# Woman's Realm ~ Social and Personal ~ Fashions ~ Literature

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## A Job Only You Can Do

**Price Control Questions And Answers**

**Questions and Answers on Price Control will appear in The Guardian as a regular feature each day The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are provided by the Board Readers. Persons who have intelligent questions to ask on price control are invited to send them in writing to the Women's Regional Advisory Committee of the Wartime Prices and Trade Board.**

Q. What is the interpretation of the storage of meat? Does it apply to meat canned in the farm home prior to rationing?

A. This means meat kept in a cold storage plant. It does not apply to meat canned at home.

Q. I live on a farm and keep sheep. Is it permissible to sell 25 lbs. of wool to a woman in the city who desires it for her own use?

A. No. During the present war wool may be sold only to agencies acting on behalf of the Canadian Wool Board.

Delicious!

KING COLE TEA AND COFFEE


## Dorothy Dix Says—

### CONFESSION A MISTAKE THAT BRINGS HEARTBREAK TO GIRL

### May Ease Man's Conscience To Tell Of Sins But It Supplies Food For Her Jealousy

DEAR MISS DIX—I am a young chap in the Air Force. Before the war if I wanted to take a girl out I would have to do my darndest to please her and be thankful she would step out with me. Not that I am an undesirable person. I have a college education, good manners and a neat appearance. It is just that in those times back home a fellow had to run after a girl, but now we air men have to run a mile a minute to get away from the girls. They try to pick us up in dance halls, on the streets and anywhere else.

At first I was enraged at this new type of girl, but later I joined the other fellows at camp and took the girls up on their come-hither looks. Here is my problem, Miss Dix:

I have a very nice girl friend back home to whom I write very often. She knows I go dancing, but does not suspect that I pick up girls at every available chance. I always figure that what she doesn't know doesn't hurt her, but now through my dishonesty to her I wonder if she treats me the same way? She is a very good living girl and would never forgive me if I told her about the others, and as I like her better than I do any other girl, why should I spoil everything by telling her?

I can't see anything in this sitting around dreaming of someone who is probably out two-timing me. I intend to have a good time while the going is good. Don't you agree with me?

FOOT LOOSE AND FANCY FREE.

**CONFESSIONS FOOD FOR JEALOUSY**

ANSWER—Well, at any rate, your attitude on the double standard is the one that has been held by the great majority of men since the beginning of time. Women should be faithful and men free to roam, and what a woman doesn't know doesn't hurt her. That's their dope.

With this last part of the theory I am in hearty accord. No man ever makes a greater mistake than when he tells the women who loves him the things he has done that break her heart to know. His confessions should be made in the church and to a priest, never to his wife or to his sweetheart. It may ease his own conscience to tell his fiancee or his wife of all his diversions from the straight and narrow path, and of the lips he had kissed, and the measures he has danced, but it does no possible good. It doesn't wipe out the past. It only gives her food for jealousy and shakes her faith in his loyalty. Wise is the man who, before marriage, draws the veil of silence over his bachelor life; who burns up all of his old pictures and love letters, and never boasts to his wife about what a devil he was among the ladies.

I gather from your letter that you are not even engaged to the girl friend back home, so what right have you to accuse her of two-timing you if she goes out with other men? If you are not betrothed to her, you have no claim upon her and she is under no obligation to sit up and suck her thumbs, waiting for you to come home and maybe pop the question and maybe not. I think she would be a very foolish woman if she didn't have an eye out for some chaps who would take her around and give her a good time and who seemed to have more matrimonial intentions than you have.

As to the femmes who run after you air men, don't be too hard upon them. Just think how fascinating you bird men are! How could the poor girls resist you?

DEAR MISS DIX—We have been married almost six years and have two small children. Lately my husband has been running around with a girl. He says he doesn't love her and that he doesn't care for any women, including me; that he is fed up with women. He says he is tired of having to explain to me all of his comings and goings and being put through a questionnaire about everything he does every time he comes home, but that he is not going to leave me because he loves the children.

He is a good provider and not hard to live with. Would I be foolish to ask this girl not to see him? Should I leave my husband, or should I go out too, and give him what's good for the goose is good for the gander sauce? Or should I be patient and pray for him to love me again? It is terrible living with a man you love and to know that all that holds him is the children.

He has been talking about joining the army. Should I encourage him to do so?

HEART-BROKEN WIFE.

**ARMY MAKES MAN APPRECIATE HOME**

ANSWER—I think your best plan would be to urge your husband to join the army. Evidently what's the matter with him is that you bossed him too much and have been too possessive, and he has gone sour on married life.

He is tired to having no more liberty than a dog on a leash and of having to punch the home time clock on the dot, and having to give an account of every minute of his time during the day. An overloving wife, who is too possessive, is apt to get on a husband's nerves.

But if he goes into the army, he will have a complete change and he will find that the discipline of a top sergeant is even harder to bear than that of a wife. He will miss home cooking and home comforts, and he will especially miss the children. And he will come back to you a changed and chastened man who has realized that better is the tyranny of love than the lonesomeness of being where nobody cares about one at all.

Don't be foolish enough to humiliate yourself by going to the girl and asking her to break off with your husband. That will not only make you, but your husband, ridiculous, and you must surely have enough common sense to know that any girl who runs around with a married man is not going to give him up to please his wife. She knows what she is doing well enough.

Don't resent your husband loving the children more than he does you. They are your best bet. They will hold him to you when all else has failed.

DEAR MISS DIX—I am a girl of 14 who would be much more attractive if I could use lip stick. It would help me out a lot. Mother and I have been trying to convince Father of its harmlessness, but he refuses to let me use it. Says it is not only vulgar and useless, but contains poisonous dyes. How can I convince him that he is wrong?

A HEART-BROKEN GIRL.

ANSWER—Probably you can't. But it is a fact that a little lip stick, judiciously used changes many a homely, pale-lipped girl into a beauty. Tell your Father to look around and assure himself of that with his own eyes. Furthermore, if lip stick was poisonous, practically every girl over 12 years old would be a corpse, whereas the world is filled with hearty and healthy adolescents.

## Living & Leisure

### The Woman's Realm

**Grace In Wartime**

Father, again we bow our heads
To thank Thee or our daily bread;
Give us the strength to sacrifice
That those who want may still be fed.

For all the bounty of Thy love
Sustaining us through anxious days,
We of this family, O Lord,
Lift grateful hearts in thanks and praise.

Although without some luxury
This simple meal seems incomplete,
We gladly share our portion, Lord,
That those in greater need may eat.

Amen
—Dorothy Dumbrille.

**SUMMER TIME TO INSULATE**

The threatened fuel shortage may take us back—or almost back—to the pioneer days when Grandma and Grandpa raised ten children in a log shack with the wind whistling through the cracks. Logcabins may be outmoded but unless the windows and walls are well sealed up, the floor is going to be cold when we hop out of bed in the mornings next January; the bathroom will feel like an ice house.

So what? Zero weather is probably the last thing Canadians are thinking of as they weed their Victory gardens. But summer is the time to insulate the home.

First, check up on the places where most heat is lost, say heating engineers. These are walls and roof, floors and basement, and windows and doors. Maybe the roof is already insulated. Then perhaps warped windows will let in cold draughts. Tight fitting storm windows and doors will keep out cold air.

If the whole house needs insulation, there are still products on the market that will give maximum protection. Rock wool and fibreboards are among the most effective.

Insulation, say the experts, can cut fuel bills more than half. Tests made on an average six-room house show that with windows and doors sealed with weather-stripping, rock wool in walls and ceiling, fuel consumption was cut from 13 1-2 tons to five. While the initial cost of insulating may seem high, the annual saving in coal bills will soon pay for it.

**PREVENTING MILDEW**

Worried about mildew all over your nice fresh wash? Next time, don't take chances! Add some vinegar (about a quarter of a cup to a gallon) to the last rinse water, swish the clothes around a bit. Vinegar (about a quarter of a cup to a whites and colours and the clothes will dry clean and sweet-smelling with the danger of mildew staved off for a much longer time

**TO DIVIDE BISHOP'S PALACE**

Fulham Palace, for eight centuries the residence of the Bishops of London, in future is to be divided in two—one half of its 54 rooms to be retained by the bishop and the other half to be converted into a hostel. Dr. Fisher, the present bishop, has applied for his palace to be considered under the measure whereby the ecclesiastical commissioners can take over a bishopric, discharge official expenses and pay the bishop a reduced salary. An advisory committee has already recommended that because of both historical association and the needs of the diocese, the bishop should continue to live at Fulham.

Senior school children in Carlisle, England are to attend meetings of the city council as part of their education in citizenship.


Grand Nourishment!

GRAPE-NUTS FLAKES are a *two* grain cereal. They bring you the important food values of both wheat and malted barley ... carbohydrates and proteins, useful quantities of iron for the blood and phosphorus for teeth and bones, as well as other food essentials.

When you shop tomorrow, look for the red and white package that says Grape-Nuts Flakes!

REGISTERED TRADE-MARK Grape-Nuts BRAND FLAKES

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## THE COOK'S CORNER

**Steamed Pork With Carrots and Turnips (Jan-Yok-Ben)**
(Serves 4)

One pound lean pork, 1 teaspoon salt, dash pepper, 1 teaspoon cornstarch, 1 teaspoon soy sauce, 1½ tablespoons oil or melted fat, 4 tablespoons carrots, 4 tablespoons white turnips, 2 tablespoons scallions.

Chop the pork very fine or through a meat grinder and pl in a mixing bowl. Sprinkle over the salt, pepper, cornstarch sauce, oil or melted fat and bl in thoroughly. Then finely dice add the carrots, turnips and s lions. Place in shallow pan, or casserole. In a deep frying or kettle with a tightly fit cover, place water 1½ inch d On a trivet or rack deep enough hold dish above water, place dish containing pork mixtu Cover pan tightly and steam a low flame for about 1 hour 20 minutes. Serve immediately hot, boiled rice.

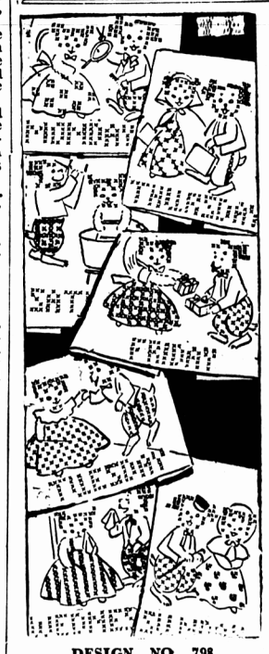

Guard Your Lips Against Sunburn

*Painful Cracking Relieved*

Sore, cracked, sunburned lips make life miserable in Summer. Painful and unsightly, their cracked, rough surfaces are easily infected. Don't run this risk! Prevent sunburned lips with Lypsyl. It acts as a protective film between the delicate lip-skin and the burning rays of the sun. Its wonderful emollient action protects the delicate membranes from chapping caused by wind and water, so lips stay smooth and soft. When lips are already cracked, Lypsyl gives quick relief, seals the wounded membranes against dangerous germs, hastens natural healing. Get Lypsyl at your store today and use it regularly. Sold everywhere in handy stick form.

LYPSYL Natural Red or Invisible White for Men and Women


**CUTE KITTENS AND DOGS FOR TOWELS**



**DESIGN NO. 798**

Little kittens and dogs are new days-of-the-week towel designs, worked in cross stitch. Hot iron transfer pattern No. 798 contains seven motifs measuring 4 by 5½ inches each with complete instructions.

To order pattern: Write, or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian, Needlework Department,

Design No. 798

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STREET ADDRESS - - - - - -

CITY - - - - - - - - - - - -

## Home Service

Grow Delicate Flowers Your Home

**ORCHIDS AT HOME**

Even you can grow orchids home! What could be lovelier cultivating yourself that most gile and delicate of all flowers sidered so rare because of beauty, you will be envied your friends if you develop th

True, they are difficult because they need careful att but they are not too difficult for average person.

Most people, however, prefer more simple plants for beauty their home. Flower or foliage —they all look lovely in a ro and seem to add a definite to

Potted plants and ferns are easy to keep. If you give them fect care, all will bloom for but even if you neglect them, will live a long time and be m attractive than any artificial pl you can buy.

Our 32-page booklet is a sim manual that will show the ho maker how to grow indoor plan flowering and foliage—the y round. Brighten your home t way!

Send 15 cents in coins for w copy of Making Plans And Flow Grow Indoors to the Ch lottetown Guardian, Home Se vice, Address. Be sure to wr plainly your Name, Address a the name of booklet.

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LOVELY Hollywood screen stars depend on gentle Lux Toilet Soap care to protect million-dollar complexions. They know Whipped Cream Lather removes stale cosmetics, dust and dirt *thoroughly*. Leaves skin soft, velvet-smooth. Try these beauty facials for 30 days. You'll agree with Hollywood they really *work!*

**9 out of 10 Screen Stars use Lux Toilet Soap.**


## Needlecraft

### For The Home




**SMARTLY CUT TWO-PIECER**

**So Wearable in a Washable**

A two-piecer with the smart simplicity of perfect tailoring; you can accentuate its good lines, if you like, with easy-to-do hand stitching. Works out beautifully in so many of the wanted fabrics — spun rayon, linen-like weaves, chambray, and seersucker that needs no ironing.

Style No. 2722 is designed for sizes 10 to 40. Size 16 requires 3¾ yards 35-inch fabric. Pattern is hand-cut to United States Standard measurements and includes chart with step-by-step instructions.

Send twenty cents for pattern. Write your name address and style number. Be sure to state size you wish.

Style No. 2722

Name

Street Address

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## A Morning Smile

Dear Health Editor: Every time I have a cup of tea I get a stabbing pain in my right eye. What shall I do?"

Answer: Take the spoon out of your cup.

**ACTION CALLED FOR**

Sentry: Who goes there?

Major; Major Jones.

Sentry; I can't let you proceed without the password, sir.

Major; Drat it, man, I've forgotten it. You know me well enough.

Sentry: Must have the password.

Voice from guardhouse; Don't stand there arguing all night;


YOU GIRLS WHO SUFFER Distress From FEMALE WEAKNESS

Which Makes You Cranky, Nervous—

Take heed if *you*, like so many women and girls, have all or *any one* of these symptoms: Do you suffer cramps, headaches, backache, weak, nervous feelings, "irregularities", periods of the blues—due to functional monthly disturbances?

Then start *at once*—take Lydia E. Pinkham's Vegetable Compound — one of the most effective medicines you can buy that's made *especially for women* to relieve monthly pain and weak, nervous feelings. This is because of its soothing effect on ONE OF WOMAN'S MOST IMPORTANT ORGANS.

Taken regularly—Pinkham's Compound actually helps build up resistance against such symptoms. Thousands upon thousands of women have been helped.

Lydia Pinkham's Compound is also a fine stomach tonic! Made in Canada. Get a bottle right away from your druggist.