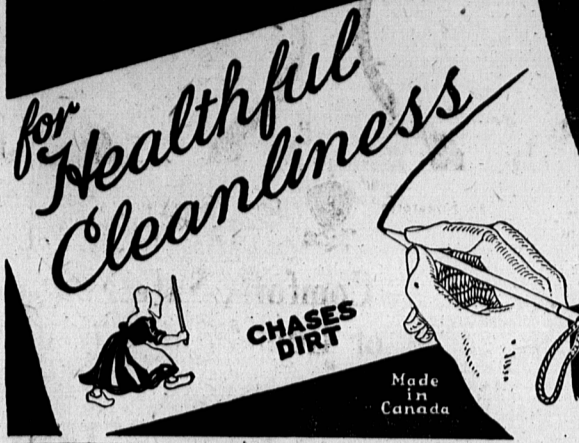


# Remember to use OLD DUTCH



for Healthful Cleanliness  
CHASES DIRT  
Made in Canada

### WOOD—MacQUARRIE

A quiet, but very pretty wedding took place at Grove Cottage, the home of Mr. and Mrs. W. A. MacQuarrie, Hampton, on the evening of Tuesday, September 27th, when their youngest daughter Kathryn was united in marriage to Mr. Howard Wood of Tryon.

The ceremony was performed by Rev. R. H. Stavert in the presence of immediate friends of the contracting parties.

The home was very artistically decorated for the occasion with cut flowers and potted plants, the predominating colors being white and green. An arch of white bells and streamers with back ground of beautiful plants was a pleasing feature in the Parlor decorations.

Lohengrin's Wedding March was well rendered by Mr. Clayton Morrison, and immediately preceding the wedding march "Mr. Morrison very feelingly sang "Oh, Promise Me" accompanied by Miss Louise MacQuarrie, R. N., of Providence, R. I., sister of the bride.

The bride, the picture of girlish grace and winsomeness, entered the room leaning on the arm of her father. Beautifully gowned in Ivory Duchesse satin trimmed with lace, she wore the conventional veil and carried a large shower bouquet of white roses. Her only ornament was a string of beautiful pearls, the gift of the groom. She was attended by Miss Vera Wood, sister of the groom who wore a gown of maize taffeta and carried a bouquet of Pink Carnations. She also wore a string of pearls, the gift of the bride.

The groom was ably supported by Mr. John MacQuarrie, brother of the bride. The groom's gift to the bride was a diamond ring and a diamond set of green gold.

After the ceremony and felicitations all wended their way to the dining room which presented a very attractive appearance. White streamers, with a unique centrepiece

of cut flowers carried out the color scheme of the other rooms. Here a daintily prepared supper was partaken by all.

A vast throng of charivariers arrived in due time to do honor to the newly wedded couple. They conducted themselves in a very orderly manner, for which they were given many compliments. The invitation to enter the home was accepted, and their best wishes were extended to the bride and groom. Then after being generously treated to refreshments and vigorously bouncing the groom they quietly dispersed.

The large number of beautiful and useful wedding presents testify to the popularity of the young couple. Conspicuous among the gifts were several substantial cheques.

Shortly after the midnight hour, Mr. and Mrs. Wood left amid showers of rice and confetti for Borden. Wednesday morning they left on an extended motor trip to Maine and other of the New England States. On their homeward way they will spend some time in Rexton, N. B., visiting Mrs. Wood's brother Rev. W. A. and Mrs. MacQuarrie, M. A. B. D., the United Church Minister there.

Mrs. Wood's "going away" costume was of Ping Georgette over satin with coat of Ashes of Roses broadcloth, trimmed with fur, and with hat to match.

On their return to P. E. I. Mr. and Mrs. Wood will reside in North Tryon, where Mr. Wood has proved to be one of the most successful and up-to-date farmers of that prosperous community.

On the evening of September 8th Mrs. Wood (who was then Miss MacQuarrie, and by-the-way one of our Island's successful School teachers) returned to her home for a shower in the Public Hall in Hampton, at which she received many beautiful and costly gifts. The Guardian joins in wishing this young couple many years of happy wedded life.

## FOR THE WOMAN READER

BY FLORENCE RIDDICK BOYS

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### LONELINESS

Loneliness is a form of suffering for which I never can have much sympathy. It is so closely related to selfishness. Why should one be lonely in a world where there are so many people to help, so much good to be done, so many interesting tasks to conquer, so many causes calling for volunteers, so many others who are lonely?

It seems to me the lonely person must be self-centered and look only within, or upon the things of his own. Could he forget himself and throw himself into some useful enterprise for the good of others, he would soon find himself happily companionable with many fine people.

To take part in church, lodge or political club work, with a high motive of pushing the cause along is a panacea for loneliness. Nothing makes for friendship like effort together in a common cause. Join those who are rallying round some worthy idea or effort and you will have no time for loneliness.

### ECONOMY HINT

When using the oven, use it to capacity. It is extravagance to bake only one thing at a time. Baked dishes may overlap. It is possible to stir up in one hour many dishes for baking and the thrifty housewife, planning ahead and using her oven economically, may not only save fuel, but conserve her time and also provide better meals for the family. For example, if you wish a pie for dinner, bake the potatoes at the same time. Put in the oven, to fill it up, a pan of biscuits which you may use for supper with honey or for a shortcake, re-warmed of course. Make an extra pie shell for which you will make a lemon cream filling another day. Have a cake ready to slip into the oven when the pie or biscuit comes out. It will almost cook with the residue of heat after the main meal. At the last, slip into the oven the grain flakes or crackers you wish to melt the cheese. One of the most wasteful practices of the modern housewife, is the use of her oven for one dish only. This comes about chiefly because she did not use her head to save her heat.

### CHILD BEHAVIOR

Look for the causes, rather than the results, when children do wrong. If you want to help them to build character, you may find that the child got in wrong company, that he was weak willed, that he was under-nourished and too hungry, that he was ill and nervous and fretful and not himself, that he is not getting enough sleep, that he has adenoids or bad tonsils and failure habit, and an inferiority complex which leads him to do unusual things to console himself.

If a child cannot attract favorable attention from those whose approval he craves, he is likely to do something wrong to give vent to his desire for attention of some kind, figuring that evil notoriety is better than to be ignored. The delinquency of many a poor lad or lass is his last stand or desperate effort to show bravado and overcome some handicap. It may be a moral explosion caused by long repression and gloom over failure.

If the parent studies carefully the causes which lie back of the behavior of his child, he can usually find motives and urges or combinations of inciting circumstances which explain it.

It is almost certain to be the fault of the parent, rather than the child, if the child is delinquent. Removing these causes, the child will have a chance to be his best self. There is something inherently noble in the soul of every normal child and he will surprise you by growing good if you give him the proper environment and treatment.

### SILKS

Silk is a very popular material today and the great demand for it has given manufacturers much experience in making it and taught them many tricks of the trade. One of these is to make "cultivated" silk, a good stuff, but which is stronger than natural silk, bleaches well and takes dye remarkably. Its smooth fibre makes it easy to keep clean as it will not hold the dust nor absorb impurities. Adulteration is another discovery of the silk makers and it is a pity that it is so widely practiced. It is so skillfully done that the expert can hardly detect it by the feel, but there is a way. Ravel a piece of silk both ways and touch a match to the fringe. If the silk is pure it will burn like wool, being an animal product. If it is part cotton, the cotton will burn with a flash.

The most lamentable trick of the silk trade is to weight silk, that is

# HÖVIS

## The Bread of Health

Why is HÖVIS the "Bread of Health"?

It's the Flour that makes the difference. No other bread flour is milled in quite the same way as HÖVIS.

For it contains a large proportion of wheat germ, which is the most nutritious part of the wheat grain.

The result is that HÖVIS Bread, baked by leading Canadian bakers, contains those precious, health-giving vitamins and more of the true nutriment of the wheat.

That's why HÖVIS Bread—"the bread of health" is so different and so much better for you.

BETTER ingredients always make better bread. But there is one particular ingredient present in such abundance in HÖVIS Bread as to give it a value no other bread possesses.

That ingredient is the wheat germ, scientifically combined in HÖVIS Flour.

You have only to taste HÖVIS Bread once, to realize the difference this makes!

And you are certain to enjoy it—just as thousands of others do.

Costs a little more—worth much more.

Why the name HÖVIS? It is coined from the two Latin words "Hominis Vis" and means "The Strength of Man"

HÖVIS Flour is made by the millers of PURITY FLOUR—trade-mark protected.

A product of WESTERN CANADA FLOUR MILLS CO. LIMITED, Toronto, Montreal, Ottawa, Saint John, Winnipeg, Calgary, Victoria.

## Ask Your Baker or Grocer for Hovis Today



DEFT and thoughtful service—of traditional Canadian Pacific quality—adds yet another pleasure to the many delights of a late summer voyage aboard our luxurious Empresses or comfortable cabin class ships. Canadian Pacific liners sail via the St. Lawrence— "the mighty water boulevard to Europe." Ships and European hotels and railroads are uncrowded at this time of year. Rates are low, too.

# Canadian Pacific

WORLD'S GREATEST TRAVEL SYSTEM

See your local agent for reservations or  
G. Hesse, Director, P.O. Box 100, St. John, N. B.

### NEW PARTS

The other day a thrifty housewife threw a dollar dust mop on the junk pile because "it was broken." The truth of the matter was, a part was missing. Had she sent to the manufacturer for a new part to replace the missing one, it would have cost her only a few cents and the dust mop would have been as good as new and served her many years.

Probably millions of dollars are wasted by housewives of the land every year, by their habit of discarding a washing machine, a vacuum cleaner, or any other household utensil the minute something goes wrong with it. The whole trouble may be only that a bolt or a nut has lost out, or a part may be broken or defective.

A little investigation, a few pennies, may repair the machine. Look it over and learn the name of the manufacturer, and the name and number of the machine and write for a new part. This is one way to reduce your budget for the coming year.

### PROTECT YOUR HANDS

The habit of wearing canvas work gloves would do much to keep ones hands soft and smooth. The gloves would not only keep the dirt from penetrating into the pores of the skin and save the hands from being bruised and taloused from rough work, but they would relieve one of the necessity of washing the hands so frequently and making the skin rough. One should possess several pairs of gloves, one for upstairs and one for down, to be used for other work, a pair for dirtier work such as gardening or mowing the lawn, and plenty to do duty while the first set were being laundered.

### TO PROTECT YOUR EYES

Do not read in a poor light.  
Do not read the print.  
Do not read when lying down.  
Do not read facing the light.  
Do not rub your eyes with dirty hands.  
Do not use a public towel.

### WASHING FLANNELS

A teaspoon of glycerine, added to the water in which flannels are washed, will keep them soft and like new. Use only warm water; rinse in water of the same temperature; and dry quickly in a good breeze. To hang them to dry over

### TEA BISCUITS

Sift two cups flour, half a teaspoon salt, and four teaspoons baking powder. Cut into it four tablespoons shortening until the mixture is granular. Add enough sweet milk to make a soft dough, about two-thirds cup. Lightly and quickly roll dough a half inch thick; cut out loaves. To vary the flavor, sometime add three tablespoons of grated cheese to the mixture when you add the shortening.

### CREAMED SWEETBREAD

Two cups of white sauce, add one cup of parboiled sweetbreads cut into half inch cubes, and one cup of cooked asparagus tips. Heat all together. Lay sliced tomato on toast and pour the creamed mixture over it.

### MRS. SOLOMON SAYS:

Work is the best physical, mental and moral tonic known—but it is only half the treatment. The other half is Play. To get fit and keep fit, one needs generous amounts of both Work and Play.

### SMILES

He: "Statistics says that every third child is Chinese."  
She: "Goodness, isn't it lucky that we only have two."

It may be tough to pay thirty five cents a pound for meat; but it's tougher if you only pay twenty-five.

Passer-by—What a handsome dog. He must be valuable.  
Dealer—Yes bet 'e is. The man wot I got 'im off is offering five pounds reward if I bring 'im back.

### Scientific Facts

A new kitchen implement cuts vegetables into screw thread designs.  
Argentina contains more than 36 per cent of the cattle in South America.  
When closed a new crystal radio receiving set resembles a cloth bound book.  
Motion pictures for educational purposes are to be introduced into Rumanian schools.  
An electric motor has been designed for operating any tooth brush with vertical motions.  
Four more commercial air routes radiating from Buenos Aires are being planned for Argentina.  
New buttonless overalls are fastened by squares of cloth that fit into loops and by a waist belt.  
An Australian has invented a process for extracting a lubricating oil from potatoes unfit for food.  
Chicago is to have a school for night watchmen, conducted by insurance men and fire prevention experts.  
Small models of houses are being used in England by real estate men in selling residences to customers.  
Thirteen different shaped detachable trays for as many kinds of loads are included in a new wheelbarrow.  
A German inventor has combined an endless tread tractor and a plow to break up soil with revolving forks.  
Two Pittsburgh inventors have patented a loudspeaker that has transmitted sounds clearly for three miles.  
A varnish obtained from fish glue is used by natives of the Congo to waterproof their clothing and boats.  
An electromagnet energized by a car's battery keeps wound a new clock to be mounted on an automobile steering post.  
For long distance touring a Frenchman has built a completely equipped, four room motor vehicle weighing 5000 pounds.  
An inventor has patented a device for a woman to hold in her

mouth to guide a lip stick so it will do its work evenly.  
Of German invention is a paper boat that is claimed to be both lighter and stronger than wooden ones of the same size.  
A device that enables a man to reload a six shot revolver in two seconds has been invented by a Kansas City detective.  
More than half of the crude rubber and about half of the tin consumed in the United States comes from British Malaya.  
Taking its power from the fan belt of a car, a tool for polishing automobiles has been patented by a New York inventor.  
India produces more than 6,000,000 goat skins annually, more than 75 per cent of which are purchased by American tanners.  
The energy stored in a flywheel by revolving it with a hand crank is used to turn over the motor in a new airplane starter.  
An English inventor claims accuracy in aiming features his double barreled shot gun that has one barrel on top of the other.  
The entire length of an automobile tire can be spread open for inspection or repair with a tool a New Jersey man has patented.  
According to a Russian scientist the earth in 2,000,000 square miles of northern Siberia is frozen to a depth of more than 300 feet.  
A novel device coats the inside of an ice cream cone with syrup before the ice cream is introduced to convert the latter into a sundae.  
The Polish Ministry of Agriculture has worked out a new plan for the construction of elevators and grain warehouses throughout the country.  
Recording an increase from last year, the United States exported nearly 2184 miles of motion picture films in the first six months this year.  
An English physician has designed a bed that simulates the irregular rocking motions of a railroad train to induce sufferers from insomnia to sleep.  
A radio vacuum tube that can be operated with either direct or alternating current of ordinary lighting voltage has been invented by a New York man.  
With military aviation prohibited

in Bulgaria, the government is fostering flying by providing machines for an air postal service to link several cities.  
The inventors of a new electric flatiron claim that its temperature can be set at any desired degree and maintained there by turning a regulating button.  
A French aviator has given an automobile heavier wheels than usual and has carried it beneath his airplane, enabling him to drive away in it after landing.  
For cooling rooms a Detroit inventor has patented a device in which an electric fan is used to draw currents of air through tubes surrounded by cracked ice.  
For testing bricks a Japanese has invented apparatus that photographs the sound of a brick struck by a hammer so that the character of the sound can be studied.  
An eastern railroad has developed a method by which the tires on the wheels of an eight wheeled locomotive can be turned in ten hours instead of six days, as formerly.  
An English inventor has developed a one man balloon, a cigar shaped gas bag that is inflated by bicycle mechanism driving a propeller, handle bars controlling a rudder.  
To defy bandits, a new safe for theatre ticket sellers is anchored to steel and concrete, money being inserted through a small slot, while the key is kept at another place.

### Bringing Up Father

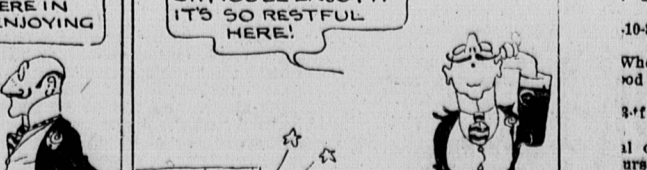
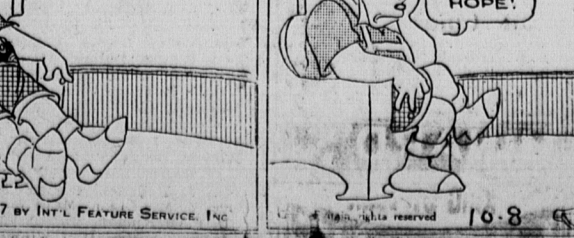
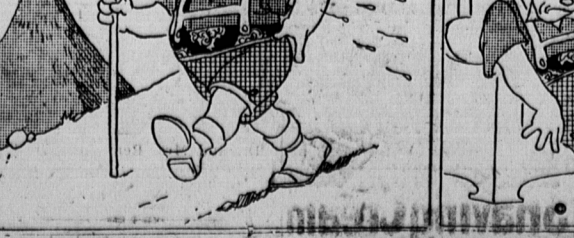
BY GOLLY-ALL I'VE DONE SINCE I'VE BEEN IN SWITZERLAND IS CLIMB MOUNTAINS- I'D GIVE A THOUSAND DOLLARS TO SEE A PRAIRIE!

I'M GOIN' TO GIT OUT OF THIS COUNTRY- ALL MAGGIE THINKS ABOUT IS HAVIN' ME CLIMB THESE MOUNTAINS- I'D RATHER BE CARRYIN' A HOD UP A FIFTY-FOOT LADDER!

AH! MR. JIGGS- I'M DELIGHTED TO SEE YOU- I HEARD YOU WERE IN TOWN- I HOPE YOU ARE ENJOYING YOUR VISIT HERE IN SWITZERLAND!

I HOPE YOU GIT YOUR HOPE!

OH, YOU'LL ENJOY IT- IT'S SO RESTFUL HERE!



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