

Trice Kellogg's Bran—restores health after 12 years of intense suffering

Mr. Firth writes that he suffered for 12 years from constipation and his friend for 10 years—a total of 22 years' suffering permanently relieved by Kellogg's Bran, cooked and krumbled.

Dear Sirs: For 12 years I had been troubled with indigestion caused mostly by constipation. Until about a year ago, I would suffer from 4 to 20 weeks at a time.

For constipation could not find anything to give him relief. Three weeks ago I advised him to try Krumbled Bran, as I had told him what wonderful results I had gotten from it.

Eaten regularly, Kellogg's Bran is guaranteed to relieve the most chronic case of constipation, or your grocer returns your money. Eat two table-spoonfuls daily—in chronic cases, with every meal. The flavor is delicious. Try it in the recipes on every package. Made in Toronto, Canada. Sold by all grocers.



C-U-S-T-A-R-D

Here's the recipe for Chicken Custard, a chef would be proud of. Made with Hamilton's crispy, golden Cream Sodas—fresh from the oven.

Use Hamilton's to get the best results.

CHICKEN CUSTARD

1/2 cup Hamilton's Cream Soda Cracker crumbs, 1 cup cream 2 yolks of eggs, 1/2 cup chicken, chopped, celery salt, salt and pepper. Mix the dry ingredients with the cracker crumbs; add the well beaten egg yolks, mix well. Put in custard cups and place in a dish of hot water. Bake in a moderate oven.

HAMILTON'S BISCUITS—The Favorite's Since 1840.

You Will Not Watch the Thermometer if You Have These Aids

Electricity is the housewife's biggest boon in summer. For it saves the hard work of sweeping, the hot work of ironing, the standing over the stove to get up a summer meal—and even brings a breeze to you on a breathless day.

- Eureka Vacuum Cleaners, complete \$50.00
Electric Fans \$7.75
Electric Irons \$4.75 to \$6.75
Electric Toasters \$7.25 to \$8.35
Electric Hot Blast Stoves \$3.00
Electric Percolators \$10.50 to \$11.50
Electric Curling Tongs \$4.50

We also carry thermos bottles, ice cream freezers and many other things to bring you cool delight.

The Rogers Hardware Company Ltd. WHOLESALE & RETAIL

JAPANESE DISCRIMINATION ALLEGED IN PHILIPPINES

MANILA, June 26.—Race prejudice arising from competition between Japanese and Filipino laborers, artisans and chauffeurs in the province of Davao may result in serious trouble, according to a report made by H. Cruz, director of the bureau of labor to the secretary of commerce and communications.

was one from the chauffeurs' union of the city of Davao which alleged that Japanese residents refuse to use automobiles driven by Filipinos.

THE SECRET

She wore the bloom of youth upon her cheeks, There in the moonlight's glow; But how the bloom got on his lips You're not supposed to know.

The healthy look that DR. CALDWELL'S LAXATIVE SYRUP PEPSIN Gives is Nature's Own

Ladies! This Beats Cosmetics GOOD health cannot be camouflaged by powder and rouge. The eyes will tell. That sparkle and clearness that denote good health will not be there if you are constipated.

Safe Family Laxative Use it regularly a day before and a day after the periods. The gentle emptying of the bowels will give you relief, and lessen headaches and congestion. Take a spoonful at bedtime and see how much better you feel in the morning.

Form for requesting a trial bottle of Dr. Caldwell's Laxative Syrup Pepsin, including name, address, and phone number.

WEST KENT SCHOOL

Grade X

Governor General's Medal for General Proficiency won by Amy Johnston. Rhodes' Medal won by Norma Jamieson for scholarship, athletics, character and popularity.

GRADE VII

Mr. McLeod's Dept. Special prize for Arithmetic won by Sterling MacDonald.

GRADE VI

Special prize for General Proficiency won by Wanda Wedlock.

GRADE V

Special prize for Neatness of Books and Writing, awarded to Joseph McLean.

GRADE IV

Special Prize for Improvement in Writing, awarded to Stewart Foster.

GRADE III

Special Prize for Arithmetic, donated by an old pupil of W. K. S. won by Harry Smith.

GRADE II

Certificates for General Proficiency.—1, Mary Owen; 2, Robert Hubbard; 3, Harold Forsythe; 4, Margaret MacEachern; 5, Wilma Davidson and Harold Black equal.

GRADE I

Certificates for General Proficiency.—1, Dorothy Black; 2, Jean Forsythe; 3, Clive Johnson; 4, Ellen Holman; 5, Milton Stewart.

ZAM-BUK advertisement: is the best remedy known for sunburn, heat rashes, eczema, sore feet, stings and blisters. A skin food!

Margaret Black, Gordon Williams, Bonar Dalziel, Vera McLeod, John Peterson, Cecil Ward, Joseph McLean.

Special Prize for Improvement in Writing, awarded to Stewart Foster.

Special Prize for Neatness of Books and Writing, awarded to Joseph McLean.

Special Prize for General Proficiency, awarded to Mary Sinclair.

Special Prize for Improvement in Writing, awarded to Gertrude Cameron.

Diplomas for General Proficiency, 1, Mary Sinclair; 2, Allison Rogers; 3, William Reid; 4, Eleanor Douglas; 5, John Campbell.

Special Prize for Arithmetic, donated by an old pupil of W. K. S. won by Harry Smith.

Special Prize for Spelling, awarded to Harold Forsythe.

Special Prize for Diligence and Application to Study, awarded to Charles Hyndman.

Special Prize for Diligence and Application to Study, won by Olive Johnson.

Special Prize for Spelling, won by Dorothy Black.

Special Prizes awarded to the pupils in Grade 1 to VIII inclusive were kindly donated by: Mrs. W. A. Stewart, Mrs. R. H. Jenkins, Mrs. J. A. MacMillan, Mr. J. P. Gordon.

Special Prize for Attendance.—Eva Gurney 1st place.

Special Prize for Attendance.—Eva Gurney 2nd place; Robyn Cameron, 3rd; Margaret Newsom; 4, Margaret Wood; 5, Edward Stenford.

Special Prize for Attendance.—Eva Gurney 1st place.

During Carnival Week Have on Hand a Supply of White Lily Biscuits and Cake



During Carnival Week have on hand a supply of White Lily Biscuits and Cake.

You will find the quality acceptable to your guests, and the housekeeper instead of spending her time over a hot oven can join in the festivities.

A supply of White Lily Biscuits are convenient at the summer cottage.

During the hot summer months it is worth while to dispense with unnecessary baking by always having on hand a supply of White Lily Biscuits and Cakes.

The cake is made in the following varieties, Plain Pound, Sultana, Cherry, Genoa, Fruit Walnut, all of unexcelled quality.

The Creamy Richness of flavor and superior quality of White Lily Cream Sodas and Milk Lunch have made them the popular favorites.

Miner's Liniment Relieves Pain. Professional Cards. Palmer & Palmer. H. J. PALMER, K. G. Barrister, Etc. Money to Loan.

MacDonald & McPhee B.A. J. A. McDONALD, H. F. MCPHEE B.A. Barristers, Attorney, Etc. Money to Loan.

Mark R. McGuigan B.A. BARRISTER, SOLICITOR, ETC. Money to Loan. Cameron Block. Charlottetown, P. E. Island.

Dr. C. C. Archibald Graduate of N. Y. Post Graduate Medical School and Hospital Practice limited to Eye, Ear, Nose, and Throat. Office Bayer Building, St. George Street, Telephone 850-J. Office Hours—9 to 12 a. m. 1 to 5 p. m.

Below we Give a Partial List of a Few Notable Bargains

- Women's White Canvas Oxfords \$1.00
Women's White Canvas Pumps \$1.75
Women's Black Kid Oxfords \$1.98
Women's Lace'd Boots \$2.98 and
Women's Grey Buck Oxfords \$4.00
Women's Black Canvas Strap Slippers \$1.25
Women's Patent and Fawn Pumps \$3.95
Men's Fine Boots \$4.95 and
Men's Working Boots \$2.70
Boys Fine Boots, sizes 1 to 5 \$2.70
Misses, Child's and Baby's Boots at equally reduced prices.

ALLEY & COMPANY, LIMITED. FASHIONABLE FOOTWEAR

—By GEO. McMANU

BRINGING UP FATHER

YOU ARE MR. JIGGS—I BELIEVE THEN I WANT TO TELL YOU THAT THE FORELADY IN THE TRIMMING DEPARTMENT TREATS ME TERRIBLY!

TELL THE FORELADY IN THE TRIMMING DEPARTMENT TO COME HERE—I'LL LET HER KNOW WHO IS THE NEW OWNER OF THIS FIRM

DO YOU SEND FOR ME, SIR? OH! ARE YOU THE FORELADY? SAY WHY CAN'T YOU TWO KIDS BE PALS?

