

Woman's Realm -:- Social and Personal -:- Fashions -:- Literature

FOR THE WOMAN READER

THE WAY OF A BOY
When mother sits beside my bed
At night, and strokes and smooths
My head,

THE OLDEST PORTRAIT OF A HORSE
The British Museum has just
acquired what is believed to be the
oldest portrait of a horse.

MINIATURE DATE PALMS
Little date palms can be made
to grow quite easily.

HISTORY IN NAMES
Matthew is a Hebrew name and
means City of the Lord.

Notice of Dissolution of Partnership

Notice is hereby given that the
partnership heretofore subsisting
between us, the undersigned, as

WITNESS
J. J. JOHNSTON,
GEORGE J. TWEEDY.

Fox Feed Price List

Table with 2 columns: Feed Type, Price per lb.
Beef Cheeks Per lb. 4c
Beef Hearts Per lb. 5c

Island Cold Storage

1 Ford Truck 1 1/2 tons capacity,
1931 model.

MAKING FRIENDS

Don't make the mistake that so
many women do of having friends
of only one age.

Nothing is more delightful for a
young girl to have as a friend than
a charming man or woman of 60.

THE COOK'S CORNER

Cherry Fritters
1 cup scalded milk
1/2 cup cornstarch
1/2 cup flour

Meringue On Deep Dish Cherry Pie

Cherries are in season again.
Just the sight of them in markets
is enough to make your mouth
water for a deep dish cherry pie.

CRUST

Sift two cups full of fine white
flour, add one-half (1/2) teaspoonful
of salt and two-thirds (2-3) cupful
of good cold lard, cut with knife and
mix with flour, adding about two-

CHERRIES

Wash and pit about one quart of
fresh ripe cherries, poach them in
own juice, adding two tablespoon-

MERINGUE

Beat the whites of six eggs until
they are stiff; sprinkle with two (2)
ounces of powdered sugar; mix well
and beat.

FOR SALE

1 Ford Truck 1 1/2 tons capacity,
1931 model.
1 Plymouth Coach, 1930 model.

Dorothy Dix

"I Have Respected My Children as Human
Beings," Explains Mother Asked to Tell
Formula She Used in Rearing Attractive
Children; "I Have Always Tried Things
Out on Myself to See How I Would
Like Them Before Subjecting My
Children to Them"

A woman, whose sons and daughters are a crown of glory to her, was
asked the other day by a group of mothers for her recipe for bringing up
children.



"For the proof of the pudding is in the eat-
ing," said one of the women, "and I never saw as
nice, well-behaved, well-mannered children as
yours. And they are obedient in a day when an
obedient child is a museum curiosity.

"Oh, I have no formula for bringing up chil-
dren," replied the woman, "but I did rear mine
according to a theory that I had and it has worked
out pretty well. I have always had an idea that
we undervalued children's intelligence, and espe-
cially that we undervalued their sense of justice
and personal dignity, and so from the time that
mine could understand anything at all I have res-
pected them as human beings and tried to treat them, as nearly as I could,
as I would grown-up people.

Hearts Afire

By MARY CHRISTIE
The Brilliant Novelist of
Modern Society
CHAPTER I
"A Prince Comes Riding By"

Prudence in the apple-orchard,
feeding her chickens in the en-
chantment of an April morning and
beneath a cloudless sky, dreamt of
romance, young love and happiness.

"If only something would just
happen!" Over the hedge that en-
closed the apple-orchard in a little
green universe of its own, she could
glimpse the winding ribbon of road
that led to strange, exciting worlds
outside her ken. "If only—"

A scented breeze blew the dark
curts about her face, and brought a
lovelier rose-tint to her rounded
cheeks. It brought, too, longings—
vague and indefinable—sweet as the
perfume of the spring, full of the
restless urge of it, rising to the
head just as the sap was rising in
the trees, and filling one with won-
derment and exultation.

"Indeed, they'd like to wrap me
up in cotton-wool!" Prudence con-
fided half-puttently, half-condem-
ningly to her friend Janet Mercer,
who was twenty-eight, and sensible,



When you're HEALTHY you're HAPPY

HAPPY days are usually healthy
days. Why not add to these
sunshiny days!

Poor health and constipation
go hand in hand. Get rid of
common constipation by eating
a delicious cereal.

Tests show that Kellogg's
ALL-BRAN provides "bulk" to ex-
ercise the intestines, and vitamin
B to tone the intestinal tract.

The "bulk" in ALL-BRAN is
much like that in leafy vege-
tables. How much better than
taking pills and drugs—so often
harmful.

Two tablespoonfuls daily are
usually sufficient. If not relieved
this way, see your
doctor.

In all grocers.
In the red-and-
green package.
Made by Kellogg
in London, Ont.

know why and they want to feel sure that they are getting a square deal
and if they are assured of this they are willing to obey.

with a flash of intuition:—
"It isn't just your good looks, it's
the sheer femininity of you that
would always charm—the "some-
thing" that one can't define.

"Love, my child. And love is life,"
said the usually prosaic Janet, with
an odd little tremor at her usually
firm lips.

"Her affair with Will Ogilvie is
going badly," thought sympathetic
Prudence, longing to say the right
thing, but with innate delicacy
afraid to intrude on the other's sec-
ret.

Today, as she fed her fluffy chick-
ens, the girl's thoughts were roam-
ing far afield. In the sweet April
sunlight the countryside lay very
still and silent, save for the occas-
ional crowing of a rooster, or the
song of mating birds.

Then, down the winding ribbon
of road that led into the little green
world, there came the clopety-clop
of horse's hoofs. Nearer and nearer.
Metal ringing on the road.

Prudence wheeled around, her
young face bright with interest.
Nearer and nearer . . . here now
. . . over the hedge she could see
his silhouette . . .

"The rider was young and fair and
slender—she noticed that at once.
Didn't the sun, streaming on his
hatted head, turn that polished hair
of his to molten gold until he looked
like . . . "like a Norse king or a
sun-god!" thought romantically Pru-
dence, and, in an access of shyness,
turned her back upon the road.

"With a great clatter he wheeled
up his horse.

"Say, there! Hi! Can you direct
me to Winston Towers?" The voice
was young, lustful, and rather ar-
rogant. "I've lost my way in these
infernal lanes and by-paths. It's a
regular Chinese puzzle, hereabouts."

With pretty face as pink as drift-
ed blossom, Prudence started over
toward the hedge.

GARDENING

LAYERING ROSES

Some varieties of roses can be
readily increased by layering, says
the Dominion Horticulturist. Layer-
ing consists in bending down the
branches and covering the bent part
with from four to six inches of soil,
leaving the tip and upper part of
the branch exposed. In time the
branch will root where it is bent,
and the rooted part is then cut off.

TRY THIS ON A CHUM

This is a trick with which you
may "trip up" an unsuspecting
friend. Say to him, "Do you know
—this morning I saw a dog going
along at a fine speed, and he
wasn't even moving his legs!"

"Impossible," your friend is sure
to say; "he couldn't do that!"

"But this dog was in a car!" you
chuckle as you run off.

Daintiness With Chic Styles

ILLUSTRATED DRESSMAKING LESSON FURNISHED
WITH EVERY PATTERN
BY ANNABELLE WORTHINGTON

And here's a picture model—cool,
dainty—the last word in chic.

It's an inexpensive sheer dimity
print in red and white. White or-
gandie sleeve ruffles create a rav-
ishing effect. The organdie is re-
peated in the collar and the bow.

It's adorable in dotted swiss, made
with the puffed sleeves, as in the
miniature view. The collar can be
of white mousseline, organdie or of
self-fabric. Black, navy blue, brown
and American beauty are the popu-
lar shades in the swiss.

Batiste in stripes and volles prints
are other nice mediums.

Style No. 934 is designed in sizes
12, 14, 16, 18, 20 years, 22 and 24
inches bust.

Size 14 requires 2 1/2 yards 39-inch
with 1 1/2 yards 39-inch contrasting.

Price of PATTERN 15 cents in
stamps or coin (coin is preferred).
Wrap coin carefully.

No. 934. Size
Street Address
Name
City State

A Morning Smile

A Scotsman and an Englishman
were travelling together in the back
woods of America, and at one stage
of the journey they took a trip in
an old-fashioned coach.

The coach was rumbling along
peacefully when suddenly the pas-
sengers were started by cries from
the driver. Looking out of the win-

dow the Scotsman's face came in
direct contact with the unsympath-
etic eye of a highwayman and the
muzzle of a long revolver.

"Hands up!" exclaimed the rob-
ber.

In a second all the travellers had
their hands well above their heads
with the exception of the Scotsman.

"Albert," he whispered, slipping
some coins into his friend's pocket,
"here's that money I borrowed yester-
day!"

Make Left Over Meats Attractive

Instead of left over meats being
just so-so Monday's dinner could be
a meal to anticipate with pleasure.

A rather novel way to make meat
patties and a way to make sand-
wiches into an item for dinner are
among our list of recipes.

Meat Patties
If you use ham these are good
for breakfast too.

Hot Dinner Sandwiches
Make a thick rich white sauce of
3 tablespoons butter, 3 tablespoons
flour, 1 teaspoon salt, pepper, and
1 cup milk. To it add 1 1/2 cups finely
chopped or minced left over cooked
meat and spread between this slices
of bread and cut in "fingers," dip in
egg and saute in hot fat, or bake in
a hot oven for 15 minutes if the
oven happens to be heated for other
purposes.

Rough Rider Pie
Combine 1 cup chopped leftover
meat, 1 cup stewed or fresh tomat-
oes, 1 cup boiled rice. Season well
with finely chopped sauteed onion
(about 1 small onion), and salt and
paprika. Mix all together and pour
into greased baking dish. Sprinkle
with buttered crumbs and grated
cheese and bake in moderate oven
until heated through and crubs
are an attractive golden brown.

Transformed Cold Roast Beef with
Vegetables.
Slice rare, cold roast beef, broil
very quickly in pan over hot fire,
lay on heated platter and spread
with butter; sprinkle with paprika.
Surround with fresh vegetables—
green beans, young chopped car-



934

Lyonnais Potatoes
I think this delicious dish is neg-
lected.

Two cups boiled potatoes, diced,
1 tablespoon minced onion, 2 table-
spoons good dripping, 1 table-
spoon chopped parsley. The po-
tatoes should be rather undercooked
to keep their shape when cubed.
Season with salt and pepper. Cook
the onion in the fat until trans-
parent, add the cubed potatoes, stir
with fork until all sides are brown-
ed, adding more fat if necessary.
When done turn out on hot serving
dish or on sliced beef as suggested
above, and sprinkle with parsley
and serve immediately.

REICH INSTITUTE FOR GERMAN FASHIONS

BERLIN, July 29—The general
process of remoulding Germany
according to Nazi ideals has not
stopped short of fashions.

Richard Dillenz, the Poiret of
Germany, has founded a Reich's
Institute for German fashions
which aims at developing a corps
of German designers, tailors and
creators of styles who will make
Germany independent of other
world fashion centres.

Since 1928 Dillenz has been seek-
ing to lay the foundations for the
Institute. At a first exhibition of
styles designed in his school, he
sought to demonstrate that Ger-
man inventiveness can bring forth
fashions that quite satisfy the
German woman concerned with
chic and smartness.

"Styles are one of the largest fac-
tors in the nation's economic life,"
Dillenz said, explaining the ideals
of his new school. "We aim to train
an elite body of strictly disciplined
fashion artists, who really possess
the technical, spiritual and cultur-
al equipment for founding a dis-
tinctly German fashion or style
along organic lines."

How to make 1 cup leftover meat
into a dinner dish is a man-sized
problem. This casserole dish is de-
licious.

Combine 1 cup chopped leftover
meat, 1 cup stewed or fresh tomat-
oes, 1 cup boiled rice. Season well
with finely chopped sauteed onion
(about 1 small onion), and salt and
paprika. Mix all together and pour
into greased baking dish. Sprinkle
with buttered crumbs and grated
cheese and bake in moderate oven
until heated through and crubs
are an attractive golden brown.

The following rather simple sug-
gestion for making roast beef at-
tractive will appeal to you.

Slice rare, cold roast beef, broil
very quickly in pan over hot fire,
lay on heated platter and spread
with butter; sprinkle with paprika.
Surround with fresh vegetables—
green beans, young chopped car-

A doctor says that a peculiar feel-
ing after eating is a sign of im-
pending trouble. Especially when
the peculiar feeling arises from the
fact that you haven't enough money
to pay the bill

In Tomorrow's Instalment the
Stranger is Agreeably Surprised.