

Woman's Realm Social and Personal Fashions Literature

Living & Leisure

— THE WOMAN'S REALM —

DOROTHY DIX SAYS—

Marriage vs. Bachelorhood Most Husbands Healthier, Happier, More Prosperous Than Single Men

DEAR MISS DIX: What inducements and advantages are there in married life compared with the bachelor state? I am a young man thinking of marriage, but my male friends say, "Don't be crazy." They claim no girl is worth it. They believe in the love-and-leave-em theory. How can I be reasonably sure that the girl I love now will prove to be the only one for me the rest of my life? I have known her five years and love her now more than I ever did.

ANSWER: The take-em-and-leave-em theory that your bachelor friends advance never yet has made for happiness. What a man wants is not these light loves of women who care as little for him as he does for them, but the deep, abiding love of a woman who is his very own. He doesn't want the love of a day or an hour. He wants the love that will endure forever. Married men are healthier than single ones because they live a more ordered life. It is because they are not so free to roam around at night that they spend their evenings quietly at home, that they eat home cooking instead of restaurant food, and that their wives nag them about keeping their feet dry, that gives them length of days.

GIVES HIM CHILDREN

Marriage gives a man children, and that gives him an interest in life that nothing else does. He lives his life over again in his boys and girls. Often he realizes his ambitions in them and he has a pride in their achievements that he has never felt in anything he has done himself.

Married men are, as a rule, more prosperous than bachelors because it is not until after a man is married that he really settles down to his job and puts his back and his heart in it. Nor do many men begin to save until after they get married.

If you have found a girl that you care for more after five years of acquaintance than you did at the beginning, I would say that she is a mighty safe bet, so go along and marry her.

DEAR MISS DIX: Is it better to let your husband know that you are good and true to him and that he has nothing to worry over or is it better to keep him guessing and make him jealous? I love my husband dearly and want to keep him forever.

ANXIOUS

ANSWER: The techniques of courtship and marriage are entirely different. Before marriage a woman does well to disguise her feelings and not let a man feel too certain of her or know how much she cares for him, but after marriage a woman's strongest hold upon her husband is his certainty of her deep and abiding affection for him.

I can think of nothing that is more calculated to kill a man's love for his wife than to suspect her of having affairs with other men or of carrying on cheap flirtations. Nor can I think of anything that will do more to hold a man than his respect for her, his knowledge that she has rock-bottom principles that nothing can shake, and his confidence in her. Don't make the mistake that so many women do in thinking that jealousy is the food of love. It is not. It is rank poison to it and it slays it quicker than anything else in the world. Faith and trust are essential to any real happiness in love.

DEAR MISS DIX: The girl I am going with wants me to marry her and keep it a secret. I have nothing to marry on, but I love her.

ANSWER: Don't let any girl persuade you to marry her until you are ready to marry and, above all, don't let any girl persuade you to marry her secretly. If you are going to marry her, be man enough to do it openly before the world. And don't marry until you are able to support your wife. It is selfish for a child to marry and expect its parents to assume the burden of supporting its husband or wife.

DOROTHY DIX cannot reply personally to readers, but will answer problems of general interest through her column.

Lots of fresh style ideas have been injected into knitwear, like high shoulder pockets, unmounted sleeves, the cardigan jacket, new "pleat" construction in skirts and more cuff details on sleeves. New surface interest is achieved in stitches which give a tweed-textured surface in monochromes as well as many more stitch patterns and some two-color patterns or yarns which knit up into the popular tweedy look.

That Body Of Yours

By James W. Barton, M.D.

A USEFUL DRUG — SUCCINIC ACID

For many years the regular treatment for rheumatism and rheumatic pain has been the salicylates of which acetylsalicylic acid (aspirin) has been mostly used. There are some cases, however, in which aspirin cannot be tolerated. This has prevented many cases of rheumatism from receiving the large dose of aspirin necessary to control rheumatic pain. Some months ago I spoke of the results obtained by a research worker by using succinic acid with aspirin or acetylsalicylic acid; these patients were able to use the large doses without serious reactions by using also large doses of succinic acid.

Some explanation of why succinic acid makes it possible to use the necessary large doses of acetylsalicylic acid is reported by Drs. M. R. Castex and P. E. Labourt in "The Medical Journal of Argentina." These research workers found that succinic acid when injected into a vein stimulates the respiration. The effect lasts two to 48 hours. These injections of succinic acid were given to normal or healthy individuals, and also to a group of 7 patients suffering with difficult breathing. The injection of succinic acid into a vein in these 7 patients stimulated respiration, as shown in the increase in the vital air capacity of the lungs. By measurement with the spirometer, there was an increase in the amount of air breathed in and out of the lungs with each breath, and also an increase in the amount of air that is always present in the lungs, the residual air. This effect lasted for more than one hour.

In a patient undergoing an attack of asthma, the succinic acid had a constant stimulating effect on respiration that lasted for more than an hour and lessened the spasmotic effect of the chest muscles.

In cases of heart disease it was found by the electro-cardiogram readings that succinic acid injected into a vein, increases the amount of oxygen used by the muscle cells or fibers of the heart muscle. Succinic acid must now be considered a very useful drug.

Help For Sore Knees

"My knees ached day and night — they were full of rheumatic pains. My family all knew how I got free from rheumatic distress. I applied Nerviline to the painful area — it penetrated to the core of the pain, brought me freedom from the soreness that had made life a misery. For a family liniment to help rub away the pains of lumbago, neuralgia, rheumatism, I strongly recommend Nerviline." It helps to prevent and overcome a hundred minor ills in the home. Get a 35 cent bottle today.

Happy Birthday!



Today Prince Charles celebrates his first birthday, but his father, Prince Philip, who has reported in Malta for sea duty with the Royal Navy, won't be at home to see his young son blow the candle on his first birthday cake. Which, incidentally, is a 40 pound cake, flavoured with rum, and presented to H.R.H. Princess Elizabeth by the National Association of Master Bakers, Confectioners and Caterers of Manchester, Eng. Here the infant Prince is seen playing with his mother on the grounds of their summer home at Windlesham Moor.

The Stars Say --

By Genevieve Kemble

For Tuesday, November 15

THE prospects for splendid opportunities, fresh fields of operation, new contacts and agreements, may depend on an astute as well as scrupulous and sagacious understanding of an event or occurrence suddenly coming up for quick decision. While such may have significance in a romantic, professional or social connection, yet labor, possessions and position are intimately tied up with ultimate conclusions and wise behavior. Much surprising profit as well as pleasure are involved for sound, reasonable actions.

For the Birthday

Those whose birthday it is are advised to take time for wise decisions and keen study before jumping into strange or perhaps dramatic positions suddenly arising; these affecting not only business and real possessions or prospects, but also domestic, social and romantic prospects. Sudden developments ask for serious reflection from every angle, as radical and far-reaching denouements depend upon present manipulation.

A child born on this day should enjoy a happy, prosperous, and adventurous as well as romantic career, with much ingenuity and study shaping its pattern of life.

How Can I!!!

By Anne Ashley

Q. How can I take proper care of paint brushes?

A. After each paint job the brushes should be placed in a receptacle filled with turpentine, and when the work is completely finished, wash them well in soap and water. Much of the paint can be squeezed out first with the hands, covered with newspaper. Very thorough washing is necessary; the hairs may have to be well worked or massaged in hot soapy water before all the paint can be removed. The brushes should then be dried thoroughly.

Q. How can I make a thickening for soup?

A. Make the thickening by using tapioca. Boil the tapioca until clear, and then strain the liquid into the soup. The result will be clear soup.

Q. How can I obliterate a scratch on walnut furniture?

A. By rubbing over the scratch with a fresh shelled walnut hull.

Modern Etiquette

By Roberta Lee

Q. When is the proper time for the guests at a church wedding to leave their seats?

A. Not until the very end of the recessional, the march from the altar to the rear of the church, and also after the bride's mother and the bridegroom's mother have been escorted by ushers to the rear of the church. It is very bad form to break into the recessional march to offer congratulations.

Q. Should one change his fork over to the right hand after cutting off a portion of meat with knife and fork?

A. This is known as "zig-zag" eating, and is now avoided. It is better to be able to use either hand interchangeably while eating.

Q. Is it up to the man or the woman, who have just been introduced, to say, "I'm glad to have met you" when leaving each other?

A. The man should say this, while the woman responds with a smile and a "thank you."

Household Scrapbook

By Roberta Lee

Furniture Polish

Equal parts of boiled linseed oil, turpentine, and white vinegar, applied with a bit of wool material and polished with a silk cloth renews the finish on furniture, concealing small blemishes.

Firm Custard

Firm custard may be made without heating in the oven. Place the cups in a shallow pan and surround them with water. Then cover the pan tightly and set it over a flame so low that the water does not boil.

Suede Shoes

The shiny spots on suede shoes may be removed by rubbing with sandpaper. Use a wire brush, obtainable at any shoe store, for brushing suede shoes.

Morning Smile

By Anne Ashley

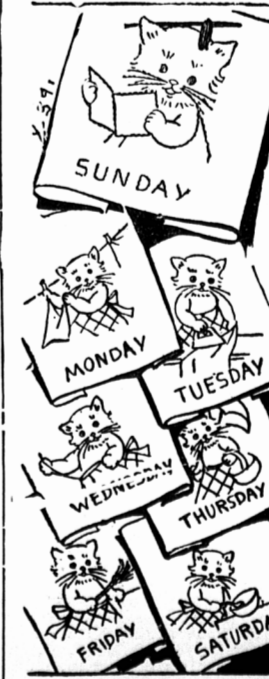
LOST OUT

The dear old lady, wandering about hazily at a very costly society wedding reception, came upon a young man in faultless morning dress.

"Oh," she chirped. "Dear me you're the bridegroom, of course."

"No," he answered glumly. "I was eliminated in the quarter-finals."

KITTEN MOTIFS



DESIGN NO. 591

These little kittens are embroidered on towels, potholders or wall pictures. Inexpensive gifts. Hot iron transfer pattern No. 591 contains 7 motifs about 3 by 5 inches with complete instructions.

To order: Send 20 cents in coin to Needlework Bureau, Charlotteville Guardian, Design No. 591

Name

Address

City

Province

ELLEN'S DIARY

By An Island Farmer's Wife

"Times have certainly changed", James remarks. He says it rather sadly, and after a spell of contemplation, as though the shortcomings of a people weighed heavily on his shoulders — if shortcomings they be. His comment touched a remembered chord, to remind us of the sayings of elderly men of an era of living now buried with them in the past. They too summed up the findings of their day and age, as they sat, resting hands, that had known the toil of stumping and tilling virgin soil, of lumberings and barn-raising, of pioneer sowings and reapings, on their canes, when the event of the mail's arriving had brought them from the neighborhood to a corner-store in memory. Snowy beards they had, and eyes that were kindly and tolerant, that had looked upon living that was strangely different from ours.

And gifted with many a talent lost to this generation and wise from battling the years, we recall that there were times when they spoke with concern of the "light thinking" they considered was creeping in to their times. "I'm thinking the world is getting worse instead of better", one said, "indeed folks aren't living the good lives of their ancestors." They're straying from their fathers' way." And another nodded, "this generation now coming up is inclined only to pleasure" and we a small sensitive child mourned a bit with these patriarchs as they wondered "Where will it all end?" and sighed with them over a world then apparently on the very brink of ruin.

That was near to a half century ago and still the folks go to their sowings and reapings, their toils and their pleasures. Pretty much as always, young people go their happy ways, as thoughtful, or perhaps as careless as did their forbears at like ages, and we who are older check ourselves in time or perhaps find we are expressing similar sentiments of our day and age to those of the elderly gentlemen of the long ago. "Yes", James continues speaking into was a boy. Then, for relaxation and inspiration through the week, folks went to their mid-week prayer-meeting. Now", and he lingers on the word, "they go to the Movies or some other form of light entertainment and", he adds "appear to enjoy them! Dear, dear!" he goes on, and we smile at the familiar words, which each from generation to generation though they contain an inference not wholly lost to us "they're not much like the older generation we knew!"

And we having learned something from the years, know as does James, who on occasion is inclined like granddaughters to "make believe" for our benefit, that no matter the day and age, at heart succeeding generations are pretty much alike, though they are borne along with the times to new environments and interests — and changed points of view. Not of course on basic principles of living, but in incidentals to it — in improved methods of farming, in transportation, in foods and dress and in amusements. James' remarks have been in regard to the latter, now that borne to us in the march of time, motion pictures are being shown fortnightly in the community hall, down the river road. Though James ageing now pretends to be against such light forms of entertainment, — on occasion we have heard him mention to our bachelor-visitors certain tantalizing remembrances of those times "when you could hold hands with your—what do they call them now? Girl-friend" in the days of the silent film, of which we are led to believe he was a frequent attendant. "We believe too that if the past generation he speaks of to admire for their good living were to come back to us—say if great-grandfather to Jamie were to step down from the group on the parlor mantle, to have squired us, his daughter-in-law to the hall this evening. It would not have been to us upon the form of entertainment, but on the contrary to marvel over the mystery and fascination of it and as we, to gain something from it to educate or inspire, as succeeding scenes unfolded.

"It's a funny thing, isn't it, Ellen?" James breaks our recent silence "you'd have felt terrible if you had happened to see a hungry man in the picture. It would likely have moved you to tears, now wouldn't it? It would be more actual, so to speak, than if you viewed it in real life!" And our chuckles mingle, as we acknowledge the hint for a cup of tea.

Until tomorrow — Diary—Good-night

Rice, cooked so that the grains are separate but tender, is delicious in a salad. Mix diced cooked chicken, cooked drained green peas, and finely diced celery with the rice, and moisten with boiled salad dressing well seasoned with mustard and sugar. Serve on salad greens and garnish with hard-cooked egg, green pepper, and tomato.

AUTUMN
Autumn has come trailing across the field
Her mottled robe of gold and crimson leaves
A train of splendor. Skillfully she weaves
A blanket for the grasses as a shield.
The day is spent and from the wood concealed
The great owl spreads his wings.
Bursting with sheaves
The barn is host to sparrows, and the eaves
Shelter the empty nests where swallows wheeled.

Spring came with trilliums and daffodils,
And Summer knew the scent of clover bloom
And the warm color of the ripening grain.
But autumn lures our eyes to vales and hills
And captures, through the shuttle of her loom,
The red of buckwheat stubble under rain.
—Margaret Furness MacLeod.

Attention, brides!
Would you like a brand new trousseau for \$212? One that includes eight new dresses, two topcoats, 50 articles of assorted underwear, and other items sealed accordingly?

It may sound like a fairy tale, but it has been done. Here's the catch, though—that was in 1964. Just how good it was in the "good old days" when in a document received by the Public Archives from Mrs. James Faulds, 112 Churchill Street, Portsmouth, Ont., showing the original list of the trousseau bought by her mother, Anna McLeod, of Quebec City, before her marriage in June, 1864 to Rev. T. W. Jeffery, Wesleyan Methodist minister in Richmond and Melbourne.

"When about to be married, Mamma gave me \$200, to spend", Anna McLeod wrote, and then goes on to prove that women's nature is still the same no matter how much prices have changed by listing articles adding up to \$212.

Women the world over like to face married life with their best trousseau forward, and most brides look on their wedding day as a good excuse for a prolonged shopping spree. Anna was no exception, and by the time she had spent her \$212 her list included eight dresses, two coats, one shawl, seven nightgowns, 10

Cook's Corner

Better English

By D. C. Williams

- 1. What is wrong with this sentence? "I think I will lay off reading for the remainder of the evening."
- 2. What is the correct pronunciation of "often"?
- 3. Which one of these words is misspelled? Eulogise, benediction, Buiditen, benignant.
- 4. What does the word "perambulate" mean?
- 5. What is a word beginning with se that means "diligent; persevering"?

ANSWERS

- 1. Say, "I think I shall discontinue reading for the remainder of the evening." 2. Pronounce of'n, and not of-ten. 3. Benediction. 4. Chief. 5. That is the paramount consideration." 5. Sedulous.

Needlecraft

— FOR THE HOME —

FALL FAVORITES

Fall's popular jumper-dress — fashion fresh from swooping V-neck and belted-in waist — to the handy inset hip pockets. Companion convertible collared blouse also included in pattern.

No. 2874 is cut in sizes 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40, 42 and 44. Size 18 jumper, 2 1/2 yards 54-inch; blouse, 2 1/2 yards 39-inch.

Send 25 cents for each Pattern which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you want. Include postal unit, or zone number in your address.

Address Pattern Department The Charlotteville Guardian, Pattern No. 2874

Name

Address

City

Province

Heinz Soups

chemises, 10 pairs of drawers, three waists, nine petticoats, two aprons, 12 collars and eight pairs of cuffs.

In addition to these basic essentials, Anna bought herself such fripperies as a parasol, two bonnets, four veils, one quilted skirt, one Balmoral skirt, three dozen handkerchiefs, a silk paeletot, two pairs of shoes, one pair of India rubbers, hoops, one pair of stays \$15 worth of trimmings for dresses and underclothes.

It all adds up to a lot of trousseau for \$212, and one that modern brides, even though willing to struggle along with less than three dozen handkerchiefs, and without any nightcaps at all would find hard to assemble at four times the price.

Perhaps it's the so-called "little boy" fashion influence but certainly there are many more trousers of various sorts in fashion this winter than we've had in a long time.

The most exciting of these are the new hostess pyjamas, which come to us with a Paris background. The big French dress-makers outdid themselves creating beautiful pants that are utterly feminine.

Most of them have the pants partly disguised in some way — by a tunic, by flying panels, or by one of the new full transparent skirts in lace or net that button on or off as you like it.

FOR QUICK IRONING

When it is necessary to iron a rough dry article at once, try this method. Damp it, roll tight, wring it in a cloth and then in paper, and put it in the oven while the iron is heating. Evaporation will come to us very thoroughly dampened in a very few minutes, but care must be taken that the oven is not hot enough to scorch the things.

TORONTO — Jean Courtot, fur designer, predicts that the three-quarter length fur coat will be a popular style this fall.

"The three-quarter length is flattering to the majority of women. It can be worn comfortably and fashionably at all times, regardless of any change in dress skirt lengths."

If you have a piece of furniture that is continually losing its luster, fill up the hole with melted paraffin and put the caser in while it is still hot.

APPLE BREAD PUDDING

- 2 cups bread crumbs
 - 1-3 cups milk
 - 3 egg yolks
 - 3 tablespoons soft butter
 - 1/4 cup raisins
 - 1/4 cup sugar
 - 1/4 teaspoon cinnamon
 - 1/4 teaspoon cloves
 - 2 cups peeled, chopped apples
 - Dash of salt
 - 2 tablespoons sugar
- Add bread crumbs to milk, bring to a boil and cook for 2 minutes. Cool slightly. Beat in the egg yolks, butter, raisins, sugar and spices. Then add the apples. Beat egg whites and salt until stiff, beat in other ingredients. Pour into the 2 tablespoons sugar. Fold into the gressed baking dish and bake in a moderate oven, 350 degrees F. for about 60 minutes. Serve with cream or pudding sauce. Yield: six servings.

IT'S HERE!

NEW WHITE OXYDOL

washes clothes whiter than ever before!

THE CLEANEST WASH YOU CAN GET FROM ANY SOAP IN THE WORLD

Whitest, brightest Oxidol washes ever—Even when dried inside!

It's a new whiter wash... that you can see with your own eyes—Instantly. Yes! A whiter white, even when you dry your wash inside. With this new white Oxidol you can wash your clothes any day, dry your clothes anywhere—and you'll get the whitest Oxidol wash you ever had! And new white Oxidol is truly safe...

washable colors actually come out brighter. What's more—as long as you use new white Oxidol your clothes will keep their dazzling new whiteness for the life of your clothes!

Get a package today! Try it next wash-day...for the whitest Oxidol wash ever!

WASHES CLOTHES WHITE FOR LIFE WHITE FOR THE LIFE OF YOUR CLOTHES!

2874
SIZES 12-44