

Woman's Realm / Social and Personal / Fashions / Literature

Living & Leisure

The Woman's Realm

A Persian Fable says:

"One day a wanderer found a piece of clay. So radiant of perfume its odor scented all the room. "Where art thou?" was his quick demand; "Art thou some gem of Samarcand? Or spikenard in this rude disguise? Or costly merchandise?" "Nay am but a lump of clay," "Then whence this wondrous sweetness say?" "Friend, if the secret I disclose, I have been dwelling with a rose."

That Old Shirtwaist Box

That old discarded shirtwaist box in the attic will come in handy for the youngsters' toys. It may be covered with cretonne to blend with the nursery or painted to match the child's furniture, and it will be very useful to keep the litter of toys in one place and out of sight when not in use.

WOODEN STEPS

Outside wooden steps are subject to rapid deterioration because of constant exposure to the alternating action of rain and sun. As soon as any softness or excessive spring in the steps is noticed they should be examined and any wood showing signs of decay should be removed and replaced. If the steps have been there for any length of time it might be well to replace the whole flight.

Always wipe your electric iron with a clean cloth before heating it, to remove any dust or dirt. To make white curtains extra, dip in a solution made by boiling one tablespoon of black tea in one quart of water. Strain solution before using.

German scientists claim to have produced a high grade perfume with an odor similar to that of hyacinths and carnations from tobacco blossoms.

Here's a tip on washing stockings that should cut down possible snagging and unnecessary handling when the stockings are wet and weakest. Remove from the feet as that they are wrong side out. Wash the wrong side first, then turn and wash right side. Rinse thoroughly.

New Under-arm Cream Deodorant

Stops Perspiration



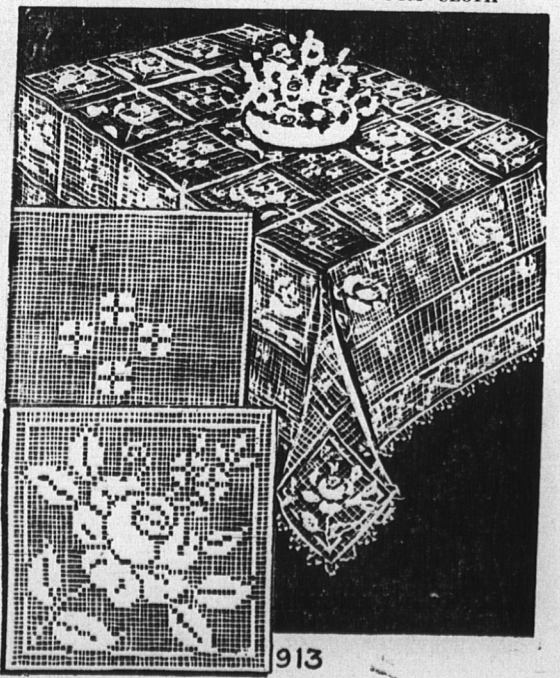
- Does not rot dresses, does not irritate skin.
- No waiting to dry. Can be used right after shaving.
- Instantly stops perspiration for 1 to 3 days. Removes odor from perspiration.
- Apure, white, greaseless, stainless washing cream.
- Ardid has been awarded the Approval Seal of the American Institute of Laundering for being harmless to fabrics.

25 MILLION jars of Ardid have been sold. Try it today!

ARRID

49¢ a jar At all stores selling toilet goods (also in 1½ and 59¢ jars)

BEAUTIFUL ROSE MAKES HEIRLOOM CLOTH



The "Rose" will always be the most popular filet crocheted motif. This beautiful fabric cloth is worked in squares, which are assembled when completed. Pattern No. 913 contains working graph for filet, illustration of stitches and complete instructions.

To order pattern: Write or send above picture with 15 cents in coin or stamps to Needlework Bureau, Charlottetown, Guardian. To Charlottetown: Needlework Department, Design No. 913

NAME _____ STREET ADDRESS _____ CITY _____ PROVINCE _____

THE COOK'S CORNER

EMERGENCY STEW

- 2 cups cubed roast beef
- 1 cup gravy
- 1-3 cup tomato catsup
- Cold water
- 3 small onions
- 2 cups diced carrots
- 1-3 cups diced potatoes
- Salt and pepper
- 1 teaspoon sugar
- 1-2 teaspoon Worcestershire sauce

Method: Beef that has been roasted rare is good to use for this. Place the diced beef in a saucepan and add the gravy, catsup, and enough cold water to cover. Add small whole onion and bring to a boil, then simmer gently for 30 minutes.

Parboil the diced carrots in salted water for about 10 minutes. Then add the diced potatoes and continue cooking until both vegetables are almost tender. Drain and add the vegetables to the meat mixture. Add the salt and pepper and Worcestershire sauce and continue simmering until the vegetables are tender. Moisten about 1 tablespoon flour to a paste with a little cold water and stir into the meat mixture and continue cooking with frequent stirring, until the mixture thickens and there is no raw taste of flour left. Serve very hot.

The last of these is rather an unusual method of using cooked meat, as you will see. First you make rather large pancakes, then spread them with a meat filling, roll up, sprinkle with cheese and reheat in the oven for just a few minutes.

PANCAKE MEAT ROLLS

- 2 cups flour
- 1-2 teaspoon salt
- 1-2 teaspoons baking powder
- 2 cups milk
- 1 beaten egg
- 2 teaspoons melted shortening
- Meat filling
- 1-2 cup grated cheese

Method: Mix and sift the flour, salt and baking powder. Add the beaten egg and the melted shortening to the milk and combine this with the dry ingredients, mixing well. Melt enough shortening in a frying pan to cover the bottom thinly. Pour in 6 pancakes. Brown and cook on both sides. Place meat filling in the centre of each and roll up like a jelly roll. Sprinkle with 1-2 cups of cheese and reheat in the oven for just a few minutes.

MEAT FILLING

- 3 tablespoons butter
- 3 tablespoons flour
- 1 cup milk
- 1-2 cups cooked diced meat
- 1-2 cup cooked diced celery
- 1-2 teaspoon salt
- Dash of pepper
- Dash of paprika

Method: Melt the butter, and blend in the flour. Add the flour, and the milk, and stir until the mixture thickens. Add the meat, celery and seasonings and mix well.

SPICY CRUMB CAKE

- 1-3 cup flour
- 1 cup brown sugar
- 1-2 cup butter
- 1-2 teaspoon nutmeg
- 1-2 teaspoon ginger
- 3-4 teaspoon cinnamon
- 1 teaspoon soda
- 1-4 teaspoon salt
- 1 egg
- 1-4 cup thick sour milk

Method: Sift the flour, then measure and mix with the brown sugar. Add the butter and cut this in until the mixture is in fine crumbs. Take out 3-4 cup of this mixture to sprinkle on top of the cake.

To the remaining mixture add the spices, soda and salt, then break in the egg and add the sour milk. Mix lightly, until the batter becomes smooth. Pour into a lightly greased or wax paper-lined pan (about 7 or 8 inches square). Sprinkle the reserved crumb mixture over the top and bake in a moderate oven (350 deg. F.) for about 40 to 50 minutes. Cut in squares to serve when cool.

MUSCLES SORE STIFF and ACHING

When you're as stiff as a crutch and muscles aching from unaccustomed exercise or hard work, a brisk massage with Buckley's White Rub must limber you up and take out the pain or double your money back. 10¢ and 50¢.

ELIZABETH ARDEN

BLUE GRASS FLOWER MIST

plus a lovely atomizer

\$1.50 (Regularly \$2.00)

A most delightful fragrance — exquisite and unforgettable.

A DELIGHTFUL GIFT

Sold at JAMIESON'S DRUG STORE

Dorothy Dix Says—

WOMEN UNHAPPY BECAUSE THEY CANNOT FORGET DREAMS

They Are Disappointed When They Find Life Is Not A Continuous Performance Of Childhood Ideals

One of the reasons why men—taking them by and large—are happier than women is because men wake up from their childish dreams when they grow up, while women rarely do. Probably there was never a little boy who did not dream of following a life of high adventure. Every little toadhead sees himself as a carefree cowboy subduing a bucking broncho, or a G-man arresting a desperate criminal single-handed, or a hardy discoverer who finds a diamond mine on the top of a mountain and comes home with pocket degrees she takes, she never grows up. She never grows up. She never grows up.



She never ceases to tell her how marvelous she is and how much she loves her. In time, of course, the girl grows up, but no matter how old and fat or haggard she gets, nor how many colds she takes, she never grows up. She never wakes up and rubs her eyes and says: "Goodness me, that was a pretty dream, but I am awake now and I had better get up and get busy squeezing that orange juice for breakfast, and scrubbing up the children for school, and getting John off to work, and being thankful that I've got a good, comfortable house with modern conveniences, to live in instead of a dream palace, and a streamlined automobile instead of having to jog around on a horse."

No, half the women in the world cling with both hands to their childish dreams, no matter how impossible they are of realization. They won't wake up and face realities and make the best of what they have in life. They break their hearts pining for the things they saw in a vision.

Why Women Shed Tears

If you doubt the truth of this, consider the things over which women shed the most tears and do the most breast-beating. They are the things that they call the "disillusion" of marriage, which really means their disappointment in marriage not coming up to their adolescent dreams.

They had pictured it as a sort of pink chiffon heaven in which everything would be rose-colored and soft-padded, in which there would be no work or worry and in which god-like young husbands would spend their time taking them to beautiful and wonderful things were.

And when they found out that the real thing was just plain, ordinary human beings, with plenty of faults and peculiarities. Instead of being real angels, they were just plain, ordinary human beings, with plenty of faults and peculiarities. Instead of being real angels, they were just plain, ordinary human beings, with plenty of faults and peculiarities.

Your Individual HOROSCOPE

By Frances Drake

For Wednesday, May 14th

MARCH 21 to APRIL 20 (Aries)—Vibrations rather than general procedure. Don't fretting to start new ventures, except, of course, those new matters that are imperative and on your "MUST" list. For a rest, take a sharp, unnecessary talk, misgivings, and going around in circles. Be direct.

APRIL 21 to MAY 20 (Taurus)—Friendly, especially if you give personal attention to your work and other interests. Don't seek immediate gains; plan and think of the ultimate good your present efforts will obtain.

MAY 21 to JUNE 21 (Gemini)—Upgrade although the going may be tough on your patience and concentration. From a central position of poise and calm reasoning extend your operations. Don't be critical of others. Be kind to your own nerves and health.

JUNE 22 to JULY 21 (Cancer)—Much depends upon your pleasant personality. You can swing the odds in your favor by diligent, sincerity and a willingness to cooperate with those whose interests are coupled with yours. Don't consort with anyone of evil intent.

JULY 24 to AUGUST 22 (Leo)—Favorable for construction and general work, gardening, forestry, painting, remodeling, finishing deals already started, fabricating tasks, all worthy projects. Be direct.

AUGUST 23 to SEPTEMBER 23 (Virgo)—Today's inclination tend toward financial gains through your unusual talents and whole-hearted application of your fine mental equipment and ability to discern quality. Submerge doubt, gloom.

SEPTEMBER 24 to OCTOBER 23 (Libra)—You born bet're October 8 may need to exercise more discretion than usual but all Librans can make good in 1941, particularly in the advertising, promoting and other generally useful interests.

OCTOBER 24 to NOVEMBER 22 (Scorpio)—Be cautious handling finances, transfers of property, incurring debts. Progress can be made in industrial and manufacturing enterprises, professional pursuits, in your own work if you perfect the quality and speed the output.

NOVEMBER 23 to DECEMBER 22 (Sagittarius)—It may be a little difficult to make noticeable headway but, if you keep going steadily you will turn in a good showing at the end of day. Keen judgment and careful management important.

DECEMBER 23 to JANUARY 21 (Capricorn)—Very friendly indications for business and personal matters. Try new worthy enterprises, ideas and devices to good advantage. Selling, investing in sound projects favored.

JANUARY 22 to FEBRUARY 20 (Aquarius)—You, too, are favored today by benefic star aspects. Employer or employee throw in the full weight of your intelligence and ability to reach a new goal. Private interests sponsored.

FEBRUARY 21 to MARCH 20 (Pisces)—Rather indifferent period unless you make it otherwise with your ingenuity. The chief problem is not to over-strain and hamper your advancement by haste and misjudgment.

A CHILD BORN ON THIS DAY has sound judgment, clever hands and far-sightedness. May have unusual talent for acting, surgery, chemistry, architecture. Literary ability indicated. This thoughtful, bright child reads kind, intelligent understanding in its reactions. Don't punish it; reason gently and it will respond quickly. Don't neglect care of throat.

MY NEXT-DOOR NEIGHBOR SAYS SHE'S FRANKLY ENVOIOUS OF MY SNOWY WASHES! TRY SUNLIGHT I ADVISED HER.



AND TODAY I WAS WEARING A NEW PRINT DRESS. AFTER DOZENS OF SUNLIGHT WASHINGS IT'S STILL BRIGHT AS NEW



I'M NO WIZARD—IT'S JUST THAT SUNLIGHT MAKES EVERYTHING SO CLEAN AND SWEET-SMELLING



NO WONDER I'M PROUD AS A PEACOCK OF MY SUNLIGHT WASHES!

Remember, Sunlight Soap is all-pure soap... it contains no harmful adulterants. It gives you naturally whiter, naturally brighter, naturally sweeter-smelling washes. Get Sunlight at your store today.

SAVE CARTON ENDS FOR BEAUTIFUL SILVERWARE. Send only 3 Sunlight "Star" cartons ends and 25¢ to Sunlight, Dept. J, Hamilton, Ont. You'll receive 2 original Rogers teaspoons in the lovely, exclusive "Allure" pattern—and information on getting matching knife, forks, etc. Or send 5 Sunlight carton ends and 60¢ for 6 teaspoons.

LOOKING FOR A HAT

I went down town to buy a hat—something smart and gay, at that. I looked and looked in every shop; I walked and walked, and thought I'd drop. I never saw the one I'd wear. But oh! Spring was in the air, my dear. The Spring was in the air, my dear. And every living thing 'twas clear. Was putting on a whole ensemble. To swagger forth with great aplomb. "A hat!" I cried, "What good is that?" "The World is mine—who wants a hat?" —Jessica E. Money

A Morning Smile

KIND AND GENEROUS

"Oh, my poor fellow, you must be wet through," said an old lady to a young man who, at the risk of his life, had managed to get her pet poodle out of the frozen lake. The dog had run on the ice and fallen into a hole some distance from the bank.

"Yes, you must be drenched to the skin," she continued. "Take these three peppermints—they'll warm you; and have these others before you go to bed tonight."

IF YOU'RE AN AMATEUR KNITTER

It is often difficult to gather the top of a knitted skirt to fit the waist elastic properly. First measure the elastic firmly round the waist and join ends, then stretch over a chair back which is the same width as the top of the knitted skirt and seam the knitting to the elastic with matching wool or silk. When removed from the chair the skirt will have even fullness and will stretch to the right hip measurements when it is being pulled on.

QUICK LUNCH—SANDWICH & CUP OF

Needlecraft—For The Home

Button your new shirtwaist frock on the side for a new look. This is the very dress you'll need to wear under your coat now and for all occasions later on. The deeper yoke is becoming and the fly-front closing is a fashionable note, especially when you wear your buttons on the side. Trim pleats give the skirt a slim look but add the necessary width for active days. Wear this dress closed high under your chin or open in a more casual manner. The pattern provides for either short or long sleeves, as you wish.

Style No. 2866 is designed for sizes 12, 14, 16, 36, 38 and 40. Size 16 requires 3-4 yards of 39-inch fabric for short sleeved dress.

Send Twenty (20¢) coin is preferred, for Pattern. Write plainly your Name, Address and the style number. Be sure to state the size you wish.

Style No. 2866 Size _____ Name _____ Street Address _____ City _____ Province _____

Nervous Restless Girls! Cranky? Restless? Can't sleep? Tired easily? Because of female functional disorders causing monthly distress? Try Dr. E. Pinkham's Vegetable Compound. Pinkham's Compound is well known for helping such weak, rundown, nervous conditions. Made in Canada. WORTH TRYING! Any druggists.

It cost only \$2.10 for enough ALABASTINE to Decorate our 12'x20' Living-Room!

Each 5-lb. package of Alabastine will cover approximately 250 square feet, cost—yet costs only 70¢.

Easy to use. Dries quickly without odor—rooms can be occupied the same day. Will not rub off. 14 beautiful tints to choose from. Get a FREE colour-chart today, at any Hardware or Paint Store.

AL-41-8 For Tinting Walls and Ceilings