

# Woman's Realm Social and Personal Fashions Literature

## A Morning Smile

Two Home Guards, in full uniform, entered a hotel lounge and called for drinks. The waiter supplied them and remarked beamingly that they were paid for.

"And whom have we to thank for these?" asked one of the Home Guards.

"That gentleman over there," replied the waiter. "He thinks you're real soldiers."

Specially annoyed at the slowness of Pte. Smith, the sergeant-major strode up to him.

"What was your job in civil life?" he barked.

"Bank clerk," said Smith.

"I suppose," sneered the sergeant-major, "you dusted the desks and washed out the ink wells and made nice cups of tea for the manager."

"Oh, no, sir," replied Smith sweetly. "we kept an old sergeant-major for those jobs!"

CROCHET THESE OUT OF THE SCRAP BAG



DESIGN NO. 1223

These attractive slippers are easy to crochet. The soles are crocheted and the strap is finished with a tiny piece of elastic to make them fit snugly. Pattern No. 1223 contains complete instructions.

To order pattern: Write, or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlottetown, P.E.I.

Charlottetown Guardian, Needlework Department.

Design No. 1223

NAME \_\_\_\_\_

STREET ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ PROVINCE \_\_\_\_\_

## Dorothy Dix Says—

### MEDALS URGED FOR APPEASERS WHO KEEP MARRIAGES HAPPY

#### Husband, Wife, Knowing Each Other's Preferences, Should Try To Avoid Sore Spots

"Appease" is considered a weasel word, and those who practice the gentle art of evading trouble instead of rushing into it are looked upon with more or less contempt as weaklings, and as lacking the courage of those who are always spurring for a fight and ready to go to the mat with anyone who differs with them.

It has always seemed to me that this is a very lopsided way to look at the subject, and that instead of regarding the appeasers with disdain we should pin medals on their breasts, for they are the ones who make social intercourse with our fellow creatures possible, and keep marriage a going concern. Also, they show more intelligence in dealing with the difficult problems in life than do the scrappers, for there is little sense in battering yourself black and blue against a stone wall when you could easily walk around it.

MANNER EXPRESSES MORE THAN WORDS

All of us know from personal experience that it isn't what people do and say to us that makes us love them or hate them. It is the way they do and say it. It is their manner, their way of putting it that turns what would be the fighting word into flattery. "Smile when you say that to me," says the hero of a once famous Mid West story, as he toys with his six shooter.

And wise old Benjamin Franklin said that one of the most important lessons he ever learned in life was never to flatly contradict anyone with whom he was discussing a subject and tell them that they were idiots to hold such opinions. On the contrary, he said he made it a rule to always put his point of view deferentially before them by saying: "Don't you think so and so?" And their egotism thus appeased, he generally brought them to his way of thinking.

If appeasement is worth so much in the outside world, it is even more valuable in the home, and one of the stupidities of human life which the angels must weep is the spectacle of so many husbands and wives who make their marriage a veritable hell on earth, when it should be so happy, by their failure to appease each other.

#### SOFT SOAP WILL CLEAN UP UNHAPPY HOME

Being human, and male and female, to boot, they inevitably have different points of view, different habits and tastes and opinions. Also, they have their full quota of faults and weaknesses and fussy little ways that provide plenty of material for the daily quarrels that leave the wife in tears and make the husband bang the front door behind him, and go out and get drunk.

Both the husband and wife are miserable. They are bitterly disappointed in their marriage. And when they look at their frightened little children, who are the witnesses of their cruel fights, they know that they are practically slaying the innocents. But apparently it never occurs to them that they can clean up the whole sorry mess by the use of a little soft soap.

No husband and wife unless they are congenial idiots, can possibly live together for six months without having a good working diagram of each other's dispositions and characters. No man has to be an FBI to know what are his wife's pet peeves and vanities, what lines of folly she falls for, and what subjects it is like playing with TNT to even mention. No wife so dumb but who could play a peace anthem on her husband's peculiarities, as upon a harp of a thousand strings, if she would only take the trouble to do so.

#### COMPLIMENTS WIN WIFE'S RESPECT

But instead of using this inside information to enable them to walk high, wide and handsome around each other's sore spots, they barge right into them. A man can bat his wife a million times about going sloppy around the house, and demand to know why she doesn't keep her hair-do, and spank like the girls in his office do, and she will still come down to breakfast with cold cream on her face and in a housecoat that looks as if she had salvaged it out of the garbage can. But let him notice her hair-do, and compliment her new dress, and tell her that she has Hedy Lamarr backed off the board as a glamour girl, and he will never have to look at a frowsy woman across the breakfast table.

A wife may berate her husband for not staying at home or evenings. She may read him a curtain lecture every time he touches a highball. She may weep and wail over being a neglected wife who is no longer treated as a Lady Love. And she will get nowhere beyond making a scene that he ducks if he can. But let her put honey on her lips and be ever ready to pour the oil of flattery over the wounds the world has dealt his vanity, let her laugh at his jokes and endorse his stories; let her show him that she considers him the most fascinating man in the world, and she will have a fireside companion that wild horses couldn't drag from his own hearthstone.

Great are the rewards of the appeaser. Try it out on your own piano.

## WHEN YOU START WORRYING...

### Look out for acid indigestion and sick headaches



Get the Quick Relief you want PLUS the Alkalizer you need... BOTH IN ALKA-SELTZER

Certain functions are likely to go off balance in your system when you are constantly worried. Yet it is a simple matter to get quick relief.

Millions know from their own happy experience that they can rely upon Alka-Seltzer. They have proved, just as you can do, that Alka-Seltzer is particularly fast in giving relief. Furthermore it acts in two ways.

First: it relieves the pain in the head. Second: it helps reduce excess stomach acid. Next time acid indigestion or sick headache threaten you, take a glass of sparkling Alka-Seltzer. Let it get you right... make you feel grand again. Get Alka-Seltzer today. Enjoy the fast, "two-way" relief which has made it a favorite in millions of homes. Try Alka-Seltzer at our expense. Write for a free sample. Address: Miles Laboratories Ltd., Dept. 8-9, 167 Dufferin St., Toronto.

## THE COOK'S CORNER

### PEAR MARMALADE

4 lbs. peeled, cored, sliced pears (about 15).  
2 cups green ginger root OR 1 ounce dry ginger root (optional)  
3 citrons  
3 lbs. sugar  
Place pears in preserving kettle in layers, sprinkling each layer with sugar, lemon juice and grated green ginger. If dried ginger root is used, break in pieces and tie in a bag. Let stand 2 to 3 hours. Cook slowly until thick and clear. Pour into hot sterilized jars, cool, wax and cover.

### GRAPE AND PEAR JAM

6 cups blue grapes  
2 cups water  
7 cups chopped pears  
6 cups sugar  
Wash grapes, separate skins from pulp putting them in separate saucepans. Add 1 cup water to pulp and remaining cup to skins. Simmer skins and pulp separately until tender, about 15 minutes. Press the pulp through a sieve to remove seeds and cooked grape skins. Chop pears and sugar to the pulp and cook slowly until thick, about 45 minutes. Pour into hot sterile jars, cool and seal with melted wax.

### GRAPE AND APPLE BUTTER

4 cups grape pulp (6 cups whole grapes)

## Living & Leisure The Woman's Realm

**TO-DAY**  
Learn to make the most of life, lose no happy day. Time will never give these back chances swept away! Work while yet the daylight shines, man of strength and will; Never does the streamlet glide uselessly by the mill; Wait not till to-morrow's sun beams upon the way. All that thou canst call thine own lies in thy "to-day"; Power and intellect and health may not always last; The mill cannot grind with the water that is past. —Sarah Doudney.

### GREAT PAINTING SAVED

The latest report on air raids on Milan, Italy, gives the information that Leonardo da Vinci's famous painting of "The Last Supper" was saved by sandbagging. It was painted about 400 years ago on the wall of the refectory of the Convent of Santa Maria della Grazie. During the Napoleonic wars it was white-washed over for protection and has had other narrow escapes. It carries an apocalyptic story and its loss would be greatly lamented.

"Bem your blessings with Pralae lest they unravel." —Anon

Debussy's 12 études, dedicated to the memory of Chopin, are not mere finger exercises; some of them are real poetic miniatures.

### CURIOUS ORIGINS

Taffeta is named from a street in Bagdad. Gauss gets its name from Gaza. Serge derives its name from a city in Spain, a Spanish name for a peculiar woolen blanket.

Shawls were first used as carpets and tapestries. Blanket is called after Thomas Blanket, a famous clothier. Buckram takes its name from a city of the Middle Ages, from which Cairo is descended.

### CHURCHILL ANECDOTE

A bright anecdote from the life of Winston Churchill is told in a newly-published book by George Burrows, the horticulturist. The author was once employed by Churchill's grandmother, Sarah, Duchess of Marlborough. When the Prime Minister was 12 years old, he met the then Prince of Wales, later King Edward VII. The Prince asked young Churchill how he would like to be Prime Minister. "I would rather be prime minister," replied the boy.

**SEES HER PICTURE**  
Britain's first woman fire-guard

to win the George Medal, Mrs. Marion Patterson, 31-year-old Aberdeen hairdresser, seemed nervous when she attended a private view of the nation's war pictures at the National Gallery in London. This small slight heroine, who rescued a sailor trapped under 16 feet of wreckage of a bombed building, had come to London to see her own painting in oils hanging among those of Allied war leaders and famous statesmen of to-day.

Competent technical instruction can produce a fine student; not an artist. Artistry can never be taught by method or teachers or books. It must be developed in living action.

### DISK FOR GAIETY

NEW YORK — For gaiety the John Frederic collection includes several small disk hats worn with bright matching scarfs. A generous triangular shawl of tawny leopard skin is taken completely away from its jungle feeling by being edged with a thick, soft border of clipped cerise wool.

### BRIMS ARE SHIRRED

NEW YORK — One designer's fondness for shirred brims is evidenced in a large grey felt in which the wide brim is shirred softly at the sides and the edge drawn back by a scarlet leather thong. This crown clings to the head, and is bound by the same line of scarlet. It is worn with a matching red bag.

### WHITE HATS FOR WINTER

White hats are predicted for favorite winter suits and coats, and brown furs.

### WHITE TEDDY BEAR COAT PRACTICAL

NEW YORK — Speaking of being practical and having all-purpose clothes—the white teddy bear coat qualifies on these counts. White and some yellow ones, too, have special significance in the smart women are travelling in climates that have high temperatures where a coat of this kind is suitable. These are the camp visitors who find themselves in locations that have high temperatures that needs a warm coat. Besides this use of the teddy bear coat, they answer the purpose of an evening coat for young girls. Hence they find themselves a trousseau choice of brides who follow their young husbands to bases near and far.

## Home Service

Fashion Drawing Has Become an Attractive Profession



### BE A FASHION ILLUSTRATOR

As you glance through a pile of magazines and papers you can't help noticing the great amount of attractive fashion drawings. Easily to see that it is indeed a money-making profession. For anyone skilled in the art and with a definite flair for the original in dress designing, the field of fashion illustration should hold great interest. Of course if you want to be a successful fashion illustrator you must have an observant mind, good memory, active imagination, good taste, respect for accuracy, a sense of proportion and balance, plus a strong ambition to succeed. These fundamentals are not as binding as they seem because if you are at all enthusiastic, everything will fall in quite simply. Our 22-page booklet not only describes how to draw the fashion figure but also gives pointers on various other angles—for example, how to picture furs and fabrics.

Send 15 cents in coin for your copy of Fashion Drawing Made Easy to the Charlottetown Guardian Home Service. Address. Be sure to write plainly your name, address and the name of booklet.

Name \_\_\_\_\_  
Street Address \_\_\_\_\_  
City \_\_\_\_\_ Province \_\_\_\_\_

### GET THE MOST OUT OF COFFEE — these Six Easy Ways!

- 1 Buy coffee for flavor: Get super-rich Chase & Sanborn Coffee!
- 2 Always keep coffee in an airtight container.
- 3 Measure both water and coffee carefully for desired strength.
- 4 Keep the coffee-pot scoured clean.
- 5 Make only exact amount needed — never more.
- 6 Serve coffee soon after it's made.

FOR the richness of flavor that's so important now—compare Chase & Sanborn Coffee, spoonful for spoonful... ounce for ounce. It's super-rich! Get Chase & Sanborn Coffee. Quality coffee goes further.

**CHASE & SANBORN COFFEE**

### A Job Only You Can Do

Price Control Questions and Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are provided by the Board. For persons who have intelligent questions, send them in writing to the Women's Regional Advisory Committee of Wartime Prices and Trade Board.

Q. Are fruit juices rationed?  
A. No. Canned fruit juices do not come under the rationing order covering canned fruit.

Q. Is it permissible to hold charitable sales of home-made jams and jellies?  
A. No. All jams and jellies whether home-made or commercially packed are subject to rationing when sold, although home-packed

### Here's Welcome Relief From ACUTE CATARRH

Put a few drops of Va-tro-nol up each nostril and let it go to work right where catarrh misery is... bringing quick, soothing relief from misery.

**VICK'S**  
**VA-TRO-NOL**

## Needlecraft For The Home

### ROBE OR BRUNCH COAT

To Make in Flannel or a Washable

We can't tell you just what kind of fabric you most need to make this robe in. But we do know it will make up beautifully in anything from a cotton or rayon print to a cosy flannel; and in cotton, it's grand as either robe or brunch coat—note the small view. You may have noticed flannel robes are more expensive than they used to be. One way to beat inflation is to sew your own.

Style No. 3470 is designed for sizes 12 to 14. Size 36 requires 6 yds. 35-in. fabric and 3 1/2 yds. 54-in. fabric.

Pattern is hand-cut to United States Standard Measurements and includes chart with step-by-step instructions.

Write YOUR NAME, ADDRESS and STYLE NUMBER. Be sure to state SIZE you wish.

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### RAINWEAR POPULAR

Rain or shine coats of waterproofed poplins and other specially treated cottons are going stronger than ever. Military styles such as the balmacaan and the trench coat, as well as shorter styles, continue in unabated favor. Some have plaid linings, others are double-faced in self fabrics. And already a waterproof, rip-proof, mildew-proof and fireproof coat is in design. Large-scale production of this type of coat will probably not be achieved until after the war, however.

### Full Flavor Full Strength

USE Baker's Cocoa for rich flavor and full cocoa strength. It is made from the highest grade of cocoa beans by the Baker process, which has been famous since 1780 for quality and dependability.

For fullest satisfaction, prepare Baker's Cocoa according to the recipe on the label. Up to 90 servings from the 1 lb. size. Use it for baking, also.

**BAKER'S COCOA**

A Product of General Foods

# "Foolish to lose out on DAIN'TINESS— a daily Lux Toilet Soap Beauty Bath makes you SURE!"

LOVELY LORETTA YOUNG uses her complexion soap, Lux Toilet Soap, as a bath soap, too! Clever girls take this Hollywood tip—protect daintiness this easy, luxurious way. WHIPPED CREAM lather removes perspiration, every trace of dust and dirt—leaves skin fresh and SWEET. You'll love the delicate, clinging perfume Lux Toilet Soap leaves on your skin. Try this daily Beauty Bath!

I TAKE THE SCREEN STARS TIP... DEPEND ON MY LUX TOILET SOAP BATHS TO MAKE ME SURE OF SKIN THAT'S SWEET!

HOLLYWOOD'S Whipped Cream LATHER BEAUTY CARE

9 out of 10 Hollywood Screen Stars use Lux Toilet Soap