out from one side of the crown.

HOUSEHOLD REMINDERS

If doors begin to creak through dryness in the warmer weather, apply a little oil to the hinges and the trouble will soon cease. Key-holes can be given a little oil, too, to prevent the keys grating in the locks.

Throw open wardrobes and cupboards when the sun is shining into a room. The sun and air will prevent them getting that disagreeable stuffiness that is sometimes noticeable when they are kept constantly closed.

Washing Tumblers

After washing glass tumblers, jugs and other articles in the usual way give them a final rinse in warm water to which a little washing blue has been added. They will have a much more brilliant shine and look clearer if this is done.

When making a dress for a little girl, use several inches of material for lengthening on the bodice part as well as at the hem. Then when the dress is altered the waist line will not look too high.

CHEESE RIND FOR BIRDS

In a recent discussion of the best way of feeding birds in the garden, one experimenter put forward the rind of a Siltion cheese as the supreme Christmas fare! Birds of many sorts, especially the robin, are greatly fond of it. They have a desire for fat and the cheese provides this association with other virtues. If we feed birds for the sake of watching them as well as comforting them, the rind, if preserved in more or less unbroken form, has the advantage that it cannot be carried away and attracts five or six species of bird if no more. —London Spectator.

GOOD KING WENCESLAS

Good King Wenceslas, immortalized in the well-known carol, was really a Bohemian prince who died in A. D. 935. His name should

properly be spelt "Wenceslaus." He was famous for his great kindness to the poor and needy. When, in September, A. D. 935, he was killed by his brother, Boleslav, the people of the country were heartbroken. He is still regarded as their patron saint.—Til-Bits Magazine.

USE SLEIGH BELLS FOR CHRISTMAS GAME

Here is a new and exciting game to play at a Christmas party. First borrow a set of sleigh bells. They are not as easy to find as in the old days. Find a string with tuneful, varying notes if you wish the game to jingle to the full measure of holiday fun.

The idea is simply this: It is possible to suggest then control the action of the bells. Here is the way to do it: Send one of the guests from the room. The remainder decide what he must do. For instance, go to a certain table, pick up a book, take it to another table and place it near the lamp. Here are four separate acts in succession. The person outside is called back. Somebody has been chosen to be the manipulator of the bells. He must use a nice judgement in using them, ringing softly when the act approaches what is in the minds of all; ringing loudly as the perplexed player moves away. Try it. Use subtle gradations of sound to guide your experiment. With a word being spoken he will at last be guided to do what has been secretly agreed on. Loud ringing when he is far from his goal or going from it, soft not, barely audible when he is near the doing of what is required.—Martha Banning Thomas.

POINSETTIAS

Poinsettias require a temperature that does not fall below 65 degrees Fahrenheit. While the plants are blooming the soil should be kept quite moist.

CRUDE TOYS FOR CHILDREN

Simple or crude toys like box blocks, nested cans, floor boats, stick horses, and sand, often give a child more chance to use his imagination than do more elaborate, complex, and expensive toys.

COLORS RUN RIOT IN NEW BATHING SUITS

Imagine a chiffon bathing suit in Spanish red—backed with crepe, of course—and you'll get an idea of one of the possible new color material combinations to be seen at smart winter resorts this season. Designers have sounded a dressier note.

Almost every bathing ensemble boasts two or three colors. Plover's egg blue plumbeous, Spanish (brick-red, verging on orange), the dusty pink and dark duobonnet are used with dusty pink and turquoise for one fashionable combination. Flower-printed silks, with backgrounds of brown, black or navy blue appear in the dressmaker type of suit. And there is the planetary design with constellations and zodiac signs against black or midnight blue. The more tailored models will use silk jersey, and cotton suits in large floral designs will be popular.

An early showing of beachwear, the mallot, or skirtless suit, appeared in greater numbers than ever before. But almost every mallot this season has its detachable shirt—a brief, flared affair no longer than the trunks, which can be donned for beach lounging before and after swimming.

WIDE EVENING SKIRTS

All Lucille Paray's daytime skirts are about ten inches from the floor with straight lines. She widens the hems of her evening skirts which sometimes have trains.

PLUM PUDDING

Even the busiest housewife takes pride in making her own Christmas puddings and cakes, writes Countess Morphy in the London Daily "all. It is one of the good old English traditions which time has not yet shaken. Our modern plum pudding is the

Personal Liberty Needed in Marriage

Dorothy Dix

Says It's Wrong to Shackles Yourself

Unless Each is Allowed a Certain Amount of Freedom, Love is Likely to Fly Out the Window After Marriage

The greatest mistake that husbands and wives make is in denying each other all personal liberty. They make of marriage a serfdom and do their utmost to enslave each other. Above the doorway of the average home might be inscribed: ABANDON ALL HOPE OF FREEDOM, YE WHO ENTER HERE and yet we wonder that its inmates are not happy and contented and why they are willing to risk their lives breaking out of jail.



Yet none are so stupid as not to know that the strongest passion of the human heart is the desire for freedom. It is the one thing that since the beginning of time men have fought for and died for and without which life had no savor, and why they have not the intelligence to perceive that domestic bondage is no less unendurable than political is a mystery beyond comprehension.

Perhaps they think that their husbands and wives will not chafe at being prisoners of love. Perhaps they think they can give the fetters that they rivet on their husbands and wives so that they will regard them as ornaments instead of badges of servitude. But nothing of the kind happens. The pentitentiary into which you are locked is still a penitentiary, no matter how ornate it is outside. The ball and chain still clanks about your feet, no matter how gold-plated. And no prisoner loves his jailer, no matter how kind he or she may be.

The first quarrel that the newlyweds have is over the question of personal freedom. Both had realized, of course, that marriage would demand sacrifices of them and adjustments to each other and the giving up of many things they had been in the habit of doing, but were not prepared to find that in marriage they had been literally sold down the river and had not an ounce of freedom left to them.

The young husband never dreamed that his beautiful bride would lock him in the house at sundown and refuse to let him budge out of it unless he was handcuffed to her. He never suspected that he would have to punch the time clock at home every morning promptly than he did the one at the office, and come across with an airtight alibi if he was five minutes late, and that he would have to imperil his immortal soul with lies every time he stayed downtown to play poker with the boys or took an old woman friend out to luncheon. Nor did it dawn on him that never again would he be permitted to have his hair cut the way he wanted it, or pick out his own clothes, or eat what he liked, or have any place where he could go to as he pleased and strew his collections all over the place and hang his coat up on the floor.

Nor did the bride have any premonition that she was kissing her liberty good-bye when she got married. She was free, white and 21 and a college graduate, and it never occurred to her that her husband would expect her to be as subservient to him as if she were a moronic child. She never dreamed of having to ask his permission to join a literary club, or go to a movie, or to see her mother, or to buy a new dress. And she got the shock of her life when she found out that she didn't even have the right to use lipstick or rouge, or to have her hair cut unless husband approved.

Now marriage has many perquisites and emoluments, but among them is not personal liberty. And that is a pity, because that is the one thing we most crave, and it is what would simply put the meringue on the lemon pie of matrimony. For it is that old eternal cry that wells up from the bottom of our souls, "Give me liberty or give me death," that sends thousands upon thousands of oppressed wives and husbands to the divorce court.

It is not that they want to do anything they shouldn't do; it is not that they desire to go out on wild orgies or live abandoned lives; it is just that they want to feel that they can put on their hats and step out without asking anybody's permission, or answering any questionnaire about where they are going and whom they expect to meet and when they are coming back.

It is just that they want to be able to spend a few dollars without giving an account of what they did with them, and to eat what they like without being told how bad it is for their stomachs, and to wear caper clothes and Klasy College Kut suits if they so desire, and just to feel free to do as they darned pleased.

If husbands and wives would only grant each other a little personal liberty, it would do more than any other thing to allay the irritations of domestic life and keep men at home and make women like to stay there. Leave the door open and we stay put. Lock and bar it and we beat it down with our bare fists.

DOROTHY DIX.

direct descendant of the "plum-pudding" of our ancestors, which was quite a different affair, although similar in fundamentals. It always included dried plums—hence the name "plum pudding"—and also some alcoholic beverage. From the use of the latter comes the idea that the pudding improves with keeping, as it does when a little alcohol is used, fermentation taking place. But this no longer holds good when milk is substituted, in which case the pudding is better eaten freshly made.

THE RECIPE

Here is a traditional recipe for plum pudding which having been slightly modified to suit modern taste and purses, is excellent. The quantities given make four puddings, weighing about 2 lb. each. Sift 2 cups flour in a basin with a pinch of salt, and half a teaspoon each of grated nutmeg, ground cloves and mace, and 1-4 cup shredded almonds. Add 3 cups of sifted bread crumbs, 2 cups shredded mince suet, 2 cups moist brown sugar. Mix and stir thoroughly and add 1 lb of plucked and stoned and tanned raisins, and prunes, the last named previously soaked, stoned and chopped. Mix all thoroughly and add 1-2 lb of finely shredded candied peel and eight whole eggs, one at a time, stirring the pudding vigorously with a large wooden spoon.

SECRET OF SUCCESS

Add two peeled cored and chopped apples, the shredded rind of half a lemon, the juice of one orange. Continue stirring vigorously—all members of the household should join in the fun and do their bit of stirring, as the more it is stirred the lighter and better it will be—in fact, elbow-grease is the secret of the successful plum pudding in the basin in which it was made, cover with a cloth, and let stand for about 15 days so that fermentation takes place, stirring it a little every day. Then put it in small oiled pudding basins and cover with buttered paper. Tie down with a cloth and boil for 8 to 7 hours. Turn out carefully and be sure to decorate gaily with a sprig or two of holly.

ACCENTUATE YOUR BEST FEATURE

Just as too many accessories—even though they are handsome ones—spoil the well-groomed effect for which you strive, too great a

This Christmas

the most beautiful Gift Boxes ever offered by Colgate Palmolive!

The minute you see them, you'll know you've found the perfect gifts. Done in radiant colours... packed with high quality toiletries they're doubly pleasing as Christmas presents... for they combine beauty with usefulness. And, while perhaps we shouldn't think of price in Christmas presents... let's whisper... they are so inexpensive.

For Sister



29¢

For Mother



65¢

Mother will be positively thrilled with this Cashmere Bouquet Gift Box. There's the Face Powder, the Perfume and the Tale... all fragrant with the quality of 129 years... known and loved by women everywhere.

THESE WILL KEEP THE MEN FOLK "WELL GROOMED"

For Dad



\$1.00

A full list of men's morning toilet accessories... Colgate's Shave Cream for a close smooth shave... Colgate's After Shave Lotion, that makes Dad look so well. And a giant tube of Colgate's Ribbon Dental Cream, the toothpaste that keeps teeth white, breath sweet.

For Brother



85¢

He'll get a real kick out of this Palmolive Gift Box For Men. The Shave Cream, made with olive oil, will give him lots of speedy shaves. And the Palmolive Lotion and Tale will finish them up to the king's taste.

In addition to the gift boxes shown above, here are three individual Colgate-Palmolive items packed in cheery Christmas fashion. Palmolive Shave Cream... Colgate's Rapid Shave Cream... and Colgate's Ribbon Dental Cream. All giant, double quantity size. Just the thing for your friends.



DOUBLE SIZE 40¢



DOUBLE SIZE 35¢



DOUBLE SIZE 40¢

Other individual Cashmere Bouquet Toilet Preparations are always pleasing gifts... the Bath or Face Powder... the Beauty Creams and Cosmetics. All famous for their quality and fragrance.

These gifts are for sale at all drug and department stores

THE COOK'S CORNER

Holiday Rolls (Brioche)

Scald 1 cup of milk; when lukewarm add 1 cake of compressed yeast and stir until thoroughly blended; add ¼ teaspoon salt, 1 tablespoon sugar, ½ cup butter, six eggs and 4 cups flour; beat thoroughly 5 minutes, using the hand instead of a spoon. Cover and let rise 8 hours. Place in the ice-box over night. In the morning roll into a sheet, cut in rounds, place in pans and set in a warm place to double in bulk. Bake in a moderate oven 15 minutes. Brush over with confectioners' sugar, moistened with boiling water to spread, and flavored with vanilla; decorate with candied cherries and chopped pistachio nuts.

Peppermint Tapioca Cream

One-third cup quick-cooking tapioca, ¼ teaspoon salt, 2-3 cup crushed peppermint candy, 1 egg yolk, 4 cups milk, 1 egg white, stiffly beaten.

Combine quick-cooking tapioca, salt, candy, egg yolk and milk in top of double-boiler and stir enough to break egg yolk. Place over rapidly boiling water, bring to scalding point (allow 5 to 7 minutes) and cook 5 minutes, stirring frequently. Remove from boiling water. Fold a small amount into egg white; add to remaining tapioca mixture and blend. Chill, mixture thickens as it cools. Serve in sherbet glasses with chocolate sauce. Serves 8.

Chocolate Nougat Cake

4 tablespoons butter
2-3 cup sugar
2 squares chocolate
2 tablespoons sugar
2 tablespoons water
1 egg
¼ cup milk
1-3 cups cake flour
2 teaspoons baking powder
¼ teaspoon soda
½ teaspoon vanilla

Method: Cream the butter and sugar thoroughly. Grate or shave the chocolate and place in a saucepan with 2 tablespoons sugar and 2

SMART CLOTHES FOR THE HOME DRESSMAKER

Here's a smart dress of rabbit's wool that simulates a two-piece model, so popular with school girls and young business girls. The shirt collar is very flattering. It's a model that looks complicated, but is really very simple and easy to make. The long sleeves cut in one with front and back yokes. This solves all sleeve difficulty for amateur sewer. It enables the experienced sewer to make it more quickly.

Wool jersey, velveteen, crepe silk novelties, etc., are other suitable mediums.

Style No. 1611 is designed for sizes 11, 13, 15 and 17 years. Size 15 requires 3 ½ yards of 39-inch material with ¼ yard of 35-inch contrasting.

Price of PATTERN 15 cents in stamps or coin (coin is preferred.) Wrap coin carefully.

No. 1611, Size

Name

Street Address

City

State

A Morning Smile


WILLING

An itinerant musician was stranded in a village one Sunday morning, and as he was playing his cornet in the street, he was approached by the clergyman of the parish, who said, "Do you know the Fourth Commandment, my good man?"

"No," the man replied, "but if you'll just whistle it over, I'll do my best."

NEEDED A CHANGE

"Aye," exclaimed Sandy to his bored London acquaintances, "Scot-land! What made you leave it?"



1611

asked a disgusted voice, "since you like it so much?"

Sandy chuckled.

"Awee, it was like this. In Scotland everybody was as clever as mazel, and I couldn't make a muckle progress. But here—" he chuckled again, "here I'm gettin' on yer wheel."

For HEALING SKIN TROUBLE

There's Nothing Like



ZAM-BUK

Chaps, Churns, Bruises, Scalds, Eczema, Pimples, Itch Legs, Ringworm, Blisters, etc.

for SPRAINS

Put you on your feet!



MINARD'S LINIMENT

"KING OF PAIN"