

Woman's Realm / Social and Personal / Fashions / Literature

Home Service

Learn To Be an Excellent Letter-Writer



WRITE TO YOUR FRIENDS

The letter drops in the letter box perhaps on its way to cheer some soldier, sailor or airman as he works on the battlefronts.

To write letters is important but to know how to write them is more necessary. In writing to service men, the words and petty troubles are home are not for his ears—they enrage and worry him when he is thousands of miles away. Write cheerful, happy letters no matter how you feel.

Some people are stuck every time they write a letter. Everything they write seems flat.

How different when you have pointers on letter-writing, samples to study. No empty, crude suggestions, no pen-chewing, no "write what you like to cultivate, and they will influence your business letters."

This 24-page booklet has 24 samples, including letters of sympathy, congratulation, friendship letters, giving letter etiquette hints to avoid; how to make letters interesting.

Send the fee in coins for your copy of Good Letter-Writing Made Easy by the Charlotte-Town Guardian.

Name _____
Street Address _____
City _____ Province _____

Cigarette smoking cools the finishing 10 to 12 degrees, due to blowing down of the blood flow, says revealed.

Living & Leisure

The Woman's Realm

WOMEN'S WORK

Reading down low over soft, sleeping faces, kissing and loving them all; Teaching them fine little courteous graces; Building up memories for them to recall; Making them laugh as the end of each tumble; Giving them rest, thus preserving their pulse; Helping them never to fret or to grumble; Keeping up spirits, while toning down noise; Soothing hurt feelings, yet fixing no blame; Planning a pleasure where duty must lurk; Making them sportsmen in life's every game—

Forming true humans—and that's the woman's work.

Louise Comes Reeve

Dahlia tubers which have been moved into the cellar for winter storage should be examined occasionally to see that rot does not start. If any appearance of decay is noticed, sulphur may be dusted over them.

HINTS ON ETIQUETTE

If one woman is present with two or more men, the men should not limit their conversation to business, politics, sports, or any subject in which the woman cannot join. The exception to such a hint is of course, when the woman is just as interested in these subjects and known as much about them as her male companions.

Add a slice of lemon to tomatoes when they are put on to stew. You can remove it before serving but the flavor will remain.

TO GET CHILD TO DRINK HIS MILK

A good way to get a four-year-old child who drinks but little milk to drink more of it is to keep all other foods from him for several days; or let him have no other food at meals until he has drunk a definite amount of milk. Begin with a small amount, adding more very gradually. Don't feed it to him, ask him to drink it or show concern as to whether he drinks it or not. It will be hard to manage yourself.

PIT TIME LIMIT ON PUNISHMENT

When a child is assigned to sit in a chair for punishment, he should do so for a definite time, announced when he goes to the chair, so the punishment will be effective and the child will not be tempted to plead, argue or cry if he is not used to lead or argue with a clock. Nor does crying make it run any faster. Neither does a timepiece ever have a headache or get nervous. It just ticks on and on in its own way without any feeling.

WOULD TEACH LONG DIVISION FIRST

Strange as it may seem, the usual practice is to teach the child short division before long division; yet short division is a short-cut to long division. It is much like reading the summary of a chapter before reading the chapter itself. Why take the short-cut first? After long division is mastered, short division can be learned in one or two lessons.

Also the usual way to begin long division is with long hard numbers. The division is a two-place number like 21. Let it be, instead, a one-place number like 4 or 7. Let the dividend be as short and simple as possible. Begin with a problem as easy as 4 divided by 2. After ample practice with such one-place numbers which divide evenly, go to one like 9 divided by 4, which gives a remainder. After sufficient practice on this step, go next to one which will give a quotient in two places, as 48 divided by 4; next with 47 divided by 4, and so on.

Always start first for the child, "thinking aloud" as you go. Leave all you do before the child to be looked back to any time he wishes. He will do everything he can to make the child will enjoy success.

SIMPLE FOODS BEST FOR BABIES

All foods given the child should be simple and easy to digest. Avoid fat meats and gravies, rich pastries and stimulating drinks. Food should be attractive in color, texture and cooked to retain and bring out flavor. Foods that are over-sweetened or seasoned to highly blunt the taste for natural flavors.

Children normally crave fruit and should be permitted to eat it freely. Be sure, however, that it is ripe and of good quality. A fruit bowl offers a between-meals source of healthful sweets that stimulate rather than dull the appetite. The child with the hard-to-coax appetite often takes fruits willingly and may have many of the vitamins and minerals he requires. Fruits in this case are the easiest to digest. See that the child's daily diet include fresh fruit salad and desserts as well as the recommended glass of orange juice.

Sequel To Rustling Case

EVEN SICK WOMAN CANNOT IGNORE CONVENTIONS

ANSWER—In my opinion, you did exactly the right thing in preserving appearances. It isn't enough for a woman to be just good. She has to look good to all who observe her conduct. "Be thou chaste as ice, as pure as snow, thou shalt not escape calumny." If you put yourself in an equivocal position, for there are always evil-minded people about who delight in smearing others, and who read twist, dark villainy into any act to which they can possibly give a sinister twist because gossip, to be interesting, has to be highly flavored, and the hotter it is, the better they like it.

Of course, if you could have called your friends and neighbors in and had them feel your pulse and see how sick you were, and if they had heard your six-year-old child crying for food that you could not give him, and if the yhad gone the rounds trying in vain to find a nurse or a maid, then they would have seen that it was the most innocent and logical thing in the world for Bill to come to your aid and take command of the situation, and that he was a ministering angel instead of a Casanova bent on breaking up his friend's home.

But the gossips didn't come near you for fear of catching the flu. They did not know the desperate situation in which you were placed. All that they could see and know was that there was a good-looking bachelor who had come to stay in the house who were practically alone, and they argued that he must be in love with you, or else he wouldn't put himself to so much trouble, men notoriously being allergic to sick rooms and sick people. And the tongues would have wagged.

It would have been totally unfair, unjust, unchristian, unkind, but the mischief would not have been undone. And there you would have been with a tarnished reputation that you would never have lived down. We didn't make the world nor its ways, but we can't change them, and the wise thing to do is to walk around its taboos instead of beating ourselves to death against them.

And I'll tell you this for your comfort: No matter how your husband rages against your folly in not having good old Bill come and take care of you, in his heart he is shouting jubiles over what you did, because now you're not principles that you will live by and that you would die for, and that your loyalty and discretion are something that he can trust.

Dorothy Dix Says—

MRS. GRUNDY'S STRICTURES HOLD EVEN FOR SICK WOMAN ALONE

Infant Son Needing Care, Husband In War Not Enough To Quiet Gossip About Man Friend

DEAR MISS DIX—How much do you think that we should be ruled by Madam Grundy and let our conduct be determined by what people say? Here is an experience I have had along that line that has left me wondering whether I have been wise or foolish:

My husband is in the army and has been overseas for a year. I have carried on with my six-year-old son and done a pretty good job of it until two months ago when I had a bad attack of flu which developed into pneumonia. We have no relatives in the city in which I live but lots of friends who call up and send flowers, but that seems to be as far as friendship goes. This city is a defense center and there is no help available. The hospitals are overcrowded, with cots in the halls. No nurses to be had.

The only person I could call upon for help was my husband's best friend, a bachelor who lives twelve miles from where I do. As soon as he heard I was sick he came and did everything he could to try to locate a nurse, or a woman to come in and at least cook something to eat. When none could be found, he suggested that he come and stay in the house for a few weeks. "At least," he said, "I can get up in the morning and see that you and Junior get some breakfast. And I can shovel coal and pick up the laundry. In the evenings I can take Junior to the tea room and see that he has good dinner and bring back something for you to eat. And if you feel badly during the night, I will be available to call the doctor, but I can't do it from the other side of town as both time and my gasoline allowance will prohibit it."

Well, my old fear of Madam Grundy made me say "no," and the next two weeks were a nightmare. Both my child and I were not properly fed, the house was neglected, three times the fire went out, the nights were hideous and I often wondered if I would be alive in the morning. But we got through somehow, and yesterday I had a letter from my husband, who has been in the thick of the Pacific battle, and he bitterly denounced Bill.

"He was my best friend since school days," he said, "and the last thing he did when I left town was to promise to keep an eye on you, yet now when trouble really comes he fails me completely."

Of course, I had already written my husband telling him that Bill had been ready and willing to help and that I had kept him from doing it because of my fear of gossip. But what I am wondering is was it worth while to sacrifice so much comfort, and really risk my life for the sake of what the Joneses and the Smiths and all the other neighbors might have said about a situation that would have been perfectly innocent.

DOUBTING THOMASINA

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WISE SAILOR WOULD DEFER MARRIAGE

DEAR DOROTHY DIX—At 19 years of age I find myself engaged to a very lovely girl who is 18. We had set a date to be married, but when I got to thinking about it I decided that I did not want to be married.

(Continued on Page 3, Col 1)

A Job Only You Can Do

Price Control Questions And Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are provided by the Board. Readers who have intelligent questions to ask on price control are invited to send them in writing to the Women's Regional Advisory Committee of the Wartime Prices and Trade Board.

Q. Is a tenant, who has always paid rent in advance at the beginning of the month, as stated in the lease, entitled to delay payment until the 20th because his own tenants are falling down in prompt payment of their rent?

A. The rental regulations do not protect tenants who do not pay their rent promptly as it becomes due. The ordinary law of the province permits a landlord to take steps for eviction if he so desires, no matter how good an excuse the tenant may think he has for falling to pay his rent on time.

Q. I am planning to buy a radio on the budget plan. Is the merchant permitted to make a finance charge?

A. He is not only permitted but he is required to charge at least three-quarters of one per cent per month on the total amount financed.

A Morning Smile

HASTE NEEDED

Mother—Do you know how to bring up a child?
Father—Of course I do.
Mother—Hurry, then, curs is at the bottom of the well!

"DE DUCKS GOT IT"

One of the humorous stories which came out of the grim period of the depression has to do with a ducky farmer who has a small holding of cotton. He picked his crop and shipped it down the river to the market. Some time later a friend of his asked him what he had realized from his sale. The old ducky replied, "Ah didn't realize nothin' 'De ducks got it all." "What do you mean by 'the ducks got it all'?" enquired his friend. "Well," replied the old man, "Ah git me de paper back says dat dey de cucked so much fo' freight, an' so much fo' wa'zuz, an' so much fo' de commission, an' so much fo' bookkeeping an' de wuz nothin' left. De ducks got it all."

HER OWN INTERPRETATION

Little Mabel, aged six, had a part in the school exercises. She was much pleased and learned her part quickly and said it over loudly and rapidly. It ended with the words "and please the cause of the poor and needy" which she shouted so loudly that she could hardly be understood.

Just before leaving for the exercises her mother decided to hear her say the part again and asked her to repeat it more slowly. Then she discovered to her horror that Mabel was saying "and feed the cows. They are poor and need it."

MEXICAN LAPEL ORNAMENTS ARE EASY CROCHET



DESIGN NO. 1255

Here is our gay neighbor in miniature to wear on your lapel. The cheerful girl dancer, the boy and the sombrero with tiny bottles are crocheted with odd lengths of wool from the scrap basket. Pattern No. 1255 contains complete instructions.

To order pattern: Write or send address picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlotte-Town Guardian.

Needlework Department, Charlotte-Town Guardian

Design No. 1255

NAME _____

STREET ADDRESS _____

CITY _____

WEEKLY WARTIME NUTRITION HINTS

Martha Logan, Swift's famed home economist, whose weekly wartime cooking column is a regular feature of this page. Look for these valuable hints each Monday

By Martha Logan

Stew Can be Glorified

Delicious and nutritionally lops, stew is economical in its use of cheaper meat cuts

It's such a pity that some people still don't appreciate stew! And such a mistake! At its best, stew is a dish for a king, besides which it has an important niche in the patriotic housewife's wartime menu, because it uses the thrifter cuts, (not to mention leftovers), and because it offers a good way of meeting her family meat and vegetable requirements in one succulent dish. So, here we give four basic rules which will help you turn your stews into the family's favourite dinner.

FIRST—Brown the meat. Cut it into serving portions or cubes and brown in hot lard or beef dripping.

SECOND—Keep the heat low. Always simmer a stew. Never boil it.

THIRD—Don't overcook vegetables. Add the potatoes, the diced carrots and turnips, which are so good in stew, and the onions after the meat has simmered well. The vegetables will be nutritionally more valuable if the stew is served as soon as they are cooked. And don't hesitate to add celery, peas, string beans, mushrooms and other interesting vegetables that are on hand.

FOURTH—Experiment with flavourings. A bay leaf or a pinch of sage or thyme or a teaspoonful of Worcester sauce or ketchup . . . any of these

"Meat Complete"—Martha Logan's new 34-page meat cookbook, is the finest help to wartime meal planning and preparing you could possibly get. Send 10¢ for your copy to Swift Canadian Co. Limited, Dept. M116 Toronto.

BACK THE ATTACK BUY VICTORY BONDS

SWIFT CANADIAN CO., LIMITED
Makers of Premium Quality Products; Brookfield Butter, Eggs and Cheese; Jewel Shortening and Silverleaf Lard.

BYRNES ROAD SCHOOL
Report for Byrnes Road School for 20th of April.
Grade VIII—1. Eleanor Byrne; Peggy Fisher.
Grade VII—1. Bernice Byrne; Elmer McInnis, Anna Kenny.
Grade V—1. Joe Clarkin; J. E. Byrne; Marion McInnis, Nora Woodridge.
Grade IV—Evelyn Woodridge; Anne McInnis, Olga Woodridge; Pearl Kenny.
Grade III—George Clarkin; Letta Woodridge; Gerald Byrne; Bruce Woodridge.
Grade I—1. Edna Woodridge; Franc McInnis.
Perfect attendance: Pearl and Gerara Kenny.
Mrs. E. Malone, Teacher.

Cake Walk



A MODERN VERSION of the time honored Cake-Walk is performed by Alexis Smith and Dennis Morgan, in Warner Bros. "Thank Your Lucky Stars" soon to be released. Small wonder that they both look so happy, Alexis is a dancer, who is cast in a dancing role, and Dennis is a singer who is given an opportunity to sing. This is an all time high in Hollywood where singers dance, and dancers usually wear bathing suits for the photographs.

SHOCKED TO HEAR THEM SAY:

"HER CLOTHES ARE ONLY HALF-WASHED!"

NOW SHE KNOWS—

NO MATTER HOW YOU DO YOUR WASH—YOU NEED SUNLIGHT'S EXTRA-SOAPINESS FOR EXTRA-DIRTY SPOTS

MERE WORDS CAN'T TELL YOU the difference between an ordinary wash . . . and clothes washed the Sunlight way. You have to see the gleaming brightness and sweet-smelling freshness yourself. For Sunlight does far more than remove surface dirt. A touch of Sunlight on collars, cuffs, edges, puts a film of soap right on the dirt. Then the rich Sunlight lather loosens even deeply imbedded grit and grease.

NO WONDER CLOTHES COME BRIGHTER! Not a streaky bright. Not "Half-Washed". But spotlessly radiant. Yes! Even grimy work clothes win admiring glances. Try Sunlight this washday—and see what its "extra-soapiness" means to you!

FOR A COMPLETE WASHING-JOB—YOU CAN'T DO WITHOUT SUNLIGHT

MAGIC IN THE DISHPAN

The way Sunlight loosens grease is simply marvelous. And because Sunlight is all pure soap it's kind to your hands . . . and goes a long, long way even in hard-as-nails water.

LOOK AHEAD!
You'll Soon Be Glad You Made This Frook

It's just the type of frook you yearn for the moment warm weather comes, and the time to make it is now. The little dark sheer is slated to play a bigger part than ever in town life this summer; and prices are low. It will also be important in the scheme of washable. This dress, with its easy, graceful sleeves, is ideal for either fabric. You may need both types, but do make them now and reap your reward.

Style No. 3527 is designed for sizes 12 to 20, 36 to 48. Size 36 requires 3 1/2 yards 39-inch fabric.
Style No. 3087 is designed for sizes 12 to 20; 36 to 50. Size 36 requires 2 1/2 yards 39-inch fabric for suit.

Send twenty cents for pattern. Write your name, address and style number. Be sure to state size you wish.

Style No. 3527

Name _____

Street Address _____

City _____ Province _____

NEW YORK, April 30—(AP)—The Tokyo radio quoted Maj.-Gen. Nakao Yahagi, chief of the Army press section of Imperial headquarters, as announcing in a Nagoya speech today that Japan had completed establishment of strategic bases in the southwest Pacific, "thus paving the way for contemplated new operations."

These bases were listed as on Timor Island and to the north on New Guinea and to the north on New Guinea and in the Solomons, all north and northeast of Australia.