

Woman's Realm -- Social and Personal -- Fashions -- Literature



BABY FRETFUL, RESTLESS?

Look to this cause

When your baby fusses, tosses and seems unable to sleep restfully, look for one common cause, doctors say. Constipation. To get rid quickly of the accumulated wastes which cause restlessness and discomfort, give a cleansing dose of Castoria. Castoria, you know, is made specially for children's delicate needs. It is a pure vegetable preparation; contains no harsh drugs, no narcotics. It is so mild and gentle you can give it to a young infant to relieve colic. Yet it is as effective for older children. Castoria's regulative help will bring relaxed comfort and restful sleep to your baby. Keep a bottle on hand. Genuine Castoria always has the name:



Etiquette

By Roberta Lee

- Q. Must a woman remove her wraps when making a social call?
- A. No, it is unnecessary.
- Q. If a woman is given a corsage bouquet at a formal dinner, should she pin it on immediately, or wait until after dinner?
- A. She should pin it on immediately.
- Q. What two things are necessary in making a child well-mannered and polite?
- A. Patience and perseverance.



Love Him!

Silly question! Of course you love him. You exist for him. It gives you a queer feeling—to see him playing there on the floor—and to realize he's yours. Love him? Oh my—you'd do anything for him!

Watch for the first signs of constipation in your child and give Baby's Own Tablets. They are the ideal laxative for children of all ages. If your child is constipated—if he has a cold, simple fever, no appetite or a coated tongue don't wait for more serious illness to develop. Get Baby's Own Tablets at once. They will save you worry. 25 cents a package at any druggist's.

BABY'S OWN TABLETS

(Dr. Williams')

For Children of All Ages

Dorothy Dix

It is Pure Luck When the Boy and Girl Marriage Turns Out Well—It is Risky for a Man to Wait too Long—The Best Time to Wed is When a Man is Mature, But Still Young Enough to be Romantic

A man asks: "When is the time to marry?" And he cites the cases of two friends of his. One, a boy of 17, who had to borrow even the proverbial shoestring on which to marry a girl as poor and young and unsophisticated as he was, yet whose marriage has proved a great success. And the other, a man of 47, who waited until he was well established in business and worldly wise and had known many women before he married, yet whose marriage has gone on the rocks.

So my correspondent wants to know at what age a man is best qualified to pick out a wife and most likely to make a happy and successful marriage. That is a question that it is impossible to answer definitely because there are so many things that are so much more important in marriage than the ages of the high contracting parties. There is intelligence, for one thing, what we call good, hard, horse sense. There is character, and disposition, and philosophy and humor. There is good nature and good sportsmanship. People who have these qualities may marry anywhere between the cradle and the grave and make a go of it.

And if they lack these qualities they will never be young enough to adjust themselves to another individual's personality. And they will never be old enough to learn how to handle a husband or a wife with tact and finesse.

Then there is the matter of money, which is of almost paramount importance in marriage. Some men can afford to marry much earlier than others, just as one can afford to set up a yacht when he is 20, while another has to wait until he is middle-aged before he has the price and can afford the upkeep of a rowboat.

Of course, it is true that marriage is one of the things in which neither age, brains or previous experience seem of any avail or to teach any wisdom. Every day we see mature men making as foolish marriages as any adolescent boy could make. We see shrewd, hardheaded men of affairs, who would not go into the smallest trade without investigating every detail of it, marrying women of whom they know absolutely nothing, except that they have pretty faces and a keen line of jolly. We see men who have been bitterly unhappy in their first marriages and who, one would think, would be like the burnt child who dreads the fire, rushing from the divorce court into a second marriage that has no more promise of success than their first one had.

However, for all of that, there is a time for marrying, and a time for staying single and, in my opinion, the preferred time for a man to embark on the sea of matrimony is when he is around the thirties. Then, if ever, he has found himself. His tastes are settled and he knows the kind of woman he wants for a wife. He is still young enough to be romantic, but he is past the calf love stage when he thinks he is in love with every passing flapper.

He is established in business and is making enough to support a family in decent comfort, so he can enjoy his wife and children instead of their being a crushing burden on him. Above all, he has had his fling and he is ready to settle down and be a fireside companion instead of expecting his wife to stay at home and mind the children while he steps out of an evening.

There are exceptions to all rules, and occasionally the boy-and-girl marriage does turn out happily, but when it does it is pure luck. For it is mere chance when they develop along the same lines.

Nearly always one outgrows the other and by the time they are grown up they have fought their way to the divorce court or else one of them is doomed to the unspeakable horror of being chained for life to the corpse of a dead love. Heaven knows there are enough risks in marriage anyway without a boy or girl gambling on what they are going to be themselves and what they are going to need in a life partner when they are men and women.

There are also cases in which young people who marry without a penny between them, somehow manage to subsist on a bread and cheese and kisses diet, and are happy and content and pull through to prosperity. But it takes a nobility of soul and a strength of character to do this that not many youngsters possess. Also it is only the grand passion that can survive such an ordeal, and the men and women who are capable of a great self-sacrificing love are few and far between.

It is the little pinching economies. The drabness of life when one cannot afford any of the amusements to which one has been accustomed. The shabby old clothes. The ugly surroundings. The cheap furniture. The poor food. The installment man. The rent collector. The fear of the future that gets on the nerves of those who have married without an adequate financial plank in the matrimonial platform and that breaks down their morale and kills their love and makes each reproach the other with their misfortunes.

But if it is hazardous to marry too young, it is equally risky to wait too long to marry, because it is just as necessary to bring romance to marriage as it is to bring maturity of judgment and an adequate support for a family and, alas, our dreams and our illusions vanish as we grow older. We become set in our ways and self-centered and in time come to the place where we love none but ourselves.

So the ideal time for a man to marry is after he has looked 'em over and is sure of his choice and when he is settled in his life job but while he has still plenty of thrills left in his system and takes more interest in his heart than he does in his digestion.

DOROTHY DIX.

Liquid Sunshine

Sunny Ceylon is reflected in the golden color of your cup of King Cole Tea. Rich and mellow in flavor—luscious Tea. If you want the "Extra" in choice Tea, ask your grocer for King Cole Orange Pekoe.



For The Cook

LUNCHEON PEANUT ROAST

- 1 tablespoon Chopped Onion.
 - 1 tablespoon Chopped Celery.
 - 2 tablespoons Ham or Bacon Fat.
 - 1/2 Cup Hot Water.
 - 1 1/2 Cups Chopped Peanuts.
 - 1 Egg (beaten).
 - 1/2 Cup Milk.
 - 1/2 Cup Bread Crumbs.
 - 1 Cup Pulp of Canned Peas.
 - Juice of 1/2 Lemon.
 - 1 Teaspoon Salt.
 - Dash of Cayenne.
- Brown onion and celery in the fat. Add water and simmer till tender. Combine other ingredients and add to the vegetables. Bake in a greased casserole in moderate oven (350 degrees F. 40 minutes). Serve with cream sauce. This will serve six.

Burn Idols For Warmth

(Canadian Press) PEIPING, China, Nov 2—Looting of many ancient shrines in the Shensi province by marauding soldiers is being reported this fall, and it is said that most of the offenders are mere boys, some of them not more than 14 years old, whose motive in burning the idols and other paraphernalia in the pillaged temples has been to keep themselves warm.

The reports add that the more important wooden idols in the city temple of Sianfu, which was once the capital of all China, have been taken and burned by the boy soldiers. Other temples, some of them centuries old, have also been robbed of ancient idols.

Robbery of the temples followed one of the most serious cold spells in the history of Shensi. Sianfu has been the scene of famine for years and in 1930 more than a million inhabitants are believed to have perished. During this period of privation the area was compelled to support several hundred thousand soldiers, who have been on starvation rations for weeks.

In an effort to survive, the soldiers have committed many robberies and other excesses. The burning of the temple idols is regarded as merely an incident of the famine rather than as wanton destruction.

Man at the gate to little boy—"Is your mother home?"

Little Boy—"Say, you don't suppose I'm mowing this lawn because the grass is long, do you?"

If you smell gasoline or gas and you look for it with a lighted match, it is a sign that you are probably about to start on a long journey.

KITCHEN COMMENTS

A new thought for cold meat service is the following: Instead of making bread and butter sandwiches, slice meat loaf rather thinly and use it in place of slices of bread, placing between the meat sandwich a leaf of crisp lettuce and a layer of 1,000 Island or Russian dressing, or one of the many good sandwich spreads. Arrange attractively on a platter and garnish with stuffed olives and parsley.

The newest and most convenient gas range is arranged like a cabinet table, with a work-table top at one side of the burners, the oven below, instead of above the table surface, and two roomy utensil drawers in the stove unit, so that cutlery, salt, pepper and spices are all at one's finger tips. The idea of course, is to save waste motion, extra steps and utilize every inch of space. The cabinet is of steel, beautifully enamelled.

Covered moulds with centre tubes are best for steaming breads and puddings. This prevents the soggy-ness at the centre which is sometimes found when straight cylindrical moulds are used.

To polish stained cutlery, and not blacken countless clean dishes, keep on hand a large cork. To clean the knives, wet the cork, dip in scouring powder and use as a polisher. You will be surprised to see how efficiently it works. Afterward rinse the cork in water, and you can use it for many weeks.

To make a quick cream dressing without oil, for cucumbers or cabbage salad, heat together two tablespoons of mild vinegar and a teaspoon of butter; season with pepper, salt and a speck of sugar. Cool slightly and beat it very slowly into thick sweet or sour cream.

For good and economical luncheon dish, make paper-thin French pancakes; butter each cake as made; place a portion of plum or apricot jam in each, roll like a jelly roll, dust with powdered sugar and serve piping hot.

If you buy tinted dish-cloths—a solid color like pale green, orange, yellow or rose, according to your decorative scheme—you will find that they look fresh and inviting much longer than the white or cream cloths. Never get orchid or blue, however, as those colors look dingy when wet.

Very appetizing for the breakfast fruit is diced orange meat and banana sugared with confectioner's sugar and served in the hollowed out orange cup. Dust the top well with the sugar.

Our Christmas Number

Drawing and Story Competitions

To give you a chance of winning, we are making an early announcement of the Guardian Christmas Number competitions.



Price 50c a box

Sold at all drug and general stores, or mailed direct on receipt of price by The T. Milburn Co., Ltd., Toronto, Ont.

Want Teachers To Aid Safety

(Canadian Press) HALIFAX, N. S., Nov. 4—A personal appeal has been sent to every school teacher in Nova Scotia by Hon. Percy O. Black, Minister of Highways, who asks assistance for the safety branch of his department in its endeavor to protect the lives of school children, "the future citizens of the province."

Calling attention to the fact that motor traffic is increasing yearly, carrying with it a corresponding increase in danger, the Minister also notes that in 1929 twelve school children between the ages of five and sixteen lost their lives under the wheels of automobiles; and in 1930, through the co-operation of teachers the number was reduced to nine. So far this year six children, all under the age of thirteen, have been fatally injured in motor accidents.

At the bottom of the letter the Minister suggests a slogan, "Use your eyes and ears before you use your feet," and in numerous schools the teachers have required their pupils to write and rewrite this slogan in order to impress upon them the importance of the message conveyed from the head of the highways department. Here is the Minister's letter:

"To the School Teachers of Nova Scotia:—

"Once again school is open, and you have under your care the children of our province.

"Motor traffic is yearly increasing and with it correspondingly increased dangers.

"In 1929 twelve school children between the ages of 5 and 16 lost their lives through motor vehicle accidents.

"In 1930, through the excellent co-operation of the teachers, this was reduced to nine.

"So far this year six children, all under the age of 13 have been fatally injured in motor vehicle accidents.

"In the school room you have an unequalled opportunity to teach carefulness; any work you do to help in this way is bound to show results in injuries avoided—and even in lives saved.

"I should like you to regard this as a personal appeal to assist the safety branch of the department in its endeavor to protect the lives of our school children, the future citizens of our province."

Prizes will be given in two sections, as follows:—

(1) BOYS AND GIRLS BETWEEN 13 and 20 YEARS:— For best stories—1st prize, \$3.00; 2nd prize, \$2.00; 3rd prize, \$1.00. For best drawings—1st prize, \$3.00; 2nd prize, \$2.00; 3rd prize, \$1.00.

(2) BOYS AND GIRLS LESS THAN 13 YEARS:— For best stories—1st prize, \$2.00; 2nd prize, \$1.25; 3rd prize, 75c. For best drawings—1st prize, \$2.00; 2nd prize, \$1.25; 3rd prize 75c. Stories should not exceed 1000 words. The subjects should be of a Christmasy nature. The drawings should be in firm outline in Indian ink without shading lines, and should not be larger than a half-sheet of note-paper. They must, of course, be original work, not mere copies.

Entries addressed to Christmas Number care Charlottetown Guardian and marked "Christmas Story"

What the Fashionables are Wearing

Illustrated Dressmaking Lesson Furnished With Every Pattern

By Annabelle Worthington



And as a matter of fact, there probably isn't anything a woman could appreciate more than a slip. One simply can't have too many.

There aren't any seams to cause conflicting lines to the outer garment. This slip is made from a straight piece of material. The wrapped arrangement makes it shadow proof.

The selvedge edge of the material makes a smart neat finish for the lower edge of the slip. The sides may be finished plait edge or rolled in hem. This is about all the sewing you need to do, save for the darts and tacking shoulder straps.

Style No. 900 is designed for sizes 12, 14, 16, 18, 20 years, 36, 38 and 44 inches bust. The 16-year-size requires 2 1/2 yards of 36-inch material. Be sure to fill in the size of the pattern. Send stamps or coin (coin preferred.) Price of pattern 15 cents.

No. 900. Size

..... Name

..... Street Address

..... City

..... State

A Morning Smile

Employer—Isn't it rather strange that your grandfather should be seriously ill every time there is a big football match on? Office Boy—Yes, sir, I sometimes wonder if he is just shammin'.



Made in Canada

A big help to General Housework

Yes, Bon Ami has a whole regiment of uses! Keeps the entire bathroom spick and span—tub and tile sparkling—nickel a gleam—mirrors glistening! And in the kitchen it cleans and polishes pots and pans, sinks, enameled stoves, smooth painted woodwork and walls, windows, linoleum, etc. Best of all, it won't redden or roughen your hands. Rely on Bon Ami—Powder or Cake. There's not a scratch in the life history of either.

Bon Ami



POWDER & CAKE

MR. AND MRS.

Something He's Always Going to Have Fixed

By BRIGGS



HOUSE IS KIND OF CHILLY GUESS I'LL START A FIRE IN THE FURNACE

OUCH!

I THOUGHT SO

I KNOW YOU FORGOT ABOUT THAT LOW BEAM AND YOU STOOD UP SUDDENLY AND—

HEY, WHO'S TELLING THIS?

—AND BUMPED YOUR HEAD. YOU DO IT EVERY YEAR ABOUT THIS TIME

I GET A LOT OF SYMPATHY IN THIS HOUSE!