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Happenings Of The Week

Lives of the royal princesses of Nova Scotia branch in Charlottetown. Elizabeth and Margaret Rose are very active. Princess Elizabeth, it is generally known, longs for the day when she might have a small car, for she has a quick mechanical mind; meanwhile she cycles. Elizabeth has been out shooting with her father, using a light 16-bore gun. She joins the local company of Girl Guides each Saturday at the church hall or out in the woods. She attends A.R.P. lectures and fire-watching instruction, uses a strapp pump and can give artificial respiration. She drives a governess cart and has been well taught by the King's head groom, Mr. Owen. And then again, both sisters garden and also have a small library of cockery books and pamphlets and can turn the produce of their allotments into good wartime dishes. In fact, with their love of gramophone records, the radio, the films (they are generally in the evenings), they lead the active life of any growing girls in Britain. In addition, of course, their lessons are far more strenuous and cover more ground than those of the ordinary growing child.

Most parents try to keep the war away from their children as much as possible, for they do not want imaginative young minds depressed by scenes of devastation. In the case of the royal Princesses there is also the fact that Nazi airmen have tried deliberately to bomb them. Yet Princess Elizabeth will some day be Queen and the memory of war will have bitten deep into the minds of her subjects. So that she shall understand the everyday life of the people, Elizabeth has been taken on quiet visits to the shattered East End of London. Then, as another quiet reminder of the war, both Princesses are expected to grow vegetables in place of flowers.

Mrs. Arthur Bearisto, Toronto, in absentia, entertained at a delightful tea Monday afternoon for her mother, Mrs. J. E. B. McCready, who welcomed her guests in a becoming grey afternoon dress, smart black hat and corsage of yellow jonquils. Mr. and Mrs. Bearisto, unable to be present on the happy occasion, sent Mrs. McCready quantities of lovely spring flowers which added a charm to the hotel lounge where the tea table was arranged and from which dainty refreshments were served to the guests who spent a pleasant hour chatting.

Miss Gertrude Davies, formerly of Ottawa, was very pleasantly surprised last Saturday afternoon when a number of intimate friends called to give her a housewarming shower. Miss Davies recently moved into a pretty apartment on Elm Avenue and the attractive and useful gifts presented were just loving tokens of the esteem in which she is held and to wish her abundant happiness in her new home.

Mrs. Victor Saunders and Miss Beatrice McKinnon are on a holiday visit to Montreal.

Mrs. W. B. Robertson's illness is regretted by her many friends.

War-time conditions are modifying to a considerable extent two of the outstanding social events in the calendar of McGill University students—the annual medical and plumbers' balls. Corsages have been banned so as to cut down the cost but the women will be presented with a free rose.

Mrs. Arlene Stone of Winnipeg during her short visit to her daughter, Mrs. E. K. McNutt and Mr. McNutt was the guest of honor at several intimate social gatherings among her friends. She left for her western home on Thursday morning.

Mrs. (Dr.) E. S. Blanchard's many friends regret her illness in the P. E. I. Hospital.

Mrs. Justice and Mrs. A. S. Saunders, of Summerside, are spending several days with Mr. and Mrs. James J. Aird, of Westmount, P. Q. prior to visiting the United States.

Their friends are delighted to have Mr. and Mrs. Andrew Likely back as permanent residents. Mr. Likely having received his transfer from Victoria, B. C. to the Bank

DAILY LENTEN MEDITATIONS

"SUFFICIENT UNTO THE DAY"

The day brings its evil to the Christian as to every other man; alone in the world, facing it such evil in the way of endurance and of active opposition. Because man is made in the image of God, and the light within him is not put out by the darkness of his sins and errors, where there is the manifestation of evil there is also the contrary manifestation of good. That good may indeed be perverted into the likeness of the evil against which it fights, but the power of evil is the sign of something divine present within what is human. Yet the Christian has further and particular confidence which comes from his belief in the all-controlling hand of God. He does not view the struggle simply as a war between good and evil in the abstract. He will do well to refrain from the use of all language which asserts that the nation's cause is the cause of God. God is never to be thought of as an accessory to human endeavours, however righteous be the form they take. But he cannot assent to any suggestion that with the struggle God's righteous will has nothing to do; righteousness is not an abstraction which exists independently of God; the triumph of righteousness means for him that those who have tried to achieve that triumph are bound to give thanks to God through Whom they have prevailed. So he does not seek to read the future in advance. He has no impulse to forecast the anxieties through which he may have to pass, as the morrow brings him into the presence of some new development in the world, or to give thanks for the good and evil. He knows that he may have to live through many to-morrows which will make demands on his courage and patience; but it is not the assaults of evil that have not yet come upon him which he is concerned, but with the God Who, for the morrow which he has to-day, promises that He will not forsake him and bids him be a man not of fear but of faith. To the Christian comes the care of all things, and among them the evil that is yet to be.

Sugar Ration Sufficient for Tempting Meals Says Frances Thompson

By Frances Thompson. Household Economist for National Home Magazine. You are in the news today—did you know it? You've been given the chance to show just exactly what kind of citizen you are. Why? Because your patriotism, or lack of it, is shown by the attitude you're taking to sugar rationing. If you're selfish, you'll try to get all the sugar you can from your grocer. If you're patriotic, which of course you are, you'll keep within your allotted ration. Large amounts of sugar are not essential to health.

Ever since pioneers settled this country, Canadian women have been noted not only for their ability in cooking but for their ability to use what they had to cook, to the best advantage. When there was only buffalo meat to be had, they cooked it in the tenderest, most luscious way possible. When they had to go for days on nothing but fish from the lakes or wild ducks and chickens from the land, they cooked those things so that they became prized delicacies. Today, again, you are being asked to use that same ingenuously to your grandmother showed. This time, you are being asked to cook with less sugar. With all our other sweetening possibilities in Canada, and the plenty of so many foods, that is little sacrifice. So let's show them how we can cut sugar for our families without tears!

I think they'll like these sugar saving sweets:

JAM PUDDING: 1-2 cup shortening, 3 tablespoons white sugar, 2 eggs, 1 cup flour, 1 teaspoon baking powder, 1-4 teaspoon salt, 1-4 cup jam (raspberry or strawberry). Cream butter and sugar add well beaten eggs then the sifted ingredients. Stir in the jam. Pour into greased mould. Cover and steam 1 1-2 hours.

GOLDEN TARTS: One and a third cups (1 can of sweetened condensed milk, 3 oranges, 2 eggs separated, 3 tablespoons sugar, 12 baked tart shells or 1 baked pie shell (9-inch)). Blend together sweetened condensed milk, diced pulp and juice of oranges. Add egg-yolks. Pour into tart shells. Cover top with meringue made by beating egg-whites until stiff and adding sugar. Bake in moderately slow oven (325 degrees) fifteen minutes, or until meringue is brown. Chill. Or garnish with whipped cream.

GARDEN SHORTS: Don't wait for spring. Make up the list of seeds and plants for the garden and do not overlook needed equipment, tools etc. For the lawn, you may need a new sod-cutting spade, a tufting iron, edging knife, garden line and reel, pipe, name labels, bamboo stakes, rakes, a syringe for a "ribbery" or chard and small fruit plantation-seeders and a long-handled pruner, etc.

A Morning Smile

"I found this coin upon your desk sir." "I'm glad you are honest. I put it there purposely to test your honesty." "That's what I thought." John Morley had just finished a campaign address by requesting his listeners to vote for him, when a man jumped angrily to his feet and shouted, "I'd rather vote for the devil!" "Quite so," rejoined Morley with a smile, "but in case your friend declines to run, may I count on your support?"

BRAN COOKIES

1-2 cup shortening (use half butter if possible), 1-2 cup granulated sugar, 1 egg, 1 cup sifted flour, 1-4 teaspoon salt, 1-2 teaspoon cinnamon, 1-4 teaspoon nutmeg, 1 cup bran, 1-2 cup chopped nuts, 1-4 teaspoon baking soda dissolved in 1-2 tablespoons sour milk. Cream shortening and sugar. Add the egg and beat thoroughly. Sift flour with salt and spices and add the bran. Add these dry ingredients to the creamed mixture and mix thoroughly. Drop by spoonfuls on greased cookie sheet. Bake at 350 F for about 15 minutes.

PRUNE WHIP

1 cup prune pulp, 2 egg whites, 1-3 cup white honey, 2 teaspoon lemon juice, 1-4 teaspoon gelatine soaked in 1 tablespoon cold water. Warm honey slightly blend with lemon juice and add to prune pulp. Add soaked gelatine and lastly the stiffly beaten egg whites. Turn into individual sherbet glasses and chill thoroughly before serving.

THE COOK'S CORNER

CORN TOASTERS: Two cups canned corn, 1-2 teaspoons salt, 1-8 teaspoon pepper, 2 tablespoons milk, 3-4 cup cracker crumbs, 1 well-beaten egg. Put corn in saucepan, and simmer until the liquid is almost evaporated. Mix well, and drop by spoonfuls on a hot, iron frying pan, which contains about 2 tablespoons bacon fat. Brown on one side, then turn, and brown on other side. Serve, with salad, for luncheon.

"Pan-American" Colours advertisement featuring a woman in a dress and stockings. Text includes: "BRIGHT SPOTS IN WARTIME HOSIERY!", "Chins up... thumbs up... the silver linings are showing through the clouds. The whole nation is stepping out to a note of confidence... with resolution... and a smile.", "AMERICANA • FLAMINGO • AMIGO MIO • CARIBBEAN", "See the new 'alternatives' in rayons and lises, in these smart new Pan-American colours. Choose them as your own expression of growing confidence.", "ORIENT Beauty-Skin", "Largest exclusive makers of women's full-fashioned hosiery in the British Empire", "Made in Canada by Canadians".

Living & Leisure The Woman's Realm. HOUSE BEAUTIFUL: Isn't a single uncluttered space, There are cookie crumbs in the fireplace, The egg-beater on the radio, Spoon underfoot wherever you go, Laundry soap on the couch, no less, Under the piano a lovely mess— An orange, an onion, a celery stalk... Baby—Ah me!—has learned how to walk! —May Richstone. HINTS FOR SMARTNESS: Here are seven tips for smartness: 1. A bright taffeta ribbon bow at the throat of a suit or frock will give comfort in winter evenings and long cold train journeys. 2. A suit coat can be enhanced if faced with blue-silting braid especially if it adds a corseed look. Confidently we stole this idea from your old friend Schiaparelli. 3. If you have a plain dinner dress add a printed silk apron just tied on in front. It should be floor length and of contrasting color. The same idea is equally pretty for shorter frocks. 4. Small travelling rug can be converted into a smart tug-meet the throat of a suit or frock will give comfort in winter evenings and long cold train journeys. 5. A suit coat can be enhanced if faced with blue-silting braid especially if it adds a corseed look. Confidently we stole this idea from your old friend Schiaparelli. 6. If you have a plain dinner dress add a printed silk apron just tied on in front. It should be floor length and of contrasting color. The same idea is equally pretty for shorter frocks. 7. Paint frock buttons with nail varnish to match your fingernails. Watch for a flagrantly feminine bonnet like an inverted-brimmer with light flowers; a pompadour noregay clouded in hazy malice.

Dorothy Dix Says— DON'T BEMOAN THE FACT YOU CAN'T FIND HUSBAND Marriage Doesn't Have To Be The Goal Of Girls In These Interesting Times. DEAR DOROTHY DIX—My father is a widower and is thinking of marrying again, so I feel that I had better be looking for a chance to make a home for myself by finding a good husband. But where can I go to meet some eligible bachelors? Men don't go to church any more so you can't meet them there, and in the business world most of the men I am thrown in contact with are married. Really single men are almost as scarce as hen's teeth. I have always longed to marry and have a home of my own and a couple of children, but it seems as if I will not get out of life just what I want. I fear I am doomed to work all my life in the business world. Why is it some people have all the luck? BROWN EYES. ANSWER—Well, Brown Eyes, luck is good or bad as things turn out in life. There are plenty of women who would think that they were the favorite daughter of Lady Luck if they had a good steady job, as you have, that made them independent. Also, there are hundreds of thousands of wives married to men who are drunkards or gamblers or roués or ne'er-do-wells, who have dragged them down into dire poverty and who have hungry little children crying to them for the bread they cannot give them, who think that the luckiest woman in the world are the free, independent, snappy, well-dressed business women who have nobody to support but themselves. (Continued on page 5, Col 5)

Needlecrafts For The Home. Skirts have sixty-seven uses, you know. For skating, hiking or just all-round daytime wear, they're immensely practical. Because they're so cheap of material you'll want several of these smart skirts. Style No. 3416 is designed for sizes 24, 26, 28, 30, 32, 34 and 36-inches waist. Waist size 30 requires 1 yard 54-inch fabric for skirt with seamed front; 1 1-4 yards for button-front skirt. Send twenty cents (20 coin preferred for pattern. Write plainly your Name, Address and style number. Be sure to state size you wish. Style No. 3416 Size Name _____ Street Address _____ City _____ Province _____ See to straps on your slippers and bows on your toes from the cunning baby-walk shoe to the spider-heeled ankle-strapped slipper. 3416 WAIST MEASURE SIZES 24 TO 36 INCHES. VICKS-VAPORUB. Relieve misery as most wise mothers do. Rub throat, chest, back with VICKS-VAPORUB.

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