

Woman's Realm -:- Social and Personal -:- Fashions -:- Literature

What the Fashionable are Wearing

Illustrated Dressmaking Lesson Furnished With Every Pattern

By Annabelle Worthington



2650 YOUTHFUL SPORTS TYPE

Considerable interest is shown the frock of lightweight woolen for all-day wear.

Today's model gains distinction through its smart basque bodice effect buttoned from neck to waistline. It's a charming interpretation in a dark green tweed mixture. The collar and cuffs of white silk pique have green bindings. The belt is green suede. The circular flaring skirt is the smartest ever, scalloped at the top to conceal hip breadth. It is stitched to a snugly fitted hip yoke.

It is easy to make and easy to wear. It requires 5 1/2 yards of 39-inch material with 1/2 yard of 39-inch contrasting for the medium size.

Style No. 2650 may be had in sizes 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40, and 42 inches bust.

You'll like it immensely in wool jersey in the new rust red shade with eggshell cotton pique collar and cuffs, with matching red buttons and black leather belt.

Another very smart idea is black canton crepe with white crepe, with black buttons with white rims covered with the crepe.

Crepe marocain in indelible blue with self fabric collar and cuffs showing tiny edge in white binding is chic with strap buttons, and self-fabric belt.

There are numberless other suitable fabrics as tweed like crepe silks, rayon novities, cover cloth, velvet and plain and patterned crepe woolsens. Choose now! It's an opportunity to have a dress with dash and chic and in a becoming shade, whose cost will prove very little.

Our large Fashion Book shows how to dress up to the minute at very little expense. It contains most attractive Paris designs for adults and children, embroidery, Xmas suggestions, etc.

Be sure to fill in the size of the pattern. Send stamps or coin (coin preferred).

Price of book 10 cents. Price of pattern 15 cents.

Health

Think health! Yourself as healthy see. For as you think within your heart, So you'll be.

Talk health! Speak words of truth and praise, And know that wisdom's tongue Is life and length of days.

Act health! Let manner, mood and mind, Show purpose, poise and power In high degree combined.

Build health! By thought and word and deed; Look high, have faith, endure, Persist and you'll succeed! —By Grenville Kleiser.

TOBACCO STAINS

Well soaped pumice stone and hot water will remove obstinate cigarette stains from the fingers. Plain lemon juice will remove lighter stains. If you are a smoker who stains fingers why not cultivate a cigarette holder.

A LITTLE BOY'S SHOES

When lacing the little fellow's shoes try this method and then there will be no accidents from harping settings. Upon reaching the top eyelet, instead of lacing from the inside out, lace from the outside in. Tie and tuck ends well down inside the shoes.



Suffered for Two Years

"After the birth of my second child, I was always feeling tired, nervous and weak and had headaches, backaches and terrible pains every month. I suffered two years before I tried Lydia E. Pinkham's Vegetable Compound. I got four bottles at first and it did me a world of good. I would not be without it in the house now, and have another six bottles in. I recommend it to every woman I know." —Mrs. T. Barratt, Box 114, Asbestos Mines, Quebec.

Lydia E. Pinkham's Vegetable Compound

Etiquette

By Roberta Lee

Q. How long before the appointed date of the wedding should the invitations be sent?

A. Two or three weeks in advance.

Q. Should a woman who is registering at a hotel prefix her name with the title "Miss" or "Mrs."?

A. Yes, always.

Q. Are relatives ever seated side by side at a formal dinner?

A. Never.

A Morning Smile

ARITHMETIC AFTER DARK

Rufus was proudly sporting a new shirt when a friend asked: "How many yards do it take to make a shirt like that one, Rufus?"

"Well, suh," replied Rufus, "Ah got two shirts like this out'n one yard last night."

For The Cook

FRENCH NOUGAT

Put into a saucepan six ounces and a quarter, each, of white Karo and sugar, three tablespoonsful of warm water, and cook to 274 deg. Fah. in winter, and in summer 280 deg. Fah. Set a bowl over a teakettle of hot water and place in it one tablespoonful and one-half of clear honey. When the thermometer reaches 250 deg. Fah. beat two egg-whites very stiff and place on top of the honey. Pour the finished syrup slowly in a fine stream on the honey and egg mixture, beating well with a wooden paddle or spoon. When first heat has passed off add one ounce, each, of almonds and pistachio nuts, which have previously been prepared by cutting in small pieces. These are usually unblanched. Flavor or not at liked. The honey flavor is more pronounced without using flavoring extracts. Beat until the shiny look becomes a little dull and satiny, or until the spoon will stand upright in the mixture. Pack into a buttered pan, cool, cut in oblong pieces and wrap, or use for chocolate dipping.

YOUTHS ENLISTED TO CENSOR FILMS

NEW YORK, Jan. 12.—Boys and girls, who are the movies' closest friends and severest critics, are henceforth to lend the wisdom of their youth to the National Board of Review of Motion Pictures, the board announced today.

Hitherto, although the Board of Review—which is in no sense a censorship organization—has occasionally worked with the aid of younger folks in establishing certain standards for films, it has been the older members who have made the final determination of a production's worth.

"We have tried to put this work on a scientific basis," said W. A. Barrett, executive secretary of the organization, "but we have come to the conclusion that our findings cannot be called accurate unless they carry the weight of approval and the point of view of youth."

Barrett explained that it had been decided, therefore, to include groups of high school students, between the ages of 16 and 18, in the number of workers who review productions before they are released to the public.

She Was Hardly Able To Do Her Housework

Quebec Lady Used Dodd's Kidney Pills

Four Boxes of Dodd's Kidney Pills Completely Relieved Her

Lac St. Jean, P. Q., Jan. 13.—(Special)—"I was suffering so with my Kidneys. I was hardly able to work. It was only with difficulty that I could keep about. I was advised to take different medicines, but they did not help me. I commenced taking four boxes of Dodd's Kidney Pills. I always keep a box in the house now." This testimonial comes from Mde. E. Asselin, a resident of this place.

With the winter months approaching come colds and chills, which double the work of the Kidneys. Often the results are serious, for, if the Kidneys weaken, harmful uric acid and other poisons are allowed to escape. Backache, dizziness and urinary disorders should not be neglected. Use Dodd's Kidney Pills to stimulate Kidney activity. This treatment relieves you of discomfort, and wards off Rheumatism, Lumbago and Sciatica. An occasional course of Dodd's Kidney Pills will prevent Kidney disorders.

Dorothy Dix' Letter Box

Is a Man Justified in Sacrificing His Mother in Order to Get Married?—Folly of Wives Who Neglect Their Husbands for Their Children

Dear Miss Dix—I am a young man 24 years old, very much in love with a girl who loves me, and we would like to be married within the next year. But my father has never worked regularly nor supported the family. My mother has always sacrificed everything for me and has worked in an office as long as I can remember to give me an education and keep the bill collector away. Now that I am earning money, it seems as though it is my duty to stay at home and help my parents. My mother does not object to my marrying. Just another sacrifice she is willing to make for my happiness. What is the honorable thing for me to do under the circumstances?



R. M.

Certainly a son owes a great deal to a mother like yours. She has toiled for years to feed and clothe and educate you and give you your chance in the world. She has never considered her own comfort nor ease nor pleasure where you were concerned.

No doubt when she sat up at night washing and mending and patching your clothes when you were a little boy so that you might make a decent appearance in school the next day, she dreamed dreams of the time when you would be grown up and she would have a sturdy son to lean on in her old age. No doubt many a time, as sick and worn and weary unto death she has forced herself to go on with her work at the office, she has said to herself that soon you would be earning a good salary and able to support her and she could rest a little.

It has always seemed to me that a boy did a cruelly selfish thing when he got married just as soon as he began to make money and left his mother, who had worked like a galley slave to support him ever since he was born, to get along as best she could without his help. All when he was able to give her a little ease and comfort he showered it on some girl. He left his poor old mother to support herself while he assumed the support of an able-bodied young woman. It doesn't seem fair.

But we cannot ignore the other side of the subject, nor blink the fact that the boy has a right to his own life and his own happiness, a right to love, and wife and children, and it is not just that he should sacrifice all of these even for the sake of his mother. Nor if his mother loves him, as your mother loves you, would she desire him to do so. It would not make her happy to know that she was the cause of his unhappiness.

But it does seem to me that in the case of a poor young man, whose mother has toiled and sacrificed to give him a place in the sun, he might pay something on the debt he owes her by waiting a few years before he marries, and helping her with the money he earns, perhaps by waiting until he is making enough to be able to give her a regular allowance. And if the girl he loves really cares for him, it seems to me that she would be willing to put her strong young shoulder to the wheel and help pull the load. Certainly she is far more able to work than the old mother.

So why not temporize and put off your wedding until you will not have to sacrifice your mother on your marriage altar? DOROTHY DIX.

Dear Miss Dix—Is it foolish to be jealous of one's own children? My wife and I have been married more than ten years and have quite a large family. She has always been unobtrusive toward me; she always finds time to love and pet the children, but she never shows me any tenderness. I love her whether she loves me or not, but it hurts and worries me wondering whether she cares for me.

The French have a saying that some women are all wife, while others are all mother. Evidently your wife belongs to this latter class, and there are many women like her.

There is a large class of women who never seem to think of their husbands as men, but only as their children's father. They never realize that their husbands crave love or tenderness or any attention, or even companionship. They are themselves so absorbed in their children that they think their husbands are satisfied to see all of their kisses given to the baby, all of their interest focused on little Johnny, all of their time devoted to the nursery.

They think that their husbands will not be disillusioned by seeing them go about in sloppy clothes because they don't take time to dress up and fix their hair on account of the babies. They think their husbands won't mind staying at home, or going out alone, because they don't like to leave the children just with a servant.

These women have not ceased to really love their husbands, but the maternal passion is so great it overwhelms everything else in the world and they forget that they have any duty or obligation to the men they have married, or that their husbands may have just as great need of their petting as their babies.

And that is where women make their most fatal mistake. Most couples are devoted to each other until the arrival of the first baby. Then, in innumerable cases, comes the first breach between them.

Up to then the husband has been the chief concern to the wife. She has devoted herself to him and to trying to please him. She has been tender, affectionate, flattering but with the arrival of the baby husband's nose is put permanently out of joint. All the kisses, all the attentions are baby sleep and is actually relieved when husband goes out of an evening so she can perform her acts of child worship undisturbed. And only too often husband finds another lady who will willingly play around with him and pet him, and who holds his hand while mother is holding the baby's hand.

And then wives wonder why they lose their husbands. DOROTHY DIX.

ATLANTIC SALMON EGG COLLECTION, RECORD

Record collections of Atlantic salmon eggs and Rainbow trout eggs have been features of the 1930 operations of the Fish Culture Division of the Dominion Department of Fisheries. The grand total of fish eggs collected by the division during the year for use in increasing the supply of fish in various waters, and stocking new areas, has been somewhat smaller than in 1929 but this condition has been chiefly due to the transfer of Prairie Province hatcheries from provincial control. In 1929 the division's collection of whitefish and pickerel eggs, for instance, totalled more than 750,000,000 but the transfer of Prairie Province hatcheries in the course of the past year has meant that a large part of the 1930 collection of these varieties of eggs is not shown in Dominion records but in the hatchery returns of provincial departments. In the case of most fish, apart from pickerel and whitefish, the Fish Culture Division's collection of eggs in 1930 has increased. In addition to record making collections of Atlantic salmon and Rainbow eggs, there have been large increases in

Try this delightful

MAGIC



MENU

Next time you're entertaining, try this delightful Tea Menu, suggested by Miss McFarlane, Dietitian of St. Michael's Hospital, Toronto.

TEA MENU

- Tomatoes stuffed with pineapple
Graham Gems\* Nut Cookies
Chase & Sanborn's Tea

Miss McFarlane says: "My successful experience with Magic Baking Powder dates back many years. Consequently, I always use and recommend it because I know it will give dependable baking results. Even a beginner can use it confidently."



Here is Miss McFarlane's Recipe for GRAHAM GEMS

- 1 cup flour
4 tablespoons brown sugar
1/2 teaspoon salt
4 teaspoons Magic Baking Powder
1 cup Graham flour
1 cup milk
1 egg
4 tablespoons butter, melted

Sift together white flour, sugar, salt and baking powder. Add Graham flour, add milk, egg and melted shortening and beat well. Half fill greased muffin tins and bake in hot oven at 425°F. about 20 minutes.

Buy Made In Canada goods
MAGIC Baking Powder ensures better baking results

several other cases. Over 1,400,000 Spring salmon eggs, for example, have been obtained, or more than three times as many as in 1929. More than 1,400,000 Kennerly's salmon eggs were collected as against 497,000 a year ago. Collection of Sockeye salmon eggs, slightly more than 97,000,000, showed an increase of nearly 10,000,000. There were also larger collections of eggs in the case of Speckled trout, Landlocked salmon, Kamloops trout, Brown trout, etc. The number of Coho salmon eggs obtained has been much smaller than in 1929, and there have been two or three other decreases.

PERHAPS SHE SHOULD BE SUPPORTED ON CRUTCHES

Anthony Jerome, Burlington Vt., is 90, but like all other married men, he has to support his wife. When he failed to do this recently he was sentenced to 30 days in jail. The prospects of a Christmas in jail didn't appeal to Jerome so he agreed to take care of his wife, who is 88.

Psychology Wrong Cody Tells Public

KITCHENER, Jan. 12.—Canada is essentially sound and has all the fundamental facts about her makeup to assure the future, was the message which Canon H. J. Cody, of Toronto gave to the furniture men of the Dominion gathered here at the 24th annual furniture exhibition. Tracing the causes of the present condition, he stated that over-production, a too rapid introduction of machinery and a lack of gold were the principal contributing factors. These factors had been aggravated by the psychological attitude with which they had been met by the general public.

He called upon the manufacturers of the country not to hide behind tariffs to the detriment of the quality of the products which they turned out but to turn out a class of products which would make the name of Canada stand for the best throughout the world.

100 YEARS OLD FRIDAY TAKES PORRIDGE 'TREAT'

TORONTO, Jan. 12.—A morning contemporary carried this morning, a report concerning the celebration of the 100th birthday of the Very Rev. Dr. W. T. McMullen, of Woodstock, in

which it was stated that the central minister was in impaired health for some time past.

The Daily Star reporter is glad to report that, upon calling up Dr. McMullen's daughter today, the news came that the aged divine is in his usual condition of health, so virtuous for his years as it is.

The Star was informed, although the hour of conversation was 8 a.m., that the Dr. was not alone and doing, but had just concluded very enjoyable breakfast, the staple feature of which was that same porridge on which the Calvinist theology has thrived for centuries and, further, that Dr. McMullen composed of the same, after an anecdotal fashion of his race, without the use of sugar or other dilutive condiments prevalent with more self-indulgent moderns.

ARMLESS GOLFER CAN DO ALL THE TRICKS

Tom McArthur has no arms yet he is an accomplished golfer. When driving, McArthur holds a club on his shoulder with his left hand. While putting he holds the club with his teeth. He does all the golf tricks such as driving the ball or the face of a watch. His average score for 18 holes is about 80.

DELICIOUS RESULTS on BAKING DAYS!

Every Five Roses housewife will tell you that her great success with breads, cakes, puddings and pastries is largely due to the uniform, fine baking qualities of Five Roses Flour.

That is why Five Roses biscuits are always light—Five Roses pie crusts always flaky—Five Roses cookies always crisp and inviting.

Your grocer has Five Roses Flour.

Trade Enquiries CARTER & CO., LIMITED 131 Queen Street, Charlottetown, P. E. I.



FIVE ROSES FLOUR