

Woman's Realm Social and Personal Fashions Literature

Today's Most Flattering Make-up



the one and only

PAN-CAKE MAKE-UP

originated by **Max Factor** HOLLYWOOD

* It gives you a smooth, flawless, beautiful new complexion... makes you look lovelier, more interesting, more exciting... instantly. Try it. **\$1.75**



JUDY GARLAND
MGM STAR

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CHARLOTTETOWN, P. E. I.

Dorothy Dix Says—

Family Martyrs

Self-Sacrifice Can Do As Much Harm As Good

Traditionally we have made self-sacrifice the headline of all the virtues in women. We grow maudlin when we talk about slave mothers, who have worked themselves to death waiting on healthy, husky children, and we write novels and songs about doornail wives who have endured brutal husbands for 40 years, instead of putting on their hats and walking out on them.

But to come down to brass tacks, isn't it a lot of hokum about the beauty and nobility of self-sacrifice? In fact, practical results, doesn't it do more harm than good? And when a woman martyrs herself for the sake of her family, isn't about all that she accomplishes is to develop an inflated ego in those about her, to make grinding tyrants of parents and husbands and to rear selfish and greedy children?

Let's take a page from the Book of Martyrs. Let's begin with those angelic morons, known as Devoted Daughters, who never have any youth, or joy, or freedom, but who spend their entire lives ministering to the whims and demands of crochety parents who could have taught Hitler a few things about being a dictator.

AND SALLY, TOO

Sally dreamed of going to college, but although Father was still young and fit he gave up his job the day she got her working papers, and she spent the balance of her life supporting her parents and the younger children. Sally was pretty and could have married well, but Mother made her believe that it was her duty to stay single and give her sisters and brothers advantages she never had. Sally was offered better jobs at higher pay, but her parents shut the door of opportunity in her face because nobody could cook the things they liked the way she did.

Take the self-sacrificing wife who gets all the kicks and none of the perquisites of married life. She does the work of half a dozen servants, but she never gets any pay envelope. She goes shabby that her husband may have fine clothes. She pinches pennies that he may have money to spend on other women. She stays at home and takes care of the children and keeps the hearth fire burning, while he steps out at night.

And take the slave mother who works herself to death so that her children may have a better life. She does the work of half a dozen daughters' old clothes so that they may have the new ones; who spends her life in the kitchen so that they may spend their amusements elsewhere.

Are the sacrifices of these women who give their lives for others ever appreciated? Never. The children that parents are proud of and brag about are those who strike out for themselves and lead their own lives. The husbands who are fruitful to their wives are those whose wives kept themselves pretty and young and attractive. Not those who turned themselves into drudges who asked nothing and got nothing but neglect from their husbands. And it is not the self-sacrificing mothers whose children honor them and are proud of them. It is the mothers who set themselves up on a pedestal and made their children obey them and respect them and co-operate with them.

And the pitiful part of it all is that nearly all sacrifices are made in vain. They benefit no one. They do more harm than good because we are all better off if we are made to stand on our own feet and to do our part in life, and to take our turn at doing the things we don't want to do, instead of wishing them off on someone else.

In reality the proper headress for the family martyr is not a crown of glory. It is a fool's cap.

Household Scrapbook

By Roberta Lee

New Books

A new book should be opened very carefully. The best procedure to follow is to hold it with its back on a table and first let down the front and back covers, then a few leaves alternately at the front and back until the center is reached. For best results, repeat this two or three times.

Cough Relief

In severe cases of coughing, one or two tablespoons of pure glycerine in pure rye whiskey or hot rich cream will afford almost instant relief.

Peeling Potatoes

Try peeling new potatoes with an ordinary metal pot cleaner. This rubs off the outer skin without excessive waste.

Morning Smile

SEEKING THINGS

The colonel asked the newly-gazetted subaltern to stay for a minute or two after the other officers had left the mess as he wanted a "noticed," he said, "that you drank rather too freely tonight. That won't do. Now, you see those four bottles on the table? When you begin to think that there are eight bottles, it's time to stop."

"But, sir," objected the junior, "there are only two bottles on the table."

HOW?

The aproned figure at the sink gazed sadly at the accumulation of plates and dishes, pots and pans. Was this all that marriage meant? A heavy sigh, a rolling up of sleeves and the kitchen was soon filled with the clatter of washing and scouring. The toiler paused from time to time to listen to the steady thrash of a typewriter in the next room.

Suddenly the noise ceased and a large spectacled woman, lofty of brow, appeared in the doorway. "Heroules, darling," she said, addressing the little man, "I never address the time to listen to the steady thrash of a typewriter with or without a hyphen?"



M-M-M THEY'RE GOOD!

This bright-eyed healthy youngster has just joined the ranks of thousands of happy youngsters who have discovered how tasty Shreddies can be, with their malty flavor and whole-wheat goodness. You, too, will hear "M-M-M, they're good" at your breakfast table tomorrow, when you serve Shreddies.



FOR AFTER SCHOOL APPETITES

From after school till supper time is a long while for husky youngsters. Shreddies and milk supply welcome nourishment for those active hours.

"Shreddies is a registered trademark owned in Canada by THE CANADIAN SHREDDED WHEAT COMPANY, LTD. NIAGARA FALLS, CANADA"

Cook's Corner

MILK CHOCOLATE CAKE

This is a light and tender cake with a delicate flavor and a fine, even crumb. It gives a good volume for the ingredients used.

Note that we use only the whites of the eggs in this cake—which means that we have three yolks available for an ordinary custard filling or to use in a vegetable sauce, salad dressing, etc., etc.—Exc.

1 1/2 cups one-sifted cake flour
2 teaspoons baking powder
1/2 teaspoon salt
5 tablespoons cocoa
6 tablespoons shortening
3/4 cup plus 2 tablespoons fine granulated sugar
1/2 cup corn syrup

2/3 cup milk
1 teaspoon vanilla
1/4 teaspoon almond flavoring
3 egg-whites

Measure and sift together three times, the flour, baking powder, salt and cocoa.

Cream the shortening and gradually blend in the 3/4 cup granulated sugar, then the corn syrup. Combine the milk, vanilla and almond flavoring.

And about a quarter of the milk mixture to the creamed mixture and blend thoroughly; then add the dry ingredients alternately with the remaining flavored milk and combine lightly after each addition. Beat the egg-whites until stiff but not dry and gradually beat in the remaining 2 tablespoons fine granulated sugar.

Add meringue to batter and fold in lightly but completely. Turn into a greased 8-inch square cake pan.

Bake in a rather slow oven, 325 degrees about 50 minutes.

Better English

D. C. Williams

1. What is wrong with this sentence? "Mr. Brown will be in Washington for the balance of this week."

2. What is the correct pronunciation of "apricot"?

3. Which one of these words is misspelled? Intangible, intail, intact, integral.

4. What does the word "discriminate" mean?

5. What is a word beginning with "u" that means "a placing or being placed side by side"?

ANSWERS

1. Say, "for the remainder of this week." 2. The a as in ape is preferred. 3. Entail. 4. To make a distinction. "To discriminate the goats from the sheep." 5. Juxtaposition.

WHY DO YOUR CLOTHES COME OUT SO MUCH WHITER THAN MINE?

THEY'RE **RIN-SO WHITE**



YOU'LL NEVER BE SATISFIED WITH ANYTHING ELSE ONCE YOU SEE RIN-SO WHITENESS

CHANGE TO RIN-SO AND WHISTLE WHILE YOU WASH

IT'S TRUE! See for yourself how pure, gentle, soapy-rich Rinso suds soak out even ground-in dirt... how Rinso gets your whites gleaming white, your washable colors sparkling bright... you'll never use anything else! Rinso makes your washes whitest, quickest... saves you work and time... because it gets out MORE dirt FASTER. Find out now how marvelous Rinso is in your tub or washer. Get a package of Rinso today!

A LEVER PRODUCT

RIN-SO GIVES THE WHITEST WASH

Living & Leisure

—THE WOMAN'S REALM—

Every child should know a hill. And the clean joy of running down its long slope. With the wind in his hair. He should know the cool lap of shade. The comfort of its cool lap of shade. And the supple strength of its arms. Balancing him between earth and sky. So he is the creature of both. He should know bits of singing water—mysteries of its depths. And the long sweet grasses that border it.—Edna Casler.

The bayonet was named for the city of Bayonne, France, where the weapon developed in the 17th century.

Plastics from bituminous coal are now being made into linoleum for floor coverings.

Paints which do not require stirring before use may be available to householders within a few years, as the result of research underway by British scientists.

About 3 per cent of the deaf Wintergreen and chocolate top the list of preferences in spicy odours, a recent group test indicates.

Sleepwalking is an attempt to obtain protection from a threatening enemy and represents a flight of security.

Grog to a sailor is rum weakened with water; its name is said to have originated with sailors because the first dilution was ordered by an English admiral called Old Grog, who always wore program breeches.

Germany built ten helicopters before their manufacturing plant was bombed out by the Allies; post-war investigations show the rotor craft could climb 1,000 feet a minute with ten passengers and a load of fuel.

Living & Leisure

—THE WOMAN'S REALM—

Over 90 per cent of British Honduras, Central America and some of the forests, however, cannot be made profitable; mahogany, pine, rosewood and cedar are the principal timber woods.

MILD SALVE BEST FOR COLD SORES

Better treat the cold sore on your lip with care. Otherwise there may be added to the usual pain which your vanity a skin infection which may be a threat to health.

Don't try to speed the blister's departure by using stuff that forces it to break. To allow itching or burning, however, unguents are permissible to use if prescribed by your doctor or druggist. Using the same unguent as a lubricating salve, when the blister forms a scab, sometimes is a help in coaxing it to go.

While the blister is bothering you, use a colorless antiseptic stick as a base for your red coat. And be careful of the quality of lip rouge that you use. It is the eruptive stage of the blister. It's the better part of wisdom to pass up the red coat entirely.

A DEODORANT OF DOUBLE ACTION



HELPS PREVENT PERSPIRATION SPOTS AND ODOUR WITHOUT IRRITATING THE SKIN

ARRID gives you double protection. It protects you from perspiration odors, and helps protect your clothes from perspiration spots. Arrid is an odorless deodorant, with the fine texture of a heavy cream. It vanishes instantly—giving immediate results. With Arrid, you are absolutely safe—can enjoy yourself wherever you are—regardless of the weather. Protect your daintiness and charm with Arrid. Start using it today. It is very economical. 15¢, 50¢ and 50¢.

ARRID

The Largest Selling Deodorant

Modern Etiquette

By Roberta Lee

Q. Is it a cause for embarrassment when a girl sends a birthday card to a young man and receives no acknowledgment from him?

A. No; there is far more reason for the young man to feel embarrassed than he forgot his manners enough to fail to acknowledge the thoughtfulness on her part.

Q. What does the bridegroom usually provide for his best man and ushers at a church wedding?

A. He usually provides ties, gloves, boutonnières, and a gift to each of a small piece of jewelry.

Q. What dishes are passed twice at dinner?

A. The vegetables.

Ellen's Diary

By an Island Farmer's Wife

Jamie and his grandfather set out along the path which leads across the fields towards Rob's after the chores had been done this evening. Even if the mother pigs munch the grass to be found in the orchard and the milk cows are out in their pasture, there remain various odds and ends of work about the barns before you can go with an easy mind to the field. Jamie to be cleaned; hay from the mow for the homes and water pumped to the trough; a cup of clover placed before the largest calf and the coil let to the freedom of the paddock. I came to a vantage point where the two of them leave hand in hand, up along the rise they went. It is a custom of the country to pause a minute over any departure and neither there was something I wished to know. "Will you be home to dinner?" I called to the man. "I'm going to stay for him. His mother is going to stay at our house for dinner."

The countryside was like a picture this morning then and if I could have had my wish I too would have wandered. Blossoms had come out of the old Transparenc tree in the orchard and the clouds in the summer sky above it rivaled the whiteness. But they were marching along, in the blue white not a twig of it moved, so still was the air. The cows had eaten their fill and were lying on the slope nearby, chewing contentedly. In the next field Jock was plowing, walking patiently behind his steady team, approaching the half now which brings the home stretch into view. Pard was there, a while back, chasing any crow that had dared to alight within sight and his bark echoed, coming back with a mellow sound from the meadow beyond. He would give up this pasture presently and come to lie near the fence, there to await the home-coming.

Dandelions would stink velvety in the green and the grass would be soft and fragrant. It was with

(Continued on Page 5, Col. 7)

Needlecraft

—FOR THE HOME—

SCHOOLGIRL DRESS

With the approach of June, even the youngest schoolgirl may desire for a dainty frock—maybe a dotted Swiss with lace or eyelet edging—to wear at graduation exercises or early summer parties. No. 2621 is cut in sizes 4, 8, 10, 12 and 14. Size 8 requires 2 yards 35-inch and 1 1/2 yards ruffling or trimming.

Send 20 cents for PATTERN which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you wish, include postal unit or zone number in your address.

Address: Pattern Department, The Charlottetown Guardian.

Pattern No. 2621

Name _____

Street Address _____

City _____ Province _____

Don't Make This Mistake When Child Is Constipated

Don't expect a child already upset by constipation with nasty-looking laxatives or cathartics, griping, vomiting, fever, or even blood. This new corrective made especially for growing youngsters needs no unpleasant side-effects and normally without disagreeable reactions that may cause a child not to subject to their use. Make laxative-taking fun, easy on the child and yourself. Send for the new Javex today at your drugstore.

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(Continued on Page 5, Col. 7)

How Can I!!!

By Anne Ashley

Q. How can I make a good salad dressing?

A. Take the yolk of one fresh egg and mix it with 2 tablespoons of olive oil very slowly, add 1 1/2 spoonfuls of mustard, 2 spoonfuls of salt, 2 spoonfuls of vinegar, and a little pepper. Beat the white of the egg to a stiff froth and lightly stir it.

Q. How can I make a laundry bag?

A. When making a laundry bag, try using an ordinary wooden coat hanger for the top. Sew the goods neatly over the hanger, making an opening near the top to insert the soiled articles.

Q. How can I mend cracked crochery?

A. If a cracked piece of crochery is boiled in sweet milk, it will often be restored to use.

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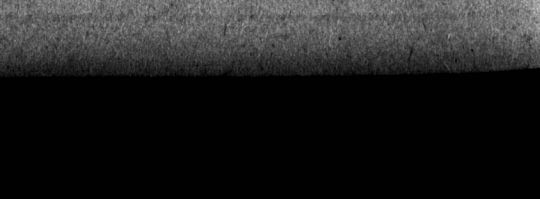
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SINKS

Another Job for JAVEX!

Just a little Javex removes every trace of stain from sink and drainboards—makes them snowy-white. Javex is a liquid and so easy to use.

AT YOUR DEALER'S



Javex

Liquid Bleach (17)