

Woman's Realm -:- Social and Personal -:- Fashions -:- Literature

Household Hints

By Roberta Lee

The Coffee Pot Rub a little butter around the tip of the spout of the coffee pot if it is defective in any way, and the liquid will pour properly without running down the side of the pot.

Covering for Shelves Try using strips of linoleum instead of oil cloth. It is easily cleaned, stays in place better, and outwears any other material.

Crisp Lettuce Wash the lettuce and put in a deep colander with the leaves upright. Let it drain in a cool place.

A Morning Smile

Punctuality Is . . . Indignant Parent (at 7 a. m.): "Young man, what do you mean by bringing my daughter in at this hour?" Flaming Youth: "Well, I've got to be at work at eight."

Daily Arguments

AUNT HET BY ROBERT QUILLEN



"My notion is our preacher don't deserve much credit for bein' humble. He couldn't be no other way without gettin' fired."

POOR PA BY CLAUDE CALLAN



"Ma fusses at me a lot, but I don't think she really regrets marryin' me except when I've got a poor appetite after she's cooked a good dinner."

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ECONOMICAL CONVENIENT RICH

A Fashion Hint

THE CHIC SPORTS TYPE The chic sports dress of feather-weight woolen in grey tones, uses black bone buttons to emphasize diagonal line of bodice belted at normal waistline. The skirt has plaits each side of centre, forming box-pleat to carry out vertical line. Style No. 461 can be had in sizes 16, 18, 20 years, 36, 38, 40 and 42 inches bust. Checked silk in red and white gingham pattern is ultra-smart for now and later for resort. A navy blue silk crepe with dots of chartreuse shade is sportive and wearable. Plain lipstick red silk crepe, printed cotton foulard in foliage green tones, navy blue wool crepe and angora wool jersey in almond green will make up attractively for all-around wear. In the 36-inch size, 4 1/2 yards of 40-inch material is required. Pattern price 15 cents in stamps or coin (coin is preferred). Wrap coin carefully. We suggest that when you send for this pattern you enclose 10 cents additional for a copy of our Spring Fashion Magazine. It's just filled with delightful styles, including smart ensembles, and cute designs for the kiddies.



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Etiquette

Q. At a dinner party, if the guest of honor is a woman, where is she seated? A. At the right of the host. Q. If a person's name has escaped one for the moment, is it proper to apologize profusely? A. No; this happens to everyone. Q. Is it permissible for a hostess to discourage discussion among her guests at a party? A. No, unless some embarrassing situation arises.

Milady Beautiful

By Lois Leeds



BEAUTY QUESTIONS ANSWERED

Correcting an Oily Complexion Dear Miss Leeds—(1) I have an oily skin which makes blackheads form around my nose. How can I overcome this? (2) I have an olive skin, dark brown eyes and hair that is nearly black. What colors are becoming? (3) I am 19 years old and 5 feet 3 1/2 inches tall. My measurements are: ankle, 8 1/2; calf, 13 1/2; thigh, 19; waist, 27 1/2; bust, 34; hips, 34 1/2; upper arm, 10 1/2. Are these right? MISSIE.

Answer—(1) The only way to overcome blackheads is to keep the skin very clean, as, of course, the excess oil in the pores tends to catch whatever dust and dirt there are in the air. At bedtime lather your face well with soap and warm water. Rinse and lather a second time. Rinse in clean water and gently press out the blackheads. Now rinse in cold water to which you have added several drops of tincture of benzoin. Dry your skin and apply an astringent to the enlarged pores at the sides of your nose. You may use witch-hazel for this purpose or a commercial astringent lotion. Saturate a piece of clean absorbent cotton with the lotion and press it against your skin for a few moments. Do not use face powder but remove the shine from your nose by wiping it with the astringent. When the pores become smaller after several weeks' treatments, you may begin to use powder again, but if you use it now you cannot get rid of the blackheads. (2) Bright colors are becoming to your type, such as bright reds, rust, brick, terra cotton, brilliant yellow. You may also wear dark brown, bronze-green, navy blue, peach, dull old rose, deep cream. The new sun-tan shades should be becoming also. Touches of brilliant blues and greens on dark frocks are good. The combination of canary yellow, orange and black would be pretty. (3) The measurements are good.

LOIS LEEDS.

Darkening Blond Hair Dear Miss Leeds—I have blond hair that is getting darker every day. It is ashen blond now. I wash it once a week, but it becomes oily two or three days after the shampoo. Are commercial blond shampoos harmful? I am 5 feet 1 inch tall and weigh 115 pounds. Am I overweight? How can I reduce my knees? I have a very fair skin and grayish green eyes with some blue in them. What shade are my eyes and what colors are becoming to me? G. R.

Answer—You are not naturally a pure blond, so that if you want fair hair you must bleach it. I do not recommend bleaching the hair because it is not good for it and in addition it is troublesome to keep the hair touched up at the roots where it continues to grow in dark. If you use a commercial blond shampoo or rinse once it will make your hair lighter all over and will not harm it, but if you keep on using it the ends of your hair will become over-bleached and will of course be lighter in color than the new hair at the roots that has been bleached less frequently. The basis of the commercial blond shampoos is peroxide. Home-bleached heads are seldom successful; have an expert do the bleaching if you decide to have it done at all. My advice is to let your hair remain its natural color and keep it healthy and well groomed. Wash it once a week with tincture of green soap, lathering and rinsing four to six separate times before the final rinse. Apply an astringent scalp tonic twice a week. Your present weight is correct if you are 20 years old. To reduce your knee, rotate your leg at the knee about fifty times a day. Do deep knee-bending exercises also. Walk four or five miles a day. Your eyes would probably be classes as gray. You may wear flesh, peach, dull brick, rust, gray, dark green, reseda, dark and medium blues, pale yellow, bronze, medium tan, cream and black.

LOIS LEEDS.

Throw—Character in Coiffures

According to Indian tradition, the first man on earth was Quiltumun, a native of British Columbia. With this point established, we need not go to Nineveh Gobi Desert, Babylon or Timbuctoo for a field of interest in this department of research. There is ample room among the mounds of this province which enclose the squelching records of races which he could not tell. Indeed, he once dwelt in our own land—British Columbia. Quiltumun found himself walking upon the earth. And when he found himself, he had no knowledge from whence he came; whether he grew out of the earth like a beanstalk, or fell from the clouds or came in from the mighty ocean that thundered at his feet, he could not tell. Indeed, he

Dorothy Dix

How to Acquire Social Poise Advises Profiting by One's Own Experience

"Don't Ever be Afraid of Being Human, or of Showing People That You Like and Admire Them," Admonishes Dorothy Dix—"All the World Wants Praise and Sympathy, Even as You and I"

A young girl, who says she is dumb and self-conscious, complains that she never knows what to do when she meets people or what to talk to them about.

Well, about the best guide to conduct a conversation that I know is to try it out first on yourself. We are all human alike and we react pretty much in the same way to the same stimuli. We all like and dislike pretty much the same things. We are interested or bored alike. We like those who rub our fur the right way and we avoid those who irritate us, so if you will just treat others as you would like them to treat you and say to them the things you would like to have said to you, you will never go wrong.

You like people who are gracious to you, whose faces brighten up when they meet you and who have always a pleasant word for you and who somehow make you feel that they like you and enjoy your company.

So try graciousness as an approach to the next person you meet and you will see that it works like a charm. Don't wait for him or her to dig you out of your shell and thaw you out into friendliness. Perhaps he or she is just as shy as you are and is praying just as ardently for somebody to make the first advances.

Beat them to it. Extend the glad hand. Be cordial. It is the friendly who have friends.

You like people to show you a little attention. You like people to call up and inquire after you when you are sick. You appreciate it when they send you an amusing book or flowers. It adds to your joy to get a word of commendation for a piece of particularly good work you have done or to have a telegram of congratulation over a triumph or a note of sympathy when some sorrow befalls you.

Therefore, take the time to show these courtesies to your friends. Don't take it for granted that Sally knows you are sorry she has the flu and that you are perfectly aware that she could fill her room with orchids if she wanted to and buy out the book store, so there is no use in your sending her a new novel or a bunch of roses.

Or that Sam and Tom won't think anything of your not congratulating them on having a story accepted by a highbrow magazine or getting elected to the City Council, or that poor Sally will know that you sympathize with her in the loss of her baby and won't be hurt at your not writing because she knows how you hate pen and ink.

You know how you feel about your friends who neglect you and who never show any active interest in your affairs. Your liking gradually cools off until you finally drop them. The friends that you bind to your heart with hoops of steel are those who make you feel at every crisis of your life that your joys and sorrows are theirs.

It is the little attentions that you pay strangers that turns them into friends. You remember how it was with Mrs. Blank. You met her with a lot of other people that you didn't know at a bridge and you would never have thought of her again except the next day she sent you a magazine with an article in it that had been under discussion and that you hadn't read. That little attention opened up the acquaintance that has ripened into a beautiful friendship. The same way with Mrs. Smith. She was just the woman across the street with whom you had a nodding acquaintance until that black day when your mother died suddenly and she came to you with a sympathy and helpfulness that turned her almost into a sister.

Nor can there be any guide to the art of conversation more infallible than just trying it out on yourself. Consider those who bore you to extinction. Are they not those who talk interminably about themselves, the egotists who think they are giving you a rapturous hour listening to them blow their own horns?

Think of the dreary evenings you have put in listening to some man tell how great and wonderful he was and what marvelous financial coup he pulled off in Wild Cat preferred or to all of the details of the green grocery trade or to how superior his car is to every other car and how many miles he makes on a gallon of gasoline.

Recall how you have withered under the affliction of hearing some mother repeat all the smart things her 2-year-old has said and telling every detail of Johnny's career at school and relate how many millions wanted to marry Sally. Also recall those delightful individuals who led you to talk about yourself and who lent an attentive ear while you recounted all about your new frock and what you said to the saleswoman, and the salesgirl said to you and told all about what a grand time you and your boy friend had at the last week-end party.

Surely one's own experience is a tip that should lead every one into being a fascinating conversationalist. It consists in merely leading the party of the other part into talking about himself or herself.

Also, you know how you feel about the wise-crackers who say witty and cutting things to you and just how much you love them after they have made you look like a figure of fun by searching out your pet weakness and gauding you for it.

Likewise, you remember the passionate gratitude you feel toward those who always say some pleasant thing to you that turns the spotlight on your good points and that makes you feel at peace with yourself and the world.

If, before we spoke, we stopped to consider how we would like to have that thing said to us or that thing told about us, it would not only make us popular in society but it would save us many a bitter regret for a cruel speech that stabbed like a dagger or for a scandal that we started on its way.

All of which, bottled down, simply comes to this: that the Golden Rule is a mighty good rule to live by and it works just as well socially as it does morally.

First Man On Earth Had Silent Wife

According to Indian tradition, the first man on earth was Quiltumun, a native of British Columbia. With this point established, we need not go to Nineveh Gobi Desert, Babylon or Timbuctoo for a field of interest in this department of research. There is ample room among the mounds of this province which enclose the squelching records of races which he could not tell. Indeed, he once dwelt in our own land—British Columbia. Quiltumun found himself walking upon the earth. And when he found himself, he had no knowledge from whence he came; whether he grew out of the earth like a beanstalk, or fell from the clouds or came in from the mighty ocean that thundered at his feet, he could not tell. Indeed, he

Lesson in English

By W. B. Gordon

WORDS OFTEN MISUSED: Do not say, "Smith joining the team meant victory." Say "Smith's joining the team."

OFTEN MISPRONOUNCED: tap-estry; a as in "tap," not as in "tape."

OFTEN MISSPELLED: sassafras; four s's.

SYNONYMS: discreedit, decay, disparage, depreciate, condemn, belittle, undervalue.

WORD STUDY: "Use a word three times and it is yours." Let us increase our vocabulary by mastering one word each day. Today's word: IMPASSIONED; filled with passion; ardent. "It was an outburst of impassioned eloquence."

For The Cook

Cranberry Conserve

Flop over and wash one quart of cranberries, put them through the food chopper and add two cupfuls cold water. Cook until they are soft. Add one grapefruit which has been put through the food chopper and let stand over night. Next day add one cupful chopped raisins, bring to the boiling point and add two and one-half cupfuls boiling water and four cupfuls sugar. Cook slowly until the mixture is thick. Stir in one cupful chopped walnuts, and pour into sterile jelly glasses.

was as puzzled but less curious about his origin than are the monkey fad-dicts of today. Quiltumun was no ordinary man—he was a giant, and the proof of his giantship remains unto this day, which is something more than either the monkey or the ape have to their credit. When the giant walked the earth trembled beneath his gigantic feet, and when he got angry or something ruffled his mind, he had the habit of stamping his right foot upon the ground (a habit that still survives), and everytime he stamped his foot, behold! a mountain would leap into the air, which accounts for the great accumulation of mountains in British Columbia. Then, again, if he happened to be in some part of the coast country where there was a scarcity of water, all he had to do was to stamp his left foot upon the ground, and lo! the earth would rip itself asunder, and the water of the ocean would rush inland, hence the innumerable channels and islands along our 7000 miles of coast line.

QUILTUMUN FINDS THE IDEAL WIFE

Respite his great strength, Quiltumun was unhappy. There was something tearing at his heart that was making his life miserable. Something whispering in his ear that he was not living as a great man should live. "What is it?" he is quoted as saying to his invisible tormentor and whisperer. As he spoke he, through force of habit, stamped his left foot with an awful crash upon the earth, and in doing opened up the channel between Prince Rupert and Vancouver, separating Vancouver Island from the mainland, of which it was then a part. What is now Harrison Lake, is where the giant was supposed to have crashed his foot through the earth. Indeed if you look at the map, you'll see that there is, after all, the centuries that have since rolled on, a slight resemblance between the lake and a giant's foot. The two islands, Echo and Long Island, which adorn the lake, were two bunions that grew on his foot.

The voice that spoke into the ear of the giant, hinted, discreetly of course, that he should have a companion—one who would cook for him. The giant went into the forest (the forest has been always a convenient place to send people) at Stanley Park, Vancouver, and there uprooted a mammoth cedar tree, which he carved into the image of a woman—a very fine image. He was very proud of it and covered it with "big heap" bear skins. Unfortunately, he forgot to supply her with a tongue and she could not speak. Then one day he went out hunting and on his return that evening he found that the wooden image had been, during his absence, transformed by the spirit of the Lost Lagoon into a fine, healthy, laughing squaw, which greatly pleased Quiltumun. The meat (mastodom) was sizzling on the fire when he entered the lodge. It is from the union of Quiltumun and his wooden wife that the Indian race is descended.

Should the reader have any doubts about the authenticity of this legend, he would do well to visit Stanley Park, and there see for himself the hole left by the cedar tree Quiltumun pulled out of the ground (unless it has been filled in in recent years), from which he carved his wife. J. W. Burns in Vancouver Province.



LET MILTON CLEAN YOUR FALSE TEETH FOR YOU

Get some Milton from your nearest dealer (35¢, 65¢ or \$1. a bottle) and just try it for cleaning your false teeth. You'll hardly believe it possible—the way it gets rid of all food-specks, 'film', grease and tarnish without brushing and without any injury whatever to the denture. Ask your dentist. And, of course, it's death to all germs. This is how you use it:

Overnight. If you take out your plate at night, add half-a-teaspoonful of Milton to the glass or cup of cold water in which you leave it. In the morning rinse it in clean cold water. Or in the Morning. If you sleep with your false teeth in, put them, on rising, into a glass containing equal parts of Milton and warm water (just enough fluid to cover the plate). When you are dressed, take them out, rinse and wipe.

WHILE YOU'RE ASLEEP OR BUSY DRESSING. MAKE A POINT OF READING THE BOOK WITH THE BOTTLE

Gleanings from Tryon

Changeable April now is here May is coming, never fear! Mr. H. A. MacPhee of Tryon made a business trip to the Western Capital last week. Mrs. May Dawson has returned after spending a few days with her niece Miss Emma Thomas of North Tryon. Mrs. John Thomas of Tryon left Saturday morning for Northam, where she will remain for a week visiting relatives and friends. Mrs. Russel Howatt and little son of Tryon returned after spending a weeks visit the guest of her parents Mr. and Mrs. L. Howatt, Cape Traverse. There has been a slight epidemic of chicken pox in Tryon and vicinity for the past month. The cases are only light however only laying up the victim for a day or two. Mrs. D. MacDonald and son, William of Rose Valley, P. E. I. were Sunday visitors to Tryon. Mrs. MacDonald intends remaining for a week with her daughter, Mrs. Walter Bell. Congratulations to the Misses Margaret Calbeck and Marion Waddell of North Tryon, who were successful in passing the final examinations of their business training course of Charlottetown Business College. One of our Danish immigrants who had been employed with Mr. A. J. Robinson of Augustine Cove, left on Tuesday morning for Ontario, where he will seek employment. A very pleasant evening was spent on Tuesday, April 2nd, at the home of Mr. and Mrs. C. D. Wright, when about thirty of their friends assembled to wish them every happiness through life and also to present this popular couple with a beautiful arm chair, a slight token of the esteem in which they are held. The address which was read by Mrs. Charles Lord was responded to by the groom in a very fitting manner. After a very pleasant evening spent in music and games. The guests departed and although the roads were not all that could be desired every one was glad they had come. On Wednesday evening also Mr. and Mrs. Wright were at home to those who had not succeeded in coming the previous evening.

NORTH CARLETON SCHOOL

Report of North Carleton School for March: Grade VII, Sr.—1, Dorothy MacFarlane; 2, Arthur Wright; 3, Emmet McInnis and Lloyd Lowther. Grade VII, Jr.—1, Alberta Muttart; 2, Norma Pickering. Grade V—1, Rita Gould and Wanda Lowther; 2, Teresa Muttart; 3, Norman MacFarlane. Grade III—1, Sandy Muttart; 2, Wilbert Muttart; 3, Sadie Muttart. Grade II—1, Hazen Lowther; 2, Frank Muttart. Perfect Attendance—Alberta Muttart, Teresa Muttart, and Sandy Muttart. A very pleasant evening was spent on Tuesday, April 2nd, at the home

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