



Woman's Realm Social and Personal Fashions Literature



Get This Extra Flavor

BECAUSE cocoas vary in strength and flavor, insist on Baker's. You'll love its unvarying strength and real chocolate flavor. Make it according to the recipe on the label.

Up to 90 servings from the 1 lb. package. Good for baking, too.



BAKER'S COCOA

A Product of General Foods

A Morning Smile

"My darling," wrote the A. R. P. warden to his evacuated wife, "I had a mishap the other night. I walked into a flooded dugout. I was absolutely soaked."

His wife replied in her next letter: "I'll bet you were."

SOME BITS OF SEASONING

A Negro preacher walked into the office of a newspaper in Rocky Mount, N. C., and said:

Miss Edie, they is forty-three of my congregation which subscribe to 'fou' paper. Do that entitle me to

have a ch'ch notice in you' 'Sadday issue'?"

"Sit down and write," said the editor.

"I thank yo'."

And this is the notice the minister wrote:

"Mount Moriah Baptist Church, the Rev. John Walker, pastor, preaching morning and evening, in the promulgation of the Gospel three books is necessary. The Bible, the hymn-book and the pocket-book. Come tomorrow an bring all three."

GOOD SANDWICH

A small amount of any kind of cold meat minced, beans, macaroni, or mashed potato, will make a delicious and satisfying sandwich filling by adding a spoonful of chopped pickle, horseradish mustard, or chili sauce.

Living & Leisure The Woman's Realm

WHERE BEAUTY DWELLS

The rarest orchids bloom where swamps are dank and glowing diamonds gleam in earth's remotest caves. Where clouds are rank, the stinking sun sends forth a golden beam to pierce the gloom and paint the somber sky with hues of hope. The clatter and din of war make more intense an infant's cry; and goodness hides behind the cloak of sin. Where ugliness abounds there beauty dwells. Awaiting those whose senses are in tune with God and Nature and the song that wells in every human heart. Let such commune with Beauty wheresoever she is found;—Argonaut.

DAY NAP

The daily nap must be a thing that is taken for granted and never a daily argument. Never ask the child if he doesn't think it is time he took his nap or he will be the defensive immediately. Just say that it is time for his nap and proceed accordingly. It will soon be just like any other daily happening.

GYPSY DRESS

A few years ago young women were given to a type of costume known as the gypsy dress. It consisted of a bright skirt and a contrasting peasant blouse. Skirts are no longer full but the rest of the idea carries on.

HINTS ON ETIQUETTE

If you have no other place to go to do it, you may powder your nose at your desk if you can do so inconspicuously. It is better to go to the washroom if you want to primp, but whatever the circumstances, don't do it where everyone entering the office can see you.

THOSE KNICKER KNEES

If your son is the sort who goes through the knees of his knickers in a discouragingly short space of time, try backing them with a piece of strong muslin before he even wears them. The patch on the back can be attached to the lining of the knickers and will never show, but it is a big help for longer wear.

What are you going to do about that old sweater? It's still perfectly good, except that the sleeves are too short and the shoulders a bit skimpy. Well, don't give it up for lost. Cut the sleeves out, then machine stitch and hem the edges of the armholes. If the sweater has a V-neck, its fine just as it is. If it has a round or fancy neck, just cut it into a V and face it with matching or contrasting ribbed material. And there you have a sleeveless pullover to keep you extra warm. You'll find that with the sleeves away—the strain across the shoulders is gone, and the sweater fits comfortably. Don't throw the top and they'll make a dandy pair of arm-warmers to wear under your coat when you don a short-sleeved dress.

Dorothy Dix Says—

COLLEGE LAD STILL HAS STUDY, WAR, JOB BEFORE MAKING HOME

Why Rush Into Matrimony Promising Worries Concerning Finances And Parenthood?

DEAR MISS DIX—I am 21 years old, a junior in aeronautical engineering in the university, but I do not think I am doing my best work to date, and when I am so anxious to marry. I would be able to support myself, and if she worked, as she does now, and continued to support herself for another year we could be married at once.

She is willing to do this, but would it be fair to her to be married under these conditions? If I am called to the service, it will be in the engineering division. Please advise me in this matter. C. W. D.

ESTIMATE LOVE'S BUDGET

ANSWER—Just now, when all the babes and sucklings are rushing into matrimony, I suppose that 21 is considered a ripe age at which to take a wife. Otherwise I should say to you: What's the hurry about tying yourself down with a family before you have had any playtime in life, before your tastes are formed and you know you are really going to want in a life companion, before you have known enough women to be able to pick and choose between them? Why take on your back burdens and responsibilities that your young shoulders are not fitted to bear?

Consider the situation from a realistic instead of a sentimental point of view for a moment. You are still a school boy. You have yet a year or more of study ahead of you before you graduate. And when you do graduate you have got to find a job. Doesn't your common sense tell you that it is wisdom to wait until you are firmly established on your own feet before you marry? Especially now when you are waiting and more uncertainty about establishing yourself in your career.

It will be harder for you to leave a wife than a sweetheart. You will be more anxious about her and more worried about how she is getting along. And what, if there was a baby coming, and she had to give up her job and there was no money to take care of her and pay her room? Would you be called into the army, and that will mean more years of it in an upset world.

So my earnest advice to you is to wait. Everything in life that is worth having we have to work for and wait for.

DEAR MISS DIX—I was very much touched by the letter in your column the other day from the woman who told how unhappy her mother was who was going blind, and who wept continually over her misfortune. I can sympathize with her because my mother, who lives with us, has been nearly blind for two years and called the Talking Book. She has found great consolation in a machine that is called the Talking Book.

This is a special record player made and supplied with records by the Foundation for the Blind. The records are of books and plays—the Bible, fiction, drama, travel, etc. If extra machines are still available now, they are loaned to blind persons with no charge, except \$1.50 express fee, and records are sent free, even the postage is paid.

In our vicinity we get these records and information from the State Library for the Blind, Saginaw, Michigan. Further information can be obtained by writing the Foundation for the Blind in New York. As not many people know about these Talking Book Machines, I venture to offer this suggestion in the hope it may be of help to many who find Braille difficult, as so many older people do.

ANSWER—Thank you, Mrs. L. M. B. for the information you give about the wonder machine, which certainly must be a great comfort to anyone who can't see. I can think of no finer deed than that anyone can do than you have done in telling about it.

HEARTLESS PARENTS ABANDON CHILDREN

DEAR DOROTHY DIX—My son's wife left him and three little babies the oldest 4, the youngest 1 year old. He could not keep his head as his wife had run him so much in debt he had to give it up. A neighbor took the baby and I took the second one and he asked his wife's mother to take the oldest one, but she would not keep her because the little girl cried all the time for her mother and begged to be taken home.

My heart aches for these poor little ones, but I cannot take them as I have an invalid husband and think we should not be expected to rear our grandchildren. The parents of these children are not fit to take care of them either. They like good times too much. What should we do?

ANSWER—The best thing you can do is to take the case of these unfortunate little ones to the Juvenile Court in your city and ask the judge to make some disposition of them. The fact that they have two living parents and that their father could support them, if he was only willing to work and spend his earnings on his family instead of dissipation, complicates the situation, because the orphanages, as a rule, only take children who have lost their parents.

But certainly any man and woman who abandon the three babies they have brought into the world, because they find that they are burdensome and interfere with their good times, have reached the human stage. They are worse than animals which, at least, take care of their young when they are little and helpless. Nor is there any excuse for young and healthy parents wishing their children out on the poor grandparents to support. They have done their part in bringing up one family. Children are their parents' individual responsibility.

DEAR MISS DIX—Is my first duty to my husband and child, or to my mother? My mother, who is only in her forties and well and strong with us, insists that it is my duty to support her and persist in making her home with us, although she is everything very unpleasant for us. She does not try to get along with my husband, and says that I should leave him and my child and make a separate home with her. What shall I do?

ANSWER—Your first duty is to your husband and child. The Bible settles that question for you, if you have any respect for that. If not, your own heart must tell you what to do.

If your mother refuses to support herself, you will have to pay her board, or put her in some institution. But you must not let her break up your home.

1 Job Only You Can Do

Price Control Questions And Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have troubled the Wartime Prices and Control Board. The answers are prepared by the Board. Readers who have intelligent questions to ask on price control are invited to send them in writing to the Women's Regional Advisory Committee of the Wartime Prices and Control Board, Chappell Building, Charlottetown.

Q. Is there a list of all the selling prices published by the Wartime Prices and Control Board?

A. No, there is no such list. You can see that it would be impossible to make up such a complete list as selling prices for the thousands of commodities vary from store to store, and the prices are constantly changing. Each store has its own ceiling price which is the highest price charged for that particular commodity during the basic period, Sept. 15 to Oct. 11, 1941. Price increases have been authorized in some exceptional cases, where costs were out of line with the basic price. If your retailer tells you a price increase has been authorized, he must show you

the authorization if you ask to see it.

Q. We live in a village and have few hens. Do we need a permit to raise four or five dozen eggs a week?

A. Primary producers such as farmers do not need a permit to sell their own products. However, in the case of dairymen, a permit is required if the meat is for resale.

THE COOK'S CORNER

POTATO TOPPING


6 medium potatoes
1 1/2 tablespoons butter
1/4 teaspoon salt
Dash of pepper
Hot milk
1 egg or 2 egg yolks

Method: Scrub potatoes and cook, covered with water, until tender. Peel them when done and mash them. Put through a ricer and whip until light and fluffy with butter, seasonings and enough hot milk to moisten. Beat in egg or egg yolks and again beat until very fluffy. Pile lightly on top of the chicken mixture and brown as directed above.

HARVARD BEETS

2 tablespoons drippings.
2 tablespoons flour
1 cup hot beef juice
1 tablespoon sugar
2 tablespoons vinegar

WEEKLY WARTIME NUTRITION HINTS



Martha Logan, Swift's famed home economist, whose weekly wartime cooking column is a regular feature of this page. Look for these valuable hints each Monday

By Martha Logan



Economical Meat Casserole

This week, Miss Logan gives a useful recipe for using economy cuts

Adaptability is the secret of successful "wartime housekeeping." I mean the kind of housekeeping every patriotic Canadian woman takes a pride in these days... the kind in which proper nutrition and avoidance of waste are paramount considerations.

Take the economical meat casserole we illustrate this week. It helps you use the thrifty but equally nutritious cuts of beef, lamb or veal. And that's what I mean by adaptability—the readiness and ability to use a great variety of valuable foods which we might not think about in peacetime. In the actual recipe, we suggest chuck steak; but you could use a variety of other similar less-sought-after cuts with equally appetizing results. Consult your own butcher as to

the best buy of the day. Serve a green vegetable with it for a nutritionally important main course.

10¢ is all you need for your copy of "Meat Complete," Martha Logan's fascinating new 36-page meat cookbook. Write to Swift Canadian Co., Limited, Dept. MEAT-Toronto.

SWIFT CANADIAN CO., LIMITED

Makers of Premium Quality Products; Brookfield Butter, Eggs and Cheese; Jewel Shortening and Silverleaf Lard.

Human suffering was never greater than now

GIVE TO THE RED CROSS

CAULIFLOWER

Wash cauliflower thoroughly, cook it whole in salted water about 20 minutes or until tender, and drain. Butter a baking dish and place the cauliflower on it and cover it with butter first and then mayonnaise and place in a hot oven to brown. It will only take a few seconds.

Needlecraft For The Home

YOU MUST HAVE A SUIT With That Trim, Neat Look

Now's a time when you choose each new outfit with careful thought, for each must make a definite contribution to your wardrobe. Among the real essentials is the suit—trim, neat, timeless, as this one is. You can have such a suit, and without a heavy investment, if you make it yourself, say for a monotone thin tweed or one of those popular checks that brighten the Spring scene. This pattern is not only well cut, but versatile too, for it gives you the choice of single or double-breasted closing.

Style No. 2066 is designed for sizes 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40, 42, 44, 46 and 48. Size 36 requires 3 1/2 yards 54-inch fabric with 1/4 yard reserve for the single-breasted suit; or 3 3/4 yards 54-inch for the double-breasted version.

Send twenty cents for pattern. Write your name, address and style number. Be sure to state size you wish.

Style No. 2066

Name _____
Street Address _____
City _____ Province _____

YOU WOMEN WHO SUFFER HOT FLASHES

If you suffer hot flashes, dizziness, distress of "irregularities" or spells are weak nervous or irritable due to the "middle aged" period in a woman's life, take Lydia E. Pinkham's Vegetable Compound. It's helped thousands upon thousands of women to relieve such symptoms. Made in Canada. Pinkham's Compound is worth trying!

"We're thrilled with



NEW IMPROVED LUX

DAILY DIPPING CUTS DOWN STOCKING RUNS— SAVES UNDIES, TOO

MARVELOUSLY SAFE FOR SWEATERS, WOOLENS

SO THRIFTY NOW EVEN COTTONS CAN HAVE LUX CARE



So safe! Dissolves so fast! So rich, so thrifty! New, bigger package, more for your money!

NOW, when fabrics may be irreplaceable, here's the mildest, safest Lux ever made—to keep all your nice washables like new longer.

New, improved Lux dissolves twice as fast. Gives richer, longer-lasting suds that do more work. And a new, bigger package, too—more for your money!

GET LONGER WEAR FROM THESE WITH NEW, IMPROVED LUX

Rayon stockings, undies. Join the Lux Daily Dippers to cut down stocking runs, keep undies like new. Dip in Lux after every wearing.

Washes, dresses. Dip rayon cottons and prints in lukewarm Lux—avoid cake-soap rubbing. Test for color fastness before washing.

Shirtings. Freshen by regular dips in lukewarm Lux suds. Avoid heat and rubbing. Do not iron.

In wartime, more things need Lux care. Dip them regularly in LUX!

A LEVER PRODUCT