

This is Your Last Chance to See One of the Finest Pictures of the Season — One We KNOW You'll More Than Enjoy! Last Times SAT. MAT. 2.30 SIMONE and JAMES in "7th. HEAVEN" T-O-DAY 2.30 SIMON and STEWART

ROMEO AND JULIET. In ALL THE BRILLIANT PAGES OF SHOW HISTORY NOTHING CAN COMPARE WITH THIS Metro-Goldwyn-Mayer PRODUCTION. NORMA LESLIE SHEARER-HOWARD in WILLIAM SHAKESPEARE'S ROMEO AND JULIET. WITH THE MOST BRILLIANT CAST EVER ASSEMBLED. Thrilling Moments in "ROMEO AND JULIET". The Family Feud... The Masque Ball... The Balcony Scene... The Sleeping Potion... The Final Curtain... JOHN BARRYMORE, EDNA MAY OLIVER, BASIL RATHBONE, RICHARD DIXON, ANDY DEWINE, CONWAY FEARLE, RALPH FORBES, C. AUGUST SMITH, ROBERT WARWICK, WOLFE KENDLE-COOPER. Directed by GEORGE CUKOR.

PRINCE EDWARD --- at 3.15 -- 7.00 -- 9.15

The Central Guardian

CRASWELL for Photographs. CONTEST FANS — Please note that feature article for Imperial Biscuit Co., Ltd., is repeated today. CONFEDERATION LIFE INSURANCE L-6789-7-12-312. STEWARTS YEAST makes better bread. L551-9-14-41.

POLICE COURT—At the Police Court yesterday a drunk was fined \$3 and costs or five days in jail and another who failed to appear had his \$3 bail bond exonerated. A third drunk was remanded for a week. A non-payment of dog tax case was dismissed when the tax was paid.

DIAMOND TREASURE CONTEST—Fans please notice feature article of Imperial Biscuit Co., Ltd., repeated today.

WESTERN RELIEF—The refrigerator car placed at the "Dump" just southeast of the station here to receive the potatoes, turnips and other vegetables contributed for relief purposes in Saskatchewan was about two thirds filled yesterday with supplies coming in from nearby points including New Dominion, Nine Mile Creek, Cornwall, Mount Herbert and Pownall. 200 more bags are required to complete this car and it is the hope of the committee in charge that these will come in early today. It was learned that quite a quantity of potatoes, etc., were gathered at North River Corner but for some reason were not sent in and fear was expressed that these might be affected by frost last night. The car placed at York was about one third filled yesterday. The committee asks that supplies may come in freely today both to Charlottetown and to York. Remember that the relief is organized by a joint committee of the churches and is distributed in a like manner. The Charlottetown car goes to Avonlea, Sask., for "The Director of Relief."

Personals

Miss Kathleen Earle, of Charlottetown, is a visitor in town for a few days, a guest at the Stanley. —Truro News.

Mrs. Harry Ritchie, Ottawa, has arrived on a visit to her mother, Mrs. L. E. Browne, who has been an invalid for some time.

Mrs. Russell Lauther had as guests over the week-end her mother, Mrs. C. F. Miller and sisters Mrs. Whitfield Howatt and brother Ralph Miller, also Miss Muriel McNeill, Mrs. Heath McQuarrie of Victoria, P. E. I., Mrs. Frame of Charlottetown and Miss Marjorie Raynor of Mt. Herbert, P. E. I. —Truro News.

DIAMOND TREASURE FEATURE ARTICLE

IMPERIAL BISCUIT CO. LTD

One of the Island's most progressive manufacturing concerns is located at the site of Peter's Road Crossing, head of Longworth Avenue. The Imperial Biscuit Co. Ltd., was incorporated in 1921 having been in operation for some years previous to that. In 1935 the management was taken over by Mr. John A. MacDonald of Southport and since then has been running overtime continuously. The annual output capacity is 900,000 lbs. The greatest bulk of this is for local trade but a considerable amount is exported.

Imperial Biscuits were the first Fox Biscuits manufactured in Canada, and were also the first made to be made from Cod Liver Oil.

For this reason credit is largely due to Imperials for the elimination of rickets in our ranches. The destruction of young foxes by the females has also been materially reduced by feeding Imperials, as they supply all the necessary vitamin food elements.

The Manager, Mr. John MacDonald is well known throughout this province and is thoroughly familiar with the fox industry. His son, Mr. Clifford MacDonald is the active salesman for the company and is exceptionally popular with all ranchers on the Island.

Imperial Biscuits are made from the purest ingredients, including rich Cod Liver Oil, and are prepared and handled under strictly sanitary conditions.

The well known slogan of all leading ranchers is "For Success Feed Imperials from Pup to Pelt."

Georgetown — Charlottetown Bus Service. STARTING MONDAY, MAY 10th. Leave Georgetown — 8.00 A.M. Cardigan — 8.30 A.M. 48 Station — 8.40 A.M. St. Theresa's — 8.50 A.M. Peakes — 9.00 A.M. Fishpond — 9.10 A.M. Fort Augustus — 9.30 A.M. Webster's Corner — 9.35 A.M. Arrive Charlottetown — 10.00 A.M. Leave Charlottetown — 4.00 P.M. Peakes — 5.00 P.M. Cardigan — 5.30 P.M. Arrive Georgetown — 6.00 P.M.

Passengers are fully protected by insurance for any accident that may happen while driving in this Bus. Stops at NOBANA TEA ROOMS ALISON HUESTIS

That Body of Ours

By James W. Barton, M.D. GOOD POSTURE BUILDS PHYSICAL AND MENTAL HEALTH

For a number of years I lectured to university graduates; men and women teachers in high and preparatory schools. I tried to impress upon them the importance of having their students stand erect and so keep free of spinal curvature, round shoulders, and other defects in posture. I advised that when there was no examination by nurse or physician, they secure a mirror and let each student look at himself both side-ways and facing the mirror; that if the student could see himself or herself as they actually stood, and then could see the great difference when they "stood tall" or erect, there would be fewer cases of spinal curvature and round shoulders.

So strongly did I emphasize the value of developing the abdominal muscles in attaining the erect carriage, that in marking their examination papers it was not unusual in an answer regarding posture to come across the words printed, not written, "Develop the abdominal muscles."

That the development of the abdominal muscles is the biggest factor in attaining the erect carriage can be seen by standing side-ways to a mirror and drawing in the abdomen, just as well developed abdominal muscles drawn the abdomen backward. Immediately the chest stands out, the shoulders go back, and the spine becomes straight.

The simplest exercises to develop the abdominal muscles are (a) trying to touch toes, knees kept straight, and (b) lying on the floor and raising legs, knees kept straight, to a right angle, that is forming two sides of a square with body and legs. The buttocks must not be raised off the floor when legs are raised.

There is nothing that gives one such a feeling of mental and physical health as the acquirement of a good posture. When, however, it is found that there is a spinal curvature, (and parents should take a look at the backs of their growing boys and girls) the family doctor should be consulted. If he finds that by placing the boy or girl in certain positions the spine becomes straight, he may show the exercises described. If the spine cannot be pulled straight by exercise, an orthopedic physician must be consulted and a plaster cast or other apparatus must be worn for months. Stand tall yourselves and encourage your youngsters to sit and stand tall.

Grain

(C.P. By Guardian's Special Wire) WINNIPEG, Oct. 15 — Selling waned on the Winnipeg Grain Exchange today and wheat prices responded to moderate export demand and good overseas buying to climb more than two cents. Futures closed 2 1/2 to 2 1/4 cents advanced with October at \$1.24 1/8, November \$1.23 1/4, Dec \$1.19 1/2 and May \$1.18 1/2.

The market opened irregularly and although fair buying credited to seaboard houses was responsible for fractional gains in early trade, continuation of southern selling in December and May futures brought some temporary easiness. In cash wheat spreads on top grades of Red Spring improved sharply in early trading and later slipped back to around the previous close. Coarse grains were dull.

WHOLESALE FISH PRICES

(C.P. By Guardian's Special Wire) BOSTON, Oct. 15 — Wholesale fish prices: large cod seven to eight; market cod six to seven; haddock eight to nine; pollock four to five; hake 4 1/2 to 5 1/2; cusk five to six; mackerel 16 to 18; blinks 14 to 15; lemon soles 9 1/2 to 10 1/2; gray soles 10 to 11; flounders 5 1/2 to nine; haddock scrod 4 3/4 to 5 3/4; redfish 4 1/2 to 5 1/2. Trivials—Dorchester, Quincy, Sea, Tide, Brant, Trimount, Marris, Stella, Evert, Isabel Parker, Marjorie Parker.

Watches and Jewelry

Should you want anything special and up-to-date in our line we invite you to call in and see latest designs in the NEW CATALOGUES just received.

E. W. Taylor 142 Richmond St. Established 1870

HE WAS THE FIRST TO BUY AN ELECTRIC SHAVER. HIS HOME IS FILLED WITH 'RELICS'. Is Your Home in Style? Style goes hand in hand with comfort. If your home is fashionably furnished, then it is inviting and charming. Bid your home today of those "antiques." Beautify it with smart, modern home furnishings. DINING SUITES of Charm. Exceptional Values at \$125 up. On Payments. HOLMAN'S BOTH STORES SUMMERSIDE CHARLOTTETOWN

P. W. C. NOTES

GEORGE L. DONNELLY

All classes were resumed in Prince of Wales College on Wednesday morning after the usual Thanksgiving holidays. Section "C" Debating Society and the Fourth Year students held their first debate of the term on Wednesday, October 13. The subject was, "Resolved that it will add to the welfare of P.E.I. to have the tuition fee for third and fourth year students of Prince of Wales College reduced." Those upholding the "pro" side were: Waltham Gaudet, Lloyd Henderson and George Dewar, while the "con" was supported by: James Burnett, Haldane Scott and Douglas Black. On account of the illness of Bruce McCall, Professor Blanchard criticized the debate to the satisfaction of all. The recording secretary of the debate was Miss Beatrice Blanchard. The "pro" side won the argument by an overwhelming majority.

In the course of his remarks, the honorary president of the Society, Professor Blanchard, remarked that this was a very suitable subject for a debate since the matter was at present occupying the minds of many people over the Island.

Section "B" second debate was, "Resolved that convicts in a penitentiary should be treated as patients, rather than as prisoners." The speakers for the "pro" side were: Reg MacLean, Bill Johnston and Evelyn Hessian; while those for the "con" side were: Jean MacDonald, Margaret Prowse and

Island Motor Transport Ltd. New Fall Bus Schedule

Bus Leaves Charlottetown (Whites Restaurant) FOR SUMMERSIDE (Via Kensington) Daily except Sunday 7.30 A.M. 1.00 P.M. 3.45 P.M. Saturday Night only 10.00 P.M. Sunday only 1.30 P.M. FOR BORDEN (Via Summerside) Connecting with Mainland S.M.T. Bus Service Daily except Sunday 7.30 A.M. FOR SOURIS AND NORTH LAKE Daily except Sunday 4.00 P.M. FOR TIGNISH (Connecting at Summerside) Daily except Sunday 3.45 P.M. For further information call the Bus Station—248.

Allister MacDonald, the critic, Mr. Gordon Douglas, criticized the debate in a very capable manner. The recording secretary was Miss Constance Colville. The "pro" side was victorious by a vote of 40 to eight. The honorary president, Professor Blanchard, complimented the speakers on the manner in which they prepared and delivered their speeches.

At present an attempt is being made to form a bowling league among the students. If a sufficient number of teams are formed there will be regular schedule of games played on the alleys of the Y.M.C.A.

The college football team are having their daily workouts at Victoria Park and judging by the pace the boys are keeping up on these practices they will have no

difficulty in overcoming the "Saints" in their first encounter of the season on Saturday afternoon Good luck boys. A special meeting of the executive of the Students' Christian Movement was held on Thursday morning for the purpose of making arrangements for the Saturday night socials, etc., for the coming year. Out of respect for the memory of the late Dr. Robertson all college socials were postponed last Saturday night. England's oldest active football director, William Coates, aged 83, of Hartlepool United, started the present season by journeying to a game in Lincoln.

"It Happened Out West"

LAST TIMES TODAY 2.30 7.00 8.45

The CAPITOL'S BIG SPECIAL!

More stars than a fine night! Mon.—Tue.—Wed.

STAR BRIGHT, SONG-STUDDED SPEED-SHOW, WITH PULSE-RACING ROMANCE BY YOUR QUEEN AND KING OF SWING! LANGFORD REGAN. THE HIT PARADE. 4 HIT TUNES: WAS IT RAIN? LOVE IS GOOD. LAST NIGHT. SWEET HEARTACHE. CARL HOFF, DUKE ELLINGTON, EDI DUCHIN, AL PEABCE, BOBBE HENNY, GEORGE BRUYT, THE VOICE OF ED THOMPSON, PERT KELTON, THE GENTLE MINNERS, THE TOO GIRLS, EDWARD BROPHY, MAX FERRINE, INEZ COURTNEY, OSCAR ELMER. ALSO SPORT REEL, PARAMOUNT PICTORIAL, BETTY BOOP Cartoon.

BARGAIN EXCURSIONS. To Moncton \$2.60 — To Halifax \$4.80. Good going — Friday Oct. 22nd. Return Limit—Monday Oct. 25th. T. B. ROGERS. City Ticket Agent Can. Nat. Rys. 181 Queen Street Phone 540

Eastern Guardian

"ROBIN HOOD FLOUR makes lovely light loaves of tastier bread. L-1075-7-28-41

"SUBSCRIPTIONS to the Charlottetown Guardian may be handed to their Rept. Archie Hume.

"CLARK'S ANNIVERSARY SALE is now on at Montague. The biggest sale of the year. Get your Fall supplies at bargain prices! Buy early! L-681-10-16-11.

"SAVE HALF what you usually spend for drug store items at Mabon's great Original One-Cent Sale, Montague. Seven big days with 250 bargains to choose from, and two for the price of one plus only one cent. October 16th to October 23rd inc. usive. L-543-10-16-21.

"CAN YOU IMAGINE getting three full-size tubes of Rexall Mill of Magnesia tooth paste for only 50 cents? This is only one of the many bargains offered at the Rexall One-Cent Sale at Mabon's, Montague, from October 16th to October 23rd inclusive. L-543-10-16-21.

"MISSIONARY ADDRESS — A very interesting meeting was held in St. Andrew's Presbyterian Church, Montague, when Rev. David Marshall missionary on furlough from British Guiana, spoke on his work there. He drew a very vivid picture of the life of the native and of the terrible loneliness experienced when traveling from place to place through the jungle mostly on foot, with not a human being in sight for miles and miles and only the cry of the different wild animals to be heard. —L.

"Mrs. A. D. McClure, entertained the Women's Institute at the home of her daughter, Mrs. Wilfred Watterworth, on Tuesday, quite a number of ladies dropped in for a cup of tea. —L.

"Mr. and Mrs. Wilfred Watterworth, has returned home after a pleasant visit to Mr. Watterworth's brother, Rev. Carlisle Watterworth, of St. John Carlsle Watterworth, of St. John Carlsle. —L.

Buckwheat Flour. The Real old PAN-CAKE kind. Freshly ground from ISLAND grown SILVERHULL BUCKWHEAT. Price 6c per pound GRAHAM OR WHOLE WHEAT FLOUR freshly ground 5c per pound. TABLE CORN MEAL ROLLED OATS and OATMEAL FLOUR. All the best Brands in stock. For Sale at CARTER'S FEED AND SEED STORE.