

# AFTER SUFFERING YEARS

### Cured by Lydia E. Pinkham's Vegetable Compound

Fox Creek, N.B.—"I have always had pains in the loins and a weakness there, and often after my meals my food would distress me and cause soreness. Lydia E. Pinkham's Vegetable Compound has done me much good. I am stronger, digestion is better, and I can walk with ambition. I have encouraged many mothers of families to take it, as it is the best remedy in the world. You can publish this in the papers."—Mrs. WILLIAM BOURQUE, Fox Creek, N.B., Canada.

The above is only one of the thousands of grateful letters which are constantly being received by the Pinkham Medicine Company of Lynn, Mass., which prove beyond a doubt that Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, actually does cure these obstinate ailments of women after all other means have failed, and that every such suffering woman owes it to herself to at least give Lydia E. Pinkham's Vegetable Compound a trial before submitting to an operation, or giving up hope of recovery.

Mrs. Pinkham, of Lynn, Mass., invites all sick women to write her for advice. She has guided thousands to health and her advice is free.

### FOXES FOR SALE

Two Newfoundland Silver Fox dog pups. Different pedigree. Correspondence solicited.  
W. H. KELLY,  
Box 171,  
North Sydney, C. B.

### MAY BE RESULT OF HER DIET.

For years English women never ceased to be interested in the secret of Queen Alexandra's beauty, and even today they cannot quite comprehend how a woman well past 60—one who has had her share of griefs—can appear more youthful than many a woman of 40. It is said that her diet has much to do with this. Queen Alexandra never touches red meat. She eats only chicken, turkey, duck and game. The vegetables she has served to her are cabbage, spinach, peas and beans. She does not eat pudding or pastry and for desert has simply fruit cooked or uncooked and nuts and raisins. She is particularly fond of nuts and has been known to make an entire luncheon of almonds and walnuts dipped in salt. She eats toast rather than bread and very little butter, but quantities of cream. Her majesty drinks nothing but hot milk, having given up tea, coffee, and cocoa and a moderate amount of exercise. Queen Alexandra keeps wonderfully well and preserves a girlish symmetry of figure and wonderful softness of skin.

### TO IRON LACE.

To iron lace take three or four thicknesses of clean white felt or flannel, and iron the lace over this on the wrong side with a moderately hot iron. Use the point of the iron to raise the pattern of the lace; keep it the same width all the way along, and air well before putting it away. Very fine lace should be ironed through muslin and never touched with the points from you, cover over with more paper and iron over that. Lift the upper pieces of paper occasionally to see that the lace lies smoothly underneath. Iron until quite dry, and hand up to air. Black lace must never be touched with the bare iron; there must always be something over it to prevent its getting glazed. Paper not only prevents the lace from staining the ironing-sheet, but it also imparts a slight stiffness to it.—The Delineator.

In a small newspaper office the printer, in making up the paper, got the type mixed. The first part of the obituary of a townsman had been placed next to a handful of type in which was the description of a fire. Readers were startled when they came to the paragraph which read thus:—The pallbearers lowered the body to the grave. It was consigned to the

flames. There were few if any regrets, for the old wreck had been an eyesore to the town for years.

A little girl had sent back her plate for turkey two or three times, and had been helped bountifully to all the other good things that go to make a grand dinner. Finally she was observed looking rather disconsolately at her unfinished dish of plum pudding.

"What's the matter, Ethel?" asked Uncle John. "You look mournful." "That's the trouble," said Ethel. "I'm more'n full."

Then she wondered why everybody laughed.

### NOTHING TO FEAR

Lady—Yes, I've an umbrella that needs mending; but how am I to know that you will bring it back? "Umbrella Mender—Have no fear, I'll rush charge more for mending, than I could sell the umbrella for."

### Constipation Vanishes Forever

Prompt Relief—Permanent Cure



**CARTER'S LITTLE LIVER PILLS** never fail. Purely vegetable—act surely but gently on the liver. Stop after dinner—cure indigestion—improve the complexion—brighten the eyes. Small Pill, Small Dose, Small Price. Genuine and bear Signature.

### THE CUP THAT CHEERS

#### Dominion Blend Tea

(Registered)

Are you dispirited?  
Are you out of sorts?  
A cup of Dominion Blend Tea will put you on your feet.

### ECONOMICAL WHOLESOME RELIABLE PURE



### MAGIC BAKING POWDER

### Charlottetown School of Music

Reopens Tuesday Sept 5th 1911. Subjects, Organ, Piano, Vocal Violin, Harmony, Counterpoint, Canon and Figure etc. Further particulars from,  
Musical Director,  
PROF. C. M. WRIGHT,  
F. I. G. C. M. L. Mus. V. C. M.  
9-5dttsj

### BLUESTONE

For the prevention of Smut in your grain and Scab on your potatoes use BLUESTONE. You can buy it pulverized 9c per pound from

### Stanley Shaw & Peardon

Charlottetown  
4-29dtf.

HOW few stop to consider what quality of water is used when ordering a drink of the many varieties of bottled aerated beverages that are offered for sale.


We sell the product of the Havelock Mineral Spring Co. Ltd and it is the only genuine boiling spring used for bottling purposes in the Maritime Provinces. Quality always counts. Write us for prices we would be pleased to supply you,

Your very truly,  
**R. E. Mutch & Co.**  
Charlottetown, P. E. I.  
6-12duws6m

### SMOKE and CHEW LABOR KING

#### Twist Tobacco

Manufactured by  
**ROCK CITY TOBACCO CO**  
QUEBEC



### SYNOPSIS OF CANADIAN NORTH WEST LAND REGULATIONS.

ANY person who is the sole head of a family, or any male over 18 years of age, may homestead a quarter section of available Dominion land in Manitoba, Saskatchewan or Alberta. The applicant must appear in person at the Dominion Lands Agency or Sub-Agency for the district. Entry by proxy may be made at father, mother, son, daughter, brother or sister of intending homesteader.

### COWAN'S PERFECTION COCOA

Is rich in food value and easy to digest. It is just Cocoa, pure Cocoa, ground from the choicest Cocoa beans.

Nurses and Doctors recommend its use in sickness or in health.



Do You use Cowan's Cocoa?  
7

### Rothsay Collegiate School

Rothsay, N. B.

Conducted on the House System in which the boarding houses are quite separate from the main buildings, and each is in charge of two masters.

Education unexcelled—buildings up-to-date and splendidly equipped, including an excellent gymnasium, and manual training department—teaching staff highly qualified. Preparation for Universities, R. M. C., or Business.

Next term begins Sept. 12th.

Illustrated calendar and full details on application to

### Rev. W. R. Hibbard, M. A., Headmaster.

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Red Blood Tablets

# NULIFE

Red Blood Tablets

## NULIFE is the Greatest Blood and Nerve Food in Existence

### A Matchless Form Developer and Skin Beautifier

Your form may be beautiful, your features perfect and your complexion handsome, but if your blood begins to get impure you will lose all your charms and become a disfigured, emaciated weakling and have your system unprepared for the attacks of disease. By using NULIFE when first symptoms begin to appear you will be able to successfully thwart the advancement of any disease and build up your system better than it was before.

NULIFE (Red Blood Tablets) is not a cure-all. It acts directly on and enriches the blood and thereby strengthens the wasted tissues, further helping to offset any disease. It is a well known fact that half the ills of life originate from poor and impure blood.

NULIFE (Red Blood Tablets) is a matchless nerve food and blood builder that is without a rival. It is the grand result of many years of experimenting, analyzing, and testing by the world's leading chemists and physicians.

NULIFE cures every disease caused by pure or impure blood by supplying more and better blood—to the system, every Nulife tablet means that much more and better blood there's good health in every tablet.

### Good Health and Strength through Pure Blood

The impoverished or watery condition of the blood is usually accompanied by some of the following symptoms—pale and sallow complexion, general muscular weakness, loss of appetite, depression of spirits, lack of ambition, anemia, chlorosis or green sickness, palpitation of the heart and shortness of breath.

As the health in general and the happiness of life depends largely upon the state of the blood it behooves everyone to seek for and use some blood builder of great merit. NULIFE (Red Blood Tablets) is a blood purifier unequalled by any other medical preparation on the market.

### NULIFE (Red Blood Tablets)

### A Box 50c 6 Boxes \$2.50

### NULIFE (Red Blood Tablets)

### Men and Boys Regain Lost Health Through Nulife

All boys are active and energetic as a rule, but some stay round the house and cannot take much interest in anything. This can be charged to weakness, caused by impure blood; for it is an unnatural tendency. NULIFE will make a strong, active, rosy cheek lad out of any "molly-coddle" and make him take an interest in all healthy pastimes.

Men will find NULIFE a source of supply for rebuilding a worn down body and brain. Modern life has a devitalizing influence on mankind and unless you are fortified with strong vigorous health you cannot be a leader among men. NULIFE will keep your body in trim by giving health and strength through pure rich blood.

### NULIFE "Red Blood Tablets" is Sold by the Following Dealers

- MacKinnon Drug Co., City
- Two Macs, City
- Geo E. Hughes, City
- J. W. Carruthers, Montague
- Cox Bros, Morell
- Mrs. M. A. Campbell, St. Peters Bay
- H. J. Mabon, Souris
- Alex Robertson, Red Point
- Jas. F. Lord, North Tryon
- J. P. Smith, Kinkora
- S. H. Colwill, New Haven
- Ewen MacKinnon, Hampton
- Calvin Howatt, Victoria
- Keir & McFadyen, Kensington
- P. N. Enman, Summerside
- E. C. Lepage, North Rustico
- W. B. Dyer, Alberton
- Johnson & Johnson, City

### A Matchless Tonic for Growing Girls and Working Women

Many girls at the age of fourteen and over, do not really enjoy life with the vim that is natural. They do not take heart in play, cannot study and appear morose and despondent. This is caused by impure blood and should be attended to when girls are approaching puberty. NULIFE will fill the veins with strong, clear blood and give that joy of living that comes from perfect health.

Women too, will find in NULIFE a staunch friend and aid in times of trouble. It will develop health and strength by installing perfect blood in the system, will fit them for the duties of wives and mothers and will prove a ready remedy in time of sickness.

## International Drug Corporation, London and Berlin.

Johnson & Johnson, Wholesale Distributors, City.