

Woman's Realm :- Social and Personal :- Fashions :- Literature

The HOUSEWIFE and HER ACTIVITIES

WORK Labor is rest from the sorrows that greet us. Rest from all petty vexations that meet us. Rest from all promptings that ever enervate us. Rest from world-stresses that lure us to ill. Work; and pure slumbers shall wait on thy pillow. Work; thou shalt ride over Care's coming billow. Eke not down wearied beneath Woe's weeping willow. Work with a stout heart and resolute will.

MARGINS As curious to note the old, sea-margins of human thought. The subsiding century reveals some new mystery: we build where monsters used to hide themselves. —Longfellow

A FORTUNE The use we make of our fortune determines its sufficiency. A little is enough if used wisely, and too much if expended foolishly. —Boyer.

BUN TOUCHES UP HOSIERY COLORS

Have you ever noticed what a shock it is to see a charming costume ruined by a horrid shade of stocking? You can easily avoid that error by choosing according to this little guide. The three hosiery color influences are grey, beige and tan. The greys are important if you are wearing last season's grey suit, or if you're carrying over your old grey clothes. They also go well with navy, and are perfect for black. However, much newer, and much livelier, are the beige tones which are directly keyed to the beige colors this year.

A LINE ON SKIRTS

There is not a drastic change in skirt lengths, but skirts themselves have become straighter and tighter. With only sufficient fluffiness for waists inserted as close to the hem as possible. The knees are more concealed, but we should be in less of a hurry to get places than we have been before.

PLEATS BURST OUT IN MOST UNEXPECTED PLACES

Pleats have become very sophisticated. When a dress or coat is silent, that is to say, when it is not in motion—its lines are as straight as an arrow. As skirts, but the moment the owner begins to walk, pleats begin to burst out in the most unexpected places. They are some Paris houses that prefer to conceal their pleats at the back of a skirt and therefore design them to seem down the back. It is a seam down the back of the skirt. This makes the skirt look as though it might possibly be divided. Others use the same trick but with the seams at the sides or fronts. Again, pleats may come out where you don't expect them to, and you must be on your guard to take the place of trimming. Here we refer to the pleats, tucked pleats, looped and gathered fullness that are particularly ornate of themselves. This pleat business refers to the skirt as well as skirts, but instead of being set in at the shoulder and blouse or yoke are cut in one piece, while the sleeve seems to be set in slightly above the elbow.

MOUSSELINE DE SOIE BLOUSES

Blouses as if there are going to be a number of sheer blouses. —OUT OF 100 WOMEN REPORT BENEFIT

DEBUTANTE SISTER OF MRS. KAYE DON WANTS TO MARRY

GREENWICH, Conn., May 7.—Miss Sylvia B. Martin, 18, Greenwich and New York City debutante and sister-in-law of Kaye Don, the British speed pilot, and Robert E. Esquele, 25, who gave his business as insurance, too kout a licence to wed yesterday.

YOUTHFUL NOVELIST KNOWS ALL ABOUT LOVE AND MARRIAGE

NEW YORK, May 6.—Author of two novels on love at the age of 18, Miss Jane Roth of Baltimore, said today that she considered herself the logical person to step into Elmore Dyer's shoes.

NO MORE BACKACHES

It used to have backache most of the time and other troubles. Now I'm selling my friends how I got my back. —Mrs. P. L. McLean, 1011 Washington St., Halifax, N. S. My back aches periodically. Mrs. McLean's did, give this recipe a good trial. Take it regularly and you will be pleased with results.

DIET E. PINKHAM'S GETTABLE COMPOUND

Used by women for over 60 years.

PIMPLES GONE... FACE PERFECTLY CLEAR AFTER USING FRUIT-A-TIVES SAYS SWORN STATEMENT

Mrs. Hanson is happy to voluntarily tell, in a sworn statement, how Fruit-A-Tives gave her a perfectly clear skin because she wants others to benefit by her experience and to be sure of the facts. She states: "I do solemnly declare that I was troubled very badly with pimples. Then my husband recommended Fruit-A-Tives to me. I tried them and in a short time the pimples all left and my face was perfectly clear. My health improved greatly."

FRUIT-A-TIVES—25c and 50c at all Drug Stores

THE COOK'S CORNER

Almond Fudge

2 cups sugar 2 squares chocolate 1/2 cup rich milk 1/2 cup almond paste 1 teaspoon vanilla 1/2 cup marshmallow Powdered sugar

Ginger Fudge

1/2 tablespoon butter 1 cup milk 2 cups crystallized ginger 1/2 cup shredded coconut

Red Carrot Isaid

Here is a salad that we know you will like. It is decorative enough in color and form to be in great demand for "company salad" besides being very good to eat and, of course, healthful.

How Acid Stomach Makes Itself Known to You

HERE ARE THE SIGNS: Nervousness, Frequent Headaches, Neuralgia, Feeling of Weakness, Indigestion, Sleeplessness, Loss of Appetite, Mouth Acidity, Nausea, Sour Stomach, Auto-Intoxication

WHAT TO DO FOR IT!

Take 3 teaspoonfuls of Phillips' Milk of Magnesia in a glass of water every morning when you get up. Take another teaspoonful minimum after eating. And another before you go to bed.

PHILLIPS' MILK OF MAGNESIA TABLETS

Each tiny tablet is the equivalent of a teaspoonful of genuine Phillips' Milk of Magnesia.

A Morning Smile

"Beg your pardon, but what is your name, sir?" the hotel clerk asked. "Name!" echoed the indignant guest, who had just signed the register. "Don't you see my signature there?" "I do," answered the clerk. "That is what aroused my curiosity."

Dorothy Dix's Letter Box

Can a Woman Cure Herself of Nagging? Training Boys to Make Good Husbands Fine in Theory But Poor in Practice, Says Reader

Dear Mrs. Dix—Is nagging an incurable disease? I am coming to the conclusion that it is. I have a friend who tells me that she married the dearest man in the world, but that he left her when he could stand her nagging no longer. Now I am again brought in contact with a young couple whose marriage is doomed for the same reason. He is a great lover of peace and harmony, a good provider, educated and talented, very popular but at home he is never right about anything. A window left open, a chair out of place will call down volumes of unwarranted nagging on his head. His business calls for great concentration, but at home he is allowed no relaxation. I have known him to be in his room into the bathroom because of his wife's complaint of his leaning his head against a cushion. I am quite positive that once this man's endurance reaches the point of saturation he will go, never to return. Can his wife help

nagging him? MIRA.

Answer: I have sufficient faith in the power of the human will to believe that any one who is not mentally diseased can cure himself of any fault that he really desires to correct.

We have all known reformed drunkards and gamblers and philanderers, and the only reason a reformed nagger is because he is a reformed nagger is because he is a reformed nagger. There are several reasons why the nagger never departs from his or her evil ways. One is that no one ever admits to being a nagger. Another is that the nagger always justifies nagging on the ground that he or she does it for the good of the other. And, thirdly, because the nagger is so convinced of such an all-comprehending self-concept that he or she thinks that he or she is ordained by God to supervise the affairs of the universe and to run every detail of the lives of all those with whom he or she comes in contact.

Of course, nagging is a vice that is not confined to either sex. There are men naggers who are more violent and pestiferous than any female nagger, but, as a general thing, men have so many big interests and so many problems demanding their solving in their business that they work off their nagging instincts outside of the home and leave their families in comparative peace.

This leaves domestic life as a free field for the small-minded, selfish, domineering, rule-or-ruin sort of woman to get in her perfect work as a nagger, and she wrecks more lives, breaks up more homes and spoils the happiness of more people than any other thing in the world. What fiend in a woman's nature prompts her to "pick on" her husband and children and find fault with everything they do and correct them for every move they make and take issue with every word they speak, nobody knows.

If they would stop to think for a moment, they must realize that they are killing every particle of affection that their husbands can feel for them, and that they are being very foolish to do so. Nobody likes to have their plans interfered with, that nobody can endure having their every liberty curtailed, but nothing warns them, nothing stops them.

They are like gaddies. They sting and sting until they torment their husbands and children into leaving them. It is the nagged husband who goes in search of some woman who will pour the oil of her sympathy over the poisonous wounds his wife has dealt him. It is the nagged children who flee from mother as soon as they are able to leave home.

I do not blame any man who has a nagging wife for taking the first train away from her. She has brought her misfortune on her own head because she could not reform. If she had wanted to do so, every man who finds that he is married to a nagging woman should serve notice on her that if she doesn't quit he will. That would bring a lot of naggers to their senses, for the reason that naggers indulge themselves in the seditious pleasure of tormenting their mates is because they think they can do it and get away with it. DOROTHY DIX.

Dear Dorothy Dix—Your article about domesticating boys at a young and tender age so that they will make good husbands hands me a laugh. You see I married a man whose mother literally wore herself out and put herself in an early grave trying to teach her boys to do this so they would not be the kind of husbands their fathers were. I know her, and that she was the soul of meekness and goodness and honor, so I thought her boy would have a model husband, and I married him. He wasn't. Her efforts had gone in vain, and I began to take more stock in heredity than in environment and training. Now I am doing the same thing my poor mother-in-law did—straining my own patience and health trying to teach my children how to be good husbands and wives. Some of them may, some most surely will not. Some are kind and considerate. Others will never be. So why blame mother?

Well, at any rate, if you have made a conscientious effort to teach your children how to be good husbands and wives, you have the reward of a clean conscience and a happy teaching. Furthermore, even if you did not make a perfect success of your job, you may rest assured that your efforts have not been in vain. Your children may not make ideal husbands and wives, but they will certainly make better ones than they would if they had been permitted to grow up with their natural impulses toward selfishness and lack of consideration and grumpiness and temper uncurbed.

No girl who has been taught to cook will poison her husband on bed food, to get down to elements in domesticity. Nor will the girl who has been trained in handling money waste her husband's salary in extravagance. No boy who has been taught to deal fairly with his sisters is going to treat his mother with respect is going to be insulting to his wife.

Of course, there is always heredity to deal with, and there is no way we can arrange to have our children take after their agreeable ancestors and not the surly ones. And children have different temperaments, and no amount of labor will turn one who is bashful into being a cavalier, or one who is gum and silent into being a conversationalist.

But early influences do count. Mother's hands do mold character. Mother can rub off some of the bumps and strengthen some of the weak places. And mother's early teaching does become part of the background of every man and woman that motivates them in the great crises of life and determines their instinctive reaction to every situation.

Many a discouraged mother who has thought that all of her work with her children has gone for nothing has come back in later life to sit under the tree that sprang from the seed she planted. DOROTHY DIX.

Dear Miss Dix—What can I do with my leisure time? I am a young, healthy married woman with a college education, no children, and living in a rooming house to save expense. My husband works hard and comes home tired, and lately has given evidence of a feeling of irritation because I do nothing all day but loaf. This is not my fault. I used to be a teacher. I would gladly get a job, but I am turned down everywhere when I say I am married and my husband is employed. What would you suggest, MR. J. W. P.

Answer: As you were a teacher, why do you not take up some course in connection with your work that will fit you to fill a higher position when times are better and there is a demand for well-prepared teachers?

Have you tried getting pupils to coach, or taking care of little children when their mothers are out? Or you might ally yourself with some philanthropic organization, or do club or lodge work. Nearly every church has some sort of a club or society that is glad to have volunteer workers.

My real suggestion is that you persuade your husband to go to house-keeping. That will give you plenty of work and plenty to think about, and it is a far more wholesome way for a young married couple to live than boarding or staying in lodging houses. DOROTHY DIX.

guest, who had just signed the register. "Don't you see my signature there?" "I do," answered the clerk. "That is what aroused my curiosity."

"What do you think of her?" asked the manager. "Well, I don't know," said the chief clerk. "But she spells atrociously."

"Really," said the manager, "she couldn't spell it."

They were discussing the newsmagazine they had just bought.

BE CAREFUL WITH STIMULANTS Caffeine is Given in from 1 to 5-grain Doses in Hospitals

DRUG STIMULANTS are only safe when prescribed by the physician. In certain emergencies your doctor may prescribe strychnine—in others, caffeine. A tablespoon of ground coffee contains from 1 to 2 grains of caffeine, well known as a heart stimulant.

Postum A WORD FOR MOTHERS Children like to have the same drink as the grown-ups. But you probably don't give them tea or coffee. Make Instant Postum for them, using hot milk (not boiled) instead of boiling water. They'll like the taste immediately—at mealtimes or as a bedtime drink.

Loses Ugly Fat 41 lbs. in 5 Weeks Reduces Hips, Bust & Inches

HEADACHE SUFFERERS How Many of the Ordinary Tablets do You Take to Relieve a Headache or a Pain?

New Spring Smartness By Ruth Rogers

FOR EVERY BABY IN THE LAND Canada's original Arrowroot Biscuits baked by Christie's for over 80 years.

Christie's Arrowroots At six months give a Christie Arrowroot Biscuit with the noon-day feeding. At nine months, pour half of the evening bottle on a crumbled Christie Arrowroot Biscuit.