Women's Realm :-: Social and Personal :-: Fashions :-: Literature

THE HOUSEWIFE AND HER ACTIVITIES

A DOCTOR'S MORNING PRAYER.

O Lord, I offer up to you this day.
Walk with me through its hours; show me the way
To draw from Your divineness power to heal
The sick, to lessen the pain and grief; to feel
That I have brought them to the Mercy Seat
So they can lay their sorrows at Your feet.
If I must stand aside and yield to Death,
Let me at least comfort that last-drawn breath.
Give me courge to share with those made weak
By pain. Let me have love for those who seek
In loneliness a friendship's staff. Defend
From harm the babies born today. And lend
To me Your grace, that all my life may stand
Unblemished, strong, nor built on changing sand;
Securely wrought of all things good and true,
A signpost, that will point the way to You.

—Edith Tatum.

SIMPLE IDEAS NOT DIFFICULT TO PUT INTO PRACTICE

The "hominess" of the average house can be increased, and at the same time its market value may be raised, by addnig relatively inexpensive features which, although simple devices, can become so important that living in the home will revolve around them.

While the fireplace is usually the focal point of the living room, in many of the older types of houses it is often dingy and unattractive. Modern decorators have devised the use of paint, new mantels, or large mirrors.

Another way to style a living room is through installing a large "picture window." A large window allowing a clear, undistorted view of the landscape tends to bring the out-of-doors into the house and form a large living picture. Frequently its effect is to turn an otherwise undistinguished house into a show-place, while at the same time providing additional natural light.

HISTORIC PENDANT

A gold pendant believed to have belonged to Mary Queen of Scots and engraved with her coat- of-arms, was bought for (£2,068) for the National Museum of Antiquity.

The picture frock of the new season has a gay Spanish air about it.

Wide horizontal stripes in yellow, cyclamen and black make a wide-skirted taffeta dress. A black lace caught with a rose and falling over the bare shoulders, sets the Spanish mood.

The same smart girl who wore little discs of hats down on their eyebrows last year have made the off-face draped turban their preference this season. The formula is velvet in color, and a big bow chou or other large bunchy draped at the front of the hat to give it height.

The draped skirt is the big fashion news of the winter, in peg-top, polonase, harem, pinafore and apron drapery with accent always on small waistlines. Long sleeves, high necklines, buttons and jewelled ornaments are good.

A cocktail hat is made in a flat little sailor shape of velvet violets in fuchsia shade with back bows and streamers of velvet ribbon in matching shades.

Pailletted mirrors form a brief brassiere and "pockets" on a pale blue taffeta dress. It has a slim and fitted waist, and the scoped hip-line.

Accent on hiplines is expressed in folds and in draped treatments, the drape sometimes carried to the front and giving an Egyptian suggestion.

Metallic blouses are particularly good style.

SCULPTRESS ATTRIBUTES SLIGHT FIGURE ENTIRELY TO WORK

An English woman sculptor, Barbara Austin Taylor, will show some interesting portrait busts in her new exhibition of sculpture, which opens soon at the Stafford Gallery, London.

These include the Hon. Kahtarine Chatfield, Lord Chatfield's daughter, and Miss Kay Hudden, whose engagement to Mr. Peter Brooke, heir to his uncle, the Rajah of Sarawak, was announced not long ago.

Miss Austin Taylor attributes her slim, active figure entirely to her job. She takes no exercise and plays no games, but maintains that the constant bending to pick up lumps of wet clay, and reaching upwards when chipping stone, is all she needs to keep her perfectly fit.

Her Chelsea studio is remarkable for the rare black poplar tree which grows up from the floor right out through the roof. Its trunk is oddly striped in zebra fashion and Miss Taylor has painted the background to harmonize.

Branches inside the studio are now thick with spring leaves.

The explanation of this unusual interior decoration is that on this Chelsea estate it is forbidden to cut down trees. Studios, therefore, have been built round the trees.

HATS FOR FALL DEMAND HEIGHT AT FRONT OF HEAD

The big news in smart fall coiffures is height at the front of the head and a tapered line at the back of the neck. To go with hats that will be worn on—really on — the back of the head, coiffure experts like coxcomb effects at the front and neatness at the back.

The medium length or semi-bob outshines both the long, shoulder-length and the very short, baby varieties. The smartest haircuts are a becoming medium between long and short and the majority are arranged with a cluster of curls or a roll just over the forehead.

The tapered line at the back of a coiffure with height at the front dramatizes the nice lines of the nape of the neck. Hair is brushed smoothly over the crown of the head, then shaped to conform with the natural bone structure. Ends may be worn in a neat cluster of curls or a roll. However, if they are quite short, swirls often are used.

If your face is very long, height squarely on top will not be flattering, of course. You'll have a medium-length bob instead of a long one, but you'll have height high at one side instead of directly over forehead. The tapered line at the back will be widened slightly with fullness behind ears in a horizontal line with your jaw. Otherwise, your face will seem even longer.

Generally speaking, hair from six to eight inches long is used for curls or roll that makes for front height. Side sections are from four to six inches below lobe of ears. These are swept up and away from ears. Hair at the back will, if tapered, be quite short. If finished with curls or a roll, it will be no more than six inches below the nape.

BACKACHE, HEADACHE

HAMILTON, Ont. — Mrs. Earl Johnston of 150½ Locke St. N. says: "I suffered from headaches and pains across my back and through my side periodically, and I was so weak and nervous. Dr. Pierce's Favorite Prescription helped to relieve me of those awful pains and headaches and to build me up so that I felt just fine." Dr. Pierce's Favorite Prescription is that of a famous physician unusually experienced in the treatment of women's peculiar ailments. It aids the nutrition so that you gain strength. It calms the nerves and lessens the discomforts of the menstrual period. Get Dr. Pierce's Favorite Prescription from your druggist today.

YOUR INDIVIDUAL HOROSCOPE

By FRANCES DRAKE

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Look in the section your birthday comes in, and find what your outlook is, according to the stars.

For Tuesday, November 7th

MARCH 21 to APRIL 20 (Aries) —Considerable pressure should be put on activities and work, execution of which is essential today. It's a benefic day on whole and time, energy and money should not be wasted.

APRIL 21 to MAY 20 (Taurus) —Venus (your planet) is inspirational and very favorable for you Taurean-born. Give expression to your excellent capability. Cooperate with higher-ups; deal with important personages, physicians, technicians manufacturers, writers.

MAY 21 to JUNE 21 (Gemini)— Day holds possibilities but adroit management is necessary. You born after June 4 have the edge on other Gemini natives. Best favored: Matters pertaining to taxes, government, insurance, inheritance. Great care advised handling machinery, tools.

JUNE 22 to JULY 23 (Cancer)— Generally favorable, especially for familiar undertakings, important changes, inventions to better living conditions, instructing large groups of people or children and diplomatic conferences.

JULY 24 to AUGUST 22 (Leo)— Heart interests, matters involving your income, scientific experiments, artistic endeavors, home planning and very personal affairs require careful attention. Plan for tomorrow.

AUGUST 23 to SEPTEMBER 23 (Virgo) —It's the sort of day that will cooperate with you who go out determinedly to make it a successful day. You who hesitate, who are doubtful about whether you will make good or take too much time attending to outside matters (not your own), won't accomplish!

SEPTEMBER 24 to OCTOBER 23 (Libra) — Look around, note the hardships and difficulties others have. You can always find not only people who have things harder than you, but people who with these drawbacks are more cheerful and grateful. Today's rays sponsor money matters. Be consistent.

OCTOBER 24 to NOVEMBER 22 (Scorpio) — Some plans may be changed whether or not you like it, but don't let this discourage you; such things happen to all of us. Really friendly aspects, nevertheless the smart Scorpio native will take precautions to avoid mistakes, misunderstandings and unwarranted confusion that is prevalent.

NOVEMBER 23 to DECEMBER 22 (Sagittarius) — Be not only tactful with superiors, but with associates and family, too. And don't waste one minute of your time on worthless people or affairs. Protect your budget.

DECEMBER 23 to JANUARY 21 (Capricorn) — Looks like a strictly business day, but whatever is on your "must" list should be attended to pronto, even though it may be purely personal accomplishment or a hobby. If it is intelligent and a healthy activity it is favored. Good going!

JANUARY 22 to FEBRUARY 20 (Aquarius)—It will be a profitable day if you are consistent and don't waste time on nonessentials. Be as clear-spoken as possible. Take the opportunity to study and research for greater knowledge of whatever is your work or occupation. Be hopeful.

FEBRUARY 21 to MARCH 20 (Pisces) — Look over the situation. Where can you make improvements? How can you better your position and gain a stronger foothold in both the business and social world? Be conservative, too.

A CHILD BORN ON THIS DAY will have a very magnetic personality. Because of its attraction to the opposite sex, it should be particularly choosey about associates. Control of emotions important. It has so many talents, it can succeed in any undertaking it puts its mind to.

Two Minutes by the Clock

The toughest chest cold yields to Pasmore's. One dose proves its effectiveness clearing the bronchial tubes and giving relief in TWO MINUTES. Always have a bottle handy.

Pasmore's BRONCHIAL MIXTURE

Have You a Figure for Evening Dress?

Do Exercises for Chest, Back

Two women equally young—but how different their figures!

So awkward, so old-looking is the young woman with curving back and chest, sagging bust—showing she needs to exercise her pectoral muscles.

Her shoulder blades stick out like wings because muscles in her upper back are weak too. And that forward thrust of her neck is starting a dowager's hump!

Foolish to suffer from such figure faults when with right exercises you can have the lovely smooth back, the firm high bust today's fashions demand.

For shoulders and bust try this! Kneel on a mat—body upright, arms out to side, palms up, shoulders back. Drop head backward.

Now make small circles with arms, begin each circle by moving arms upward. Try to feel the muscle pull between shoulders. Repeat circles six times. Now drop body forward, arms and head hanging down. Repeat entire exercise 6 to 8 times.

By exercise you can also correct a bulgy waistline, heavy thighs and hips, thick legs. For all these our 32-page booklet gives corrective exercises with diagrams, complete directions. Also gives exercises for posture, relieving "nerves," foot ailments, constipation. Has daily exercises for entire body.

Send 20c in coins for your copy of Best Exercises For Health And Beauty to the Guardian Home Service. Be sure to write plainly yourd Name, Address, and the Name of booklet.

Name

Street Address

City Province

Night Coughs

Terribly wearing on the system is the cough that comes on at night and prevents sleep.

Sometimes it is the constant cough, cough that will not be quieted. Sometimes it is a choked-up, stuffed-up feeling that makes breathing difficult.

Dr. Wood's Norway Pine Syrup is the remedy you need to give you relief, for the reason that this preparation contains the healing virtues of the Norway pine tree with which is combined wild cherry bark, and the soothing, healing and expectorant properties of other excellent balsams, barks and herbs.

The T. Milburn Co., Ltd., Toronto, Ont.

Dorothy Dix's Letter Box

Young Daughters and Sons Are Entitled to Certain Amount of Liberty and Privacy, and Their Secrets Should Not Be Pried Into Too Deeply

Dear Miss Dix—How can a girl of 16 acquire a little individual liberty and privacy in her own home? I have none. My mail, for instance, is opened and read by every member of the family before I get it. Sometimes it is even lost and all that I ever know of a letter is that some one will say: "Oh, Alice, So-and-So said so-and-so in a letter for you you that came today." Not only is my incoming mail read but my outgoing mail is also read. Every letter I write must be read and approved by every member of the family before it can be sent. When I ask my father for an allowance he says: "You don't need an allowance. When you want money all you have to do is to ask for it." Well, when I do, I must tell the whole family exactly what I want to do with every nickel. Then they go into a huddle over it and if it doesn't meet with the approval of every member of the family the money is withheld and I must do without something that I am dying for and that other girls whose families are not so well off are allowed to have. Even my bedroom isn't private. If I don't lock the door any person who wishes barges in to see what I am doing. If I dare lock the door Father storms, Grandmother deplores and Mother weeps about the "way I am trying to shut her out of my life." I can't have a telephone call or make one that I don't have to repeat word for word to the assembled family. I can't have any secrets that are dear to every girl. If a boy should call, goodness knows what would happen. I suppose they would get earphones so every one could listen in. It isn't that I am trying to hide anything from my family. I just want a little privacy and to do a few things on my own account, without having to tell the family all about them. ALICE.

Answer:

Family affection can be the most beautiful thing on earth, but it can also be the most grinding tyranny on earth. And it is a pathetic and tragical thing that children are so often the victims of it.

Such is the case of the poor, unfortunate girl who writes this letter. Evidently she is the youngest child of a large family, all of whom are determined to mold her according to their own ideas and impress their own image upon her. And to none of them has it occurred that she has any tastes and desires of her own, or any right to any liberty of thought or action.

Mother, for instance, would be furious if anybody opened one of her letters because she knows that all of the kick out of getting a letter is gone if somebody else has pried into it and somebody else's eyes have got the first glimpse of its news. Father would raise the roof if anybody even dared to inquire what he was going to do with any of his money. So would all the sisters and the cousins and the aunts. And as for anybody sitting around listening in on a telephone call, that is universally regarded as a breach of decent manners that calls for something without boiling oil in it.

But nobody respects the rights to privacy of the children in the family. Mother takes the gilt off of the gingerbread of their letters by opening them. Father makes them give an account of every nickel they have spent. Evedybody puts them through the third degree about what they do, and what they said, and where they have been. Nobody shows them the courtesy of knocking at their doors before entering. Mother and Father don't even regard their confidences as sacred, but blab them out to make a funny story. And if you want the reason why boys and girls leave home as soon as they can, you have it right there. They are answering the human impulse that makes us all crave privacy and a little freedom. There is no crime that is committed against the younger generation than denying them privacy. That it is done in love doesn't palliate the offense.

I am sorry for you, Alice, but I know of no way to help you. Your family will always think they have the right to know all of your affairs and that your soul should be like a shallow drawer that you keep open for their inspection. The people who love us give us everything except the thing we want most, and that is individual freedom.

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'Teen Age Problems for Mothers

Dear Dorothy Dix—We are worried over our son who is 17? He is a tall, handsome lad, good as gold, a fine student, a good musician, but the trouble is he is crazy about a 17-year-old girl and he won't go with any one else. She is a nice girl of good family, but we are afraid that this affair will interfere with his education and social life. He should go around with many girls. I have thought of talking with the girl's mother about this, but maybe it isn't a good idea. My boy says he is not serious about this girl and for us not to worry about him and fuss about it, but I am afraid I will be a worry if it continues. A WORRIED MOTHER.

Answer:

You will make it serious if you continue to nag the boy about it and show him that you think he may be contemplating marriage. If you scold him every time he goes to see the girl, and criticize her, you automatically make him her champion and make him think that he thinks a lot more of her than he does. Opposition has made more marriages than any other one thing.

Of course, you are right in saying that it is a bad thing for a girl and boy to keep steady company and that they should play around with a lot of other girls and boys because that gives them a better chance to study the opposite sexes, but this going steady folly is the custom now. All the boys and girls do it and there is nothing that older and wiser people can do to stop them.

My advice to you is to send your boy off to school somewhere. That will break up this association, but the chances are a thousand to one that he will go steady with some other girl wherever he goes.

DOROTHY DIX.

WALLACE'S SWORD FOUND

HAMILTON, Scotland —(CP)The sword of William Wallace, stolen from the monument to the Scottish hero at Stirling, has been found on a scrap heap here. It had been thrown there after it was found rusting in the Clyde.

New Fall Fashions And Winter Styles

We give you something very special in a princess frock that's as new as the latest radio bulletin. It's done up in the sweet sixteen manner fashion loves this year, with pert little bows for trimming. The uplife waist gives you a hand-spanned midriff. The skirt fits smoothly over the hips and flare to a generous hem. Blouse fullness is softly becoming to your face and figure. Choose this frock for important dates on campus and off, for a sure-fire social success. Perfect in novelty rayon crepe with velvet bows in a contrasting shade.

Style No. 2976 is designed for sizes 11, 13, 15, 17 and 19 years. Size 15 requires 4 yards of 39-inch material; 1 yard of ribbon.

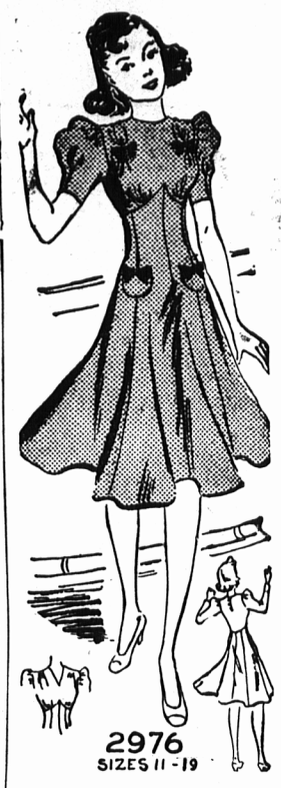
Send fifteen (15c) (coin is preferred) for pattern. Write plainly your Name, Address and style number. Be sure to state the size you wish.

Style No. 2976 Size ... ...

Name

Street Address

City Province



THE COOK'S CORNER

CHERRY UPSIDE-DOWN CAKE

Two-thirds cup sugar, 2 1-2 tablespoons cornstarch, 2 1-2 cups drained, canned cherries, unsweetened; 1-3 cup shortening, 1-2 cup sugar, 1 egg, 1-2 cup all-bran, 1 teaspoon grated orange rind, 1 3-4 cups flour, 2 teaspoons baking popwder, 1-2 teaspoon salt, 1-4 teaspoon baking soda, 1-4 cup milk, 1-2 cup orange juice. Mix the cornstarch with the two-thirds cup sugar, add cherry syrup and cook until clear, stirring constantly. Add cherries. Pour into a greased cake pan. Cream shortening and sugar, add egg. Beat well. Add bran and orange rind. Alternately add sifted dry ingredients and liquids. Pour over the cherries. Bake at 375 degress about 40 minutes. Remove from oven, turn upside down on to a board. Serve with whipped cream.

Candied Orange Peel

3 large oranges
1 cup sugar
1-2 cup water

Method: Remove the peel from the oranges carefully in large pieces and cover with water to which has been added 1 teaspoon salt. Boil for 30 minutes, then drain and rinse. Cover again with fresh water and boil for 30 minutes longer, or until the peel is very tender.

Heat the sugar and water until the sugar is dissolved. Add the peel and simmer gently until the syrup is practically all absorbed. Lift out the peel and drain on waxed paper. When dry, roll in granulated sugar and store in glass jars.

Grapefruit and lemon peel follows the same procedure except that it is well to cook them in several fresh waters to remove the bitter taste which clings to their peel.

Morning Smile

TOUGH DADDY

A gentleman cruising in the Mediterranean wrote home to his son: "I am now standing on the edge of the precipice from which the ancient Spartans flung their defective children: I am sorry you are not with me."

"What have you done with that book, 'How to Live a Hundred Years'?" asked Mrs. Brown.

"You don't think I'm going to leave that lying about with your mother in the house, do you?" replied Mr. Brown.

HIGH TOQUE

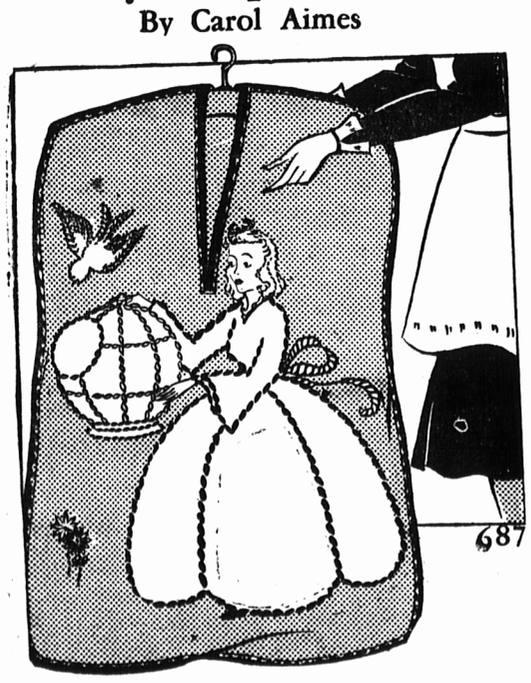
The high and narrow toque, boat-shaped or like a Scotch cap, are newer than the rather flat "bird nest" and muffin-shaped turbans of last year, though these are still being worn.

The Gongylug Mantis of India resembles a flower so much in color and shape that other insects alight on it and are captured.

High draped turbans are a feature of the millinery season. They are particularly good in velvet and jersey.

To-Day's Popular Design

By Carol Aimes



SLIP-ON-A-HANGER LAUNDRY BAG.

DESIGN NO. 687

"Please design a laundry bag" has been the theme of many of your letters of late. We have designed a lovely one—one that is so easy to make you can have them tucked into Christmas stockings for all the family and the family's friends. One bright green, yellow, blue, rose or other colored patch is sewn to the bag then embroidered in simple outlines. The design of the bag is popular.

The pattern includes transfers of the design and cutting outline for the bag, material requirements, directions for making, embroidery and finishing and stitch and color charts, keys and diagrams.

To order this design, write your name and address on a piece of paper and send with 15 cents in coin or stamps to Needlework Department, Charlottetown Guardian.

To Charlottetown Guardian
Needlework Department

Design No. 687

Name

Address