

Woman's Realm -:- Social and Personal -:- Fashions -:- Literature

What the Fashionables are Wearing

Illustrated Dressmaking Lesson Furnished With Every Pattern

By Annabelle Worthington



sleeves below the elbow are of white metal lame with gold embroidery.

The deep circular peplum, placed as is well below the hips, gives flattering height to the figure.

Style No. 665 may be had in sizes 14, 16, 18, 20 years, 36, 38 and 46 inches bust. Size 16 requires 4 1/4 yards of 39-inch material with 1 1/4 yards of 35-inch contrasting.

This model is exquisitely beautiful in dark red lace. Black crepe marocain is very smart with the scarf collar of almond green sheer metal lame with the elbow sleeve puffs of self-fabric.

Be sure to fill in the size of the pattern. Send stamps or coin (coin preferred.) Price of pattern 15 cents.

No. 665. Size

Name

Street Address

City

State

For The Cook

STEAMED PEANUT BREAD

- 1 cup cornmeal.
- 3/4 cup pastry flour.
- 3/4 teaspoon baking soda.
- 1 teaspoon salt.
- 1/2 cup sweet milk.
- 1 cup sour milk or buttermilk.
- 3/4 cup molasses.
- 3/4 cup coarsely-chopped peanuts.
- 1 egg.

Method—Sift together the cornmeal and pastry flour and the salt and baking soda. Mix the sour milk or buttermilk with the sweet milk and add the molasses and well-beaten egg. Stir into the flour mixture and add the chopped peanuts. Pour into a well-greased pound baking powder tin, filling about three-quarters full; steam 2 1/2 hours. Serve hot, sliced very thin and generously buttered, or when cold toast and butter well.

FRUIT FRITTERS

These are nice to serve as a breakfast dish, or with meats. To a cup of flour add a half teaspoon of salt and a teaspoon of sugar. Slowly pour into this mixture two-thirds of a cup of milk and two well-beaten eggs. In this batter dip the fruit to be used—bananas, pineapples, apples or peaches, or, if you prefer, chop the fruit and mix it in with the batter. Fry in hot fat for three minutes. Dust with powdered sugar or serve with a fruit sauce.

Good cooks like it for its strength and delicacy of flavor

Barbour's VANILLA

Etiquette

By Roberta Lee

Q. What is the correct response to an introduction?

A. The four short words, "How do you do?"

Q. What is the correct size of a married woman's card?

A. It is usually about 2 1/4 to 2 1/2 inches long by 2 to 2 1/4 inches high. The smaller has been for many years the prevailing fashion.

Q. May one speak of others as "gent," "girlie," "little woman," or "hubby?"

A. No; these terms are unseemable.

Poor Sleep Due to Gas in Upper Bowel

Poor sleep is caused by gas pressing heart and other organs. You can't get rid of this by just doctoring the stomach because most of the gas is in the UPPER bowel.

The simple German remedy, Ad-lerika, reaches BOTH upper and lower bowel, washing out poisons which cause gas, nervousness, bad sleep, etc. Adlerika today, by tomorrow you feel the wonderful effect. You will say the day you read this was sure a lucky day for you. Hughes Drug Co., Ltd.

A Morning Smile

Old Sinner: "If you will answer me one question I will come to church."

Minister: "What is the question?" Old Sinner: "Who was Cain's wife?"

Minister: "My friend, you will never be able to embrace religion until you stop bothering yourself about other men's wives."

Queen Victoria Tartan

King George and his sons wear the "Queen Victoria tartan" when attending any public function in Scotland. The tartan takes its name from the fact that it was designed for Queen Victoria by an old lady who lived in Inverness.

The King likes to maintain the Highland customs and directs that all those entitled to wear the kilt shall do so on formal occasions. Each morning that the pipers "pipe" the King, between 7.30 and 8 o'clock, the Scotch dress is worn in full detail.

Although the King wears kilts, he has not been seen blowing the bagpipes. The Prince of Wales can play the pipes, and during his undergraduate days at Oxford University "ruined" many an otherwise peaceful evening by playing chants and marches.

At some of the dinner parties given, His Majesty appears in the kilt and the short jacket of Scotch evening dress. Sometimes the Queen wears a strain of Scotch ribbon on her dress.

Why is the sun like a good loaf? Because it always rises and is always light.

What turns round and yet never moves? A road.

How Often Should Couples Separate? **Dorothy Dix** Finds Absence Promotes Harmony

Nobody Can Work Without a Break at Any Job Without Going Stale and Losing Interest, and This is Just as True of Marriages as of Anything Else—Therefore Husbands and Wives Should Separate Occasionally

A woman wants to know how much a wife should be separated from her husband. To which I would reply that it depends upon the individual husband and the circumstances in the case, but generally speaking, a wife should be away from her husband enough to make him realize her value, and not enough to let him find out that he can get along without her.



This is one of the new problems of matrimony. In the old days, when a man and woman literally took each other "until death do us part," it actually meant that. They do no life apart at all. Where the husband stayed, the wife stayed. Where the husband went, the wife went. It was assumed that it was impossible for them to get enough of each other's society.

But nowadays when marriages are more temporary, so to speak, and their endurance depends more upon thrills than a sense of duty, and when we look at the relationship between men and women with a more candid eye than our forebears did we recognize the fact that the marriage with marriage is that there is too much of it.

It is because it is a continuous performance that never ends, in which men and women have to go through the same old notions day after day, week after week, year after year, of giving and receiving the same old ham-and-eggs kisses, listening to the same old complaints, being told the same stories, that it gets upon our nerves.

It is the monotony of domesticity that is its undoing and that causes husbands and wives to squabble and fight over every trifling thing for the sake of the excitement and to try to infuse a little pep into family life. If people were married only five days a week instead of seven, all married couples would be cooing doves and there would be no divorce.

It has been shown again and again that nobody can work without a break at any job without going stale and losing interest in it, and this is as true of marriage as it is of anything else. No matter how much a husband and wife love each other, they are bound to bore each other if they get overdoes of each other's company.

They talk out. Each has told the other everything he or she knows and thinks until the woman feels that she will scream if her husband springs that old gag another time and the man has to keep his teeth clinched to refrain from saying damn when his wife starts out to relate for the millionth time that amusing incident with a Frenchman that happened when Aunt Sally took her to Paris before she was married.

Worse still, too much familiarity breeds not only contempt but provokes criticism. When you have looked at any object too long, it loses its charm and you begin to see only defects. Husband notices how fat wife is getting and how she is losing her complexion. Wife can see nothing but husband's bald spot and bay window. The lure of the vamp and Lethario is simply that the man and the woman are not married to them. They are new. Strange. Unfamiliar.—With a fresh line.

Therefore, a wise couple, when they find out they are beginning to spat about nothing, to find difficulty in sustaining a conversation and to wonder what made them marry the one they did, take a vacation. And particularly does the sensible woman pack her trunk when she pre-conceives that her husband is showing signs of restlessness and inventing excuses for staying downstairs of an evening.

Tears are vain. Reproaches make matters worse. Appealing to his sense of duty is of no avail. For the one thing you can't argue with is a man's taste, and when he has lost that temporarily for his home and his wife, he can't help it any more than she can. The only thing to do is to take him off that diet and give him a change.

For the time being what the man craves is freedom from all domestic responsibilities. He doesn't want to have to come home at a set time. He doesn't want to look at his wife, nor the children, nor hear about the baby's new tooth. He doesn't want to wind the clock, nor shake down the furnace, nor put out the cat, nor do a single solitary one of the things that he has done every day since he was married.

And if the wife has any intelligence and sense of humor, instead of breaking her heart over the situation she simply says to herself that the symptoms seem to indicate that it is time for her to make a nice, long visit to mother, or take the children and go off somewhere on a trip and give absence a chance to do its perfect work. As it does nine times out of ten.

For to his amazement the man finds out that without knowing it he has got housebroken and lost the habits of the wild. He discovers that it takes a good deal of the kick out of staying out late if nobody knows or cares whether you come in at all or not. He misses being taken care of and sickens over restaurant food and swears when he finds that he hasn't a single clean collar because he has forgotten to send out his laundry, and when wife returns she looks better to him than any flapper.

And wife is better having back because she also has benefited by the separation. She is freshened up mentally and physically. She has heard and seen new things and has new subjects to talk about, and she gets at her housekeeping with renewed cheerfulness and vim.

But while absence is a sovereign remedy for many of the ills that

India's gift to you

A gift you cannot fail to enjoy.

KING COLE TEA

Pocket Edition Of "Messiah"

There is a remarkable collection of exhibits in the Imperial War Museum at South Kensington, and additions are still being made to it, the most recent acquisition including a pocket edition of Handel's "Messiah," which belong to a man who wounded by a fragment of shell, and one of the small boxes that were given to German school children before the outbreak of the war to enable them to collect money for the navy.

Arrangements are being made for the transfer of the museum to the central portion of the Bethlehem Hospital, which is about ten minutes' walk from the Houses of Parliament. In the annual report it is stated that there are in the museum 1374 war memorial photographs.

A certain amount of difficulty has been experienced in connection with authorized reproduction of pictures. In one case, for instance, a copy in oils of a painting by Sir William Green was submitted for inspection by the owner, who thought it was an original, and steps had to be taken to have it clearly marked as a copy. Last year the museum was visited by 239,106 persons.

result from husbands and wives getting fed up on each other, it is a cure that should be administered judiciously and for the most part in homeopathic quantities. Too much of it is fatal for the man who is married to a wife who is always gadding off to Florida in the winter and Europe in the summer and who leaves him to his own devices, is mighty likely not to spend his evenings in a dark and lonely house, but to find some little blonde playmates who will help him pass the time agreeably and expensively.

And, of course, the exceedingly domestic man, the one who calls his wife mother, should never be left alone longer than two weeks at a time. He is bound to be tied to some woman's apron strings, and he is sure to get into trouble if his legal guardian is off the scene.

On the other hand, if, when a man tells his wife that he has fallen out of love with her and in love with another woman, she would go away for a year and give him that long to think it over in, it would save many a divorce and broken home, because it would give the man's infatuation time to cool off and he would find out that the "other woman" was no more thrilling at close range than his wife.

DOROTHY DIX.

KITCHEN COMMENTS

The newest and most convenient gas range is arranged like a cabinet table with a work-table top at one side of the burners, the oven below, instead of above the tables surface, and two roomy utensil drawers in the stove unit so that cutlery, salt, pepper and spices are all at one's finger tips. The idea, of course, is to save waste motion, extra steps and utilize every inch of space. The cabinet is of steel, beautifully enameled.

When making cakes with raisins or currants, dredge the fruit thoroughly with flour and combine with the other ingredients after all the liquid has been used. This will keep the fruit well distributed and prevent it from sinking to the bottom of the cake.

Before opening any canned product which necessitates the use of a can opener, place a cloth beneath the can to avoid scarring the table as the can jerks and moves about.

The finer the sugar you use in mixing your cake, the finer the texture of the cake will be. Powdered or cereal sugar is thought to give the best results.

When ready to attach electric cookers, toasters, or grills for cooking see that the cord unit is first placed in the socket of the utensil; then plug-in to the base plate which supplies your current. This is the best way to guard against short circuits caused by inept handling.

Someone asks whether it is correct to serve soups in soup-plates, or in bullion or consommé cups. Either is correct for informal or family meals. For formal service, Bouillon spoons should accompany the latter service, while for soup served in plates a soup-spoon should be provided.

Do you know why such foods as oysters, egg plant, scallops, croquettes and other cutlets are dipped in eggs and crumbs before frying?

SORE THROAT

... Here's comforting relief without "dosing." Just rub on VICKS VapoRus

ing? Because the heat of hot fat quickly cooks the egg particles and forms a coating through which the grease can not penetrate.

Have you forgotten how good fresh cocoanut—right out of the shell—can be when used in combination with fruits and salads, or over the icing of a luscious chocolate cake? With the appearance of cocoanut milk stands, where one may drink of this natural beverage as a Robinson Crusoe, more attention is being paid to cocoanut meat than has been noted for many years. Now a number of bakeries are grating it fresh for use in meringues and icings and filling put between fresh-baked cakes.

Do not be without several asbestos mats for use beneath pots in which you cook milk sauce, soup or preserves. Often the gas flame will not stay lighted when turned extremely low. With a mat one can use a slightly larger flame for longer cooking or heating, without danger of the flame becoming extinguished or the food being over-done.

Have you an ample tray in the kitchen? Use it consistently to save steps and to hasten service. Instead of a deep drainpan, you will find along rectangular tray of enameled ware—of a size that just about fits your sink board—is much handier when drying dishes.

DROP IN THE ATTENDANCE AT LONDON SCHOOLS

Nearly 200,000 Fewer Children at School Now In The Metropolis Than in The Year 1915.

(Canadian Press) LONDON, Nov. 23—Nearly 200,000 fewer children are attending London schools than in 1915. A report of the London County Council Education Committee states that the number is 685,004, a decrease of 32,913 compared with 1929. In 1915 there were 898,439.

It is estimated that 15,000 of the decrease during the last two years is due to the falling birth rate and 18,000 to migration outside the London County Council area.

Greenwich is the only district that shows an increase. This is due to the new housing estates at Downs and Charlton Park. The heaviest falls in child population have occurred in Wandsworth, Camberwell, Southwark, Poplar, the City and Stepney and Chelsea.

Only 830 children in London were certified as "incurable." Of the children between three and five years of age 43.5 per cent are attending school.

Of the 750 freshmen entering Hunter College this year only one, in response to a questionnaire, announced an intention to marry. The majority hope to teach, while others will turn to the law, medicine, journalism, nursing, farming, and dog breeding, as suitable fields in which to develop their own careers.

What is it a cat has but no other animals? Kittens.

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By BRIGGS

JOE AND VI ARE NOT PLAYING CHESS

OR STRAIGHTENING OUT THE WEEK'S BUDGET

OR FIGURING OUT HOW TO PAY OFF THE MORTGAGE

THEY ARE MERELY TRYING TO DECIDE WHETHER TO TAKE AN APPLE TART OR A COFFEE ECLAIR FOR DESSERT.