

Woman's Realm :- Social and Personal :- Fashions :- Literature

The HOUSEWIFE and HER ACTIVITIES

THE SNOWDROP
A little frost fairy more daring than those who danced in the garden, where all the trees froze...

SCENT FROM PUMPS
The modern woman often has to think twice before deciding whether she can afford a bottle of good scent, and she will not, if she is wise and discerning...

WHITE LINEN ACCESSORIES
Linen accessories give your navy blue spring suit or dress a fresh touch that is both fashionable and charming...

OLD BELIEFS ABOUT THE CUCKOO
To hear the first cuckoo call of the year is to feel that spring really has come, and, although we may scoff at those people who write to the newspapers in February declaring that they have already heard the cuckoo...

WHEN EGGS SEEM UNATTRACTIVE
Some children simply loathe the sight of eggs, and take a delight in doing anything with them but eating them. One kiddie I knew would regularly until no one was looking, then in the most businesslike way throw his egg on the floor...

OWNERS RARE BELLO
Belleville, Kan.—Mrs. Joe Barrett, a collateral descendant of George Washington, possesses a woman's slipper purchased by the first president for a niece. The niece wore the slipper at social functions at Washington's home.

ENTER RED FLANNEL
Alpaca, grey and red flannel, quilted silk, embroidered taffeta. These read like the shopping list of an early Victorian dressmaker. Actually they are the very newest materials featured by Paris dress designers. Grey taffeta and grey alpaca are used for a new day

For "SPRINGTIME APPETITES"
RIGHT now, when everybody's tired of monotonous winter foods, change to crispness! Try a bowl of crisp Kellogg's Corn Flakes with milk or cream, for breakfast. See how keen and fit you feel.



Kellogg's CORN FLAKES
FOR CRISPNESS
Kellogg's are rich in energy—easy to digest. Ideal for the children's supper. Always oven-fresh and flavor-perfect—kept so by the heat-sealed inner WAXTITE bag. Made by Kellogg in London, Ontario.



TABLET
For those who still roll cookies, try this method: It saves time: After mixing, make the entire amount into small balls (size of a golf ball) chill before rolling.

CO-EDS' AMBITION
STORRS, Conn., April 10.—Marriage, not a career, is the ambition of the majority of girls at Connecticut State College. Among the male students, however, the majority considered the career most important.

Lost 20 lbs. of Fat in 3 Short Weeks
New Safe, Quick Reducing Method
I took a bottle of BonKora and lost 20 lbs. in 3 weeks. Reduced waist and bust too and wear reduced 4 sizes. — Mrs. Margaret St. Ger, Indiana.

Grandmother's Quilt Patterns
Cut out all pieces and piece together as indicated on small block; all blocks are set together as indicated on quilt design. Pieces are alternated in blue, white and black, either of print or plain material. Finish with 3 inch binding around entire quilt. Allow for all seams when cutting pattern.

SEA SHELLS
Cut out all pieces and piece together as indicated on small block; all blocks are set together as indicated on quilt design. Pieces are alternated in blue, white and black, either of print or plain material. Finish with 3 inch binding around entire quilt. Allow for all seams when cutting pattern.



REGA TABLE SALT
Free Running
A "Winter Salt" Product for use on tables and cooking. Pres. For Month Health.



ATTENTION BISCUIT BAKERS

For that tender-flaky crust use Barbour's ACADIA BAKING POWDER

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Dorothy Dix's Letter Box

Can the Woman Who Was Born Without Charm Acquire It?—Wife Who Turns Cold Shoulder to Affectionate Husband Risks Losing Him

Dear Miss Dix—Do you think that a woman who was not endowed by nature with charm can acquire it by thought and study? VIOLA.

Answer: To a large extent she can. Not entirely, perhaps, for no artificial product is quite as good as the real thing, but any woman can manufacture for herself, if she has the determination and intelligence to do so, the charm that will make her a welcome guest wherever she goes and draw about her hosts of friends, and insure her a pleasant passage through life.

Then any woman can make herself an interesting companion. She need not be brilliant or learned; indeed, some of the least charming people in the world are pedantic know-it-alls who listen as if they were morose. A woman need not even be a good conversationalist to have people enjoy her society. She need only be a patient listener.

Saying the right thing is simply an effort of memory. It is refraining from telling a jealous married woman with a philandering husband that you saw him with a platinum blonde at some restaurant, or telling her to ask Mrs. Jones about her baby and Mrs. Smith about her last operation and to tell Mrs. Brown some compliment that was paid her pretty daughter or to beg some wit to tell that funny story about the Dutchman and the Irishman.

Dear Dorothy Dix—I am a happy married woman with two lovely babies, a wonderful husband and a nice home. My husband is of a very affectionate nature and very demonstrative and, although I love him as much as I did the day I married him, I don't want him always kissing and petting me. He thinks I don't care for him because I cannot show my love for him, and he says he is starved for love. Do you think if I refuse to let him kiss me and pet me that he will find somebody who will?

It is a pity when men and women of different temperaments marry, because it brings happiness to neither. The affectionate, demonstrative one beats themselves up against a wall of ice until all of their love and enthusiasm is frozen to death and the reserved, self-contained one is bored by an exuberance of affection they cannot understand and are disgusted by carresses that meet no answering thrill in their flabby hearts, which are practically incapable of any tender emotion.

And many a man perishes of heart hunger, too, because he is married to a frigid woman who never feeds him on angelic food, who never shows him any tenderness, who never says a word of appreciation, who turns the rim of her ear or the back of her head to his kisses and who cuts out every particle of sentiment and romance from their lives.

Most divorces are the result of husbands and wives seeking abroad the affection they were denied at home, and perhaps they are not greatly to be blamed. The most honest man and woman will steal when starving.

Dear Miss Dix—Do you not believe that a man, whether he is a lover or a devoted husband, is offended by his sweetheart or his wife making him if he loves her and thus forcing him to tell her outright: "I adore you, darling." Is not such a question repulsive to him? B. V. D.

Answer: Nor at all. It is simply part of the litany of love, and men just eat it up and ask for more. A man does not want the woman he loves to take his affection for granted. He wants her to be so much interested in the matter, and for it to be so vital to her happiness, that she wants to hear all about it over and over again.

FOR YOU Three Perfect Qualities Make This PERFECT COFFEE



SINCE that day long ago when Maxwell House first came out of the Old South its superb flavour has continued to please critical coffee-lovers of the world. It's perfect coffee—always roaster-fresh, guaranteed by the exclusive Vita-Fresh packing process which removes more flavour-robbing air from the tin than any other process. And ground by a new and exclusive method which exposes more of the flavour cells and insures more flavour no matter what way of making coffee you use—drip, percolator or boiling. Roasted and packed in Canada.



THE COOK'S CORNER

WALNUT CHEW
This cake is made in two parts. Shortbread: 1 cup flour, 1/2 cup butter, 2 tablespoons each lard and nut and pack into pan, then bake slightly for 20 minutes. Cake batter: 2 eggs, 1 1/2 cups brown sugar, 1/2 teaspoon vanilla, 1/2 cup broken walnuts, 1/2 cup cocoa-nut, 2 tablespoons flour, 1/2 teaspoon baking powder. Beat well, pour on shortbread and bake in a slow oven for half an hour. It may be iced if so desired.

GINGER CAKE
One teaspoon each of sugar, water, molasses, 1 tablespoon each lard and butter, 1 teaspoon each ginger, soda, a pinch of salt, flour to make a thin batter. Beat well.

CHOCOLATE FRUIT CAKE
One cup granulated sugar, 1/2 cup butter, 2 eggs, 2 cups flour, 1 teaspoon baking powder, 1 teaspoon soda, 1 cup raisins, 1/2 cup milk, 1/2 cup boiling water, lemon, vanilla and almond flavoring. Put raisins and peel through food chopper and add soda and boiling water. Blend the other ingredients as usual and add fruit mixture. Bake in a loaf eight by ten inches. Topping: Mix icing sugar, butter and a little cream; flavor with all three essences.

OATMEAL COOKIES
Four cups of oatmeal, 3 cups of flour, 2 cups of brown sugar, 1/2 teaspoon of salt. Rub in one cup of butter. (Add one or two eggs or leave them out, as you wish.) One-half cup of sour milk with one teaspoon of soda dissolved in it. Put in loaves. Slice and bake when firm. Good eaten plain, or with date or jam filling.

A Morning Smile
The tired-looking man sat facing the solicitor. "So you want a divorce from your wife," said the latter. "Aren't your relations pleasant?" "Mine are," came the answer, "but hers are simply terrible."

WOMAN'S PAGE
WHAT IT COSTS TORONTO WORKING GIRL TO LIVE
How much does it cost the working girl to live in Toronto? The Ontario minimum wage board, in its annual report to the Ontario legislature says it costs \$12.50 a week—which is the rate called for by the Minimum Wage Act. The report includes the budget for working city girls.

Christie's Arrowroots
For more than eighty years preferred and Approved
By the mothers of Canada because of their proven purity and maintained quality.

