

Woman's Realm :- Social and Personal :- Fashions :- Literature



for Quick First Aid

Even a tiny cut or scratch may cause serious trouble. Bumps and bruises, cuts and burns should be treated immediately with 'Vaseline' Petroleum Jelly and bandaged lightly. It keeps the wound clean, soothes and heals small ailments of all kinds. Prevents scars. 'Vaseline' costs very little but it is useful in dozens of ways. Keep a jar handy in your medicine chest for emergencies.

BE SURE YOU GET THE GENUINE LOOK FOR THE TRADEMARK VASELINE WHEN YOU BUY.

If you don't see it you are not getting the genuine product of Chesebrough Mfg. Co., Cons'd., 5520 Chabot Avenue, Montreal.

A Morning Smile

Jackson stamped angrily into his office and gripped his partner by the shoulder.

"Look here," he snapped, "was it you that said I was an internal rascal?"

"Me!" exclaimed the other. "Of course not!"

Jackson simmered down a bit. "Who could it have been then?" he asked.

His partner smiled. "Really, old man," he replied. "I'm not the only man who knows you."

A sailor who pleaded guilty to assaulting a stranger said the man was very like an old enemy of his. It was a striking likeness.



Millions of Women Have The Tintex Habit

These Famous Tints and Dyes Save Time, Money and Disappointment

Here's a fair question to ask yourself: Why do millions of women use Tintex?—(in fact, more millions than any other tints and dyes). And here is the answer:

Because Tintex restores faded color or gives new color to apparel and home decorations, too.

Because Tintex costs only a few cents and saves dollars.

Because Tintex keeps wardrobes up-to-the-minute in color-fashion.

Because Tintex is easiest and quickest to use and assures perfect results.

Because Tintex gives the choice of 35 brilliant, long-lasting colors.

At all drug and notion counters 15¢

Tintex World's largest selling TINTS and DYES

GARDENING

ROUTINE WORK

Now that summer has arrived work in the garden is very much reduced. In fact if other hobbies intervene the well planned and well planted lay-out of flowers and vegetables can stand some neglect. It is better, of course, to run over the vegetable patch once a week with a cultivator to keep down weeds and conserve moisture. This also applies to the annual flower beds, but as a rule there is little cultivation of the perennials and shrubbery after the first of July. When the hot weather commences the lawn should not be cut as often or as short, so that there will be some protection against heat and sun. A little judicious trimming of the bigger annual plants, especially the removal of some of the flower buds will result in larger flowers. All dying bloom must be kept removed. It is not too late to make a second or third sowing of most vegetables, especially things like carrots, beets, beans, corn, Coss lettuce and others which must be used quickly after they reach the eating stage. In the flower line, June is the proper month to sow seed of most of the perennials, and this manner of starting delphiniums, phlox, Oriental Poppies, and other gorgeous permanent flowers, is by far the cheapest and most interesting.

To Fight Pests

Insect and fungus pests are easily controlled. Roughly speaking, the insects enemies are divided into two groups—those that eat holes in the foliage and those that suck out the juices. For the first named, poison is usually applied, while the suckers are attacked with a burning spray which penetrates their hides. Often when both are present, a combination of poison and something that burns, such as lime sulphur and arsenate, give the best results. The damage from the biting insects is usually quite apparent, but the presence of the other kind is only shown at first by a wilting or withering of the foliage. For sucking pests chief of which are the aphids or plant lice, spray with whale oil soap, nicotine sulphate or 'Black Loaf 40' or any other repellent secured from a reliable seed store. When fungus attacks the plants, the foliage usually turns yellow or brown, or white spots like mildew cover the leaves. It is most common in warm, murky weather. Spraying with Bordeaux Mixture, or dusting with specially finely ground sulphur is advised. Sulphur dust will also protect hollyhocks and phlox from rust, if applied when the disease first shows itself. An ordinary tin can with the top perforated like a salt shaker makes a good duster. For flowers it is well to add a dry poison such as arsenate of lead, or tobacco dust to the sulphur, so that insects will also be controlled. For eating insects, one may spray with Paris green, arsenate of lead, hellebore or some of the many patent poisonous preparations.

THE COOK'S CORNER

ROYAL SCALLOP

- 1 cup cooked meat diced or flaked fish. 5 hard-cooked eggs, chopped. 1/2 teaspoon salt. 1/4 teaspoon pepper. 2 tablespoons butter. 4 tablespoons flour. 2 cups milk. 1 1/2 cups bread crumbs. Butter baking dish, put in layer of crumbs. Add layer of meat and eggs. Sprinkle with seasoning. Cover with layer of crumbs. Repeat until meat and eggs are all used. Make a white sauce of butter, flour and milk. Pour over meat mixture. Cover with crumbs. Bake in moderate oven until brown.

STRAWBERRY MOUSSE WITH EVAPORATED MILK

Wash, hull, and cook with very little water and enough sugar to sweeten one large box strawberries, then cool, and chill in the refrigerator. It should be cooked enough to have the water thoroughly absorbed and should form a jam. Scald and chill one cup evaporated milk, and whip until stiff. Add one dessert-spoon lemon juice and three dessert-spoons orange juice, and continue to whip until all is very stiff. Fold in the strawberry jam lightly. Place in the refrigerator tray and freeze quickly.

Dorothy Dix' Letter Box

Mental, Not Chronological, Age Should Determine Whether Youth and Middle-Age Should Marry—Shall Wife Who Adores Child Leave Husband She Hates?

Dear Miss Dix—Should a girl who is only 19 marry a man of 42? The man is a successful lawyer, likes to read and study and doesn't care for sports. The girl is a last year's high-school graduate, very beautiful and younger than her years because her parents have never allowed her to go about with boys. This man is her first date. The girl's family have urged this match on her because the man is rich. The girl thinks she is in love with the man now, but I am wondering how she will feel if real love should come along, and even about how companionable they will be now. Don't you think that she should at least wait before she marries until summer has passed and she has tested her love under a pale moon with a lover at her side whose fire of youth has not so nearly burnt out? J. A. H.

I think it is a very risky thing for any girl to marry a man more than twice her age, and that it is exceptionally risky in a case where the man is a student and the girl one who has led an unusually repressed life. It would be nothing short of a miracle if such a marriage was not a disappointment to both parties and didn't end disastrously.

There are cases, of course, in which the temperaments of the man and woman can safely span the gulf of age between them. Age is not always a matter of chronology, and there are girls of 19 who are as old and mature as women of 30 or 35. Sometimes they were just born "settled" with no instinctive desire for running about and dancing and having good times. Sometimes they are precocious youngsters who have been going out with boys and having dates since they were 13, and have really had their fling and know men and what they want in a husband.

Sometimes a man at middle age is still a boy in reality. He is still young at heart and likes to play about with youngsters and go places and do things.

When this man, who is younger than his age, and this girl, who is older than her age, meet, they are really on a common platform and the years between them do not matter.

But in the case you describe this is not the situation. The man acts his age. He is a student, interested in books and quiet things, and doubtless he would expect his wife to settle down to a dull evening at home with their books. Probably he has had his gay times and he is satiated with parties and night clubs and the bright lights.

But the girl has been nowhere. She has seen nothing. She has had no good times. She is eager for life and all of its pleasures. She wants to play about and have a good time, and her idea of happiness is not going to be a quiet evening at home doing some improving reading.

Worse still, she probably isn't really in love with her middle-aged suitor. Every girl is flattered out of her senses when a man much older than herself falls in love with her, and she easily mistakes this thrill of gratified vanity for love. But she finds out the difference soon enough when some boy of her own age comes along and gives her a kiss that is hot with passion, instead of the cool peck on the cheek of placid affection of her middle-aged beau. Then there is the mischief to pay with three lives messed up.

Any man of 42 should have enough intelligence to know that if he marries a young girl they are bound to bore each other to death. What have they in common? Nothing. Absolutely nothing. What does 19 care for intellectual conversation, about the delights of quiet meditation, about placid evenings around the lamp? Nothing. It wants to be kicking up its heels and laughing and giggling and rushing from place to place.

And does 42 want to be dragged out to some place of amusement every evening? How will he enjoy the society of callow boys and girls who talk a jargon he does not understand, and who are never happy unless they are tearing around in high-powered cars from place to place?

The two just don't jibe, and they are foolish to even think of tying themselves together in the holy bonds of wedlock. DOROTHY DIX.

Dear Dorothy Dix—My husband and I are exceedingly fond of our only child, who is 10 years old, but as much as we love the child we hate each other. I have often intended leaving my husband, but my love for my child has prevented me from doing so. Now, after another bitter quarrel, I am desperate. What would you advise me to do? Leave the child and the husband and seek happiness somewhere else, or stay with the child and husband and be miserable forever? DAILY READER.

If you leave your husband and child, where are you going to seek happiness and how do you expect to find it? Do you think that anything you could do or any place you could go would cause you to cease to miss the child that is a part of your very heart or that you would be content away from it?

You could not go so far but when the cries of "mother" would follow you. There would never be any hour of any day in which you would not grow cold with fear wondering if the child was sick or if it was properly taken care of or if it was being taught to forget you, perhaps to hate you. You might find peace away from your husband, but there would be no happiness if you were separated from your child.

The most terrible mistake that women make is in believing that there is some magic in divorce that will restore them to their youth and beauty and make them gay and light-hearted girls again, and put them back into the same environment in which they were before they married. This never happens. There is no going back in life, no restoring things to what they once were. Marriage changes a woman past even her own recognizing. So don't deceive yourself into thinking that all you need to make you blissfully happy is just to get rid of your husband. Nine women out of ten who leave their husbands repent it. They find that the world is harder to get along with than even a cranky husband.

Before you decide to apply for a divorce, sit down quietly and calmly and do two things. First, count the cost. The agony of losing your child. The starved mother love that will cry out for it day after day and that nothing that you can do will ever satisfy. As long as you have your child you have something over which to be happy. Parted from it you will have nothing. Consider also that now you are dependent on your own efforts for your bread and butter? When you are hungry and shabby and living in a miserable hall bedroom and dreading even being put out of that, don't you think you will wonder why you let a man's grouchiness and temper worry you so much?

Then try to think out what it is that you and your husband quarrel so violently about. Nine times out of ten husbands and wives fall out and break up their homes over some silly little difference of opinion, or because one has ways that he other didn't like or because one resented criticism or thought that the other was unjust. These may be difficult things to put up with, but any one of them could be avoided by the use of a little tact or ignored because something else was so much more important. The welfare of a child, say.

But if you and your husband are going to quarrel all the time, separ-

FOR THE WOMAN READER

MOTHER

The noblest thoughts my soul can claim, The noblest words my tongue can frame, Unworthy are to praise the name More sacred than all other.

An infant, when her love first came— A man, I find it just the same; Reverently I breathe her name, The blessed name of mother.

—George Griffith Fetter.

LINEN SUITS

Spic-and-spen for warm days are suits made of men's linen suitings in rough, tweedy crash. They are made just like the wool street suit with notched collars, pockets and fine tailoring. Natural coloring is the favorite, but deeper shades of string beige, medium blue and medium brown are smart.

With these gay bright blouses are worn printed cottons, striped and checked shirtings, gingham and polka dots. Bright red is one of the best colors.

BLANCHING ALMONDS

When blanched almonds are required for a trifle or for other cooking purposes the following method will be found quicker than the old method of soaking the almonds in hot water. Place the almonds in a small saucepan of rapidly boiling water and boil for a few seconds. Then remove them and plunge them into a pan of cold water. In this way it is a simple matter to blanch the almonds, as the skin will almost fall off. Additionally this method is more pleasant, as the fingers do not have to be plunged into hot water.

When you meet a recipe for some savory dish that is to be highly seasoned, its seasonings to make it hot and snappy with the aid of cayenne, you may not have exactly the right ingredient by you at the moment. Too many people make the mistake of thinking that because of the close resemblance in color and appearance, paprika may be substituted for cayenne pepper.

Paprika is so very useful as a garnish and flavoring ingredient that it is a lot more likely to be on the average modern pantry shelf than cayenne. But it does not make a satisfactory substitute for the latter very often, since it has very little of the extreme hotness we associate with red pepper. Paprika comes from a sweet pepper, and whilst it is pungent and penetrating as a flavor, we would not call it hot.

A much closer substitute for cayenne (which is usually called for with the words "a few grains") is tabasco sauce. Just a drop or two of the sauce is sufficient and there is no question about its being hot! The flavor which tabasco will give to a made-up dish will quite closely resemble that given by those few grains of cayenne. And vice versa. Sometimes you can preserve the snap and zest which are a part of the proper character of your recipe, by using a pinch of mustard. The flavor, however, is essentially different.

YOUR PEDAL EXTREMITY

The foot must be regarded not merely as a part of the leg but also as part of the body, and everything (tendon, ligament, muscle, nerve, and bone) is so contrived as to make foot and body work in unison and harmony. If we try to walk today like a gorilla we should find the whole harmony of motion

ate, not because you will find happiness, but for the good of the child. It wrecks a child physically and mentally and spiritually to be brought up in a home of discord, and if a husband and wife cannot control their tempers they should, at least, save the child by parting. Better no parents at all than two that fight.

destroyed, and only by precise and ingenious alterations all over the human body could such progression be made easy and comfortable.

DOWN IN THE DUMPS Suggested Remedies

If down with the blues read Psalm 27.

If your heart is cold, read Rev. 3: 3.

When feeling lonely and unprotected, read Psalm 91.

If you envy the prosperity of the wicked, read Psalm 37.

If the stove-pipe has fallen and the cook has left without notice, put up the pipe, wash your hands, and read James 3.

If you are out of sorts, read Heb. 12.

NEW HATS TILT ON COIFFURES OF NEW MODE

Knowing that the jaunty little tilted hats, and those gay "clown hats" as well as their more dignified sisters, are the present fashion, hairdressers have arrived at a most successful result. They build the hair to meet the hats. The movement is a decided upward one—with the natural hair line much in evidence. Also this is the season for femininity. Strangely enough, severe lines in hairdressing disappeared as the strictly tailored suits arrived.

Have you ever had an expert opinion on the way to arrange your hair? It's worth doing. No matter if you cannot go regularly to a hairdresser, you will be surprised at the coiffures the leading hairdressers offer you to suit your own charm. And as to the hair-and-hat question—which is so important these days—you will find them all exceptionally sympathetic.

Your back curls should begin at the hat and swirl to one side, generally to the left (because of the contrasting angle of the hats), and a soft, wavy look is desirable. If you are a blonde it is especially important that your hair has that "easily moulded" touch.

One reliable craftsman says that hairdressing is becoming much fuller. This mode offsets the stove-pipe hats, which have a tendency to make the face look longer. A certain roundness is needed to fill in and meet the present style in hats. This artesian is a great believer in the "sculptured" appearance and in individualism.

FOR SUMMER SUPPERS

For summer suppers, don't overlook tiny home-made cookies for dessert. They give you that bit of sweet you want and are light and most acceptable as the last touch to a good meal. Made very, very small, in different shapes and filled with nuts, raisins, chopped fruit, these tiny dainties simplify your work because you can make a big batch of them at one time.

POWDER PUFF SPREAD QUILT

Quaint and attractive, the powder puff bedspread lends itself well to early American furniture, and it is quite easily made.

The whole spread consists of squares made up of small colored puffs. These squares are divided from the next squares by a row of plain white puffs. The materials used are solid-toned gingham and tiny prints, and the colors most effective are light green, orchid pink and yellow says a household article in the Christian Science Monitor.

Let us start with the little puffs themselves. They are cut in circles

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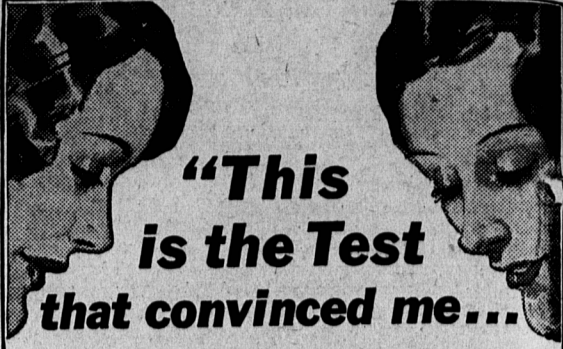
DOROTHY DIX.

Keep Young with Your Children



Don't give them a cross nagging mother to remember. A happy home depends upon you. If your work is a burden—if the children annoy you—do something about it today. Start taking Lydia E. Pinkham's Vegetable Compound. It will steady your nerves—give you that extra strength and energy you need. By actual record, 98 out of 100 women say, "It helps me." Give it a fair chance to help you too. Sold by all druggists.

Lydia E. Pinkham's Vegetable Compound



"This is the Test that convinced me..."

it pays to use only Old Dutch Cleanser. I've put all of them to this 'safety test,' and now I know the money-saving value and safety of Old Dutch. It has proved that it doesn't scratch because it contains none of the harsh, sandy grit found in ordinary cleansers.

Practical experience proves that because of the absence of such chunky, gritty material Old Dutch not only cleans quicker and cleans more things, but, because its particles are flat-shaped, it goes further and does much more actual cleaning per penny of cost. Old Dutch doesn't harm my hands or clog the drains. It has no odor and removes odors. I'm convinced that there is no substitute for its quality and economy.

Made in Canada

COSTS LESS TO USE



Try this Test—Sprinkle a little Old Dutch on the porcelain drain-board of your sink, rub with a smooth coin. You won't feel or hear scratchy grit found in ordinary cleansers. There's none in Old Dutch.

about 4 to 4 1-2 inches in diameter. One-eighth of a yard of material will make seven of these circles. It is better to start out with a sufficient variety of patterns in the prints to obviate any repetition of a design in one square. There are 25 puffs in each square, the five centre ones being of plain gingham and the remainder of printed materials.

We shall want the centre of one square to be plain green, so we shall cut our circle and run a gathering thread around the edge, hemming it as we gather. Pull up the gathering thread as tight as possible and flatten it to resemble a miniature beret. Then we will cut and gather four plain orchid puffs and place them around the green one, attaching them at the points of contact with this green one. The gathered side is the right side of the puff. Fill in the spaces between the plain orchid puffs with four green puffs of varied prints. Our square, so far, contains nine puffs and we will add pink printed puffs on both sides of the four printed green ones, which will make eight pink puffs differing from one

another in material. Between the pink printed ones and above the plain orchid one is just the place for yellow prints. The four outside corners should be prints matching in color the four plain gingham in the centre, which, in this case, will be orchid. About 40 of these squares are needed for a single-sized bed and they may vary in color scheme.

In sewing these squares together the best result will be obtained by starting at one end and placing them obliquely, so that the edges hanging down on the bed will be scalloped. When all the squares have been sewed together with a row of white puffs between each block, then one row of white and one of orchid should be added all around the outside.

A lining may be added if the open-work effect is not liked.

Mrs. Brown (to daughter who has been jilted)—"I shouldn't worry any more about him, my dear. After all, he's not the only pebble on the beach."

Miss Brown—"I know—but the rest of the beach is so stony!"

Daintiness With Chic Styles

ILLUSTRATED DRESSMAKING LESSON FURNISHED WITH EVERY PATTERN BY ANNABELLE WORTHINGTON

Why not let checks do lots of helpful work for you? They will for they are distinctly a la mode this season. Besides they are very wearable—lovely for school, spectator sports and travel.

This attractive jumper model has a removable cape. You'll find it so accommodating on warm days.

Light navy blue woolen mixture made the original. The gumples was bright red washable crepe.

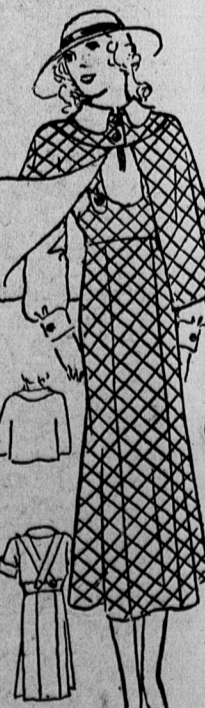
The cape may be lined with the red crepe or left unlined with the edges turned and stitched on the machine. The red crepe appears again, in cape collar.

It's easily made! Style No. 742 is designed in sizes 10, 12, 14 and 16 years. Size 12 requires 3 1/2 yards 39-inch with 2% yards 39-inch for blouse and cape lining.

Price of PATTERN 15 cents in stamps or coin (coin is preferred). Wrap coin carefully.

No. 742. Size Name Street Address City State

If you wish a beautiful sheet of transfer embroidery containing over 60 designs, send 15 cents additional for pattern No. 2350.



742