

# Women's Realm, Social and Personal, Fashions, Literature

## Helpful Hints For The Women Folk

**WHEN I GROW OLD**

When I grow old, Lord, let me live  
Where tumbling waters sing  
Through ferny glens of hallowed  
muse  
Dear childhood haunts of long  
ago;

Where hisping winds, like little  
prayers,  
Lull tired minds to rest,  
And florant shrubs draw vibrant  
life  
From earth's o'erflowing breast.

Oh may my sight be such dear  
Lord,  
That my appraising eyes  
May glean the beauty of the fields,  
The glory of the skies;

And hearing be attuned to sound  
Of earth, while yet life's sweet;  
Of bird-song gay, at eve, at dawn  
The rustling of wheat.

I crave not fame, nor shining gold,  
But joys like these—when I grow  
old.

—Janet Pollock Graham.

colored straws are smart. The  
shiny accent will be followed in  
patent leather in colors also, and  
because red is so good for spring,  
the introduction of red patent  
leather is entirely plausible in hats  
or trimmings.

At the Bruyere collection shown  
in Paris, the new knaki shades are  
widely sponsored. They have a  
new and lively character, one on  
the greenish side, one on the beige  
side. With this color, black hats  
and accessories are worn and  
knaki, color dresses are trimmed  
with black. This is a start and new  
looking.

The first known typewriter  
patent was granted by Queen Anne  
of England on Jan. 7, 1714. It was  
issued to Henry Mill, an English  
engineer. No record or description  
of his invention has survived.

**BEAUTY HINTS FOR EVERY DAY**

If your skin is "spotty," eat less  
meat and fewer sweets and more  
lettuce, spinach, green vegetables  
and fresh fruit.

If your skin is dry and chapped  
try washing it in warm milk.

If your skin is greasy, put some  
fine oatmeal in a muslin bag and  
go over your wet face with it. Let  
it dry on before washing off.

Equal parts of rosewater and  
witchhazel makes a good astringent.

Splash cold water over your  
throat and chin for that thickening  
line.

Black patent leather will be the  
most popular shoe type for  
spring. This will undoubtedly  
influence hat fashions. Sales-  
men of black patent leather com-  
bined with mild silks or cottons  
suggest themselves. Trimmings of  
black patent on white or toast-

**APPLE SALAD TRICK**

Small peeled, cored, boiled apples,  
chilled make delicious containers  
for cottage cheese or fruit salads.  
Serve on lettuce and spread with  
sauté dressing to which has been  
added a little apple or plum jelly.

Swirling flights of locusts are  
depicted in motion pictures by coffee  
grounds floating on eddying water  
currents.

The next time that can of hasty  
pastry mix comes out for an apple  
pie treat, soak the apples in fresh  
Florida orange juice, then bake as  
usual, adding a little of the orange  
juice to the filling. Oh my, what  
a pie.

**QUAINTNESS OF PAPER LACE  
SEEN IN NEW JABOTS**

One is going to feel really  
Spring-like this year — for to go  
with one's new Spring suit are the  
most delightful of white jabots  
and collars. The former cascading  
ruffles, lace edged, with tiny pearl  
buttons—the latter charming wisps  
of orandy with baby lace. Or  
tafoled round collars with fagot-  
ting and crystal buttons. Cotton  
plique is starched for a tired  
smartness, and becoming wide  
reverses.

**CHOCOLATE SPONGE ROLL**

4 egg whites  
1 cup fine granulated sugar  
4 egg yolks  
4 tablespoons cold water  
1-2 teaspoon vanilla  
Best egg yolks with water and for  
3-4 cup flour  
1 teaspoon baking powder  
1-4 teaspoon salt

Beat egg whites until stiff. Add  
sugar gradually, beating constantly.  
Beat egg yolks with water and for  
into egg whites. Add vanilla. Sift  
ingredients and fold into egg  
mixture. Line shallow baking pan  
about 15" x 10" with greased paper.  
Four batter mix. Bake in mod-  
erate oven (350 F.) for 12 to 15  
minutes. Turn out on cloth covered  
with powdered sugar. Trim off  
edges. Remove paper and roll cake.  
Cool and spread with whipped  
cream or Seven-Minute Frosting.

**"TOPS" IS COFFEE**  
Creamed with Carnation

A CANADIAN PRODUCT

**CROCHETED HUG-ME-TIGHT FOR SPRING**

DESIGN NO. X 395

This unusual, crocheted hug-me-tight is made in one triangular piece and joined. Pattern No. X 395 contains list of materials needed, illustration of stitches and complete instructions.

To order this design, write your name and address, enclosing 15 cents in coin or stamps to Needlework Department, Charlottetown Guardian, Needlework Department, Design No. X 395.

NAME \_\_\_\_\_  
STREET \_\_\_\_\_  
CITY \_\_\_\_\_ PROVINCE \_\_\_\_\_

**CHAPPED HANDS ARE CUT HANDS**

Use A Medicated Cream To Help Promote Healing—FOR SOFTER, WHITER HANDS

• If you want to make red, rough Chapped Hands soft and white quicker, use this greasless medicated cream—Noxzema! Smooth it into the tiny cuts and cracks. Feel painful smarting leave the sores, reddest hands... Noxzema helps restore them to normal, smooth, white loveliness.

25¢ TRIAL Jar only 15¢

See for Yourself! Get a generous 2 1/2 oz. jar of Noxzema for only 15¢ today at any drug or dept. store. This is a limited time offer!

**NOXZEMA**

Hands red, rough, irritated. Restored to normal soft whiteness.

## Dorothy Dix's Letter Box

**DOROTHY DIX SAYS—**  
**EMPLOYERS MORE CONCERNED WITH ABILITY THAN GOOD LOOKS**  
**However, Neatness and Cleanliness Are Demanded—Today's Letter Box**

It is all important to Specify... **Barbour's** if you want the BEST

ORDER BY NAME

Dear Dorothy Dix—Is it true that a girl must be beautiful before she can get employment? I have just been told by a woman who runs a placement agency that if I were not quite so tall and a bit better looking she would have no trouble in getting me a position because my work was far above the average, but as I am she cannot get me a job. Do all employers feel this way about beauty, being nearly 100 per cent. of the average or malformed in some way. I could understand why no employer would want to have to look at me, but I am no movie star. I am as good-looking as the average girl, I have always dreamed of love and marriage, and if that is out, there is nothing left for me in life. What about it?  
DESPERATELY UNHAPPY.

**THE COOK'S CORNER**

**SEVEN-MINUTE FROSTING**

2 unbeaten egg whites  
1 3/4 cups fruit sugar  
1/3 cup cold water  
1 teaspoon flavoring

Place sugar, unbeaten egg whites and cold water in top of double boiler. Cook over boiling water for seven minutes, beating constantly with Dover beater. Remove from fire and add flavoring.

**Bachelor Girl**

Dear Miss Dix—Will you settle an argument that has been getting warmer every day for the last month between some friends and me? They call the term "bachelor girl" when applied to a woman denotes that she is an unmarried mother. I am a lot of other things, but I am not that. It is a term of respect assumed by many women who are of the highest character and respectability. Who is right?  
ONE OF THEM.

**Don't Wait Too Long**

Dear Miss Dix—I am 19. He is 20. We are engaged and for three months he has been begging me to marry him at once and has gone so far as to purchase the engagement ring, but much as I love him I think I am best to wait until he is 23 or 24. My reason for waiting this long is because I believe that at the end of that time we will know our own minds better, we will have more money by that time to get started on. Just now we are both working.

**Correct Information Aids the Home Nurse**

**Care For Ailments Confidently**

Do you feel helpless, at sea when a member of your family is ill? With right nursing information, you can be confident, efficient.

Perhaps your child is subject to such babyhood ailments as colic. You recognize an attack by baby's rigid abdomen, drawn-up knees, clenched fists. Rub his back, lay him on his stomach on a well-covered hot water bottle.

Or perhaps you have a patient with a high fever and the doctor prescribes an alcohol sponge. First, be sure the room is warm, without drafts. Place a hot water bottle at your patient's feet, cover his stomach with a towel.

Protect the bed with two bath towels—moving them to each part of the body as you sponge it. Place towels first under arms, then on either side of abdomen and, last, under legs.

Use a solution of 1-3 alcohol, 2-3 cold water and allow to evaporate on skin without wiping. If patient shows weakness, bluish lips, cover immediately.

Safeguard your family by a knowledge of right nursing. Our 32-page booklet by a registered nurse tells how to recognize, nurse contagious diseases. Explains baby care, post-operative care, routine nursing. Tells what to do in emergencies.

Send 20c in coin for your copy of What You Should Know About Nursing to The Canadian Home Service. Be sure to write plainly your Name, Address, and the Name of booklet.

Name \_\_\_\_\_  
Street Address \_\_\_\_\_  
City \_\_\_\_\_ Province \_\_\_\_\_

## An Hour's Planning Saves A Day's Garden Work

**STAKE OUT YOUR GARDEN SITE**

**USE A GUIDE LINE WHEN OPENING DRILLS TO ASSURE STRAIGHT ROWS.**

**A WELL PLANNED GARDEN IS A REAL SATISFACTION.**

**ARRID**

Four Steps to a Well Planned Vegetable Garden

While good vegetables will grow in crooked rows or even if the seed is broadcast over beds, the work of cultivating and caring for the plants is immeasurably reduced if the seed is sown in straight rows.

Take the trouble to stretch a line, and mark the row with exactness; it will save hours when the time comes to push a wheel hoe down the aisle between them.

Rows running north and south are best to let sunshine reach the soil after the plants are well grown. Distance between the rows may vary considerably. In small gardens, well supplied with plant food, rows of low-growing crops may be as close as 6 inches.

The best distance for crops not exceeding 2 feet in height is 18 inches, which enables you to cultivate each aisle in one trip with the wheel hoe.

Time spent in thinking out a garden program, deciding what you want to grow, and then drawing a plan, will be well repaid by results.

**The Coffee with EXTRA FLAVOUR**

**MAXWELL HOUSE Coffee**

Enriched in Blend Vacuum Packed

2 GRINDS DRIP AND REGULAR

TUNE IN!  
"Good News of 1940"  
Every Thursday Evening  
NBC Red Network

**Lenten Meditation**  
By Rev. James Henry Larson

**I HAVE SEEN THE LORD**

"I have seen the Lord. I was standing outside the tomb crying. Then I stepped and looked into the tomb and I saw two angels who said, 'Woman why are you sobbing?' I answered, 'Because they have taken away my Master and I do not know where they have put him.' After I said this I turned and saw a man whom I thought was the gardener, and I answered, 'You are the one who have carried him away, tell me where you have placed him and I will remove him.' The man called me 'Mary' and then I knew it was Jesus and I called out 'TEACHER, and knew my arms about him. Cease clinging to me Mary, I have not yet ascended to my Father and you, but go and tell my brothers I am ascending to my Father and yours.' This was Mary's Sunday morning report to the disciples who were gathered in the Upper Room in Jerusalem.

"We were walking along on the road to Emmaus talking with one another about all the things that had happened, and Jesus joined us but we did not recognize him. He said, 'What are these words that you exchange with one another? We stood still and said, 'Are you the only one who knows what has happened?' And he asked, 'What things?' And he told him the things that had happened to Jesus of Nazareth, who was a mighty prophet in word and deed before God and all the people, and who was crucified by our leaders. We had hoped that he would redeem Israel. It is now the third day since all this happened. Some of the women of our company have stumbled upon this report that he is alive; and this report has been found correct by our men who say that Jesus is alive. O foolish men who are so slow to believe all that the prophets have predicted, in order to enter into his glory Christ must suffer all these things. Then he began to speak with Moses and down thru the prophets interpreted to us all scriptures concerning himself. When he sat down with us for supper our hearts burned within us, because we knew that he had been with Jesus the day that he had risen from the dead." This is the report that two disciples brought in Sunday afternoon to the waiting group in the Upper Room. Just after the two disciples finished their report, Jesus appeared in their midst and said, "Peace be with you. Why are you so troubled, why do you doubt? The disciples were terribly frightened and thought they saw a spirit. Then Jesus said, 'See my hands and feet; handle me and see that I am my self; a spirit does not have flesh and bones. Have you anything to eat?' As the Father has sent me, I will send you. Receive the Holy Spirit. If you remit the sins of any man, they are remitted.

Jesus appeared five times the day of his resurrection; and five times during the next forty days. Later he appeared to St. Paul.

## YOUR INDIVIDUAL HOROSCOPE

(By FRANCES DRAKE)

(Copyright, 1939, King Features Syndicate Inc.)  
Look in the section your birthday comes in, and find what your outlook is, according to the stars.

For Thursday March 14, 1940  
MARCH 21 to APRIL 20 (Aries)  
—Fine indications from your stars, my able Aries—do live up to your best qualities, won't you! If you don't you yourself will notice the difference in how people and conditions react to you. Take an active part in progressive matters.  
APRIL 21 to MAY 20 (Taurus)  
—Be discreet with relatives, in all private affairs and handling the interests of others. Take on no added responsibilities you cannot conscientiously manage. Be sensible in all things.  
MAY 21 to JUNE 21 (Gemini)  
—Enjoy music or some other elevating entertainment during free time — this will relieve tense nerves and refresh you for your work. Have confidence in your ability, which is okay.  
JUNE 22 to JULY 23 (Cancer)  
—Note advice to natives of the Sign Gemini. You would do well to follow it. Relieve tired nerves with a quieting, though intelligent pastime and you will find how much better you'll feel for your work, and how much better you'll DO, too.  
JULY 24 to AUGUST 23 (Leo)  
—Remember, your responsibilities all may not please you, but if they are rightfully yours, the only thing to do is to accept them cheerfully and do your best by them. Don't let differences or disappointments upset you emotionally. Head wise advice.  
AUGUST 23 to SEPTEMBER 23 (Virgo)  
—Generally favorable, especially if you are in the mood to tackle your duties, to get them attended to quickly and without fussing needlessly over them. Then turn to something diverting, something that will give your mind fresh incentive.  
SEPTEMBER 24 to OCTOBER 23 (Libra)  
—Some fine indications; others that suggest you sharpen your wits and be on the alert for pretense and camouflage.  
OCTOBER 24 to NOVEMBER 23 (Scorpio)  
—Follow your intuition, but don't disregard the sound suggestions others make either. Remember to be quick and better than one; they represent more knowledge and less likelihood of mistakes. Cooperation with loved ones highly favored today.  
NOVEMBER 23 to DECEMBER 22 (Sagittarius)  
—Dealing with those born under the Signs Taurus and Cancer, Virgo, Libra Aquarius and Gemini may provide your day with unusual interest and prove particularly profitable. Avoid any pleasant controversy with friends, relatives, associates.  
DECEMBER 23 to JANUARY 21 (Capricorn)  
—Note advice to Sagittarians — follow it and save yourself regrettable mistakes and needless misunderstandings. Business, charity work favored above personal pleasures or romance.

**CHILD'S COLDS**  
Relieve misery direct—without "dosing". Use swift-acting VICKS VAPORUB

**A Morning Smile**

After waiting half an hour for a No. 7 street car, during which time several 2's and 8's, and 6's had passed, three No. 7's arrived together.

This was too much for an trait member of the crowd.

"Huh. Scared of the German?" he sneered. "Travelling in convoy!"

**Crippling Rheumatism**

Rheumatism leaves in its track distorted joints, crooked limbs, crippled hands, and the intense pain is almost unendurable.

In the beginning rheumatism is often due to dyspepsia or indigestion, for if the digestive organs did their duty there would not be any poisonous uric acid in the blood to sow the seeds of rheumatism.

Burdock Blood Bitters invigorates the system, and helps to eradicate the uric acid from the blood which is the cause of the inflammation and pain.

Give B.B.B. a chance to help you rid your system of rheumatism.

The T. Milburn Co., Ltd., Toronto, Ont.

## Smartest Fashions And Winter Styles

**ARRID**

**New Under-arm Cream Deodorant**  
safely Stops Perspiration

Your crisply ruffled blouse leads a double life. You can wear it now in the kitchen to protect your dresses, in warm weather, slip on over your play suit, to dress it up and make you look very dainty and feminine. "Little Miss Muffet" pockets are handy and decorative at the same time. Make it of a gay print or a solid color, and trim it with bright binding. A charmingly young sunbonnet is included in the pattern. You can omit the shoulder ruffles if you prefer.

Style No. 3156 is designed for sizes 10, 12, 14, 16 and 20. Size 16 requires 3 1/8 yards of 39-inch material 9 yards binding, for pin-afore.

Send fifteen (15c) coin is preferred for pattern. Write plainly your Name, Address and style number. Be sure to state the size you wish.

Style No. 3156 Size \_\_\_\_\_

Name \_\_\_\_\_  
Street Address \_\_\_\_\_  
City \_\_\_\_\_ Province \_\_\_\_\_

**WEARY DEPONDENT GIRLS:** Crying spells, irritable head "wobbles," monthly" pains should find relief in Lydia E. Pinkham's Vegetable Compound.

39¢ a jar At all stores selling toilet goods (also in 15c and 59c jars)