

Woman's Realm -:- Social and Personal -:- Fashions -:- Literature

WHO ARE YOU? The Romance of Your Name

By RUBY HASKINS ELLIS



Bartlett

Bartletts trace their lineage to Adam de Bartlett, who came to England from France with William the Conqueror and fought with him at the famous Battle of Hastings, in 1066.

Six generations after the death of Adam de Bartlett a descendant, John Bartlett commanded Sussex troops which captured Fontenoy Castle in France and he was granted the castle crest for his coat of arms.

The first American settler of the Bartlett family was Richard, who came over in 1635 and settled in Newbury, Mass. He used the swan crest of his coat of arms, which had been granted in the sixteenth century to show the right of the family to keep swans on the River Arun a very considerable honor.

Joshua Bartlett, son of Richard, was one of the signers of the Declaration of Independence, and was the first Governor of New Hampshire.

Among the prominent descendants today of these early Bartlett settlers is John Henry Bartlett, ex-Governor of New Hampshire, and Assistant Postmaster General under the Administrations of Presidents Harding, Coolidge and Hoover.

Magnesia Best For Your Indigestion

Warms Against Doping Stomach With Artificial Digestants

Most people who suffer, either occasionally or chronically from gas, sourness and indigestion, have now discontinued disagreeable diets, patent foods and the use of harmful drugs, stomach tonics, medicines and artificial digestants and instead take the advice so often given in these columns.

Minard's for Insect Bites.



Do Not Hesitate to Try It

Your Vegetable Compound is a good medicine. Anyone who is in poor health should not hesitate to try it. When I was taking the Vegetable Compound I tried the sample Liver Pills I found in the package. I have taken them every night since and I can feel myself improving.

Lvdia E. Pinkham's Vegetable Compound

Milady Beautiful!

By Lois Leeds



BEAUTY QUESTIONS ANSWERED Sallow Skin and Rough, Red Hands

Dear Miss Leeds—(1) The skin on my face is very sallow and full of pores that look like blackheads. My eyes are very dull. Can you suggest something that might make them brighter and my complexion better?

Answer—Dull, heavy eyes and a sallow complexion and dull-looking hair indicate that your whole system needs a general overhauling and toning up.

(2) Write for my beauty leaflets on "Complexion Ills," "Milady's Beauty Program" and "Care of the Hands." They will help your beauty problems in detail. Enclose your self-addressed, stamped envelope for mailing.

And now for local treatment. Every night at bedtime cleanse your skin with a lightweight cleansing cream or oil. This would loosen up the surface dust and make-up. Wipe off the surplus cream with a tissue square or a clean piece of cloth.

Next, mix one heaping teaspoonful of boric acid in one pint of boiling water. Allow it to cool and then bathe the skin for several minutes. Blot the skin dry and apply a commercial open pore salve or blackhead ointment, or a little of the following salve and leave it on overnight: 1 dram ichthyol, 2 drams zinc oxide, 2 drams powdered starch, 3 drams petroleum. Mix to a smooth salve. In the morning wash the face with warm water and a mild soap. Rinse well in cold water and dry the skin, using a little friction. Pat on a little cold cream or tissue cream and massage the face for a few seconds, using an upward, rotary patting motion.

Once a week have a thorough facial massage, and give the warm witch-hazel pack, which has appeared recently in my beauty talks. During the day before you apply fresh make-up, cleanse our skin with a cleansing cream or oil. Pat on a skin lotion or a skin freshener and then renew your face powder and make-up. It is the constant application of face powder and make-up over the clogged pores that makes the skin unable to function correctly. Be sure to remove all make-up at bedtime and see that your skin is thoroughly cleansed. Your type



It's the "extras" that cost

THE milk or cream or lemon and sugar which you put into the cup of tea, cost more than the tea itself. The most expensive tea is really a very cheap drink.

If King Cole Tea cost twice as much, it would still be cheap enough for the poorest person to afford. There is comfort in the thought that everybody can afford the great luxury of a truly fine cup of tea.

KING COLE and KING COLE TEA ORANGE PEKOE

King Cole Coffee is also a masterpiece of blending.

of skin needs stimulation, friction, softening and refining.

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Household Hints

By Roberta Lee

A Tonic for Plants

The water in which beef has been washed is an excellent tonic treatment for plants, and especially for roses and geraniums.

Slip Covers

Use old night dresses as slip covers for good dresses, which are hung away subject to dust.

Rolling Pastry

Never operate the rolling pin backwards and forwards when making pastry. Roll it forwards only and then lift it.

For The Cook

SCALLOPED POTATOES

When making this dish for lunch or supper, sprinkle tapoca between each layer of sliced potatoes. This thickens the milk just right. If the family are fond of onions, slice in also. This method takes about an hour in a moderate oven.

Character Close-Ups



WHEN THE MOUTH TURNS DOWN AT THE CORNERS LOOK FOR PESSIMISM

Minard's Drives Away the Headache.

Dorothy Dix' Letter Box

Why it is a Dangerous Practice for Parents to Refuse to Let Their Daughters Have Dates. Sad Fate of Men Who Don't Keep Their Figures

Dear Miss Dix—I am a young girl and, of course, I want to have dates and go to parties and have good times, as all the other girls do. But my parents absolutely refuse to let me go with a boy or have one come to the house. They tell me that I must wait until I am through college even to think of boys and I won't be through college until I am 23. Think of that, Miss Dix.



Of course, I go with boys on the sly. I steal out and keep dates with them, and there is one whom I think I am in love with, and he wants me to elope with him, but I am not sure if I really care for him. Oh, I hate to do underhanded things and deceive my parents, but what else can I do? I've got to have some youth.

Father and mother cannot bear to think of Betty as anything but a mere infant, who is satisfied with their company and asks no other amusement than for them to take her by the hand for a nice walk or perhaps a ride in the family car with little brother and sister. Of course, after a while, they suppose she will grow up and want to step out a bit and have beaux and perhaps get married, but that will be a long, long time. Some thirty or forty or fifty years hence.

These benighted parents do not mean to be unkind or tyrannical. They simply won't allow themselves to see that the miracle has happened. That Betty has turned from a child into a woman and that, like every other girl in the world, she craves the pleasures that belong to her time of life. She wants to have dates. She wants to have boy friends. She wants to dance and have all the innocent, silly good times that the other youngsters are having.

And what's more, she is going to have them. Honestly and above board if she can. Secretly and under cover if she is forced to it. She will meet boys decently and properly if her parents permit. She will pick them up on the street if they don't. Her father and mother can know the boys she is associating with and where she goes if they make it so she can confide in them, or she will lie to them and go to God knows where, with God knows whom.

The parents who think that they can keep their Betties from knowing boys by refusing to let any boy come to the house or by issuing orders against Betty's having anything to do with boys, simply befoul themselves if they think they are obeyed. There never was a girl yet who couldn't outwit father and mother and there are mighty few girls who won't climb out of a window to meet a boy if mother locks the door on them.

So the matter becomes one of expediency. The girl is going to have dates. She is going to know boys. And the most elementary common sense suggests that the wisest thing for the parents to do is to accept the situation and make the best of it. Also to realize that the girl is within her rights.

Certainly there is every argument in favor of parents permitting their daughters to receive their men callers at home. It gives the girl a background that is of inestimable value as a protection to her. No boy treats the girl as he does the girl who sneaks out to keep dates with him and whom he picks up at the corner drug store.

And it gives the father and mother a chance to know the boys their daughters are going with. Some one of these boys whom Betty is playing about with she will eventually marry and how is father going to know which one of them will make her a suitable husband if he does not even know their names? Many a tragic marriage could have been avoided if father had been human and reasonable about Betty's boy friends and if he had warned her away from the ones who were rotters.

Furthermore, it is folly to talk about a girl never having any dates until she is 23 years old and through college. If she hasn't had any before then, she will never have any, because she will not know how to attract or handle men. She will be man-conscious and either too eager or too reserved. The most boy-crazy girls in the world are those who have never been permitted to have dates when they were young.

So, wake up, parents, and realize before it is too late that your girls have a right to their dates and their good times and that it is up to you whether they take these innocently and harmlessly or in devious ways that are full of danger.

Dear Miss Dix—I am engaged to a man with whom I am much in love, but he has become so careless about his dress and appearance that I am becoming disgusted with him. He is only 24 years old and there is no reason why he should be getting fat and developing a bay window. He could diet and stop gorging sweets, but he won't do it. And he could keep himself neat and tidy and he is getting sloppy. My ideal man has always been tall and slender and snappy-looking in appearance, so I can't bear to see my future husband getting stout and careless about his clothes. What can I do about it?

Answer: Hark! So the worm has turned at last. And the shoe is getting on the other foot, etc., etc.

For years and years and years no man has loved a fat woman, and in order to make themselves attractive to men and to retain the affection of their sweethearts and their husbands, women have been counting their calories and passing up chocolate creams and cakes and pies and the nice gooey desserts and rich mayonnaises for which their very souls panted, because well they knew that they would find no favor in masculine eyes when they developed a waistline and acquired a succession of chins.

But no man has ever thought it worth while to go on a starvation diet in order to keep his boyish figure, so that he might still look like the hero of her girlish dreams to his sweetheart or his wife. He has felt that she couldn't help but love and admire him, no matter how paunchy he got, so he has dug into the food trough and let the fat fall where it may.

And no woman who has really wanted to catch a man or to keep him after she caught him has dared to let her hair get limp or take off her complexion or appear before him except when she was all dolled up, for well she knew that he would turn his eyes away from her to some Jane who looked like a daily hint from Paris. But men have been under the conviction that they were ravishing objects to a woman's gaze even with a three days' beard upon their faces, and when they were sitting around in their stocking feet and minus their collars.



AND REMEMBER

When travelling or vacationing, the safest milk for baby's bottle is Carnation. It nourishes perfectly, too, and is more digestible than cow's milk in any other form.



Write for Mary Blake Cook Book Carnation Co. Limited, Aylmer, Ont. PRODUCED IN CANADA

The Safeguarded Milk "from Contented Cows"

So, somehow, it is comforting to learn that if men expect women to keep in love with them they have got to diet and keep their figures and under-study the young demigods in the ready-made clothing advertisements. Misery certainly does love company.

Dear Miss Dix—I am expecting my baby in June. I have only been married fourteen months, but in that time my husband has gotten mixed up in several disgraceful affairs. One with women. He also has stolen a lot of money from the concern he is working for. He nearly starved me and has now left me. I have gone back to my people, who are taking care of me, but I love him dearly in spite of all, and the question is, shall I go back to him? Don't you think I should do it for my baby's sake? I hate to deprive it of a father's influence.

Answer: What can you promise yourself in the way of peace or happiness if you go back to live with that sort of man? The only wise thing is to put him out of your thoughts and make your life over without him. The child will be far better off with no father than with one who is dishonest and who has apparently no moral principles whatever.

POOR X.

Etiquette

By Roberta Lee

Q. Are the ushers at a wedding chosen from the friends of the bride or of the groom?

A. They are chosen from the friends and relatives of either the bride or the groom.

Q. Should a woman always wear a hat in a restaurant?

A. Yes, it is always proper; but if she is staying at a hotel, she may go into the dining-room without a hat.

Q. What is the most important thing to follow when choosing guests?

A. To have every one of them congenial.

A Morning Smile

"What is the name of your car?" "I call her 'Shasta'." "Because she's a 'daisy'?" "No; because she has to have gas, she has to have oil, she has to have air, she has to have something all the time."

WANT WOMAN AS RESEARCH HEAD

(By The Canadian Press) TORONTO, Ont., May 28.—The scarcity of young women members to carry on research work and to become leaders in civic affairs was deplored at the annual meeting of the University Women's Club held in the new Club rooms, St. George's Street. Among other important matters that of a part-time worker to undertake the investigation of opportunities for professional women in this city and elsewhere was dealt with. A sum of money was voted for the salary of a woman qualified to take this position to be appointed later.

LONG SKIRTS HELP TEXTILE INDUSTRIES

(By The Canadian Press) ADELAIDE, Australia, May 28.—"If skirts were lengthened by half an inch, employment would be given to thousands of people in textile industries of England," said the Rev. A. Penry Evans, of the Independent Church of this city, on his return from London.

bruises or mosquito bites.

Advertisement for General Electric and Frigidaire Electric Refrigerators. Includes text: 'Now Is the TIME to Buy your Automatic Refrigerator', 'General Electric and Frigidaire Electric Refrigerators', 'This Offer Is For A Limited Time Only', 'Maritime Electric Company, Ltd.', 'Associated Gas and Electric System', 'Charlottetown Prince Edward Island'. Features an illustration of a woman with a refrigerator and a price tag showing \$10 DOWN and 2 1/2 Years to Pay.