WILL YOU DIE OF HEART DISEASE?

Deaths from heart disease alone almost equal all deaths from cancer, T.B., and violent and accidental death. Where does Vitamin E and surgery come into the Heart Disease picture? What are some of the many kinds of heart disease? How do smoking and drinking affect the heart? What hope do doctors hold out for heart patients? A Magazine feature in The Standard this week!

SUPPLYING THE SHIPS that sail the Seven Seas!

Did you know that for a three months' voyage, the average ship requires about 1,800 items? Or that at one time a ship chandler was fabled as one of the biggest peacetime black marketeers? This week in The Standard!

Ahoy! SAMBRO LIGHTSHIP!

Life on a lightship can be packed with suspense or unbearably monotonous. What does the crew do on their two months "on", and one month "off"? The Standard's roto this week gives you a glimpse of life, in war and peace, aboard the Sambro Light Vessel off Halifax.

Recipes YOU CAN COOK ON A ONE-PLATE BURNER

Says one young re-hab wife — "For five years I've trekked across Canada . . . cooking on one-plate burners. Now, discharged from the Air Force, my husband has decided to go to university, so it looks as if I'll be cooking on one or two burners for another four or five years. Can't we hot-plate wives have recipes, too?" Kate Aitken comes to your rescue with several delicious menus that can be prepared minus oven. This week's Standard.

Ginger Rogers

. . . the Magnificent Doll!

Roto feature! Includes colour cover and three picture pages on Ginger's new movie now in production—"The Magnificent Doll"!

8-B

News - Magazine - Novel - Rotogravure - Comics

The Standard

Gifts Appreciated

The following letter has been received by Mrs. John McQuaid, Emyvale, P.E.I. and is self explanatory:

Katerine, Gr., 8, 11, 1946.

Dear Madam:— The Red Cross gave us some cloths. My joy was great when I found your address in our cloths.

Dear madam **as you have learned** we had a very hard life during the war. I thank our God who saved us from all the dangers.

We are nine members in our family and our life is very hard.

Will you please if it is possible to you give my name to somebody who is able to help us by sending us some cloths.

Please excuse me for giving you such a trouble

I send you a photo of my family. You have greetings from my husband and from all my family.

Yours truly,
Barpara Pappadopoulos.

My address:
Barpara Pappadopoulos,
Alonio Thasken,
Katerine, Greece.

MAKE OWN SOAP

CINCINNATI—With soap shortage, the public library found its books on how to make the bath and washroom commodity were loaned out while requests for such books piled up. To meet the situation, an assistant librarian visited a farm where soap-making is a tradition and came back with a recipe, which was printed and is being distributed to eager housewives.

CENTRAL GUARDIAN

This column is reserved for news of local interest, but advertising of a newsy nature may be inserted at five cents a word, strictly payable in advance.

CRASWELL for Photographs.

CONFEDERATION LIFE INSURANCE.

THE FIT-RITE Shoe Company Ltd. for all types of footwear.

PIANO LESSONS — William Murchison, 171 Dorchester Street.

SKI PARKAS and Curling Coats at Jack Cameron's, "The Store for Men."

ALL CHRISTMAS GIFTS Wrapped Free at Crockett's Jewellery, Kent Street.

HAVE YOU SEEN the reduced Winter Coats at The Fashion Shoppe, Great George Street.

S A. McDONALD'S open all day Wednesday, until Christmas.

MISS MADELINE (LUMMIE) COSTELLO has joined the staff of the Kent Beauty Shoppe.

ARBOLOCK ASPHALT SHINGLES just received car Brantford Asphalt Shingles. *Fennell & Chandler.*

CHILDREN'S AID SOCIETY annual meeting next Friday night, 8 o'clock in City Council Chambers. Public invited.

MOUNT ALBION HALL. — Special Evangelistic Service, Tuesday, November 26th, 7.30 P. M. All are invited to attend this Service.

NOTICE TO ADVERTISERS— All advertisements to appear in Guardian must be in office by noon of day previous to insertion to ensure publication.

BOOK OF KNOWLEDGE — Educate your child. — It Pays. Write R. H. Bousfield, Head Office Representative, c/o General Delivery, Charlottetown.

A MEETING of the Navy, Army, Air Force Officers' Club will be held on Tuesday, 26 Nov. 1946, at 8:30 p.m. to hear address by Maj. Gen. D. G. Spry, C.B.E., D.S.O. Full attendance is requested.

ENGAGEMENT. — Mr. and Mrs. J. M. Ladner, Charlottetown, announce the engagement of their daughter Mary Thelma to Edward Earl Francis, son of Mr. and Mrs. Arthur Francis, Fortune Bridge, P. E. I. Marriage to take place in the near future.

VISITORS TO MONCTON — Visitors with Mr. and Mrs. Sandy Chapman, Waterloo Street, are Mrs. Marcus Gay, Springfield, P. E I., Mrs. Reg Steeves, Lynn, Mass.; Mrs. Fred Frenette, Bathurst; Miss Isola Canty, Edmundston and Harvey Bernard of Bradalbane, P.E.I. —Moncton Transcript.

VISITING PARENTS — Photographer Arthur Polley, R.C.N., arrived in the city this week from Naden, B.C., accompanied by his bride, the former Grace Ferguson of Hampton, P.E.I. They will leave the latter part of the week for Mrs. Polley's home, after which they will return to the West. They are the guests of Mr. Polley's parents, Capt. and Mrs. H. C. Polley, Duke street. —Sydney Post Record.

HI-Y CLUBS— A very enjoyable social was held on Friday night by the Hi-Y girls and Hi-Y boys clubs. The evening started by a scavenger hunt in which all the members took part. This was followed by a short quiz. Lunch was served by the girls after which dancing was the main attraction led by Paul Cudmore. The members extend their thanks to Paul for the music and also the girls who were responsible for the social and to Miss Olive Keeping for her support. Miss Keeping is the Hi-Y girls club advisor.

PHALANX CLUB — The weekly supper meeting of the Phalanx Club was held at the Y. M. C. A. After supper the minutes were read by the Tribune Dan Jewell. After the minutes Mr. Nelson MacEwen of the General Boys', Work Sec., gave a short and lively talk which was enjoyed by the club. After which a short business meeting was held which was followed by a open house. The first member called upon was Dick Hurst the club's pianist who displayed his talents. The members were Don MacLellan and Fred Norton who sang a duet, a solo by Mr. Wendal MacLaine who sang the Bells of St. Mary. This young man will be a great singer some day. A Phalanx cake sale is to be held this week.

Plan To Attend
NOTRE DAME HIGH TEA
WEDNESDAY and THURSDAY
Nov. 27th and 28th

Beautiful Christmas Gifts in Linen and Leather — Exquisite Baby Wear. — Fine display of Aprons.

Certificate and Novelty tables. Bingo and other games with appropriate prizes.

In Memoriam

MRS. NICHOLAS LANDRIGAN

The death occurred at the Charlottetown Hospital on Saturday, October 19th of Mrs. Nicholas Landrigan of Cardigan after a lengthy illness which she bore with patience and resignation.

Mrs. Landrigan was a daughter of Mr. and Mrs. Ronald J. McCormac of Launching. She received her early education at Launching School St. Mary's Convent Souris Notre Dame Academy and Prince of Wales College. She followed the teaching profession for a number of years.

Sadie possessed a remarkable memory was a gifted conversationalist and took a keen interest in anything that was a benefit to the community.

She leaves to mourn four daughters Mary of Montreal; Gladys, Halifax; Helen at home and Ruthle of Montague also two sons Francis, recently returned from Overseas and Ronald at home; also one sister Flora, Mrs. Elmer Schooll, of Washington, D. C., two brothers James and Joseph made the supreme sacrifice in the First Great War.

Her remains were conveyed from the A. A. Hennessey Undertaking Parlors Charlottetown, to her late residence from where the funeral took place on Monday morning to All Saints Church, Cardigan, where Requiem High Mass was celebrated by the pastor Rev. H. Croken. Present in the Sanctuary were Rev. F. Mullally of Sturgeon and Rev. L. Landrigan of St. Peters, thence to the cemetery where all that was mortal of a kind and loving mother was laid to rest beside her husband, who predeceased her seven years ago.

Pall bearers were:—Philip Morrison, Wilfred Fogarty, Otto Roche, Angus McGillivray, John McGillivray and John A. Sullivan.

In Memoriam

In loving memory of

EDITH JEAN McKINNON

wife of Amby McKinnon,

who passed away November 1946.

Lovingly Remembered by Sonnie and Mom.

In Memoriam

In loving memory of William Cameron Robertson.

We often think of days gone by,
When we were all together,
A shadow over our lives is cast
Our loved one gone forever.

The rolling stream of life rolls on,
Yet still that vacant chair,
Recalls the voice, the smile the form
Of one who once sat there.

Sadly Missed by Wife and Family.

Card of Thanks

The family of the late Mrs. Nicholas Landrigan of Cardigan, wish to thank the Clergy, Sisters, Doctors and Nurses of the Charlottetown Hospital for acts of kindness to their mother during her lengthy illness, also to neighbors, relatives and friends for Mass Cards, Spiritual Boquets and Messages of Sympathy, and to all who in any way assisted in their sad bereavement.

APPRECIATION

Zion Ladies' Guild wishes to thank the following artists who appeared on the program at the recent Sacred Concert held in Zion Church: Mrs. W. Spencer, Miss Sally Wood, Mrs. Gordon Stewart, Mrs. Arthur Roper, Mr. Raoul Reymond, Mr. Roy Smallman, Mr. Harry Craswell, Mr. A. Farquharson, Mr. J. MacLeod, Mr. M. MacKinnon, Mrs. Johnstone's Choral Group, Don Messer Orchestra, and Miss Helen Stewart, Organist

CHILDREN SHOULD BE PERMITTED TO PURSUE NATURAL TALENTS

No two children were ever born alike, so no two people are alike. There can be no successful life until the individual man or woman finds his gift and develops to the place where it sustains him physically and spiritually says Angelo Patri.

We can add nothing to a child's original equipment of mind and body. What he was when he was born, that he will be when he dies, the only change being the development of his original self. That should prevent parents, teachers and relatives from trying to make a child into a likeness of themselves. That is what a great part of the instruction children get amounts to—a likeness of their mentors, and that is something no child can ever be.

Protestant Orphanage Annual Collections

Kensington by Mrs. J. G. Townsend and Mrs. P. J. Kennedy
George H. Bookins $10.00.
L. A. Mann $5.00.
K. L. Waite $5.00.
W. H. Darrach $5.00.
William Champion $5.00.
P. J. and C. Kennedy $5.00.
J. E. McNeill $5.00.
Kenneth Pidgeon $4.00.
W. J. Semple $3.00.
Athol Cotton $3.00.
J. L. Davison $3.00.
Kensington Feed Service $3.00.
2.00 Each: Lulu Toombs; Grace McGillvray; F. R. Sauss; W. B. McArthur; Stirling Hunter; George Davison; Lorne Dunning; Ervin Champion; Mrs. Hammond Toombs; W. S. McLean; Oliver Profitt; Mrs. F. L. Orr; Dr. J. K. Beer; Dr. F. T. Bowness; Ivan Darrach; F. M. Davison; E. I. Jay; J. A. McGowan; R. S. Humphrey; Myron McArthur; Russel Champion.
1.00 Each: Roy McArthur; Tyndall Semple; Stewart Hunter; J. F. Profitt; Geln Cotton; W. L. Cotton; J. G. Townsend; Wesley Champion; George Cotton; F. T. Semple; C. C. Heeschen; Phelicia Clark; Verdun Paynter; Keir Clark; G. S. Cooke; Lester Champion; Gerald McKenzie; Keir Duggan; Lloyd Howard; Willis Oatway; Scott Moase; D. E. Noel; Patterson Walker; Sarah Webster; Keith Stewart; Keith Kennedy; Guy Duggan; T. J. Humphrey; O. H. MacDonald; D. E. Bowness; Alice Caldwell; Arthur Larkin; Jean Chappell; George Thompson; J. A. McKenzie; Thelma Adams; Harold Palmer; Mr. Dingwell; Evans Inglis; Frank Cobb; Mrs. A. Hunphrey; Louis Darrach; Benj. Condon; Mrs. J. S. Burns; Mrs. Claude Clow; W. L. Delaney; L. M. Murray; A. L. Rogers; G. S. Stevens; Jessie Murphy; Charles Sudsbury; J. M. Davison; Mrs. W. G. Simpson; Mrs. Wm. Toombs; J. C. Duggan; Joe Sheen; Robert Coulson; James Sheen; Mrs. I. A. McKenzie; Harry Brown; Orville Clark; Heath Caseley; Roy Clark; Reagh Sudsbury; Bruce MacLeod; Mrs. W. C. McLeod; A. G. Henry.
75 cents Each; Dannie Dunning; Hodge Montgomery.
65 cents: Lloyd Bowness.
50 cents Each: Walter Thompson; Gilbert Caldwell; James McKenzie; Allison Bernard Parmenas Phillips; Carl Moase; Alain Sudsbury; Russell MacKay; Ellsworth Bernard; Jean McLeod; Horace Heckbert; T. J. Ling; P. G. Hateley; Harris Blakeney; Melville Baker; Elmer Paynter; S. R. Pendleton; Mrs. Jean Bridges; A. W. Woodside; Elmer Whitlock; Doris Henderson; Charles Adams; Mrs. Robert MacMurdo.
35 cents Each: Mrs. Wm. Heffell; Alfred MacNeill.
30 cents: J. J. McLean.
25 cents Each: Bruce Graham; Mrs. Gerald MacLean.
Total —180.15.
Kensington by Mrs. W. F. Taylor.
W. F. Taylor $5.00.
2.00 Each: A. C. Ramsay; Mrs. Horace Glover.
1.00 Each: Mrs. Alvin Glover; Everett Donald; Mrs. Heath Bowness.
50 cents Each: Mrs. W. M. Warren; Mrs. Waldron Davison; Mrs. Gordon Day.
Total— 13.50.
Kensington by Mrs. John Cameron.
50 Each: Mrs. Eric Sudsbury; Mrs. Fred Wadman; Perry Cann; John Cameron; Mrs. Russell Reeves.
30 cents: Mrs. O. Ramsay.
Total —3.30.
Kensington Total —196.95.
Bridgetown S. D. by Miss M. A. MacLeod.
2.00 Each: Leslie Hunter; M. A. MacLeod; Mrs. Lloyd MacLeod; Rev. M. D. MacLeod; R. S. MacKay.
1.30: Lyman Ross.
1.00 Each: Lexie MacDonald; Philip Acorn; Mr. Llewellyn; Mrs. A. D. McDonald; Mrs. J. S. MacLeod; Earnest Cantelo; Mrs. Phair; Stewart MacLeod; Allison MacDonald; Mrs. Raymond Acorn;
70 cents: Mrs. Frank Clay.
50 cents Each: Mrs. Edmund Clay; Mrs. Kenneth Ross.
Total —23.00.
Norboro District by Lowell Andrews.

HELPS PREVENT PERSPIRATION SPOTS AND ODOR WITHOUT IRRITATING THE SKIN

ARRID gives you double protection. It protects you from perspiration odor, and helps protect your clothes from perspiration spots. Arrid is an odorless deodorant, with the fine texture of a beauty cream. It vanishes instantly — giving immediate results. With Arrid, you are absolutely safe — can enjoy yourself wherever you are — regardless of the weather. Protect your daintiness and charm with Arrid. Start using it today. It is very economical. 1*5¢*, 39¢ and 59¢.

ARRID The Largest Selling Deodorant

SALE OF WORK

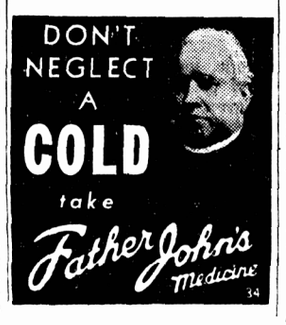
ST. PETER'S WOMEN'S GUILD

Wednesday, Dec. 4

Variety Table, Apron Table, Children's Knitted Garments, Household Table, including Cakes, Puddings, Cooked Meats, Pickles and Jams, Candy, Antiques, Second-hand Books and Magazines, Stamp Collections.

DOORS OPEN AT 3

William H. Sharpe $5.00.
2.00 Each: David Glover; Waldron Stewart; John R. Sharpe.
1.00 Each: Mrs. Elmer Stewart; Mrs. Harry Bowness; Stanley Sharpe; Mrs. James A. Harding; Mrs. George Bowness; Everett Glover; Alex. Douglas; Harland Day; Mrs. Stanford Glover; Mayne Stewart; John Andrews; Lowell Andrews.
75 cents: Lon. Webster.
60 cents: Mrs. Lindsay Sharpe.
50 cents Each: Mrs. Frank Day; Robert Douglas; Mrs. H. A. Stewart.
25 cents: Agnes Adams.
Total $26.10.
Kelvin Grove through the W. I. by Mrs. C. R. Picketts.
2.00, Mrs. Harold Laird.
1.00 Each: Mrs. E. MacMurdo; Mrs. J. Stavert.
60 cents: Mrs. Percy MacMurdo.
50 cents Each: Mrs. M. Smith; Mrs. Bertha Walker; Mrs. Eric MacMurdo; Mrs. James Stewart; Mrs. Leaman Caseley; Mrs. Fred Court; Mrs. Jam. Murphy; Mrs. Lorne Crozier; Mrs. Morris Caseley; Mrs. Robert Hogg; Mrs. C. R. Picketts; Mrs. R. Moase; Mrs. Wm. Stavert; Mrs. Scott Clark; Mrs. Fred Paynter; Mrs. Horace Paynter.
45 cents: Jessie Murphy.
40 cents: Mrs. Stirling Miller.
Total —13.45.
Victoria by Mrs. Wilfred MacQuarrie and Mrs. Stewart Inman.
Victoria W. I. $5.00.
L. D. MacLeod & Son $5.00.
2.00 Each: William Lea; Dr. Reid; Minor MacNevin; Mrs. W. M. Lea; V. R. Norman; Whitfield Howatt; R. E. Morrison; P. G. MacEachern.
1.00 Each: Clayton Millar; Gordon McDonald; Mrs. W. H. Dougherty; Mrs. Wm. Inman; Mrs. Vina Lowther; Mrs. Donald Murchison; Mrs. Ralph Miller; Mrs. Stanley Stewart; Howard B. Wood; Hedley Miller; S. J. Dunsford; Jimmie Boulter; Mrs. Earl Lord; E. S. MacQuarrie; Mrs. H. R. Profitt; Fannie Rogerson; Mrs. Jabez Lea; Mrs. Thomas Cameron; John Knox; Mrs. Wilfred MacQuarrie; Mrs. Annie Raynor; Ebby Boulter; Artie Boulter; Mrs. Karl Boulter; Evan Wright; Stewart Inman; Mrs. Clifford Sherren; Annie MacDougall; Howard Wood Sr.; Emerson McDonald; Charles Howatt; Mrs. Keith Boswell.
50 cents Each: George MacLeod; Harriet Cameron; Mrs. Raymond Myers; Mrs. Albert Clark; William MacLeod; Dan MacLeod; Mrs. Finlay Ferguson; Mrs. Charles Miller; Mrs. Lina Francis; Mrs. Bertha MacQuarrie; Wm. Lord; Mrs. Thomas Stordy; Elsie Boswell; Mrs. Edward Boswell; Fred Inman.
30 cents: Mrs. K. C. Holm.
25 cents Each: Mrs. Stet. Stordy; Mrs. Harry Clark.
Total —66.30.



Big Anniversary SALE

STILL ON — ENDS FRIDAY 29th

A FEW OF THE SPECIALS WE ARE OFFERING

Large California— HEAD LETTUCE—19c each ..... 2 for 35c

OLD CHEESE—By The Piece or Flat

Choice—Emperor RED GRAPES ..... 2 lbs. 45c

Sunkist Juicy — Good Size — **ORANGES** 2 doz. 59c

Buy them by the Bagful

IN STOCK TODAY — CANDY, FIGS, SHREDDED COCOANUT, COOKIES and DATES, SHELLED NUTS.

Tomato KETCHUP 12 oz. bottle 17c

FRESH COUNTRY **Pork** MONTREAL TRIMMED SHOULDER **Roast** lb. 25c

CHOICE EATING **APPLES** RED WAGNERS Large Size Doz. 25c

CASH & CARRY STORES

We Deliver C.O.D. Phone 748 — 187 GT. GEORGE ST. The Big Store With The Big Stock — Delivery Service Phone 747

Ellen's Diary

By an Island Farmer's Wife

(Continued from page 2)

have gas" I picked her up and held her against my shoulder—not a burp. "Perhaps" he suggested "her feet are cold." Beneath a pair of stockings and a pair of bootees, they were warm and pink. Then he whispered something to me. But I had done that, at the very first! She continued to fret—and gaze at us pleadingly. "Ellen" James said in a sudden flash of inspiration "the baby's hungry—why didn't we think of that before?" I carried her down stairs and we plied her with food and drink. We have been rewarded with lovely smiles and gurgling comments, but thus far without any sign of returning sleep. "Ga-ga-gu!" she prattles beaming on us impartially as James holds her cosily in a chair drawn near the fire. She is a precious baby but now should be a fair subject for Jamies sandman's wiles. "Here, Ellen" James tells me "this is all very nice, but you'll have to take her now. Just look at the time it is — and I'm not done of the choring!"

Until tomorrow. . . . Diary. . . .
Good-night. . . .

First Choice BEST CHOICE FOR CHRISTMAS GIVING

A Gift From . . . .

THE FASHION SHOPPE

Will Put You in SOLID

This has been proven many times during the years this smart Ladies' Wear Firm has been in business.

For Christmas, 1946, they are better prepared than ever to serve you, so it will be well worth your while to drop in and look over their smart display.

SUGGESTIONS

HOUSECOATS
AFTER SKI SLIPPERS
BANDANAS
WOOL and KID GLOVES (Beautiful Assortment)

LOUNGING PYJAMAS
PYJAMAS, Cotton and Flannellette
MITTS (Wool and Fur)

NIGHTIES
BED JACKETS
WOOL SCARVES (Pastel Shades)
SILK SCARVES

GRAND ASSORTMENT OF PURSES

PHONE 55

A small deposit will hold any article until Christmas.

141 GT. GEORGE ST.

The FASHION SHOPPE

Enjoy

McLARENS OLIVES

Canada's first Choice!