

# Woman's Realm :- Social and Personal :- Fashions :- Literature

## FOR THE WOMAN READER

"To say well is good, but to do well is better. Do well is the spirit, and say well, the letter."

### FEATHER IN CAP GIVES DISTINCTION

Put a feather in your cap and grow an inch higher, is the decree whether you deserve it or not. For without other distinction you will find that fine feathers make fine birds this Autumn and Winter.

Hats, like costume, seek line and expression. They, too, are dependent for their smartness on the silhouette. Elaboration of outline happens in the brim or the crown. Points rise up in unexpected places. Hats are very feminine and court the unusual. Fetching little cigarettes or paradise feathers or tiny oxcornie poke into the air. Buckles, puffs, stitching or just plain bits of the material dash hither and thither. Hats simply must have an up-and-up tendency. Materially speaking they're of velvet.

### PLAN MORNING BEAUTY SCHEDULE

No wise woman leaves her room in the morning until she has given her complexion and hair the attention they deserve.

You should plan a morning schedule with regard to the least amount of time. Very few of us have more than 20 minutes or half an hour in the morning to devote to our appearance. Therefore, unless you map out a routine and follow it carefully, you're going to waste valuable time which otherwise could be devoted to improvement of your face, figure and hair.

After you have brushed your teeth, clean your face. Whether you use cleansing cream or soap and water, do a thorough job. Then slap on a little skin-toning lotion. Slap is the right word too. Always apply skin lotions with real vigor. Your foundation cream or lotion comes next, followed by the application of rouge. Remember that cream rouge blends easily if you get one of the new light, foamy varieties, and it stays on a long time.

Powder, a bit of lipstick and careful grooming and arranging of your hair are the last steps. The final step is your own satisfaction when you survey yourself in the mirror just before you go downstairs.

### NEW NECKLINE IS TRIANGULAR

One of the most interesting necklines which has developed from the Paris openings is the one attributed to Violnet, and which combines a rather low cut at front with a high neckline, which is rather the reverse of the recent formula of high front and low back as regards formal fashions.

The out in this neckline is arresting, suggesting, as it does, a triangular form, the base across the top of the bust and the other two sides slanting in close to the neckline.

It is flattering especially when it is quite low and softly draped across the lower line; already it is being taken up and introduced in varied types of dresses with varied degrees of décolletage. We predict it will have much success, and that it will be carried on in spring fashions.

### GRAY TO BE LEADING SHADE FOR AUTUMN

A master shoemaker of Paris has created quite a furor by introducing heels composed of strands of gilded wire. The evening sandals that these dainty heels support have backs of pasted red suede—the very latest thing for evening shoes, by the way—while slender straps of red-piped gold kid form the fronts of the shoes.

It is rather smartish to be blue in Paris just now—navy to the palest baby blue in footwear will be good for quite a while yet. Either navy blue and brown kid shoes and bag are again to be worn with the navy ensemble.

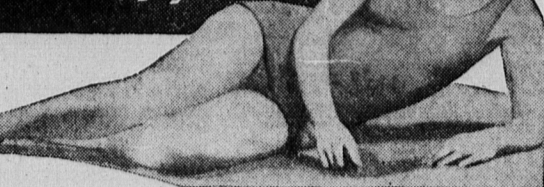
As if in defiance of Hollywood's attempt to shear her of her feminine fineries, the Parisienne is a riot of frills and fur-bowes. We have seen organdie ruffles and ruffles, the most flowery of chiffon gowns and the coolest of beige sandals, feather boas and bracelets of flowers, gloves with the most fancy of cuffs and hats of complete transparency and complete femininity.

And here's a hint for winter: Gray—so popular all this spring and summer—will go on into fall, deepening into almost a gunmetal for town use and remaining putty and dove toned for informal afternoon functions and being "at home" for tea or cocktails. Combined with gray few things are prettier than pink, blue, orchid, green and coral if used very sparingly and in just the right accessory touches.

### CHINESE CHRISTENING ATTRACTS GREAT CROWD

There were remarkable scenes in Bristol, England, recently, when a Chinese baby, the daughter of acrobats at a local circus, was christened in the ancient church of All Saints in the city. A crowd of five thousand people thronged the pavements near the church to watch the parents and the child arrive for what was probably the first baptism of a Chinese child in Great Britain. The Bishop of Malmesbury, Dr. Ramsay, who is Vicar of All Saints and who conducted the service, had to appeal to the huge congregation of people, who filled the aisles and

## Skinny! New Discovery adds solid pounds amazingly soon!



Remarkable gains with new double tonic. Richest imported brewers' ale yeast now concentrated 7 times and iron added.

For years doctors have prescribed yeast to build up health. But now with this new discovery you can get far greater results than with ordinary yeast—regain health and in addition put on pounds of solid flesh—and in a surprisingly short time.

Not only are hundreds easily gaining beauty-bringing pounds, but also clear skin, freedom from constipation and indigestion, new pep.

### Concentrated 7 times

This new product, Ironized Yeast, is made from specially cultured brewers' ale yeast imported from the British Isles—the richest yeast we know of—which by a new process is concentrated 7 times—made 7 times more powerful. But that is not all! This yeast is iron-

ized with 2 kinds of strengthening iron. Day after day, as you take Ironized Yeast, watch flat chest develop, skinny limbs round out attractively, skin clear—you're a new person.

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No matter how skinny and weak you are, this new Ironized Yeast should build you up in a few weeks as it has hundreds. If not delighted with the results of the very first package, money instantly refunded.

Special FREE offer! To start you building up your health right away, we make this FREE offer. Purchase a package of Ironized Yeast at once, cut out seal on box and mail it to us with a clipping of this offer. We will send you a fascinating new book on health, "New Facts About Your Body". Remember, results guaranteed with very first package—or money refunded. At all drug stores. Canadian Ironized Yeast Co., Desk 241, Box 1323, Montreal, Que.

## A Morning Smile

When Mose was told that poor Rastus had been shot dead by Judge Hicks he was stealing the judge's chickens, he merely replied: "Oh, well, it might have been worse."

"How could it have been worse?" indignantly asked the informant. "Poor Rastus dead! De judge just natchally blow de head right off of him. What could be worse dan dat?"

"It might have been worse," repeated Mose, "if de judge fire off de gun de night before, he might have blow de head off of me!"

### BREAKING THE NEWS

For hours they had been together. The moon cast its tender gleam down on the young and handsome couple who sat strangely apart. He sighed. She sighed.

Finally, "I wish I had money, dear," he said. "I'd travel."

At once she slipped her hand into his, then, rising swiftly, she sped into the house.

Aghast, he looked at his hand. In his palm lay a penny.

### COLORFUL CLOSETS

The average clothes closet is hardly a thing of beauty. However, if you want to improve the appearance of yours and make them outstanding from a decorative point of view, try painting the walls and floor with very bright colors. One particularly effective scheme is bright blue walls with a gay yellow floor.

Disease introduced by visitors is blamed for the decrease in population of Melanesia, the Pacific island, from 75,000 to 25,000 in the last 25 years.

## Relieve and Control Periodic Disturbances

Do you endure draggy backaches, splitting headaches and distressing pains and aches every month? Do you suffer from cramps so bad that you have to stay in bed? Are you often nauseated? How many medicines have you tried without relief? Don't be discouraged. Here is something that is almost sure to help you. Take Lydia E. Pinkham's Tablets a few days before the expected discomfort and notice the difference. This modern Uterine Sedative not only brings blessed relief from periodic ailments but it acts upon the cause of the trouble. Persistent use brings permanent relief. Chocolate coated—Sold by all druggists—in this handy tin box. Larger size in bottles.



## Dorothy Dix's Letter Box

### All Children Should Be Taught Public Speaking—How Can Wife be Cured of Jealousy of Husband's Relatives?

Dear Miss Dix—Don't you think that every boy and girl should be taught as part of their education the art of public speaking? Certainly it is an asset to every business and professional man to be able to get up and make a clear-cut speech in a few well-chosen words that everybody in a room can hear, instead of mumbling a few disjointed sentences and hemming and having and stammering when he is called upon to preside at a lodge meeting, or express himself in a board meeting. And women need to know how to think on their feet, too, in these days of clubs and caucuses. Why is this important matter so much neglected? X.



Answer:

I don't know, unless we cling to the belief that oratory comes by nature and that the gift of tongues will descend on us when we are called upon to speak in public.

But this does not happen is only too apparent, not only from our own unhappy experiences when we find ourselves stricken dumb and idealless when we are suddenly called upon for a few snappy remarks to an audience, but when we listen to the maunderings of most of our fellow sufferers who are also false alarms when they undertake to address the public.

Why we should spend thousands of dollars and oceans of time in teaching children how to play upon musical instruments and to sing in public, which they will probably never be called upon to do in these days when you can turn on the radio and shut off the performance if you don't like it, while we give no thought to teaching our boys and girls how to speak in public, which they are practically sure to have to do at some time during their lives, nobody knows.

Yet there is no accomplishment we could give our youngsters that would be a greater help to them in making their way in the world. For the man who can put his ideas into clear, intelligent words and who can present an argument forcibly and eloquently is always the spokesman for every group, the dominating one in every business conference.

The woman who is the best talker is the one who is elected to offices in her clubs, and both the men and the women who can make clear, witty little after-dinner speeches always sit above the salt at every banquet.

Nor should we stop at teaching our children how to be public speakers. It is equally important that we should teach them how to talk in everyday life, yet after we have taught the baby to say da-da and pa-pa and ma-ma, we abandon the poor things to their own devices and never stretch out a tongue to help them.

We don't even teach them a vocabulary, but let them go on overworking a few simple adjectives to death and calling Niagara "cute" and a ham sandwich "simply marvelous" and using "sure" to express every variety of assent and emotion.

Yet what other attraction can a human being have that is so potent as to be a good conversationalist? Do we not all envy those who always know what to say and how to say it; who always know how to make the little graceful speech that is the most subtle flattery on earth, and who can bridge over every awkward situation by the pat word?

Do we not all hang on the good story teller, the wit, the raconteur? Could we not listen forever to those who have had colorful experiences and who thrill us with tales of adventure? Do we not cling to those who are always interesting, with something new and amusing to tell?

And, on the contrary, how we dread the bores, the dumb, those who have no conversational line and whom we have to work like coal heaters to entertain!

Why, then, do we not teach our children to talk? Why do we not drill them in the things one says and doesn't say, just as we do in the use of spoons and forks? Not long ago I heard a gracious elderly woman say to a young girl that it was sweet of her to have come to see an old lady. "Mother made me," blurted out the girl. "She always says I must be kind to the old." Such conversational crimes are common and they're worse than eating peas with your knife. Yet the fault wasn't the girl's so much as that of the mother who hadn't taught her how to talk. DOROTHY DIX.

Dear Dorothy Dix—A middle-aged man, who has lived all of his life with his brothers and sisters to whom he is greatly attached, has recently married and his new wife is so jealous of this family affection that she is making it impossible for them to see him. She does not allow him to visit them and when they go to see him she shows them that they are so unwelcome that their self-respect prevents them from repeating the visit. Is there anything to be done about it? J. R. C.

I fear not, unless the husband has the courage to defy his tyrant and assert his right to maintain his family allegiance. There is nothing that they can do about it, because if they insist upon going to see him they only make matters worse, for it will wound him to the quick to have them insulted in his own house.

I think a man is very weak and foolish who lets his wife dominate him and cut him off from his family and his old friends. By giving in to her he may save a few tears and a little nagging at the start, but the love of power grows by what it feeds on in a woman and the more it lets her hempeck him, the more she will do it, until at last he will come to the place where his very soul isn't his own. And it will get him nothing in the long run except his wife's contempt, for every woman secretly despises the husband she can boss.

The jealous woman who separates a man from his family is paid back in her own coin because there is no other one thing in all the world that she could possibly do that so soon alienates her husband from her as kills his love for her. For when a woman strikes at a man's love for his family she strikes at the very roots of his being. They are bound to him by every tie of blood and loyalty, by the pride of name and race, by a thousand memories that go from childish joys and sorrows and play through all the adventures of adolescence and the struggle of man and womanhood.

A man's love for his mother is something sacred. His love for his father is made up of respect and admiration and gratitude. His love for his brothers and sisters is just part of the warp and woof of his life. He cannot think of them without remembering kindnesses they have done for him, sacrifices they have made for him, help and encouragement they have given him, fights they have fought for him, and when a woman tries to tear this affection out of his heart she is attempting the impossible. She may deny him the expression of it, but it is always there, a wall between them which she has built in her folly.

If a woman wants her husband to hate her, she can take no surer way of achieving her purpose than by cold-shouldering his family out of the house. DOROTHY DIX.

Dear Miss Dix—I am a young girl working in an office with a man and his wife, and the man is trying to make love to me behind his wife's back. Now I need my job badly, as I have to support my mother and father, but I can't stop this man from making love to me. Would you tell his wife about it and ask her to make him behave? REDHEAD.

Answer: No. If you tell the wife, you will lose your job instantly, because she will accuse you of leading her husband on. Wives always blame the other woman. It saves their faces. DOROTHY DIX.

A woman went into a shop and wanted to buy some goods on credit. The shopkeeper decided to call up another merchant and ask if the woman was reliable in the matter of credit. The answer was short, sharp and decisive. The other merchant said: "This woman has been married three times. She still owes for two coffins and one wreath."

# TODAY!

There should be a big red bottle of this luscious Heinz Sauce on your table . . .

There's a zest and rich goodness about it that simply can't be duplicated.

MEN LIKE IT!

Ask your grocer for Heinz Tomato Ketchup today. Attractively priced.

ONE OF THE 57

## HEINZ TOMATO KETCHUP

Made by H. J. Heinz Company. Established over 24 years at Leamington, Canada.

## GARDENING

### REFUGE OF RAMBLING ROSES

Climbing roses bloom on year-old wood, therefore, said the Dominion Horticulturist, it is essential for roses to live through the winter if one wishes to have a good show of flowers in the following year. Well ripened wood winters best, so care must be taken to allow the sun and air to get to it freely. To ensure this, at the end of the summer cut and clean out all thin and weakly shoots and any old wood so as to give room for the development of strong canes. If the roses are overgrown or shaded with other vines, these should be removed. Canes that are lying on the ground should be raised up and tied to stakes.

In preparing climbing roses for winter, the canes should be taken down and tied together. Good results are obtained by bending the canes down and putting a large box without cover or bottom over the plants. The boxes are then filled with dry leaves, and covered with water-proof lids. If the leaves are wet when put in the boxes, they become wet in the spring and the canes may become mouldy. When boxes are used, the cover should be raised at the first opportunity in spring to allow a freer circulation of air and permit the canes to dry and the bark to harden a little before removing the box.

If boxes are not available or practical, pieces of board can be placed over the leaves for packing that the moisture will drain off the plant. The degree of protection will depend on the part of Canada in which the grower lives, but it must be borne in mind that, as a rule, in protecting roses of all kinds in Canada, the roots do not get enough protection from the soil. The lower parts of all roses should be well earthed up.

### POTATO WARM STORAGE

Newly-dug potatoes have thick skins. The skin continues to grow in storage and becomes thicker and somewhat corky. As the greatest losses in weight of stored potatoes are due to losses of water, it is suggested, contrary to general usage, that the first ten days' storage should be at a temperature of 65 degrees in order to thicken the skin and thus reduce the loss by water.

Miniature heads of Pomeranian dogs, made of white fur and with twinkling glass eyes, are popular at brooches in London.

## Daintiness With Chic Styles

ILLUSTRATED DRESSMAKING LESSON FURNISHED WITH EVERY PATTERN BY ANNABELLE WORTHINGTON



A length of silk or soft woolen and a couple of hours or so with the sewing machine and you have a stunning dress.

Today's pattern points the way to an altogether charming, inexpensive, simple-to-create dress.

Nevertheless, in spite of its easiness to acquire, it has extremely modish features. Especially lovely for this frock is the dull side of crepe satin black, as its inspirator. The scarf tie is white crepe satin.

Style No. 528 is designed for sizes 14, 16, 18, 20 years, 36, 38 and 40 inches bust.

Size 16 requires 2 1/2 yards 54-inch with 1/4 yard 39-inch contrasting. Price of PATTERN 15 cents in stamps or coin (coin is preferred). Wrap coin carefully.

No. 528. Size . . . . .

Name . . . . .

Street Address . . . . .

City . . . . . State . . . . .

Smith—It must be nice to own a car.

Miller—I know it ought to be, but I've never enjoyed it. Either the car is being repaired, or else

## THE COOK'S CORNER

### ORANGE PIE AND GELATINE

Soak two tablespoons gelatine in one-half cup cold water for five minutes. Put in a pan two cups orange juice, one small teaspoon grated orange rind, and one-half cup sugar, and heat. When hot, but not boiling, add the softened gelatine and stir over a low heat until it thoroughly dissolves. Add one tablespoon lemon juice, and chill. When mixture has begun to set beat thoroughly, and fold in one-half pint heavy cream, whipped stiff. Pour into baked crust, and chill until firm.

### FLAPPER PIE

20 Graham Wafers (rolled fine), 1/2 cup granulated sugar, 1/2 cup melted butter, 1 teaspoon cinnamon. Mix the above ingredients together and remove 1/4 cup mixture for top of pie. Line bottom of pie plate with balance, then add filling as follows: Two cups milk, 3 egg yolks, 1/4 cup sugar, 2 tablespoons corn starch, 1 teaspoon vanilla. Cook until thick and spread white hot. Then beat three egg whites stiff and beat in three tablespoons granulated sugar and spread on top of filling; sprinkle over top the half cup of crumbs. Bake in slow oven, 250 deg., for twenty minutes. Approximate cost, 20 cents.