Woman's Realm -:- Social and Personal -:- Fashions -:- Literature

FOR THE WOMAN READER

CHARACTER

There is a kind of character in thy life,
That to the observer doth thy history
Fully unfold.

—Shakespeare.

CHARITY

Remember that charity thinketh no evil, much less repeats it. There are two good rules which ought to be written on every heart; never believe anything bad about anybody unless you positively know it is true; never tell even that unless you feel that it is absolutely necessary and that God is listening while you tell it.

SELF

The more self is indulged, the more it demands, and therefore of all men the selfish are the most discontented.

SHADOWS

We see nothing as it really is. We are in a world of masks and shadows and broken symbols; the real world is beyond, around; the real world is heaven.

TASKS

There is no task so humble but that it is worthy of being well done. And the man who learns to do well the humblest tasks will be called upon to do the higher ones in time—that is, if he really has a desire to do the higher ones. If he hasn't the desire accompanying the good work, he will stay where he is. And if he hasn't the good work accompanying the desire, he will not even stay where he is, but will drop back in the scale.—W. Walter Atkinson.

CLEAN UP PLATE

The wise mother will teach her child to finish up everything on his plate. Otherwise he will become wasteful, pernickety and bad-mannered. Of course, you do not want to over-eat. But with care one may gauge a helping correctly and let him have a second helping if the first is not enough.

LINEN SMARTNESS

Linen shoes and hats are correct with linen suits and dresses this summer. Remember that they, too, can be washed as easily and as frequently as the dresses themselves. A bland soap, luke warm water and a small brush should be used for linen shoes. When they are clean, rub with an old rough towel, put shoe trees in them and place them in the sun to dry slowly.

FINGERNAIL FORTUNES

Your finger-nails tell all. So says Henri Mangin-Balthazard, anthropologist, of Paris. Here are his conclusions:

The normal nail, indicative of a harmonious state and of good health ought to be supple, neither flabby nor brittle, neither too long nor too short, neither very broad nor very narrow.

It should occupy half the length of the distance to the first finger-joint, calculating from the finger-tip.

Its sides ought to be parallel. Its true color is slightly rose, softly smooth in its normal state, curved gently and unspotted, with no hollows, no excrescences, no surface projections or points.

If it departs markedly from this description it shows an organic difficulty, a marked tendency to some physical ill.

If the nail is too long, there is likely to be a predisposition to maladies caused by lack of energy or by lassitude.

If the nail be too short, especially when flattened and almost square, there is a definite tendency to heart trouble as well as to nervous prostration.

If the nail be quite foreshortened and very broad the indication is irritability and neurasthenia.

Too triangular nails indicate that cerebrospinal accidents and paralysis may be feared.

Trapezoidal nails point to morbidity of imagination.

Narrow nails indicate health not at all robust, equilibrium being maintained through the nervous forces.

Almond-shaped nails or nut-kernel nails show that the arterial system is not capable of much resistance.

When all the nails are convex, that is to say bulging up from the root to the tip, the indication is toward troubles of the respiratory passages. Such convexity, if marked, is often a sign of liver complaint.

Looked at from the finger-ends, the nails are normally in the form of an arch. If this curvature ends in a very abrupt drop of the sides, imitating in a way the slope of a roof, the indication is arteriorsclerosis.

If the nail of the index finger be very convex, talon-like or rather like a rounded dome, it suggests a malady of the lungs.

If the arch of the finger-nail be vaulted to the extent of a half circle in aspect, the indication is intoxication as a result of kidney complications.

If too flat, the nails indicate a lymphatic organic passivity.

If flabby, there is a lack of physical strength.

If hard and brittle, the nails indicate anaemia.

If easily crumbled and reduced to powder, the nails point to gland troubles involving the internal secretions.

A DELICIOUS SAUCE TO SERVE WITH FISH

The sauce which follows is good with grilled fish, with fried fish and also with steaks, cutlets and chops.

For three or four yolks of eggs you need about three tablespoons butter, three or four tablespoons tarragon vinegar, one or two finely chopped shallots, cayenne pepper, salt and a squeeze of lemon-juice.

Put the vinegar in a pan with the shallots, boil slowly until it is reduced to about half the quantity, strain and put back in the pan.

Melt the butter in another pan without letting it boil.

Add the yolks of egg to the vinegar with a little of the melted butter, and mix with a wire whisk.

Add the rest of the butter by degrees over a gentle heat—preferably in a double boiler, mixing all the time with as much care as if you were making a mayonnaise.

When you have added all the butter add the lemon-juice, cayenne and salt and serve at once.

THE COOK'S CORNER

SALMON LOAF

1 pound cold cooked salmon, flaked, or 1 can red salmon, large size.
1-2 teaspoon salt
1-4 teaspoon mustard
1 1-2 tablespoons sugar
1-2 tablespoon flour
1 1-2 tablespoons melted butter
3-4 cup vinegar
2 egg yolks (new laid)
1-2 envelope gelatine (granulated)
1-2 cup cold water.

Combine salt, mustard, sugar, flour, melted butter, vinegar and beaten egg yolks; cook the ingredients in a double boiler until thick; dissolve gelatine in cold water, and add to the above mixture. Lastly, stir in flaked salmon and mix well. Pour into one mould or eight individual moulds. Serve with—

Cucumber Dressing

1-2 pint whipped cream
1-4 teaspoon salt
2 tablespoons vinegar
1 large cucumber, chopped and well drained.

Whip cream stiffly; to this add salt, (very slowly) and vinegar; stir in chopped cucumber, arrange crisp lettuce on platter and place mould of salmon in the centre; surround the mould with fluffy cucumber dressing.

FAMOUS WOMAN PHOTOGRAPHER

Alice Hughes, the world-famous English photographer of handsome women and beautiful children, has retired.

She took her last photograph—it was of the Duchess of Buccleuch—some weeks ago, and yesterday I found her, writes a Daily Mail reporter, alone and a little sad in her dismantled studio among portraits of those whose names fill half the pages of the Almanac de Gotha and Debrett.

But times have changed since those spacious and early Georgian eras, and the taste in portraiture has changed too.

Portraits Hidden Now.

As she talked to me her memory slipped back across the years.

"Portraits," she exclaimed, "what do people want with portraits today?

"They only put them away in drawers and never look at them except to show what progress children have made as the years slip by.

"There was a time when people were proud of their portraits and put them about their rooms—Queen Alexandra, for instance, had whole screens of portraits of which she was very proud—but today you may go into the great houses and you will rarely see a photograph of anyone.

A man fasted all last week, as a protest against his wife's extravagance.

With the money saved on housekeeping she was able to buy a lovely hat.

Prospective Employer: "Do you think you know enough to be useful in this office?"

Boy: "Know enough? Why, I left my last place because the boss said I knew too much."

Should Children Be Disciplined? Dorothy Dix Thinks Restraint Necessary to Success

Modern Life Will Annihilate Child Who Has Been Allowed to Develop "Individuality" at Expense of Self-Control, Manners and Obedience—Success and Happiness Are Attained Only Through Self-Discipline.

A woman was telling me the other day with great pride that she and her husband were letting their children grow up perfectly untrammeled by any restraints because they wanted their youngsters to develop their own individuality. They never said "don't" to them. They never made them do anything they didn't desire to do. They never corrected their faults or taught them any manners. And least of all did they attempt to make them obey.

"And to what far isle do you expect them to emigrate when they are grown?" I asked her. "For you are entirely unfitting them for civilization and to get along with their fellow creatures. You are sending them back to a state of savagery and only among other savages will they be permitted to exist. Modern life will simply annihilate them because they have not been prepared to meet it.

"To begin with, there is nothing that there is more nonsense talked about than there is about developing a child's individuality. It needs to be suppressed far oftener than it needs to be encouraged. Generally it is just an alibi for laziness, rudeness, selfishness and a lack of consideration for other people's rights and feelings.

We are always meeting men and women who can't be tied down to a job like the common herd, or who can't adapt themselves to circumstances, or who say and do insulting things because it is just their 'way,' but you don't see any of these individual creatures, who pride themselves on being different from other men and women, getting anywhere.

"As a matter of fact, extreme individuality is a handicap that takes actual genius to overcome. There is some sort of herd instinct that makes us resent any marked difference in our species, and we avoid those who are odd or queer. The happy and successful people are those who show small variation in the human pattern, whose types we recognize at sight and who will fit in anywhere.

"You never say 'don't' to your children, yet life is one long DON'T to all of us. We must control our appetites. We must control our passions. We must control our tempers and our tongues. How are your children going to have the strength and the wisdom to do these things if you have never taught them to deny themselves the impulse of the moment?

"The prisons are full of criminals who were children who never had 'don't' said to them. For who are the murderers but the high-tempered little boys and girls who were permitted to bite and kick and strike when they got angry? Who are the drunkards but the children who were permitted to gorge themselves on cake until they made themselves sick? Who are the thieves but the children who were never denied anything they wanted whether their parents could afford it or not?

"You never make your children do anything they do not want to do. That is why there are so many failures in the world. That is why there are so many divorces. Men and women who haven't the grit to stick at a thing and carry on until they turn defeat into victory. Men and women who turn yellow and throw up their hands and quit just as soon as they hit the hard sledding.

"We all know plenty of down-and-outers, talented men who have spent their lives shifting from one job to another and never succeeding at anything. They are the men who always gave up every job when it became work instead of play, and they are the grown-up children of the parents who never made their youngsters do anything they didn't want to do. All of us know women who have left two or three husbands when they found that marriage meant putting up with a man's peculiarities and sacrificing their own pleasure and keeping house and rearing children. And these divorcees, almost without exception, are the daughters of parents who never made their children do anything they didn't desire to do.

"You are not teaching your children any manners, yet when they start out to make their way in the world their manners will be what they are judged by. They may have hearts of gold. They may be as talented as even you think they are. But no one will bother to discover their hidden merits if they are brusque or rude or boorish. A good approach is half the battle when a youngster starts out to sell himself in business or a profession.

"You are not teaching your children obedience, yet obedience is just respect for authority and is the foundation of all law and order. Discipline is the very foundation stone of good citizenship, and it is because so many fathers and mothers have ceased to teach their children to obey that our country is filled with young hoodlums of both sexes.

"It is a lovely theory, this about not suppressing children's individuality, and it will save you a lot of work and worry and sacrifice to let your children grow up undisciplined and knowing no law but their own sweet will, trusting that they will turn into model young people when they are grown, but it doesn't work out in real life. As you bring them up so they are, and you have no riight to wreck their lives by bungling your job.

DOROTHY DIX.

Why suffer from **SUNBURN?**

NOXZEMA *ends pain instantly. Used for years at Beach First-Aid Hospitals*

THERE'S really no excuse for sunburn pain—because the instant you apply Noxzema it takes all the hot smarting soreness away. It cools and soothes—and helps Nature mend the burned skin quickly. Noxzema is greaseless, stainless, too. Costs very little. Get a jar at any drug or department store.

NOXZEMA

GREASELESS—WILL NOT STAIN

A Morning Smile

NOT INTERESTED

A man who had a rush for the morning train and had not time to buy a paper, said to the other occupant of the compartment who was reading one, "Well, what's doing in China today?"

"Dunno," said the other. "I'm in cutlery."

CROOKED

The diner, observing a notice on the wall of the restaurant advising patrons to take care of their hats and coats, said to the waiter:—"A queer notice you've got there! Do crooks frequent this place?"

The waiter nodded.

"A few of them are so crooked, sir," he said, "they could hide behind a corkscrew."

CURTAIN YOUR WINDOWS

Warm weather invariably brings with it the urge for new curtains in the home. Heavy draperies seem out of place when balmy breezes come filtering through the open window.

Cool and fresh effects should be the goal of the home decorator, remembering, however, that the draperies are a definite part of the room and should harmonize with the rest of the furnishings.

The character of a room is often destroyed by the wrong type of curtaining, or charmingly emphasized by the right type.

Washable Material Best

Washable materials are best for summer drapes. Shear cottons like voile, organdy and theatrical gauze when used in cool shades of green, blue and mauve, materially subtract from the temperature and are economical and practical as well.

Heavy linens, chintzes, and so forth, are effective for outer curtains.

In the accompanying sketch three types of curtains are shown for three entirely different rooms. Taking the field very generally, all rooms might be classified under the three heads; formal, informal or cotton type and modern.

With the three examples in the accompanying illustrations as a guide no glaring mistake should be made.

VACATIONS and HEALTH

By Dr. ERNEST H. LINES
Bathing Authority and Chief Medical Director New York City Recreation Commission

SUNSTROKE AND HEAT PROSTRATION

Every summer has at least a few days of excessvie heat. Whether you are on your vacation or at work in the city, certain precautions should be taken to avoid sunstroke and heat prostration. It is also well to know what first aid measures should be administered to those who are afflicted.

Sunstroke is a condition of the body resulting from exposure to intense heat and the body becoming over-heated. It may prove very serious.

Among those most susceptible to sunstroke and heat prostration are people who over-indulge in eating and drinking, who are not accustomed to excessively hot weather, who suffer from debility brought on by fatigue from the heated atmosphere, and who sleep in badly ventilated rooms.

To prevent sunstroke and heat prostration it is advisable to avoid all alcoholic liquor and everything else that might impair strength. Loose, light garments should be worn and the head should be protected from the heat of the sun, although the head covering should be such that it allows a current of air to circulate over te head. Don't play tennis or golf, or expose yourself long in the sun, during the heat of the day. Keep in the shade.

A person suffering from sunstroke should be carried to a cool, shady spot immediately. If possible, the entire body should be immersed in cold water in a bath tub. Ice may be added to the water. Although a tepid bath is most cooling and best for people in good health, in cases of sunstroke it is necessary to bring down the temperature of the body with ice water.

After being kept for ten or fifteen minutes in the bath, the victim should be put to bed between blankets, without being dried. If there are only feeble signs of returning consciousness or none at all at the end of fifteen minutes, the treatment in a cold bath should be repeated. This should be continued at fifteen minute intervals until consciousness is well-established and the body remains cool. It occasionally happens that after a lapse of some time the victim begins to feel stupid and the body heats up again. In that case, repeat the bath treatment immediately.

If no tub is available, the body should be stripped and sponged with ice water for a period of 20 minutes or more. This treatment should be repeated at fifteen minute intervals in much the same way as the tub treatment.

Respiration sometmies ceases in case of sunstroke. In that case, a dish of cold water over the chest and face may help to restore it. Artificial respiration, according to the prone method may be practised after the body has cooled.

This is the last of a series of 12 articles on Vacations and Health.

Daintiness With Chic Styles

ILLUSTRATED DRESSMAKING LESSON FURNISHED WITH EVERY PATTERN

BY ANNABELLE WORTHINGTON

Besides Being Quite Simple to Fashion.

By RUTH ROGERS

Here's a youthful model with a flattering cape collar that shows a smart difference.

The bias skirt lines reduce the hip area. The panel at the front and at the back, gives elegant tall appearance to the figure.

Numberless materials are suitable for this model.

The original was in a sheer cotton print.

Sheer linen prints in stripes, dots or checks are charmingly cool a lovely.

Tub silks in white or pastels is also smart.

Style No. 485 is designed in sizes 14, 16, 18, 20 years, 36, 38 and 40 inches bust. Size 16 requires 3¾ yards of 39-inch material with 3¼ yards of edging.

Price of PATTERN 15 cents in stamps or coin (coin is preferred). Wrap coin carefully.

No. 485. Size .....

Name .....

Street Address .....

City State .....

485

Rowena Rides The Rumble

By Ethel Hueston

She was very quiet as they crossed Kansas, and when they complained of the notoriously hot winds, she smiled patiently and said she didn't mind. She ate very little, and had fifteen cents of her allowance left at the end of the week.

When they reached Denver they hurried at once, as they always did, to get their mail, and there was nothing at all for Bobby, not a letter, not a telegram, not so much as a souvenir postcard. She said nothing but turned pale and a little sad smile froze the dimples in the soft face.

When Rowena went down to dinner she made excuses not to go—said she was very tired, said she wanted a hot bath and a good sleep, said she would just read a magazine she had picked out at the newsstand.

They went up to the room immediately after dinner with all good intentions, and Rowena knocked. When there was no answer she opened the door and they went in.

The room had a deserted appearance. Bobby's handsome articles of toilet were gone from the dressing-table. Her beautiful dressing-gown was gone from the foot of the bed, her satin mules from beneath it. Her imported traveling bag no longer stood beside Rowena's shabby suitcase on the baggage rack.

Peter and Rowena looked at each other in wide-eyed consternation.

There was a note, written on hotel paper in Bobby's round childish hand. It was pinned to Rowena's pillow.

"Darlings, I'm going home. I've got to. If I don't I'll never get him back. I'll send Peter the money I borrowed as soon as I get my allowance. I'm going on the seven o'clock train and I have already wired him to meet me. You're both just sweet and I love you. But I do wish you didn't quarrel so. I'm glad Carter and I get along better."

"And that," said Rowena flatly, "is that."

"It's all of that," added Peter gloomily.

"Nothing," declared Rowena drearily, "could be more irretrievably fatal than this."

'It was great sport while it lasted," said Peter. "You have been pretty game all the way through, Rowena."

"It was corking good business, too," said Rowena. "And taking it all in all, you are not half bad to breeze around with, Peter."

"Well, it's all over now," said Peter.

"You don't suppose we could pick one up here, do you,—By advertising. The way we got Bobby in the first place."

But they both knew it was pretty hopeless.

They said good night with something vaguely suggestive of affectionate regard, for this killing, kindred disappointment gave them a cordial meeting-ground for almost the first time.

Rowena sat alone at her window, little and high up, for she had frugally changed from a double to a single room immediately after the desertion of Bobby.

She was not one to give up without a struggle—nor to give up at all, for that matter.

It was nearly midnight when she shook off her final hesitation, with a mind made up. An idea had come to her, terrifying and tremendous, hours before. She had toyed with it, weighed it in the balance and, finding it wanting, pushed it resolutely away; but had permitted it to work its way back, insidiously sure. At twelve o'clock she called Peter on the telephone and that was an end of her hesitation.

"Listen, Peter. You meet me downstairs in the lobby, right away, will you? I have an idea."

"But I'm in bed!"

"Well, you're not chained there, are you? Theres' nothing to keep you from getting out, is there? I'm in bed, too, but I'm not going to let a mere being in bed interfere with my professional future, am I? I'll meet you down-stairs in ten minutes." And she hung up the receiver.

Now on the whole, no one could have been more practical about things connected solely with business than Rowena. Her clothes were smart for all their increasing shabbiness, but they were extremely tailored and trim. Her very manners were crisp and businesslike. But something—she didn't know just what—prompted her to discard her chic sports costume that night. She dived to the bottom of her bag and pulled out a soft and shimmery little dinner gown of enticing line and beguiling color. She put on her highest-heeled silken slippers. She got out tinkling little blue bracelets and earrings and chains. And she accentuated her shimmery sweetness with the flattering lines of a chiffon velvet scarf, deep and wide and ruffled.

When Peter, waiting rather sulkily in the lobby of the hotel, first saw her floating toward him he could scarcely believe it was Rowena of the rumble seat. Her rouge-red lips smiled at his frank amazement and she took his hand in hers, powdery soft to the touch and faintly perfumed.

"Peter, darling," she said. "I have a gorgeous idea."

"Peter's sulkiness took instant flight. "Gosh, Rowena, you—you're exquisite! You're just ravishing! You must let me paint you like that. You're simply unbelievable—you're not real!"

"I—I've just got to paint you like that!"

To be continued

JEWISH WOMEN TO BOYCOTT GERMAN GOODS

NEW YORK, July 8—Exhorted by Samuel Untermyer to stop striking back with a "feather duster" and seize a more effective weapon, representatives of 236 Jewish women's organizations today resolved to enforce a boycott against German goods.

"If only we Jews had in us more real fighting spirit" Untermyer said at the meeting, "No bigoted fanatic nor his deluded followers would have dared visit upon our people this tragedy that has shocked the conscience of the entire civilized world."

ARCHBISHOP OF CANTERBURY GIVES CHRISTENING PARTY

LONDON, July 8—His Grace Most Rev. Cosmo Gordon Lang, the bachelor Archbishop of Canterbury, holds a christening party next week when he baptizes the baby daughter of Antony and Mrs. Acton in the chapel of Lambeth Palace, where the parents were married a year ago. Afterwards there will be a tea-party for the relations and god-parents.

Mrs. Acton is a grand-daughter of the late viscount Cowdray, of whose family the archbishop has long been a friend.

The baby's names are Caroline Janey and her christening robe is made from the gown of Valenciennes lace in which her mother was presented at Court.

COUNTESS SZECHENYI MARRIES AMERICAN

LONDON, July 8—One of the most fashionable weddings of the June season was that of the Countess Cornelia Szechenyi, 24, daughter of the new Hungarian minister to Great Britain, Count Laszlo Szechenyi, and Eugene Bowie Roberts, of Maryland, held recently at the Roman Catholic Church of Our Lady of Assumption.

A notable gathering of London society, including several ambassadors and their wives, the United States envoy, Robert W. Bingham, and Mrs. Bingham among them, attended the wedding.

Roberts is a son of Mrs. Eugene Roberts, of Prince George County, Maryland.

The couple left for a honeymoon on the continent before proceeding to the United States to live.

CEDAR SHINGLES AND POSTS

Unloading a car at Colwill Siding today, still selling at reduced prices best shingles $2.00 to $3.75 per M. Buy now. Prices are advancing.

R. A. McPHAIL, New Haven.

1642-7-8-6i

Tenders Wanted for School

The undersigned will receive tenders until noon Thursday, July 13th, 1933 for the building of a school in Central Royalty, plans and specifications of which may be seen at the Department of Education.

Lowest or any tender not necessarily accepted.

Tenders to be marked (Tender) and addressed to Eugene Cullen, Charlottetown, R. R. 6.

EUGENE CULLEN, Secretary

1621-7-8-3i

NOTICE

Dog taxes are due and payable on or before July 1st in each year. Every owner of a dog or dogs who shall refuse or neglect to pay said tax shall be prosecuted within ten days of the appearance of this notice.

JAMES E. BRADLEY.

1503-7-4-6i.