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"Cold winds" are blowing - spreading sneezes and sniffles, colds and coughs. Take every precaution to avoid infection...

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BABY THERMOMETERS \$1.50. PURETEST CAMPHORATED OIL, 4 Oz. 45c.

REX-MENTHO INHALES 35c. PURETEST A. S. TABLETS 100 - 50c.

These Shelves Harbor HEALTH. Because we specialize in the compounding of prescriptions...

REXALL CHILBLAIN RELIEF 35c. REXALL COLD SORE LOTION 35c.

PREVENT COLDS WITH ALPHAMETTES Box of 100 - \$3.50. THERMOGENE WOOL - 47c.

THE JENKINS PHARMACY. THE REXALL STORE. DISPENSING CHEMISTS. PHONE 219. COR. ST. GEORGE & KENT STS. CHARLOTTETOWN, P.E.I.

Central Guardian

This column is reserved for news of local interest, but advertising of a newsy nature may be inserted at five cents a word, strictly payable in advance.

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SCANTLEBURY SIGNS, PHONE 920.

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LISTEN TO - "In Search of Ourselves" - Every Tuesday at 9 p.m., CFXY, until April 4th.

ALL CREPE, Taffeta Dresses, etc. clearing at 33 1-3 off at The Fashion Shoppe.

NOTICE TO ADVERTISERS. Advertisers are reminded that their copy must be in the Guardian not later than noon the previous day...

THE CANOE COVE PRESBYTERIAN CHURCH - The Annual Meeting of the congregation will be held on Wednesday, January 25th...

THE UNITED CHURCH PRESBYTERIAL will meet in Hertz Hall, Charlottetown, Tuesday and Wednesday, January 24th and 25th.

CITY POLICE COURT. At the Stipendiary Magistrate's Court Saturday, a man convicted of breaking, entering and theft, was sentenced to four months in jail.

DIES IN NEWTON, MASS. - Funeral services for Mrs. Alice (Burton) Chandler, 75, wife of James H. Chandler of 1197 Washington Street, West Newton, Mass., were conducted last week at the Lincoln Park Baptist Church, West Newton.

It is claimed to be, why are conditions as they are today? This could best be answered by asking more questions. First, do we read it? Second, do we try to put its teaching into practice in our homes and our communities?

In closing Mrs. Tait quoted two verses from the Bible which speak for themselves, thus: (Isaiah 6-8) Whom shall I send and who will go for us? Then said I here am I, send me. (Matthew 7-12) Therefore all things whatsoever ye would that men should do to you, do ye even to them.

After the singing of a hymn the business period was conducted by the president. Reports on the past year's work were given and showed advance in all departments. The treasurer reported \$194.66 had been raised and \$192.06 had been forwarded to provincial treasurer.

The president thanked the officers and members for their co-operation during the past year, which helped so much in making the meetings successful and she hoped they would continue to do just a little more in the coming year.

Mrs. Weir, on behalf of the members, thanked Mrs. Tait for the fine work she had done as president of the society.

Delegates were appointed to the P. E. I. Presbyterial which meets in Hertz Hall on Jan. 24th and 25th, and all members were asked to be present at the meetings if at all possible.

It was decided that the February meeting be held at the home of Mrs. Lorne Kelley. The meeting closed by all repeating the Mizpah benediction. A social hour was then spent, during which time Mrs. Mutch served a lovely lunch, assisted by several of the ladies.

KINGSTON W. I. Mrs. Wilfred Yeo, was hostess to the members of Kingston W. I. when they held their regular monthly meeting at her home on January 5th.

Mrs. Bitt Willis invited members for next meeting. Lunch committee, Mrs. Lewis Clow and Miss Nelga Richard. Roll call by Miss Nelga Richard. Roll call to grab bag. Meeting adjourned. A dainty lunch was served by the hostess assisted by the committee in charge.

Friends of Mrs. Ambrose Doyle, Pleasant Grove, are sorry to hear that she has entered the Charlottetown Hospital. Her many friends wish her a speedy recovery.

FREEZES IN HOME. VIKING, Alta., Jan. 20 - (CP) - A farmer's wife froze to death in their home, 11 miles southeast of here, and her husband was taken to hospital "in very poor condition," it was reported today.

BULLETINS FROM BIRDLAND



CAPPED IN RED

In Birdland red is quite a fashionable colour for hats. There are large ones, those that consist of only a few feathers; some are almost henna, others are crimson; a few are worn on the back of the head, many sit right on the top. The Redpoll has its medium-sized, bright red cap tipped pretty much over his nose. His coat is greyish brown streaked with dark; his shirt front white or very light, with a lovely pink spread over his chest just below his black chin. Mrs. Redpoll lacks this pink, but is otherwise the same.

But the most likely place for us to come upon these small Sparrows is along country roads where weed tops with their delicious seeds protrude above the snow. There the little fellows may be seen swinging on the stalks, which bend over with their weight. They are so heavily plumaged to withstand the cold that their bodies look round and fluffy! And as they feed there is a continuous sound of soft music; the Redpolls seem to be carrying on a conversation. We may be able to go up fairly close before they are alarmed; then, with one accord, and a whirring of their long, pointed wings, the whole flock rises and is away, leaving behind some scattered seeds, tiny foot-prints in the snow, and happy memories.

Redpolls are rarely found in pairs here. In flocks, numbering from a dozen or so to occasionally as many as 250, they come down from their northern breeding grounds, usually in October. In spite of the fact that some continue south into the northern parts of Canada, in cultivated areas, many stay in place to place to place moving about in search of food, until spring has melted away the snow at their nesting spot. Then they are off once more to the subarctic. There we must follow them if we would hear their clear, canary-like song at its best, for there, preferably in scrubby spruce, at low elevations, they build their bulky nests, lay their five or six attractively decorated eggs, and rear their families.

Who named our birds? The fact that so many Christians are in this state of arrested development is a serious handicap to the cause of Christ. We know too well the sorrow and anxiety in a family when a babe grows in body without growing in mind and the sheer joy when the little one shows a real advance every week.

There are three passages in the New Testament in which the marks of the spiritually undeveloped are mentioned. We have just noticed once - they can stand only a milk diet. The writer to the Hebrews takes up Paul's illustration in chapter 5:12-13 in this fashion: "For when by reason of the time you ought to be teachers, you have need that some-

one teach you the rudiments of the first principles of the oracles of God; and are become such as have need of milk, and not of solid food. For everyone who partakes of milk is without experience of the word of righteousness; for he is a babe." That is, he is unable to teach because he is unwilling to learn. And the believer who persists in this refusal to master the deep things of God will soon lose his ability to learn. The effect is that his church is crippled. Her advancement depends on every member taking his or her part in the work of Christ, and this refusal to qualify for Christian service means that one member of Christ's body is paralyzed and cannot respond to His will.

Another feature of this prolonged spiritual infancy is the quarrelsome spirit. I have heard, said Paul in I Corinthians 1:11-12, "that there are contentions among you. Now by contentions among you, each one of you says, I am of Paul; and I of Apollos; and I of Cephas; and I of Christ." Reading between the lines, one can almost hear in these ancient party cries the squabbles of the nursery. Children who disagree will not hesitate to set their families against each other, and will do so if their spirits are immature. So the spiritual squabbles about breaking up the harmony of a congregation and bringing Christ's cause into disrepute in order to gratify a personal grudge. On the wider field, the same bad temper is frequently shown and the old spirit of faction which once found expression in such party cries as "I am of John Wesley" or "I am of John Calvin" takes modern forms just as readily.

Another sign of this spiritual babyhood is undue dependence on men. If a Christian leader falls, great numbers are scandalized and many are turned from the faith, just lately we have heard of people turned away from a spiritual service to which they had given themselves because of defects discovered in the church's leadership. Is Christ to blame because some of His followers are like Peter in his denials or Judas in betrayal?

Here is an old story of a different type. A series of revival meetings were being held in a country schoolhouse, and a young leader in mischief took a strong stand against the evangelist. As the meetings went on the movement became a trial of strength between these two. At length the gospel message prevailed and the leader of the opposition yielded to Christ and became as ardent in his testimony as he had been in his opposition. One night a light was seen in the school-house long after the people had dispersed, and an observer found the evangelist counter-fetters of his supporters not only

Religion And Life

By Very Rev. George C. Pidgeon, D.D., L.L.D. First Moderator of the United Church of Canada (Copyright)

a young minister was disturbed and hindered by the attitude of some of his people toward the deeper truths of the Bible. He was a careful student of the Bible, and he was convinced that the Christian needs for his moral and spiritual development a clear understanding of the teachings of Scripture. But whenever he tried to present anything really profound, he was met with vigorous protests from people who insisted that they wanted the simple gospel and that only. He found the explanation of his predicament in I Corinthians 3:1-3, where Paul writes to a lot of quarrelsome Corinthian Christians "And I brethren could not speak to you as spiritual, but as carnal, even as unto babes in Christ. I have fed you with milk, and not with meat, for hitherto you were not able to bear it; neither yet now are you able. For whereas there is among you envying and strife and divisions, are you not carnal and walk as men? That is to say, they were undeveloped spiritually and as "babes in Christ" they could stand only a milk diet.

Jan MacLaren described in one of his novels a situation the very opposite. He pictured a preacher of the narrowly evangelistic type preaching from a Scottish pulpit. He presented the gospel of salvation with the utmost simplicity and fervor, but at those points where his fervid pronouncements were received by his own people with smiles and nods of approval, he was met with a stony stare. "Light wark the day," was the comment of those Scotsmen on the way home. The trouble was not that anything he had said was unsound, but that he had offered the milk of the word to mature minds, well stored with the doctrines of the faith and hungering for the strong meat of the Bible.

The fact that so many Christians are in this state of arrested development is a serious handicap to the cause of Christ. We know too well the sorrow and anxiety in a family when a babe grows in body without growing in mind and the sheer joy when the little one shows a real advance every week. There is the same concern in the church when the new-born cease growing and the serene hope and confidence when their children of the faith show marked progress in understanding and ability year by year. There are three passages in the New Testament in which the marks of the spiritually undeveloped are mentioned.

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one teach you the rudiments of the first principles of the oracles of God; and are become such as have need of milk, and not of solid food. For everyone who partakes of milk is without experience of the word of righteousness; for he is a babe." That is, he is unable to teach because he is unwilling to learn. And the believer who persists in this refusal to master the deep things of God will soon lose his ability to learn. The effect is that his church is crippled. Her advancement depends on every member taking his or her part in the work of Christ, and this refusal to qualify for Christian service means that one member of Christ's body is paralyzed and cannot respond to His will.

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from him but from the cause, but the former leader of the opposing forces held fast his faith. He said "the fact that the man who led me to Christ is a hypocrite, makes no difference in the reality of the salvation or the Saviour I have found." This is the only Christian attitude to take.

Enmore And Vicinity. Mr. Russell Enman, Moore's Mill, N. B., was a recent visitor to Victoria West.

Mrs. Daniel MacLeod, Victoria West, has been visiting her sister, Mrs. Martin Ladner, Ermore.

Mrs. Russel MacArthur, Mount Pleasant spent an evening recently with her sister Mrs. Edmund Burleigh, Ellerslie.

Mr. and Mrs. Vans MacArthur, Springhill were visitors at the home of Mr. and Mrs. Gordon MacArthur on Sunday.

Mr. Arthur Enman, Summerside, motored to Victoria West on Sunday he was the guest of his parents Mr. and Mrs. Richard Enman.

Mr. and Mrs. Gerald MacArthur, and little son Brian were the guests of Mr. and Mrs. Reginald Palmer, Freeand on Sunday.

Friends of Mr. Cornelius MacKinnon, Summerside, are pleased to hear that he is making a good recovery from an attack of pneumonia. He has been a patient in the Prince County Hospital.

Friends of Mr. Samuel Moore, Victoria West, are pleased to hear that he suffered no serious injuries when he fell from a barn loft recently. Latest report is that he is resting comfortably.

Friends welcome back to our community Mr. and Mrs. Kenneth MacArthur. They had been residing in Cornwall, Ontario for the past year. Mrs. MacArthur is a war bride a native of London, England.

The many friends of Mr. Murdoch MacLeod, Victoria West, regret to learn that he is a patient in the Prince County Hospital, suffering from a fractured knee due to a fall on the ice, all wish him a speedy recovery.

Mr. Eric Ladner, youngest son of Mr. and Mrs. Joseph Ladner, Mount Pleasant was obliged to enter the hospital on Sunday night and undergo an operation for appendicitis. He is doing nicely and all wish him a quick return to his usual good health.

Mr. and Mrs. David Enman, Victoria West, have returned to their home after a few weeks visit to Maine and Massachusetts. They also visited their daughter and son-in-law Mr. and Mrs. George Bagpole, St. Stephen, N. B. Mr. and Mrs. Murdoch Enman kept house for them while they were away.

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AYLMEYER BABY FOODS. So Good To Taste. So Good for Baby. All Canadian. CARROTS PUREE DE CAROTTES TAMISEE. YOUR BABY DESERVES AYLMEYER QUALITY.

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(1) AT THE FIRST SIGN OF A COLD take one RESISTAB immediately! Don't wait! For RESISTAB's ability to check cold symptoms fast depends on use during early stages of cold. Then... (2) BEFORE EACH MEAL - and at bedtime - take another RESISTAB. Taken this way, at the very first sign of a cold, RESISTAB checks further development of the cold symptoms. (3) IN THE FIRST 24 HOURS RESISTAB may check your cold! For in clinical tests, those who used RESISTAB at once were relieved of their colds in an average of one day!

RESISTAB is the identical formula proved successful in large-scale clinical tests!

And here is what these clinical tests proved! When taken at the first sign of a cold RESISTAB checks cold symptoms in an average of 1.2 days. Even when started on the second day RESISTAB checks cold symptoms within one to three days! In these tests all cold symptoms were checked in 90% of patients who took RESISTAB within one hour of the onset of a cold. Clinical observation of 200 patients who received the recommended dosage (100 mg. per day) showed no toxic effects, such as drowsiness or dizziness, from the RESISTAB formula. So - to get the greatest benefit from RESISTAB, start taking it at once. Keep RESISTAB handy at all times - at home, at work, in your pocket or purse. Take it the minute you feel a cold coming on - or have been exposed to someone else's cold! RESISTAB is safe even for children, when used as recommended. Made by BRISTOL-MYERS COMPANY of Canada Ltd. Makers of Sal Hepatica and Inzana.



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