

# Woman's Realm Social and Personal Fashions & Literature

## Awakened Woman —By— ELINORE BARRY

Swinging her feet over the side of the bed, she found a pair of high-heeled satin bedroom slippers which she put on, and then stood up and stretched cautiously. She felt something stiff and awkward at the top of her neck, and she turned her head down the side, shoulder, elbow and knee.

"Ouch! That must be the side I fell on, she thought. She always wanted to learn to ride horseback and now I've done it and had a bad fall besides—and I don't know a thing about it!"

She went over to the big window of the sleeping porch and stood for a few moments in the warm sun, gazing eagerly toward the north. She found a large bedroom with a terrace garden, full of a blaze of flowers. A high hedge surrounded the garden, down one side of which grew a row of slender Italian cypresses, stiff and dark and theatrical looking. Beyond the hedge stretched a huge orchard of fruit trees. Joyce started over at it in amazement. She had never seen such an enormous orchard in her life. The rows of white-blossomed trees seemed to run out for miles and miles over a flat valley, like a drift of snow across a huge plain. Along the farther horizon undulated a line of strange, mackerel, treeless hills against the sky. As her glance followed them to the right, she saw that beyond the low hills rose high mountains.

"She turned reluctantly away from the view of the sunny garden and the open country, and entered the house. She found a large bedroom with flowered cretonne curtains and cushions. . . . I-voted-tied wicker furniture. . . . a nice pile of silk nightgowns at the foot of the big smooth bed. . . . Luxurious dressing table with a large mirror in front of it. . . . giving a glimpse into a closet full of clothes. . . . at the left a wide-open door into a spacious white tiled bathroom. . . . Suddenly, as she stood motionless on the threshold, feeling like an intruder entering some one else's bedroom, she caught sight of a girl with short wavy hair, clad in a delectable mauve pyjama suit. With a gasp of surprise she realized it was her own image reflected in the big mirror. . . . full length mirrors which flanked the dressing table!"

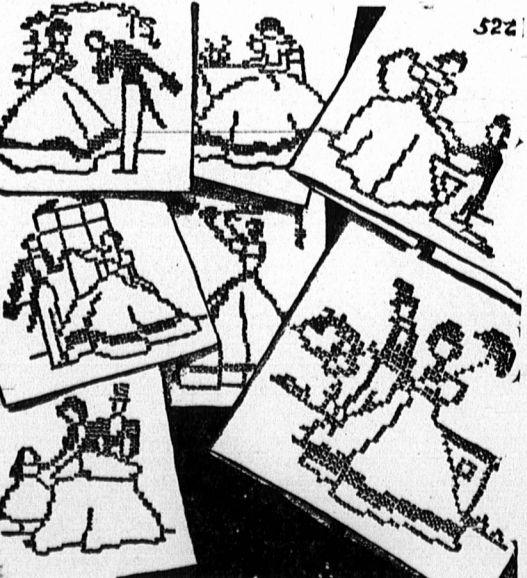
"Well!" she moved hastily up to the mirror and examined herself with interest. Fascinated, she examined her face more closely and smiled suddenly with pleased surprise at the image in which she noticed stood just slightly ajar. "Oh! His. . . his dressing room, I suppose," she murmured, hesitating on the threshold she entered, crossed to the dresser, and took from it a large photograph in a heavy silver frame. Her own face smiled out at her. "It was her own; but Joyce felt, nevertheless, that she must be looking at her double. Of course, it's touched a lot, and the short hair and the pearls and the evening gown make a difference. But I. . . don't know. . . there's something so assured and sophisticated and dainty about it that it doesn't look like me, not like Joyce Ashton. . . ."

### CHAPTER II

Joyce put the photograph back and left the room without further investigation.

These people would find out she wasn't really Frills—and then what? But how absurd! It wasn't as if she were a real impostor, pretending to be some one else! They would see the same face, the same bobbed hair, the same clothes she had been wearing. They might notice a difference in her manner, but they

## OLD-FASHIONED ROMANCE IN CROSS-STITCH



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In seven pictures this tells a story of an old fashioned romance, worked out in simple cross-stitch. Hot iron transfer pattern No. 522 contains seven motifs measuring about 5 by 5 inches each and complete instructions. To order this design, write your name and address on a piece of paper and send with 15 cents in coin or stamps to Needlework Department, Charlotte Town Guardian, To Charlotte Town Guardian, Needlework Department, Design No. 522.



"HITLER'S ART PHONY"

"If Hitler had not been thrown out of an art institution when he was young, he might have lived a happy life as a mediocre painter. So thinks Hertha Glatz, young Viennese contralto, now in Canada. According to Miss Glatz, there's something phony about Hitler's professional love of music and art. "For Hitler, Wagner is a symbol," she said. "I think his feeling toward music is sentimental, and carries very little understanding with it. Hitler thinks an important person must connect himself with art. That's why he dabbles with painting, and is excited by Wagnerian pomposity."

needn't guess that she was now an entirely different personality. "I've got to get over the feeling that I'm breaking into this house and that the first person who sees me can throw me out," she decided. In the bedroom, Joyce found a chiffonier with drawers full of the finest silk and batiste underwear, which she kept making new discoveries for she kept making new discoveries, which she had to stop and admire. The clothes chest was as great a thrill as the bathroom. She stood, almost in awe, gazing into the thoughts again involuntarily returning to her room in West Philadelphia. "I think I've died and come to a special heaven for working girls!" she shouted.

"I could play around here all day looking at clothes. They can't all be mine! But I really must get dressed and hurry up and find out how important than clothes. . . . Looking at the dresses over hastily, she found that the majority were not only very extreme in style, but also of vivid colors and patterns such as Joyce had never worn. She finally picked out a sport dress of white crepe de chine, and put on white stockings and shoes. Pleasantly impressed by the reflection in the long mirror, she was about to venture out of the room, when she caught sight again of the blue lengthen her case on the dressing table. "Wonder what's in it. . . . I might just take a look at it. . . . I'm able to resist the temptation to open the box. With wide eyes she gazed curiously on a jumbled mass of jewelry. Joyce made a face at this miscellaneous collection. "What a mixture! Frills must simply have dripped with jewelry. All this is worth a nice little sum, though. It would make me nervous to have it around. . . . How queer to think that I. . . . that part of me. . . . could think things that are so absolutely different from what I really like. Oh, what a wonderful diamond! I never saw any thing sparkle like that. It's fascinating!" She picked out a ring, a large square cut diamond in a delicate platinum setting, and slipped it on the finger which wore the wedding ring.

"That must be the engagement ring, I think. I'll wear it, for fun." She held out her hand at arm's length and surveyed it with mingled feelings of admiration and amazement. The two rings gave her hand an unfamiliar look and she felt as if she were borrowing some one else's jewelry and masquerading as a married woman just for a joke. "Now for downstairs. I think at last I'll really find out something about it, but I feel like Alice in Wonderland."

Joyce hesitated at the top of the steps, her heart beginning to beat violently again and her courage rapidly ebbing. But in a few moments she gathered up her courage again, urged on by a combination of curiosity and, to her surprise, a distinct sensation of hunger. She wanted some breakfast right away! A cup of coffee would help to steady her nerves. At the foot of the stairs she found a long living-room with French win-

## A Morning Smile

BUSINESS FIRST

A bookmaker who was taken suddenly ill sent his small son to a street where several doctors lived bidding him tell a certain doctor to come at once.

A different physician having arrived, the bookmaker asked his son to explain.

"Well, you see, dad," he said, "there were a lot of brass plates on the doors and when I got to the house you told me to go to. I saw 'Consultations 11 to 12.' But the chap next door was offering 'Consultations 10 to 1,' and I knew you'd like the chap that gave the best odds."

## "CHEEK TO CHECK"

Teacher had been talking with great solemnity on the theory of turning the other cheek. At the finish, she said: "Now, to see if you've followed my words, I'll ask a few questions." She fixed her eyes on little Billy Sloagins.

"What would you do, Billy, if Tommy Meek struck you on the right cheek?" "Do?" said Billy, eyeing Tommy with a grin. "Well, miss, I'd fight with the right, 'im under the jaw with the left, 'ap 'is claret, black is peppers, but the 'arf-nelson on 'im, an' 'is 'is remains for cat's meat. That's all!"

## Dorothy Dix's Letter Box

MARRIAGE BETTER FOR MEN THAN LIFE OF BACHELORHOOD

A Wife is a Good Risk, for Married Men Rise More Rapidly to Success and Live Longer Than Single Ones

To marry or not to marry? That is the question that perturbs innumerable bachelors who care for the life of them decide whether they prefer a wife and kids, or their own pay envelope and latchkey. Each has its points. Much is to be said in favor of marriage, with an ever-loving wife to welcome him home with a glad, sweet smile and the patter of little feet making music in one's ears. But there is the equally alluring picture of a man being able to come and go as he pleases, with no questions asked and no necessity of maintaining an air-tight alibi for every minute of the time he is away from home; of being able to spend his money for his own behoof and benefit instead of keeping and poison their husbands on bad cooking. And children are as frequently brats as angels. Nor is the lot of the bachelor of one unmarried joy. Bought love lacks vigor, and it takes the edge off of freedom to know that the reason one is free is because no one cares what one does.

In fact, so much is to be said on both sides of the marrying problem that probably no man would ever make up his mind what to do about it if some woman didn't make up his mind for him and drag him to the altar before he could debate the subject any longer.

A Bachelor's dilemma. In the meantime we can but sympathize with these perplexed souls, one of whom asks my advice on the subject. He writes: "I am a middle-aged bachelor, and sometimes a spell of loneliness comes over me that makes me feel that I should have a partner to go with me the balance of life's journey, but I do not know whether to risk marrying or not. . . . And I get no satisfaction from my friends when I consult them. The single ones, who have never married, say to get married if I can. But nearly all of the married men whom I have asked warn me against it and say that if I am looking for trouble the quickest way to find it is to get a wife. Which one is right?"

Of course, marriage is a venture whose outcome no one can predict with absolute certainty. So is every thing else you do. There are no sure things in life. No guarantees of success. But we don't refrain from trying because there are occasional train and aeroplane wrecks. We don't sit down and fold our hands in idleness because plenty of other men and women have failed as lawyers or doctors or green grocers.

Favors Marriage. And that is the way it is with marriages that end in divorce. Marriages that are a fight from start to finish. But there is the best happiness life can offer, and the chances of getting one of these lucky numbers are so good that it makes the gamble worthwhile. I think a man is better off married than single, even when his wife does not come up to his ideal. He is able to get a partner to go with him, and has an objective in life.

## YOUR INDIVIDUAL HOROSCOPE

(By FRANCES DRAKE)

Look in the section your birthday comes in, and find what your outlook is, according to the stars.

For Monday, August 5th  
JANUARY 22 to FEBRUARY 20 (Aquarius) — Vibrations favor sharpening the mind and wits and increasing your ingenuity. If you have a constructive and definite objective so that this good day will not be spent in useless activity.  
FEBRUARY 21 to MARCH 20 (Pisces) — Personal desires and social affairs vie with general business, banking, brokerage, industrial and mechanical matters in the favor of today's splendid vibrations. Vacation activities, romance, travel also.

A CHILD BORN ON THIS DAY will possess organizing ability and a persuasive personality to help it along. Really a talented and capable somebody if it will rightly develop its God-given talents and gifts. Self-control needed and a tendency to be critical of others curbed. Teach it to be patient with details.

MAY 21 to JUNE 21 (Gemini) — Stars warn against over-forcing issues. Substantial progress possible through the right methods and good intent. Hitch clever ideas to a steady, practical plan.  
JUNE 22 to JULY 23 (Cancer) — Financial gains and increased business prospects indicated and favored. You can turn your unusual talents and advanced ideas into dollars and cents if you manage affairs intelligently.  
JULY 24 to AUGUST 23 (Leo) — Morning vibrations advise you start your day bravely and with precision. Don't dillydally with important matters or opportunities. Afternoon calls for "full steam ahead!"  
AUGUST 24 to SEPTEMBER 23 (Virgo) — Your efforts may not show immediate financial returns but it is a splendid day to capitalize on unusual talents and ingenuity which your possess. Be alert, progressive!  
SEPTEMBER 24 to OCTOBER 23 (Libra) — If you will go out to meet opportunity and don't be too timid to take reasonable chances you can turn today's efforts into solid benefits. Give your fine mentality and intuition a free hand.  
OCTOBER 24 to NOVEMBER 22 (Scorpio) — A restrained but nevertheless determined approach will aid you in weighty issues. Evenly allocated efforts will also important to the success that can be yours if you desire and work for it.  
NOVEMBER 23 to DECEMBER 22 (Sagittarius) — A favorable day for gains in industrial, manufacturing and other lines of business. Changes for needs pertinent to today's conditions are also favored. Keep pace with progress and cooperate with forces working for our good.  
DECEMBER 23 to JANUARY 21 (Capricorn) — Gains indicated, especially in mining, shipping, handicraft, real estate, shipbuilding, construction of armaments, motor vehicles, manufacturing tools and machinery. Excellent period to formulate plans and start activities to be continued.

## THE COOK'S CORNER

DRAWN BUTTER

4 tablespoons flour  
1-2 cup butter  
2 cups boiling water  
1-2 teaspoon salt  
Stir the flour into 4 tablespoons melted butter, add water gradually and cook 5 minutes, or until thick and smooth, stirring constantly. When ready to serve, add salt and remaining butter, beating well. Yield: 2 cups.  
Serve on broiled or baked Canadian lake trout, mackerel, pickerel, cod, haddock, halibut or salmon. With this sauce as a base, you can vary the seasonings and add a new nuance of flavor each time you serve the same fish. For instance, add 1 teaspoon Worcester-shire sauce—or more if you like it—and serve with broiled Canadian lobster.  
Then for mackerel add thin gradings of orange rind, and a teaspoon of lemon juice. That's something the neighbors will rave about. If you ever give them a chance to taste it.

## MAITRE D'HOTEL BUTTER

1-4 cup butter  
2 teaspoons minced parsley  
1-2 teaspoon salt  
Dash of pepper  
1-2 tablespoon lemon juice  
Cream butter until soft, add parsley, seasonings and lemon juice, beating until fluffy. Make little rosettes on thin slices of lemon, garnishing with a clove and serve on each portion of fish.  
One chef adds finely ground filberts to the maitre d'hotel butter, and achieves something that evades the palate for identification, but pleases by its most unusual blend of flavors.

## SUBSTITUTE HOLLAND SAUCE

Hollandaise sauce seems a little uncertain to some cooks. Try this variation. It is much easier.  
4 tablespoons olive oil  
2 tablespoons flour  
1 cup milk  
1 teaspoon salt  
1-2 teaspoon paprika  
Dash cayenne pepper  
3 tablespoons lemon juice  
2 egg yolks  
Heat 1 tablespoon of olive oil in top of double boiler. Add flour and milk. Stir continuously until thick, cooking for about 10 minutes. Add rest of oil, stirring constantly. Remove from fire. Stir in milk and lemon juice thoroughly heat in the egg yolks, one at a time. Re-heat slowly, stirring all the time. Do not overcook. If sauce separates, add 1 teaspoon cold water and stir well.

## LEMON SAUCE

1 cup sugar  
Juice of 1 lemon and grated rind  
1 egg  
1-4 pound butter  
4 tablespoons water  
Cook all together in double boiler until thick.

COLOMBO, Ceylon's (CP) — Negotiations are being conducted looking to the establishment of a Ceylon flour industry. The main source of Ceylon's supply is the Federated Malay States.

## Pick Up Popular Dances in a Few Home Lessons

Sophisticated Rumba Is Easy  
"Why I CAN rumba!" exclaims the young man who thought the rumba was as far out of his class as a ballet solo.

Yes, the rumba, the Conga — all the exciting new steps of a new problem at all when you have diagrams showing just how and where to place your feet. Try the Rumba Hesitation here.  
Count 1—Move left foot a few inches to the side, keeping it flat on the floor with almost no weight on it; hips away left. AND—Sway hips right. 2—Short step forward on left foot; hips sway left. 3—Move right foot a few inches to the side with almost no weight, hips sway right. AND—Sway hips left. 4—Short step forward on right foot. 5—For that expert "crazy society" look, you and your partner should stand slightly apart. As you sway hips to one side, allow the leg on the opposite side to relax, bending the knee slightly.  
Make a hit, too, with the other popular steps in our 32-page booklet. Gives diagrams and directions for the rumba, tango, Samba, waltz, Conga, fox-trot, Westchester and Szig; also the Peabody and Lindy Hop. Includes basic steps, variations; tells how to lead and follow, combine steps.

Send 20c in coins for your copy of HOW TO DO THE NEWEST DANCE STEPS AND VARIATIONS To the Guardian Home Service. Be sure to write plainly your Name, Address, and the Name of booklet.

Name \_\_\_\_\_  
Street Address \_\_\_\_\_  
City \_\_\_\_\_ Province \_\_\_\_\_

"So you come from a small town?"  
"Yes, the town I come from is so small that they can shove the Sunday paper under the door!"

## THE REAL REASON

"How you must love your husband! Every time I come here you are writing to him!"  
"Don't distract me or I will get the wrong wrong!"

In Africa, bashmen fill ostrich egg shells with water, stuff the holes with grass, and hard them for use in time of drought.

## Living & Leisure

### —The Woman's Realm

It is no use to grumble and complain, It's just as cheap and easy to rejoice.

When it rains out the weather and sends rain, Why, rain's my choice.

Placed in front of a London church recently, a sign reads: "If your knees are shaking come in and kneel on them."

Demand for blankets is so great in India that hand looms are being requisitioned to supplement factory production.

Glass literary indicator signs in English and Spanish are to be erected to help stragglers find their way about Havana, Cuba.

Fur sleeves on cloth coats are to be trimmed this autumn in bishop or melon shape.

Tokyo, Japan, declares its 11 o'clock curfew for bars, cafes and eating places has proved a great success.

A dipping tank is one of the most profitable investments for a farmer who has some sheep. The tank need not be large, just long as it will permit complete immersion of the sheep to kill the parasites that hide in their fleeces.

A study of tree rings in house beams at Urali, Ariz., Hopi Indian village which is the oldest continuously inhabited settlement in the United States, shows they were cut as early as 1260.

## THE LAZY WOMAN'S WAY TO REDUCE

The French have a word for flaccid—*flaccid*—which sounds much nicer than our "flat" or "stout" or worst of all "fatty." But whatever language you use, it still isn't pleasant nor is it healthy to be overweight, and anything that helps us to take off some of that "too, too solid" with a minimum of trouble and a maximum of comfort and ease is something to be investigated.

Up in a Toronto corset salon, they've installed a new machine to be used in what is called the Dewar system of body contour. Each treatment lasts for forty minutes and here's where the lazy woman can get her feet up and the operator by the control of a remote control, combined with electricity, sends through you a rhythmic current which, it is claimed, will take inches from you in any part of the body you want to reduce and at the same time stimulate the nerves and the circulation, and tone the muscles without affecting the heart or tiring you in any way.

Regrettably the operator admits that necessity for a modified diet exists in any system of exercising, even a passive one such as this, and such a diet should be obtained from your physician. Also, if you have any specific body weakness, it is suggested that you should obtain the doctor's sanction before starting the treatment. But if you are healthy and normal—just one of those who have the "middle-aged spread" from eating too much and exercising too little—then the claim is that the Dewar system can turn the trick painlessly and efficiently.

## CURTAINS AND DRAPERIES SHOULD RELATE TO ROOM'S COLOR SCHEME

Windows should not only be decorative in a decorative way, but should also harmonize with the entire room.

Curtains and draperies serve a variety of purposes, they may temper the light, soften the glass and woodwork, bring color and softness to the rooms and windows, frame interesting views, give a feeling of privacy, and shut out unattractive views.

Coored curtains and draperies should relate to the color of the wall; patterned curtains and draperies should contain something of

## Needlecraft—For The Home

Summer is all too short unfortunately, but why not take the utmost advantage of the sunshine while you have it? Slip into this halter neck frock and let your back and shoulders get as tan as berries. It's a dress to keep you comfortable all summer long. It's perfect for sports or just lazing around doing nothing. And if you want to cover up for a quick trip into town, just don the thief little jacket and look as formal as you please.

Style No. 2661 is designed for sizes 12, 14, 16, 18 and 20. Size 16 requires 7-8 yards of 30-inch material for dress; 1 3/4 yards for jacket.

Send Pattern (20c) coin is preferred. Write plainly your Name, Address and style number. Be sure to state the size you wish.

Style No. 2661 \_\_\_\_\_  
Name \_\_\_\_\_  
Street Address \_\_\_\_\_  
City \_\_\_\_\_ Province \_\_\_\_\_

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2661  
SIZES 12-20



KILLED REFUGEES FROM SCOTLAND — Mrs. Margaret Bannerman and her five children arrive on the refugee-laden Cameronia. In front are Patrick, Douglas and Burnie (left to right). In rear are Francis (left) and Kenneth.