

Woman's Realm -:- Social and Personal -:- Fashions -:- Literature

THERMOGENE

for COUGHS AND COLDS "put it where the pain is!"



The Warmth that Heals COLDS CHILLS RHEUMATISM LUMBAGO BRONCHITIS NEURITIS AND ALL CHILL-CAUSED ILLS

What the Fashionables are Wearing

Illustrated Dressmaking Lesson Furnished With Every Pattern By Annabelle Worthington

And what a remarkably chic effect! All you've to do is to decide whether you want this darling dress for sports or afternoons and then select your fabric.

The sheer wolens create a very soft appearance. And many smart women wear these interesting new wolens that assume new formality from morning until dinner.

Though crepe silk is another delightfully lovely fabric that while sportive may be worn for afternoons.

A new winter printed crepe silk in combination with plain flat crepe, is charming for this model.

The raglan shoulders are very shimmering and very easily handled by the home seamstress.

Style No. 983 is designed for sizes 16, 18, 20 years, 36, 38, 40 and 42 inches bust. Size 36 requires 3 yards of 36-inch material with 1/2 yard of 89 inch contrasting.

Be sure to fill in the size of the pattern. Send stamps or coin (coin preferred).

Price of pattern 15 cents.

No. 983. Size Name Street Address City State

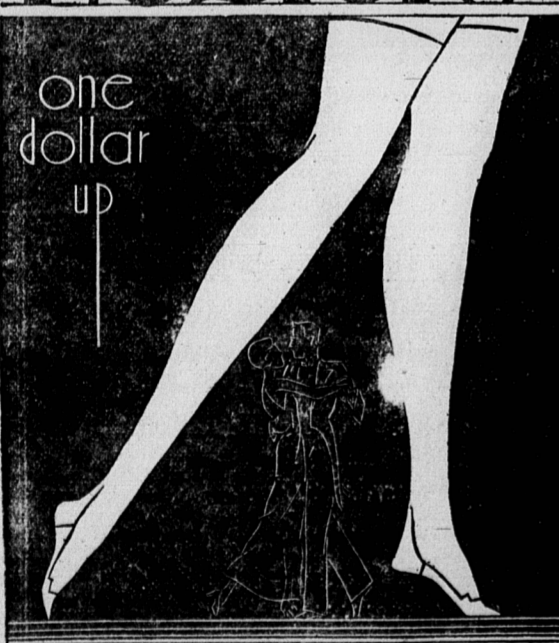


983

Discouragement: What kills men is discouragement. It is sitting down under trouble that destroys men; it is standing up and mocking trouble that enables men to go through it without harm.

Tramcar Conductor: "How old are you, my little girl?" Little Boston Girl: "If the Corporation doesn't object, I'd prefer to pay full fare and keep my own statistics."

MERCURY HOSIERY



Mercury Hosiery looks the part on all formal occasions because of its "quality". It wears remarkably well. Ask to see the latest shades in Mercury Hosiery when buying and don't be put off by the offer of "something just as good". . . . It isn't.

For Sale By PROWSE BROS., LIMITED Charlottetown

For The Cook

EASY COFFEE CAKE

To most kitchenette cooks quick coffee cake means the baking powder rather than the type raised with yeast.

A baking powder biscuit dough, a little richer than usual with shortening and maybe an egg, is spread upon a shallow baking tin and sprinkled with sugar, cinnamon and nuts or raisins and dotted with butter before going into an oven. In 20 minutes the cake has browned nicely and is ready to serve with coffee.

Served right from the oven with the afternoon cup of coffee or reheated to surprise the breakfast circle, this cake is sure to please.

Easy Coffee Cake

3 tablespoons butter or other shortening. 1/4 cup sugar. 1 egg well beaten, with 1/4 cup milk or diluted evaporated milk.

1 1/2 cups flour. 2 teaspoons baking powder. 1/2 teaspoon salt. 1/4 cup white or light brown sugar. 2 teaspoons cinnamon. 1/4 cup shredded almonds (optional).

1 tablespoon butter, cut into bits. Oven temperature 375-400 degrees F. Baking time—15 to 20 minutes. Servings—Six or seven.

Cream the butter or shortening; gradually add the sugar; mix well and set aside. Sift the flour, baking powder and salt twice and add alternately to butter-sugar with the egg which has been beaten with the milk. Spread the soft dough upon one large tin or two layer tins, nicely greased.

Mix together the white or light brown sugar and cinnamon, then the shredded almonds; sprinkle evenly over the surface of the dough. Dot here and there with bits of butter. Set in a hot oven and bake until the coffee cake is well risen and delicately brown.

Cut into squares with a sharp knife and serve with coffee; or cool and reheat for later enjoyment.

To vary the above recipes, press a cup of sliced tart apples lightly into the dough keeping the rows regular, then sprinkle with the cinnamon and sugar; dot with butter. The nuts may be omitted for apple cake.

Cranberry Jelly

To a pound of cranberries add 1 1/2 cups of water and cook quickly in a covered pan for about fifteen minutes, or until the berries are very soft and press through a sieve; add 2 cups of granulated sugar, mix well and cook for about 3 minutes. Pour into wet moulds—the ice cube pans of an automatic refrigerator make handy service, chill and keep cool (but not at a freezing point) until ready to serve.

BABIES THRIVE on Vitamin-Rich Scott's Emulsion

A Morning Smile

UNEXPECTED

The millionaire was explaining his new bathroom to a friend. "You don't have your bath in the bathroom," he said, "you just touch a button and the bath, already filled, runs into the bedroom on those two small lines. It is much warmer and more comfortable. Let me show you. It's as simple as anything." He pressed the button, whereupon the bath glided in full of water, and to his dismay his wife!

GLEN MARTIN

The following is the standing of Glen Martin School for January Grade X-1, Malcolm MacPherson; 2, Everett MacKenzie. Grade VII-1, Lena Gillis; 2, Angus MacPherson and Ronald Gillis; 3, Jean Walker. Grade V-1, Rachael MacPherson; 2, Lester MacPherson; 3, Catherine MacPherson. Grade III-1, Kathleen Reynolds; 2, Elizabeth MacPherson. Grade I-1, Martin MacPherson; 2, Catherine S. MacPherson. Perfect Attendance, Malcolm MacPherson, Lester MacPherson, Angus MacPherson, Catherine MacPherson, Rachael MacPherson and Elizabeth MacPherson. C. Reynolds, Teacher.

Dorothy Dix Letter Box

Must This Girl Sacrifice Love to a Death-Bed Promise?—Calls Women Untrustworthy—Is the Most Popular Girl Always the Most Sophisticated?

Dear Miss Dix—I am in a frightful quandry and do not know what to do. I am an only child and I promised my father on his deathbed that I would never marry, but would always stay single and take care of my mother. Now I am in love with a splendid man who wants to marry me and, of course, I want the normal life of a woman with husband and children and home, but I am bound by my promise to my father. I could not refuse his dying plea. My mother says she will never live with son-in-law. What shall I do? R. S. W.



Answer: Forget your promise to your father and go right along and marry your man and be happy. It is what your father would say to you if he could speak to you.

Of all the morbid sentimentality in the world, the worst is that which makes so many people wreck their lives in keeping a promise that has been wrung out of them by some loved one whose mind was weakened by sickness and clouded by the approach of death and who did not realize the enormity of what he or she was asking. Yet, unfortunately, many people believe that there is something sacred and peculiarly binding in these deathbed promises, even though they realize that they are better broken than kept, and that if it were possible the dead themselves would absolve them from their vows.

Certainly we must believe that when we slough off the flesh we cast aside with it our little narrow human prejudices and hates and jealousies and prides and selfishness, and that if we know at all what goes on in the world after we have left it we must see everything from a broader point of view than any we held while earth-bound.

And surely none of us can imagine that it can add to the bliss of a saint in Heaven to know that it has deepened the sorrows and made life harder for those it loved and left behind.

It is a common thing for instance, for a dying person to make a husband or a wife promise that he or she will never marry again. Yet could any disembodied spirit be happier if it could look down and see the wife it had left, going through the years a poor, forlorn widow toiling to support herself, instead of marrying some good man who would cherish and protect her and make her a luxurious living?

Or would any woman sleep the more peacefully in her grave for knowing that she had kept her husband wandering around clubs with nothing but hired hands to nurse him when he was sick, nobody to love him and take care of him, no woman's hand to make a home for him? Very often parents extort a death bed promise from their children not to marry some one they love because the father or mother thinks that the girl or boy does not belong to a sufficiently rich or aristocratic family, or because of some antagonism they have of race or creed. But to one who has passed into immortality how insignificant it must seem whether one was a social registerite or not, or what path one took up to God!

Once I knew a woman who was greatly troubled because her dying sister had made her promise never to speak to her brother, with whom the sister had quarreled, and it took much persuasion to convince her that her sister had not carried her hate with her into another life and that it was a righteous thing to break her vow and to forgive and forget.

It is weak and foolish and superstitious for the living to submit to being ruled by the dead. Life changes, conditions alter. Situations arise which no one can foresee and which have to be dealt with according to the circumstances of the moment. What was right at one time is wrong at another. What was wisdom becomes folly. And so the dead cannot direct our lives.

Therefore, I earnestly urge you to break your promise not to marry. Your father loved you and he would not want you to sacrifice your happiness even for your mother, because he would know that when it comes to the conflict between youth and age, youth must be served. She has had her woman's life of love and marriage and children and home. You have a right to yours.

I commend her decision not to live with her son-in-law. No woman should do that if it is possible to avoid it, but that does not debar her from keeping her own home or having a pleasant and agreeable room in some boarding house or hotel.

Dear Dorothy Dix—I am a senior in college. Have earned my way through by way of scholarships. My scholastic record is the highest in the department I am attending and I have a good position assured me upon graduation. Whatever success I may have attained has been greatly due to a girl whom I love devotedly and who has been my guiding star and helpmate. We have been together as much as possible and we have been making plans for the future. Recently her health gave way from overwork and she has been trying to recuperate by resting. Suddenly she has written me that her love for me has died. I cannot face life without her. I cannot study or rest or forget. What am I to do? Is it possible that she is just tired physically and mentally and that a little rest may make her see life as she used to see it? Why are women so untrustworthy? 32.

London Fashion Kings Combine LONDON, Feb. 10.—Fifty of the leading London fashion houses have united in an endeavor to make London the fashion centre of the future. They have formed the London Fashions Group, which was inaugurated at a luncheon recently, when the principal guest was Sir Phillip Cunliffe-Lister, Secretary of State for the Colonies. The formation of the group is a revolutionary proceeding. Fashion houses have in the past jealously guarded their own ideas. In future they will pool them in the common interest of industrial development. The effect on many branches of the textile and silk industries, and on employment generally, is likely to be considerable. Elaborate dress shows will be staged as in Paris, where the buyers for the great retail stores throughout the world will be able to see tasteful productions unsurpassed in quality and value.

Fight Winter Ills with Good Food



Give children Quaker Oats, nourishing... delicious... economical as well

QUAKER Oats breakfasts provide just the elements to keep your child strong and well. 16% is protein to promote growth and stamina; 65% carbohydrate to supply strength and energy. Abundant minerals to tone and purify the blood. Roughage to aid digestion.

This supreme food costs less than a cent a dish. By serving Quaker Oats you guard your children's health and cut your food costs, too. And save time... Quick Quaker cooks in 2 1/2 minutes after the water boils.

And how children love Quaker Oats! Rich and nutlike in flavour, because the big, plump whole oats are roasted through many different ovens and rolled to tender flakes.

But please remember this:—If you want to be sure of cleanliness and purity, do not buy oats loose in bags. If you want rich flavour and rare nourishment, see that your package bears the name and picture of the kindly Quaker.

In large household packages, with and without chinaware, also small 10c size. Sealed packages only. NEVER IN BULK. All packages of Quaker cereals contain coupons with which you can secure valuable articles.



QUICK QUAKER OATS

Made by The Quaker Oats Company, Peterborough and Saskatoon, largest cereal millers in the Empire. Makers also of Muffets, Quaker Natural Bran, Aunt Jemima Pancake Flour and other highest quality cereals.

who has been strong enough to do what you have done will not be weakling enough to let any woman wreck his life. You will gather up your courage and go on.

You have no right to call the girl you describe untrustworthy because she has not purposely deceived you. If she has changed, it is not her fault. Love is not a thing that we can control.

DOROTHY DIX. TWO YOUNG GIRLS.

Dear Miss Dix—What is the definition of a sophisticated girl? Is she the most popular girl the sophisticated girl? Answer: A sophisticated girl is one who is supposed to know the world and to have seen much of the seamy side of life.

I do not think many people admire a hard-boiled girl. Nothing is more attractive than freshness and innocence and gentleness. The sophisticated girl is like a flower that has been trampled in the dust of the street. The unsophisticated girl is the dewy rosebud that has bloomed in the home garden.

DOROTHY DIX.

for the Colonies. The formation of the group is a revolutionary proceeding. Fashion houses have in the past jealously guarded their own ideas. In future they will pool them in the common interest of industrial development. The effect on many branches of the textile and silk industries, and on employment generally, is likely to be considerable. Elaborate dress shows will be staged as in Paris, where the buyers for the great retail stores throughout the world will be able to see tasteful productions unsurpassed in quality and value.

Advertisement for Nestlé's Milk. Includes text: 'IT MUST BE GOOD', 'Nestlé's—World's Largest Producers and Sellers of Condensed and Evaporated Milk', and images of various Nestlé's milk cans.

Wicker

Cleaner, O. D. C. hardwood

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Removes rotor clean and cutlery.

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FIFTY BAGS OPEN

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God called has a higher school a gap is left in services at the Caledonia, in the funeral gather-

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pretty hand cir- rise to the aged nd all the rest- ters and friends.

Illinois

Feb. 16.—De-omm sion to frant of \$125,000 to the Beatharnos Investigate cons of power in all N. Sinclair, Lib. moved an am- dress in reply to be Throne in the e today.



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