

Woman's Realm - Social and Personal - Fashions - Literature

Lenten Meditation

From The Times, London

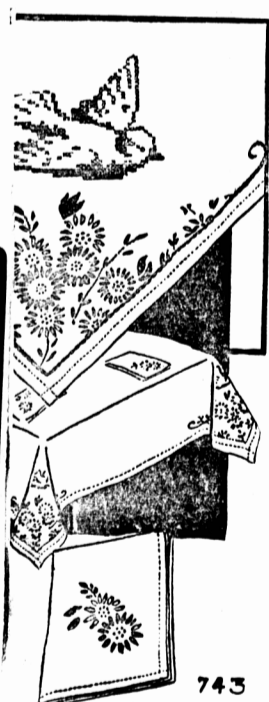
THE BIBLE AND THE NEWSPAPER

To read the Bible in these days is to read, perhaps with surprise, how remarkably accurate are some of its most ancient writings. Messages which once seemed merely to reflect primitive thought and remote experiences have again become vividly actual. Compassionate understanding, rather than smothered regret, is now shared by those people who play for the destruction of their enemies which seems of outrage and persecution raised to heaven. The law of sacrifice, the belief that life freely given is life gained, the teaching which founds the expression on Calvary, is doctrine which needs no longer to lean on the theory of argumentative support which was once its mainstay. The very existence of the devil is attested by daily devilry. What may well be termed miracles of endurance are frequent enough to become almost commonplace. To one passage after another in both Old Testament and New the inevitable passage seems to be: "This day is this scripture fulfilled in your ears." The Bible elucidates the newspaper; the newspaper may be said to have become a commentary on the Bible.

At this time, more than ever, confidence and strength can be drawn from its pages. Let there be any grief or disease," wrote Richard Broderick, "incident into the soul of man, any wound or sickness named, for which there is not in this treasure-house a present comfortable remedy. The psalms were in his mind when he wrote these words, but they could be used of the New Testament with even greater truth. There is a sustaining comfort in the Bible's revelation of God as profoundly concerned with the affairs of this world, as a Father sharing the sorrows of His children, and averting all who trust Him through every change and chance of life, and the shadowed valley of death. The Bible comforts also by placing time and eternity in right perspective. The Christian can hope that after this period of tribulation the world will win through to a way of life better and happier than any it has yet known. This he can hope; but his certainty is that the sufferings of this present time are not worthy to be compared with the glory that shall be revealed. Whatever agonies of body or mind must be endured, they cannot outlast time, and time itself moves imperturbably to its end.

To possess this comfort is to gain strength, and every part of the Bible shows how real a factor in the world's history is spiritual strength. Its evidence is strikingly corroborated by the events of wartime. "The Lord will give strength to His people" is a Bible promise of which each day sees the fulfillment. In wartime, too, the Bible acquires a new unity. It remains, as it always has been, a collection of great literature, immensely varied in date, immediate purpose and character. Yet at this time such differences recede into one dominant quality, and the Bible is discerned as a whole. From a collection of writings it becomes a book; from a book it changes into a voice, a voice speaking a personal message to the individual soul. And to hear that still, small voice is to know it as the voice of God.

BLUEBIRDS FOR HAPPINESS



DESIGN NO. 743

Blue birds combined with daisies make this pretty design for trimming your best linens. Hot iron transfer pattern No. 743 contains four blue birds measuring about 4 by 5 inches four corner motifs and four small daisy motifs with complete instructions.

To order pattern: Write, or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlottetown, Guardian.

Needlework Department, Charlottetown, Guardian

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STREET ADDRESS _____

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Living & Leisure The Woman's Realm

SPRING

I wonder if the sap is stirring yet, if wintry birds are dreaming of a male, if frozen snowdrops feel as yet the sun. Any crocus fires are kindling one by one. Christina G. Rossetti.

False teeth from the metal foil of cigarette packages is reported as the crowning ingenuity—but by no means the only one—of Allied prisoners of war at a German camp.

HINTS ON ETIQUETTE

If you have one of those dominant personalities, for the sake of your own popularity and character, let the other fellows run things once in a while and you take a back seat for a change. Afterwards don't tell everyone how much better you could have done it.

Sun-resistant and water-repellent paint has been invented that can be brushed or sprayed on awnings without stiffening the fabric.

ALL-GLASS STOVE

An all-glass stove has been designed that will give the housewife a look-see on what is cooking without opening the door and allowing heat to escape.

FLOWERS RATE IN NEW STYLE

Flowers will play a pretty role in spring fashion. Here are some ideas for you. Sew a double row of white hyacinths around the deep square neck of that black dress with which you are really disgusted. Make a wide wreath of matching hyacinths for a wide black felt or straw. It will be a hat that you will love. A further match-made would be a row of the white flowers sewed at the edge of flaring black fabric gloves.

COLDS VICKS VAPORUB

Relieves misery as most wise mothers do. Rub throat, chest, back with VICKS VAPORUB

A Job Only You Can Do

Price Control Questions And Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are provided by the Board. Readers who have intelligent question to ask on price control are invited to send them in writing to the Women's Regional Advisory Committee of the Wartime Prices and Trade Board, Chappell Building, Charlottetown.

Q. Is there a price ceiling on sugar?

A. Yes. The price ceiling on sugar is the highest price at which it was sold at each store during the basic period, Sept. 15 and Oct. 11, 1941. Q. Do we get paid for waste fats saved in our household?

A. Yes. If you will take your fats to your local butcher he will pay you four cents per pound for rendered fats and one cent per pound for unrendered fats. Q. What should we do with the spare coupons in our No. 1 Ration Book?

A. These should be destroyed as they are of no value. It was necessary to include spares in the ration book so that if emergency rationing of any additional commodity became necessary the administration would not have the expense and distribution problem of issuing new books inside of the six-months period.

will be in the hat stores this spring.

Dorothy Dix Says—

NEW DOMESTIC ORDER BREAKING WITH COOK LEGENDARY FIGURE

Girls Must Train For Home Service Same As Stenographers Or Professional Women

For years I have urged women to make a profession of domesticity. The great majority of the feminine sex are predestined by nature to be wives and mothers and home-makers, and to spend their lives cooking, sewing, patching, darning and taking care of children, yet most of them never take the trouble to learn how to turn out a marketable job. They begin with, they don't think it worthwhile to prepare themselves for it. No girl would undertake to be a saleswoman if she couldn't do a simple sum in addition or subtraction or multiplication. Nor would she aspire to be a secretary if she couldn't make pothooks or run a typewriter. But she plunges boldly into home-making, which is a combination of the other arts and crafts, without the slightest knowledge of how to run a budget, or cook a meal, or set a patch.

Worse still, she goes on blunderingly performing the same daily tasks for thirty or forty years without ever learning how to do them, or acquiring any skill that will make her know her bread is going to turn out, instead of just hoping that it will rise and not be a soggy mess; or that the dress she is making will be pretty, and not look like something the cat brought in.

GOOD TIMES AND BAD DEMAND BEST HOUSEKEEPING

The average housewife never thinks of domesticity being one of the best paying trades that a woman can follow and one by which she can always make a living if she has made herself proficient in it, yet such is the case. In hard times or good times there is always a demand for their services. People must eat. They must have comfortable rooms and good beds. They must have clothes. And they will wear a path to the door of any woman who knows how to juggle the pots and pans and get superlative food out of them, or who can tie a bow so that it makes every woman who sees it green-eyed with envy.

Thousands of women have brought up families and laid up a competence for their old age by keeping boarders. Others have made fortunes in dress-making and millinery shops. And the women who can set a patch or make a darn so expertly that your worst enemy can't detect it always have waiting lists a mile long. It has always been true that women succeeded best when they stuck to their own line of work for which they had an inherited aptitude, handed down to them from countless generations of their grandmothers. And this is a point of view that I would like to urge upon the many.

(Continued on Page 3, Col 1)

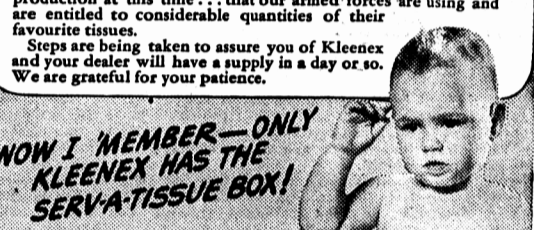
Sprig has cub!

MY NOSE KNOWS WHEN I USE ANYTHING EXCEPT KLEENEX TISSUES DURING COLDS...IT GETS SORE!

SAVES FOR SAMMY THE KLEENEX SERV-A-TISSUE BOX ENDS WASTE—SERVES UP JUST ONE DOSE OF TISSUE AT A TIME SO YOU DON'T GRAB TWO WHEN ONE WILL DO!

IF YOU CAN'T GET KLEENEX AT YOUR DEALER'S TODAY... please realize that the popular demand for Kleenex exceeds the production at this time... that our armed forces are using and are entitled to considerable quantities of their favourite tissues. Steps are being taken to assure you of Kleenex and your dealer will have a supply in a day or so. We are grateful for your patience.

NOW I'M MEMBER—ONLY KLEENEX HAS THE SERV-A-TISSUE BOX!



"We're thrilled with"



So safe! Dissolves so fast! So rich, so thrifty! New, bigger package, more for your money!



NOW, when fabrics may be irreplaceable, here's the mildest, safest Lux ever made—to keep all your nice washables like new longer. New, improved Lux dissolves twice as fast. Gives richer, longer-lasting suds that do more work. And a new, bigger package, too—more for your money!

In wartime, more things need Lux care. Dip them regularly in LUX!

A LEVER PRODUCT

Name _____

Street Address _____

City _____

Province _____

A Morning Smile

MIGHT AS WELL

I can't understand how you manage to keep so calm, whatever happens," said Robinson.

"Oh, it's just a matter of training," explained Thompson. "You see I've a wife, five children, two dogs and a cigarette lighter!"

BAD FOR TRADE

"I hear you've got rid of the pretty assistant you engaged," a neighbor remarked to the chemist. "Yes," was the reply; "she was turning business away."

"But I thought—"

"A lot of my men customers kept saying that a smile from her was as good as a tonic."

Home Service

Don't Let the "Jitters" Disturb Your Life



DON'T STAY AWAKE AT NIGHTS

Do you turn restlessly from side to side every night—keep turning the light on to see what time it is—start counting sheep and other tried methods—overwrought nerves are probably the cause of your sleeplessness. Don't take your problems and worries of the day to bed with you. If you must think, think of something pleasant that will induce sleep rather than deter it.

If your nerves are too highly strung, you should have an outlet for the high spirits—take long walks, devote your valuable energies to an outside interest—social work, amateur theatricals, and when you are ready for bed you will be so tired and relaxed sleep will come immediately.

Perhaps also you need a check-up on your physical health—eyestrain, anemia may cause nerves. Or you may find certain stimulants such as tea or coffee are bad in your case. Change your jitters into vitality charm. Our 32-page booklet by a well-known physician explains physical and mental causes for "nerves," gives advice on insomnia, fatigue, nervous indigestion. Includes directions for correct diet body care.

Send 15c in coins for your copy of "Overcoming Nerves and Everyday Health Problems" to the Charlottetown Guardian Home Service. Be sure to write plainly your name, address and the name of book etc.

Name _____

Street Address _____

City _____

Province _____

THE COOK'S CORNER

BRAN BUTTERMILK BISCUITS

1-2 cup bran.
3-4 cup buttermilk.
1-2 cups flour.
1 teaspoon baking powder.
1 teaspoon salt.
1-2 teaspoon soda.
1-3 cup shortening.
Sift flour, bran, salt and soda together. Cut in shortening until mixture is like coarse cornmeal. Add soaked bran; stir until dough follows fork around bowl. Turn on to floured board. knead lightly a few seconds; roll or pat to 1/2 inch thickness and cut with floured cutter. Bake on lightly greased pan in hot oven (450 degrees F) about 12 minutes.
Yield: 12 biscuits (2 1-2 inches in diameter).

CARROT CUTLETS

In place of meat serve a platter of really nourishing and tasty rice and carrot cutlets. They're good! Add one tablespoon minced onion, 1-4 teaspoon pepper, teaspoon salt to one cup cooked carrot pulp and 2 cups boiled rice. Then add one unbeaten egg, tablespoon milk, and stir until well mixed. Form into even sized balls and shape into cutlets. Boil in 3-4 cup oat-crumbs and let stand 5 minutes. Put 3 tablespoons bacon drippings or fat in frying pan and when hot, but not smoking, saute cutlets to a golden color. Arrange on hot platter and

ARRID

London (OP) - February was the sunniest month in London for nearly 41 years. The capital had 78 hours of sunshine, one more than the previous high figure.

New under-arm Cream Deodorant

Stops Perspiration



- Does not rot dresses or men's shirts. Does not irritate skin.
- No warning to dry. Can be used right after shaving.
- Instantly stops perspiration for 1 to 3 days. Prevents odor.
- A pure, white, greaseless, stainless vanishing cream.
- Awarded Approval Seal of American Institute of Laundering for being harmless to fabric.

ArRID is the largest selling deodorant

39¢ a jar Also in 15¢ and 99¢ jars

Needlecraft For The Home

PRINCESS JUMPER FROCK

See How Easy It Is To Make

If you want something pleasing and practical to eke out your clothing routine, you couldn't do better than run up this simple, front-buttoned style with the latest pockets. It makes a good-looking jumper to wear with your various blouses; and also a pattern you could very well use for a practical coverall for home wear.

Style No 2086 is designed for sizes 14, 16, 18 and 20 and 38, 40, 42, 44, 46 and 48. Size 36 requires 3 1-4 yards 35-inch fabric for jumper; and 2 1-8 yards for short-sleeved blouse.

Send twenty cents for pattern. Write your name, address and style number. Be sure to state size you wish.

Style No. 2086

Name _____

Street Address _____

City _____

Province _____

YOU WOMEN WHO SUFFER FROM HOT FLASHES

If you suffer from hot flashes, dizzy spells, irregular periods, are weak, nervous—due to the "middle-age" period in a woman's life, take Lydia E. Pinkham's Vegetable Compound. It's helped thousands upon thousands of women to relieve such symptoms. Pinkham's Compound is also a fine stomach tonic! Worth trying! Made in Canada.

2086 SIZES 14 to 48