

Woman's Realm / Social and Personal / Fashions / Literature

Your Individual HOROSCOPE

By Frances Drake

For Wednesday, January 29th
MARCH 21 to APRIL 20 (Aries)
 A tricky day in some ways. A few unfriendly indications during the morning, but with 2 p.m. and until 3 a.m. tomorrow several splendid aspects point to wholehearted co-operation in all progressive essential work and activities. Benefits shown.

APRIL 21 to MAY 20 (Taurus)
 Familiar matters, continuing your present work and striving to increase and improve production and transportation are more favored than personal pleasures and less important undertakings.

MAY 21 to JUNE 21 (Gemini)
 Your mental attitude toward the difficult tasks and other problems confronting you will either aid or hamper you. Refuse to become

nervous and you'll get through okay.

JUNE 22 to JULY 23 (Cancer)
 Some disturbing influences emanate during this morning, but all sensible and constructive work, including study, research and helpful expansion is sponsored.

JULY 24 to AUGUST 22 (Leo)
 Friendly for all earnest efforts. Between 4 a.m. and 2:40 p.m. you may be tempted to want your own way too much or think only of YOUR rights. You have many privileges—think of being grateful for them!

AUGUST 23 to SEPTEMBER 23 (Virgo)
 If you double your efforts and employ rightly your keen mental equipment, you can make a good record for achieving only in your own line but also assisting others in theirs.

SEPTEMBER 24 to OCTOBER 23 (Libra)
 Favorable for dealing with difficulties, especially in industrial concerns, superior in your own organization; seeking and granting favors; making personal

COLDS

FIGHT MISERY where you feel it—Rub on fast-acting VICKS VAPORUB

Art of Public Speaking May Be Studied at Home



Practise Gives Speaker Poise

How motivating to stammer a poor speaker, then have a brand new club member rise and speak with delightful ease!

Lack of poise in public speaking can be such a handicap in club life. Yet you could become as self-assured as anyone by learning a few rules, practicing a few tricks before your mirror.

With head up, look straight at your reflection and speak aloud—throwing your tones to the front of your mouth. Just as easy to face an audience that way—instead of looking timidly at the ground, muffling your voice.

What to say isn't such a problem either. Welcoming a guest, a correct and gracious speech would be "It makes us proud and happy to have you with us."

In longer talks, clever to start with an anecdote. It relaxes you, pleases the audience. And dramatic to repeat a key word as in the famous: "HERE is one third of the nation ILL nourished, ILL clad, ILL housed—NOW!"

Other aids to poise are knowing correct form, parliamentary procedure. Our 32-page booklet gives parliamentary rules, pointers on voice training; tells how to prepare and deliver speeches. Gives simple talks for many occasions, tips for hostesses.

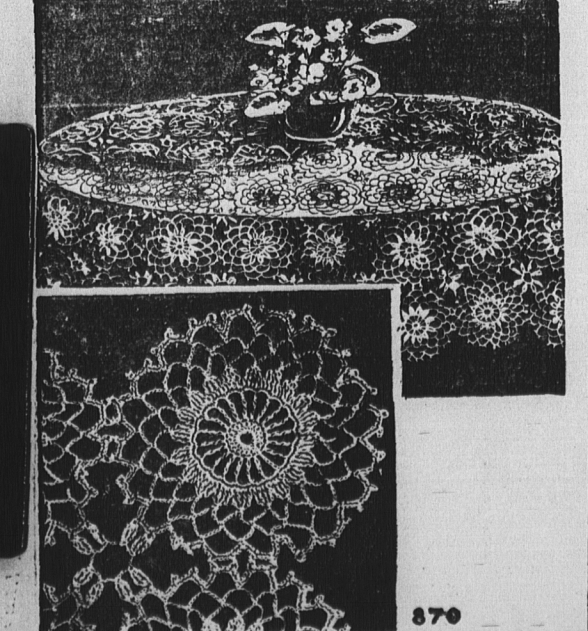
Send 20c in coins for your copy of Public Speaking Self-Taught to The Guardian Home Service. Be sure to write plainly your Name, Address and the Name of booklet.

Name _____

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CLUSTER AND MESH MEDALLION FOR TABLECLOTH



Design No. 870

Each medallion requires only a little time to crochet and it is one of those "conversation pieces," which the individual may work while talking. Pattern No. 870 contains list of materials required, illustration of stitches used and complete instructions.

To order this pattern, send 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian, To Charlottetown Guardian, Needlework Department, Design No. 870.

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UNDER PRESSURE

By **GEORGE AGNEW CHAMBERLAIN**

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The horses were saddled, Joyce and Dirk ready, but with the break of day came a surprising development. It was Leonardo who brought the bad news. Descending from the ramparts he reported that Dorado's following had almost doubled overnight. That was the worst of it; secure by reason of their numbers for the first time their riders had dared pass to the northern side of the barranca. Here was the picture: straggled out from the eastern gate was the great ditch with the rope bridge gone and the howlers, temporarily silenced, in its depths. Beyond near and yet so far—was Pancho's abandoned guard. What need had Dorado to guard that section? None. Had his men begun to slip to the side, as had been their invariable custom, faster horsemen might have ridden around them, but he had been too clever. They had deployed on the near side of the chasm in two broad fans, well out of range, almost three miles to the east and west of the barranca. There they waited, like vultures for the moment when fire or ruin should drive its inmates into the open. Dirk turned away, not caring to see what must be in Joyce's eyes.

"Well," he murmured, "I guess the game is up."

"Wait," said Joyce. "Come here, Dirk. Come quite close, so nobody else will hear. Look in my eyes, Dirk. How far can a horse jump?"

He stared at her and the longer he looked the more did a bar of steel seem to form between her eyes and his. "I don't remember the record, Joyce," he said quietly, "but it's better to know what the barranca at the spot where the bridge used to be. Shall I help you?"

"Please," said Joyce.

He bent his knee and she mounted Rayo; an instant later he was astride Tronido. They tried to walk the horses across the great court and well over the width of the barranca at the spot where the bridge used to be. Shall I help you?"

"Please," said Joyce.

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"Where are you going? What do you think you're doing?"

"Open the eastern gate, will you?"

"Not!" shouted Arnaldo.

Joyce turned. "Pobalito and raised her quirt. 'Open the gate!' she commanded. 'Open!'"

He obeyed; the bar tumbled and one leaf swung back. Joyce was the first to rush through the opening, already they were at a full gallop—a near bolt.

"Joyce!" he fairly screamed. "Stop! It isn't fair! For God's sake, Joyce give the horses a chance!"

For the first time he laid quirt to Tronido. The gallant beast took it well, seeming to sense that he wanted, he laid body to ground and drew level on the right of Rayo just as the barranca came into full view. That was all Dirk asked. He began to ride Joyce off, slowly at first then with firmer pressure. Now they were galloping in a wide circle, giving the horses and themselves opportunity to steady down. Dirk could talk and be heard.

"That was a close call, Joyce; they wouldn't have jumped—they'd have ridden into the gorge head down. But now that they've had a chance to look at it, come on."

He whistled Tronido, headed him straight for the barranca and began to lift him with knee, hand and voice. Rayo was beside him, stride for stride. They rode together—Jo and Joyce were riding through the tall of his eye he felt rather than saw her figure, tense where it ought to be tense, light where it ought to be light, crumpling in the saddle, passing its message of courage to the horse beneath: "Are you afraid? No. Neither am I!"

At 15 yards from the brink the horses seemed to get a first inkling of what was coming; and at 20 a mysterious change took place in the rhythm of muscle and stride. They were gathering themselves, feeling the sod, digging in for the mighty leap. Then the rush—that peculiar hurrying where heart, muscle and bone make their bid's sake, their impossible in the face. Thunder and lightning—lightning off side by side and soared. Joyce had a sensation of flying, above, above, above below. Rayo's hind feet, everthing gathered under, made the

Dorothy Dix Says

MAN MUST NOT EXPECT TOO MUCH FROM GIRL HE MARRIES

Husbands Are Too Critical Because They Demand Their Wives Be Human Paradoxes

The real grievance that most disgruntled husbands have against their wives is that each of the ladies in question is not a compendium of all of the known feminine charms in herself. They are not content to do as the Orientals do—marry one woman for her birth and breeding, another for her beauty, another for her cooking, another for her ability as an entertainer, another for her skill in cookery, and so on. No They expect one poor, lone, lorn woman to be a whole harem rolled into one, and when she falls down on delivering the goods on the large a cook and a seamstress, and that their wives do not understand them and that they have nothing in common. Most wives would give satisfaction if their husbands were content with their offering them one line of attractions. They could be domestic or playful, all mother or all wife, fashion plates or bargain hunters, gradable, or stay-at-home, and if a husband comes in the husband expects his one and only wife to double up in string and brass, so to speak, and to be a cook and a glamor girl, a wisecracker and a colic-walker all at the same time.

A man doesn't lay off himself as he beholds the fat, commonplace, middle-aged wife of his bosom: "My, but I am lucky to have her!"

is always good-natured and jolly and laughing.

Men Too Critical

Oh, no. Far from it. He howls out that his stomach has been ruined by bad cooking, and his money wasted by careless spending, and that his wife and the children always look sloppy and messy. He is always grumpy and he wonders why his Sally Ann isn't neat and orderly like Mrs. A. and doesn't make bread like Mrs. B. and isn't as good as Mrs. C.

Neither is the man who is married to a woman who looks like a picture in a \$1,000,000 frame satisfied with just admiring her as a work of art, and consider it a privilege to pay for her upkeep.

He complains because she doesn't buy her clothes from the basement bargain, and because she wants to go out to places where she can be seen and admired, and because she isn't thrifty and industrious like some other wives he knows. And the man who is married to a highbrow isn't satisfied to have an intellectual companion who will get discussing with him the things they are not, and because every woman isn't a whole harem in herself. DOROTHY DIX.

THE COOK'S CORNER

SHEPHERD'S PIE

Four cups cooked beef, lamb or veal cut up or cubed, 2 cups cooked sliced carrots, 1 cup cooked small onions, 2 1/2 cups gravy, 3 cups mashed potatoes seasoned, 1 egg, beaten.

Place the meat, carrots and onions in a casserole or six individual casseroles. Pour over the gravy and top with the seasoned mashed potatoes, to which the beaten egg has been added. Bake in a hot oven (425 deg. F.) for 45 minutes. Serves 6.

ECONOMICAL STEW

One large onion, dripping, salt, a few peppercorns, 1 pint vegetable stock, 1 or 2 potatoes or the same amount canned tomatoes, stewing steak (or lamb or mutton), 1 bay leaf, small cup washed barley.

Fry the sliced onion in the hot dripping together with the tomatoes, salt and sliced. Add the meat cut small and fry for a few minutes. Add the peppercorns, bayleaf, salt and about 1-2 pint of vegetable stock. Bring to a simmering point, then add another 1-2 pint of stock and the washed barley. Put on the lid and simmer for two hours.

If liked, macaroni or rice can be used instead of barley sometimes.

BAKED HAM WITH SQUASH

Two cups diced canned ham, 2 cups diced winter squash, salt and pepper, 1-4 cup brown sugar, 2 tablespoons water.

Place ham on bottom of a baking dish and lay squash on top of ham. Sprinkle with salt, pepper and brown sugar. Add water, cover and bake for 50 minutes in a moderate oven (375 degrees F.). Reduce the heat to 275 degrees F. and continue baking for 25 minutes longer.

PLAN BOAT RACE BUT UNOFFICIAL

OXFORD England, Jan. 21.—Cambridge and Oxford are planning to renew boat race rivalry next spring. Oxford's challenge for a race was accepted and Cambridge, who won last year by five lengths, will hold four practices weekly. The race probably will be held in March over a short course at Henley. No blues will be awarded and the result won't go into the official records.

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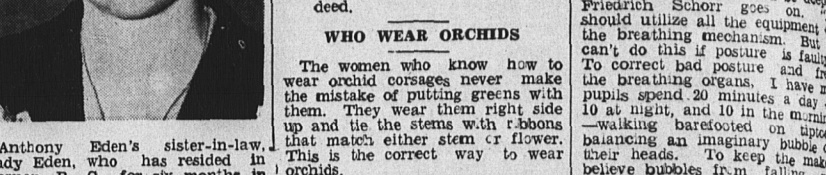
To Open School Living & Leisure

The Woman's Realm

A small ship launched upon an unknown sea. A small vessel planted by an unknown tree. Such is this strange New Year to you and me.

Whither the vessel goeth, and how the tree upgrowth, Only God knoweth. But sail the ship, and plant the seed.

Which is done in faith is done in deed.



WHO WEAR ORCHIDS

The women who know how to wear orchid corsages never make the mistake of putting greens with them. They wear them right side up and tie the stems with ribbons that match either stem or flower. This is the correct way to wear orchids.

Galvanized steel is steel which has been coated with high-grade zinc to improve corrosion resistance.

A new patent reveals now high-frequency waves may be utilized to produce sharper photographic pictures and prints.

PROPER PAINT ADDS TO LIGHT VOLUME

Plant and factory executives, who are modernizing their properties and devoting particular attention to proper lighting, are learning that even in so-called daylight plants with many windows and skylights, it is essential for walls to be properly painted with regard to light reflecting value.

The pale tints of high reflecting value, particularly those most closely approaching white, cream and ivory—are proving very satisfactory. Modern construction, which considers windows, lights and paint as three aids to one end—better vision—is mainly responsible for this interesting trend.

CIANO JOINS AIR SQUADRON

ROME, Jan. 27.—(AP)—The Italian Foreign Minister, Count Ciano, Premier Mussolini's son-in-law, was reported today to have joined a bomber squadron in a war zone.

A communique said: "Foreign Minister Galeazzo Ciano, a lieutenant colonel of the Royal Air Force, has taken command of his group of bombers in the zone of operations."

FASHION FASHES

For evening, metals, in embroideries or in fabrics, are endorsed, but always insistently discreet. F. I. an example, there is a black crepe dress with many windows and skylights, it is essential for walls to be properly painted with regard to light reflecting value.

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WASHINGTON, Jan. 27.—(AP)—President Roosevelt cancelled several engagements today and went to bed to nurse a cold.

White House officials said he was taking precautions, more than anything else, and probably would return tomorrow.

BEEF-STEAK served in a

would be unusual BUT—

you can enjoy the beefy flavour and stimulating goodness of

HOT BOWTI IN A TEA CUP

"It is the wise woman who makes a real effort to preserve the youthfulness in her voice, and whose tones won't betray her when she is older," says Friedrich Schorr, Metropolitan Opera star and celebrated voice coach.

She can't begin to do young," Mr. Schorr continues. "For voices age

LIGHT VOICE WORTH KEEPING

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She can't begin to do young," Mr. Schorr continues. "For voices age

Needlecraft—For The Home

It's fun to make clothes for tiny tots, and so economical, too! The simple little dress made of brightly printed cotton with neat stitches and buttons large enough for tiny fingers to grasp, will please any little girl. For the child still wearing rompers, here is an easy-to-make style that is comfortable and attractive. But the dress and creeper suit are included in this pattern.

Style No. 3179 is designed for sizes 6 months, 1, 2 and 3 years. Size 2 requires 1 1/4 yards of 39-inch fabric for dress; 1 3/8 yards for creeper.

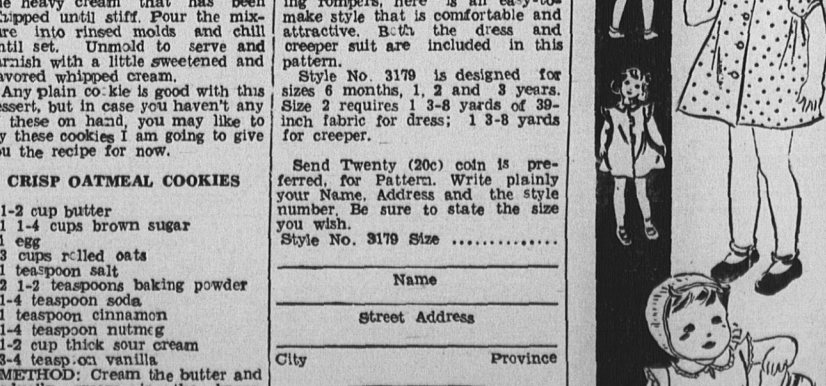
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