

Woman's Realm / Social and Personal / Fashions / Literature

Needlecraft For The Home



A PRINCESS PROOF
That's a Real Smoothie.
See those nice smooth lines with the box pleats at the hem for freedom. It makes a wonderful casual frock, in crepes or wools. Wear it everywhere.

Style No 3513 is designed for sizes 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40 and 42. Size 36 requires 4 7/8 yards 39-inch fabric.

To order pattern: Write or send picture with your name and address with 20 cents in coin or stamps to the Needlework Bureau, The Charlottetown Guardian, Style No 3513.

Name _____
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**A Job Only
You Can Do**

Price Control Questions
And Answers

Questions and answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those material have reached the Wartime Prices and Trade Board from housewives in this region. The answers are provided by the Board. Readers who have intelligent questions to ask on price control are invited to send them in writing to the Women's Regional Advisory Committee of the Wartime Prices and Trade Board, Chappell Building, Charlottetown.

Q Does the price ceiling apply to cotton yard goods?

A Yes. You store can't charge more than it charged for the same material during February, 1941.

Q May I get extra sugar for making applesauce during the winter?

A No. Sugar from your regular ration must be used. Extra sugar can be used only for the most essential foods. Why not eat the apples fresh?

Q What is the ceiling price for No. 1 light honey?

A The maximum price set for a half pound glass jar, extra or pasteurized granulated is 18c; one pound glass jar 28c ext and 30c p. g.; two pound can, 37c ext. and 40c p. g.; four pound can, 72c ext., 78c p. g.; eight pound can, \$1.36 ext., \$1.49 p. g. The old five pound cans are no longer used.

Relieve the Pain with cooling, soothing MENTHOLATUM. Also for head colds, chapping, burns and bruises. Jars and tubes, 30c. 25c.

MENTHOLATUM
Great Comfort Relief

THE COOK'S CORNER

Chocolate Puffed Rice Balls or Squares

One cup sugar, 1 cup corn syrup, 1-2 cup sweet cream, 1-4 cup water, 1-4 teaspoon salt, 2 squares cooking chocolate, 2 cups crisp puffed rice or wheat. Boil together all ingredients but cocoa. Remove from heat when syrup reaches 238 degrees F. or forms a firm ball when dropped in cold water. Add cocoa and mix thoroughly. Make balls or put mixture into a buttered pan and cut into squares. Let chill.

Fruit and Nut Slices

One-quarter cup each light and dark syrup, 1-4 cup water, 2 tablespoons butter, 1 cup dates (or cherries and raisins), 1-2 cup chopped nuts (or pecan or peanuts). Boil corn syrup and water to a soft ball (240 degrees F.), remove from heat and beat in the butter. Continue beating till mixture begins to thicken. Add dates and nuts, form into roll in waxed paper. Let in refrigerator to cool, then slice with sharp knife.

DESIGN NO. 644

X-644

To know how Sweet your Home may be just go away But Keep the Key

There is no more effective motto than this ancient truth. It makes a lovely gift. Hot iron transfer pattern No. 644 contains motto measuring about 10 x 13 1-2 inches and complete instructions.

To order pattern: Write, or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian, Needlework Department.

Design No. 644

NAME _____
CITY _____
STREET ADDRESS _____ PROVINCE _____

Dorothy Dix Says—

Girl Should Write Happily To Boy Friend In Service

Tell Him Little Stories About Those He Knows Around Home

A young girl asks me if I will tell her how to write a letter to a boy friend who is in the army. She isn't in love with him or he with her so there is no sentimental interest involved, as the movies say. Otherwise, the matter would be easy. She would just let herself go and splash over on paper with endearments and sign it with X X X (kisses) and she'd feel as if she had written a poem. The recipient would gloat over it because it would bolster his belief that Clark Gable has nothing on him as a lady killer. Also it would make entertaining reading when passed among the other boys at camp.



But deprived of this source of inspiration the girl finds that writing letters to a boy to whom she entertains only kindly feelings is rather hard going. After she has told Joe that she had received his last letter and is glad to hear that he is well, she doesn't know how to go on from there. Yet she knows how heartening a letter from home always is and how dejected and neglected one always feels when the postal clerk says, "nothing for you." Hence she wants to do her bit by cheering up the lads at the front but when she sits down to put pen on paper, she discovers that suddenly she has gone dumb.

There used to be a handy little volume called "The Complete Letter Writer" that contained

(Continued on page 3, Col 7)

Living & Leisure The Woman's Realm

STAR OF MY HEART

Except the Christ be born again tonight
In dreams of all men, saints and sons of sin,
The world will never see his kingdom bright
Stars of all hearts lead onward

rough the night
Past death-black deserts, doubts
Without a name,
Past hills of pain and mountains of new sin
To that far sky where mystic births began
Where dancing ears the angel-song shall win
Our Christmas shall be rare at dawn
And each shall find his brother fair
Like a little child within:
All hearts of the earth shall find new birth
And wake no more to sin.
—Vachel Lindsay

Home Service

Dancing Can Be Learned in Home Lessons



Bumping Can Be Avoided

Easy, bow! If you often crash into people on the dance floor, you're probably not sure of your dance posture or your steps.

You can easily learn the steps from diagrams. As for posture and smooth leading, why not take a few of the tips other men follow? For instance—

In holding your partner, be as comfortable as possible; keep her right arm no higher than her shoulder and clasp her a little above the waist. She'll follow better, make it easier for you.

Get your body under control as you dance. See that your upper body is directly over your hips—your weight over the balls of your feet. Then you can stop on a dime!

But, most important of all, be in a relaxed state of mind—possibly only if you know the steps by heart.

You can learn any popular dance in one evening. Our 32-page booklet has diagrams and clear instructions for Conga, rumba, tango, foxtrot, Westchester, waltz, Sambo, body and shag. Includes bar steps and variations. Gives tips on dancing following.

Send 30c in coins for your copy of "How to Do the Newest Dance Steps and Variations to Charlottetown Guardian Home Service." Address: Be sure to write plainly your name, address, and the name of booklet.

PETICOATS TO BE UNRUFFLED

No more ruffles on petticoats! They've been caught in the war machines.

A Wartime Prices and Trade Board order has simplified women's slips. The long, ruffled, and full bottom of slips are prohibited and also the use of cloth over cloth panels, commonly known as shadow-proof panels.

Slips (like all clothing) are items to be bought with care and treated well in these days of shrunken budgets. In future they may not be elegant and frilly but they always will be important.

In buying a slip that will give good wear both material and tailoring must be watched. For wear with

OUTDOOR AIRING

When hanging clothes outdoors for an airing, use two coats hangers instead of one, reversing them so the hooks form a circle. This will prevent the garments from blowing off the line as so often happens.

WOULDN'T CROSS STREET FOR \$100

You know those people—maybe you are one yourself—who come home after work so tired they can't be lured out of their easy chairs—who wouldn't even go across the street for \$100 to see the greatest show on earth. It's not work that always makes a man or woman feel this way—it's a tired, listless condition like this is often the result of low blood count due to simple anemia. A low blood count at times may mean you haven't enough red blood corpuscles. Try Dr. Williams' Pink Pills. They are world-famous for the help they give in increasing the number and strength of red corpuscles when they have been weakened by simple anemia. Besides, Dr. Williams' Pink Pills are fortified with Vitamin B₁₂, an important aid in promoting appetite and keeping nerves and intestinal system normal when you feel jittery and "off" because of a deficiency of this vital element. Don't wait. Be sure—try Dr. Williams' Pink Pills today.

Name _____
Street Address _____
City _____ Province _____

Santa Rides Again— Up on the Roof Top

By Geoff Hayes

As soon as they were all in the sled Santa cracked his whip...

...and away they flew through the fast-falling snowflakes.

"This is a happy night for me," said Santa, "thanks to your help."

Soon the sled came to a halt on a roof-top. "Follow me," called Santa.



A Thrilling NEW WORLD INVITES YOU



Imagine yourself proudly attired in trim Air Force Blue. You enter a great, new, wonderful world of adventure.

Join the R.C.A.F. now. You'll spend a few weeks in training near Ottawa or Toronto. Then you'll get right into action... it may be in Nova Scotia or Saskatchewan; Newfoundland or British Columbia. Later, possibly, you may go overseas.

There are 40 different trades you may enter in the R.C.A.F. Perhaps you'll drive a tractor, or, if you love to cook, you'll enjoy preparing meals for husky young airmen. Perhaps you'll be a stenographer, a fabric worker or a wireless operator. Perhaps you'll fold parachutes or run a teletype machine.

Whatever your task, you will be sharing in the great work of the R.C.A.F., just as surely as though you were sitting at the controls of a Spitfire, or manning a machine gun, or looking through the bomb sights.

The R.C.A.F. needs girls, ages 18 to 40, with at least High School Entrance. Apply at your nearest R.C.A.F. Recruiting Centre, bringing proof of education and birth certificate. NO WAITING! EXCELLENT OPPORTUNITIES FOR PROMOTION.

Enlist today in the

WOMEN'S DIVISION RCAF ROYAL CANADIAN AIR FORCE

Recruiting Centres at:
Vancouver, Calgary, Edmonton, Saskatoon, Regina, Winnipeg, North Bay, Windsor, London, Hamilton, Toronto, Ottawa, Montreal, Quebec, Montreal, Halifax.

Recruiting Centre Hours:
Mondays and Thursdays, 9 a.m. to 9 p.m.; Wednesdays, 9 a.m. to 6 p.m.; Tuesdays and Fridays, 12 p.m. to 9 p.m.; Saturdays, 9 a.m. to 4 p.m.

Girls Needed at Once for These and Many Other Duties:
Clerks... Book-keepers... Stenographers
Fabric Workers... Cooks... Transport Drivers... Join now—that men may fly!

Send for this free booklet. It gives the complete story of the life of airwomen in the R.C.A.F. Write to Director of Manning, R.C.A.F., Jackson Building, Ottawa, or the nearest Recruiting Centre listed below.

summer sheers the heavy taffetas, and the great sheers of wool weight are adequate and do not cotton make the slips and the material is closely woven and not full of starchy filler. Cotton, to be satisfactory, should be preshrunk and color fast.

One important detail in good tailoring is generous, firm seams, closely stitched French seams are best. Rayons are stronger with all set out on the line; the e is no pull on the threads. Other details to watch for are material reinforcement where straps are sewed on and plinked or bound edges at hem, top and under the arms. Any shortening should be done from the bottom, not by pulling up the straps.

Rayon needs careful laundering—mild soapsuds no rubbing lukewarm water, and a moderate run, while cotton is easily washed—hot water, mild soapsuds, thorough rinsing and drying in the sunlight.

CLOTHES-LINE

To keep your clothes-line clean, use a large cork which has been slit about halfway down. Slip the line in the groove of the cork, then draw the cork along. This cleans the line most effectively, and there'll be no dirty mark on the clothes you hang there. Replace the cork with a new one when it gets very dirty.

For that hot dish for a picnic, try Hungarian goulash made of macaroni ground beef, potatoes and green pepper. Another good one is scalloped potatoes and leftover ham.

QUILTING

With quilts in vogue in the news again and the c 430 quilt refer one of the bright ideas of this summer now about quilted velvet for date and evening jackets and boxy coats this fall!

A Morning Smile

THAT'S DIFF'ERENT.

"What time do you get up in the morning nowadays?" asked the very earnest man.

"As soon as the first ray of the sun enters my window," replied his friend.

"As late as the earnest man, that's jolly early, isn't it?"

"No," said the other; "you see my window 'faces the west.'"

It was her first day at the job and the new maid was a bit slow in answering the bell. So the mistress of the house strode into the kitchen. He found her scrubbing the floor.

"You're pretty dirty," he remarked, eyeing her soiled apron.

"Yes, sir," she replied coyly. "but I'm prettier clean."

TASTY SAVOUR TO YOUR SANDWICHES

What's a ham sandwich without Libby's Prepared Mustard? In fact, Libby's Prepared Mustard is good with any sandwich... brings out the flavour... adds a piquant relish to every mouthful... yet is smooth as butter.

Libby's PREPARED MUSTARD

TRY LIBBY'S SWEET MIXED PICKLES—DELICIOUS