

Woman's Realm Social and Personal Fashions Literature

Living & Leisure

—THE WOMAN'S REALM—

"The kiss of the sun for pardon; the song of the birds for mirth: One is nearer God's heart in a garden Than anywhere else on earth." Dorothy Gurney

Hints on Etiquette

One should always suppress a sneeze or cough when attending a concert or play, if at all possible. A paroxysm of uncontrollable coughing at such time, calls for the exit of the victim, until the spasm is passed.

POLO COAT IN VARIETY OF FABRICS

NEW YORK — The polo coat with its straight slit back, patch pockets, tailored stitching, comes in tweeds, fleeces, gabardines, and in good old camel's hair—warm light, soft.

The third-wheel coat, too, retains its popularity—the coat you buy as a member of the three-piece trio. Over your suit, or over your dress of light sheer wool or silk, it gives variation to your costume without fuss and serves as a stand-by for many occasions. Like the nimble resort coat, made of either dark or light colors, it has a way of seeing you through comfortably. The fingertip box coat, too, high of lapel and chunky of silhouette, is an adjunct to the versatile wardrobe.

CAPELETS ARE NEWS IN SPRING COATS

NEW YORK — A big news note in coats concerns capelets. Designers have become intrigued with

One of the Most Effective BLOOD-IRON TONICS YOU CAN BUY

If your blood lacks iron! You girls and women who suffer so from simple anemia that you're pale, weak, "dragged out"—this may be due to lack of iron in the blood. See Dr. Lydia E. Pinkham's Compound TABLETS with added iron—one of the best home ways to help build up red blood—in such cases. Pinkham's tablets are one of the most effective iron tonics you can buy!

LYDIA E. PINKHAM'S COMPOUND TABLETS (with added iron)

Cook's Corner

BUTTERSCOTCH TOP CAKE

2 eggs, well beaten
1 cup sugar
1 cup flour
1 teaspoon baking powder
1/2 teaspoon salt
1/2 teaspoon vanilla
1/2 cup heated milk
2 tablespoons butter
METHOD: Beat the eggs until thick and lemon colored. Gradually beat in the sugar. Sift the flour with the baking powder and salt and fold into the egg-sugar mixture, a small amount at a time. Add the vanilla.
Heat the milk to the boiling point and add the butter. Now stir this into the first mixture. Pour into a greased square pan and bake in a moderate oven (350 deg. F.) for 30 minutes. Remove from the oven and cover with the following topping.

BUTTERSCOTCH TOPPING
5 tablespoons butter
3 tablespoons cream
1/2 cup shredded or desiccated coconut
METHOD: Combine these ingredients and boil for 2 minutes. Spread on the hot cake and return to the oven to brown.

The sugar hasn't been left out of the list of ingredients in case you were wondering about this—there isn't any sugar required.

Appetizing CLOVER LEAF ROLLS

USE FLEISCHMANN'S ACTIVE FRESH YEAST



Yes, Fleischmann's active Fresh Yeast helps you bake fluffier, tastier Clover Leaf rolls. Fleischmann's works fast because it's full-strength. It saves you extra steps.

IF YOU BAKE AT HOME, you'll want Fleischmann's active Fresh Yeast—the Yeast cake with the familiar yellow label that has been Canada's favorite for over 70 years. Order some today!

Always fresh at your grocer's

Ellen's Diary

By an Island Farmer's Wife

Today brought an anniversary to the Diary, though no one else in the family remembered it, not even James until I chanced to remark at breakfast this morning in an Edgar Bergen-Charles McCarty manner: "Well, I guess the Diary and I, are entering our fourth year today." "Your fourth year?" he repeated, but only in an absent minded way. There was silence for a few minutes, and then "when are you quitting it?" I laughed and a bright thought came to mind. "Whenever my pen wears out" and I nodded towards it on a window sill. It is one the family knowing, but not entirely respecting this queer weakness of mine, other than when it is used for working out some (well-directed) social problem, gave me on a Christmas now well in the past. James however was little interested in such an anniversary. "Ellen" he said picking up his cap from the couch where he had tossed it "I guess we'll have to take all of the hot water for the sows' drinks. Could you manage to put a little more on to heat for the calves?" And the indoor pump, the jewel of all my helpers, is still on holiday and will be until the potatoes are graded from that corner of the cellar.

LEWIS CARROL FIRST EDITION BRINGS \$1,800

LONDON—A tattered first edition of Lewis Carroll's Alice in Wonderland brought \$4,800 at auction yesterday.

The untidy little red book, which looked as if a child had taken it to bed often, was of special interest because the author had written on the flyleaf to one Tom Taylor that the beloved Alice almost was called something else.

HIS BLACK CAT BROUGHT LUCK

For years a tenacious Yorkshireman called Arthur Goodall tried to solve one of television's biggest problems; and he has succeeded at last—thanks to his black cat!

One day recently when Mr. Goodall was experimenting with a television screen in his small bedroom in London, Puss walked through a beam of light. Instead of being scolded and told he was a nuisance, he was stroked and patted and given an extra saucer of milk, because the picture on the television screen had suddenly been transferred to the much larger area of the window blind; after another adjustment, the picture spread right across the wall of the room.

This development is entirely new; one of the disadvantages of television up to now has been the very small size of the screen, but Mr. Goodall claims that he has found a way to enable the picture on the screen to be as large and clear as one on the movies. They're testing his idea at Alexandra Palace now, and if all goes well and it's a success, it will all be due to his lucky black cat!

RUSTLIN' SEASON ON IN FASHION

NEW YORK — You'll be rustlin' while you're bustlin' in the still of a summer night.

For the crisp and noisy fabrics—faillies and taffetas and moxees—just won't let a woman keep quiet this season.

Sibilant suits, murmuring dresses and coats with a whoosh are the highlights of one spring preview this week. And the dresses that would walk quietly by themselves have a wisp of taffeta underneath to do the talking for them.

Black faille is featured in the crisp spring suits with flared skirts and with or without trim touchings of white. Snowy pique gives a summer look on the collar, front facing and short sleeve cuffs of one costume which can be worn in a the Easter parade and look and feel fresh right through the summer heat.

Coats copied from the French whisk prettily about American legs. Their waistslines are pinched, their hips rounded, their skirts as crisp as the starched-in-the-weave fabrics can make them. One black one has a bright green lining.

Woolen and crepe dresses, when they aren't flaunting taffeta petticoats, have rusty trimmings at the waist, or neckline, cuff or hem.

THE STARS SAY—

By GENEVIEVE KEMBLE

For Friday, April 11

A PROLONGATION of disruptive and disintegrating conditions affect all the interests and associations, business as well as private. Attempts to force issues and thus enhance the inharmonious situation, would prove frustrating and perhaps add fuel to the already out-of-hand conflict. Rash judgment, hasty moves, intemperance and wild emotional impulses would plunge into calamity and regret. The impulse, tongue and temper should be held under rigid control and direction.

For The Birthday

Those whose birthday it is may find themselves in a year of much difficulty, frustration and regret, due probably to their own turbulent and tempestuous emotions and impulses. In these, any reckless and hectic actions, accompanied by wild, vindictive and vitriolic speech, might prove ruinous to any harmonious or rational adjustment of unhappy and destructive circumstances. Firm discipline of emotions, feelings and impulses might help or alleviate, with the energies turned in the direction of peace.

A child born on this day may have a combination of an excitable temperament and irresponsible tongue and impulses, which should be given the earliest discipline and training.

DOROTHY DIX SAYS—

Need For Amusement

Mutual Entertainment Vital to Success Of Marital State

There are certain standardized virtues, such as faithfulness, kindness, being good providers and making a comfortable home, which every man and woman take their Bible oath to observe when they get married. But the one promise that they never make is to be entertaining companions. Yet there is no other rock on which so many marriages go to pieces as boredom.

It is a danger to which every husband and wife should be alert, but against which they are curiously unable to protect themselves, because before marriage they are so doped up on sentiment that they never test out the conversational repertoire of the one with whom they are contemplating spending the balance of their lives. They think they can never weary of being told over and over again how much they are loved, and how marvelously beautiful and wonderful they are, and how strange they should have met.

But in the course of nature, the love song peters out and no matter how devoted a couple are to each other, they simply can't go on talking about it. So only too often they are left with nothing to say to each other and they pass their evenings in a silence so thick you could cut it with a knife.

SURE INDICATIONS

It has been said that you can always tell a husband and wife in any public place. They are the man and woman who at the theatre are reading the program backwards and forwards, or quarreling over the menu at a restaurant, and who emit cries of joy, as if the rescue squad had arrived, when company drops in on them after dinner.

Why husbands and wives, who feel it their duty to be good providers of material things, do not consider that they are under any obligation to be amusing company at home, no one knows. But they don't. The average married man retires behind his newspaper in the evening and wild horses couldn't drag a word out of him. In vain does his Maria ask him what happened at the office today, or whom he has seen. He only grunts by way of reply, unless he has found something to gripe over.

And Friend Wife doesn't add to the hilarity of the occasion by recounting in detail about how butters' meat has gone up, and how Johnny broke Father's pet pipe, and how Susie needs new shoes, and goodness knows, it isn't her fault that the bills are so big, and how Mother has written she is coming for a nice, long visit.

Yet these very same husbands and wives, who are so dull and boring at home, are gay and amusing abroad. It is just that they don't think it worthwhile to set their own dinner tables in a roar, or be the life of the party at home. But that is where they make their crucial mistake, for nothing puts the skids under marriage so often as does domestic monotony.

Being bored at home starts many a man to philandering. He stands listening to a dull wife's complaints, her little-tattle about the neighbors and her petty grievances until he can bear it no longer. Then he falls for some woman who reads, thinks, has a sense of humor and is fun to be with. And many a wife never finds out that her husband isn't her soul mate until she gets so tired of looking at a stuffed shirt that she hunts up an affinity.

Believe me, if husbands and wives realized the importance of being entertaining companions, there would be very few divorces.

ers, all of whom have made it possible.

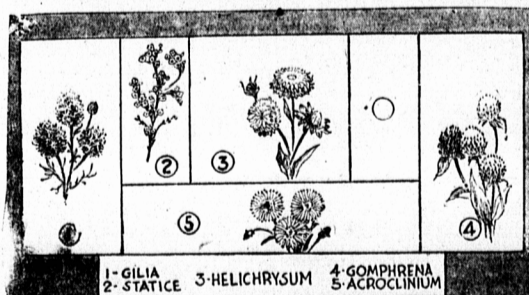
Jamie intends to leave his cap out of doors on the eve of Easter Sunday so that "the Easter bunny will put eggs and candy in it" and he reminded me to be sure and tell the babe in the house across the lane "so she'll not miss it." "But will a bonnet do?" I asked. "Anything that will hold 'em" Jamie said "but a cap's better!" And April winds are chill tonight but among the signs of seed time to come was a load of grain on the way to be cleaned for the seeding. And "is your old goose laying yet?" I inquired of a farmwife today. "Laying, Ellen? Goodness me, she's been laying for a long time! She'll not be ready to sit!" Now, not that comforting to look forward to on a night like this? Downy goslings, and lambskins and the gold of dandelions presently in lawn and orchard grass.

Until tomorrow — Diary—Good-night.

It is apparent that some of us abuse our freedoms, being inclined to a laxity in some observations, notably in the use of alcoholic beverages; in careless child rearing and in a state of marriage relations that leads ultimately to divorce and broken homes, which have been called "the bulwarks of Democracy" it is not that folks are less God fearing than their forbears, but rather I think, that "to err is human" and inevitable and has been, and will be, while folks are less biased in our day and age and more open-minded, if perhaps thereby we have lost some of our best ideals and with them the courage of some of our erstwhile convictions.

If any credit is due for the appearance of the past year's Diary, it does not come to me alone. Thanks are due to many a one—to the family at Alderley and at Rob's, who are most considerate, in bearing with me; to the mail-men in rain and snow and sun and wind, to our own, who faithfully calls to the box at lane's end on his outward trip; to the town one as well; to the cream man who sometimes carries copy as well as cream; to a neighbor lad who goes each day to work in the city and has carried willfully also to the folks at the corner store; to the busy staff at The Office and the patient read-

Garden of Everlastings Yields Year-Around Beauty



Pleasing arrangements of everlasting flowers, for garden effect and cut flower production.

Everlasting flowers, which were favorites in grandmother's day, are returning to popularity. These are the blossoms so often seen in florists' windows in the autumn, arranged in bouquets of dazzling colors, for decorating the home during winter.

Although they are natural flowers, with beauty and delicacy of form which no artificial flower could equal, their beauty is unfading; and in a vase or bowl they will retain form and color as long as though they were artificial.

There are many varieties which have the ability to retain form and color when dried. This is a special quality, since the petals of most flowers turn brown and drop off as they age. Everlastings thus give two displays, one in the garden, where they are beautiful as other flowers, and a second one in the home, where they last indefinitely.

Groups or small gardens of everlastings thus give double service, and will always attract special interest from garden visitors, who will welcome bouquets of these long lasting beauties.

The five varieties used in the garden which is illustrated, are among the finest everlastings. Helicrysum, sometimes called the straw flower, is the most popular, being a close cousin of the French immortelle. The plants grow vigorously, sometimes four feet tall, and the flowers will average two inches in diameter, under good culture. Colors include red, rose, salmon, gold and violet.

Gilia flowers are thimble shaped, one inch across, of lavender blue. Statice sinuata flowers are small, arranged along branching stems, in blue, white, rose and lavender. Gomphrena flowers resemble clover heads or strawberries in shape, up to an inch in diameter. The colors are chiefly in tones of red and orange. Acrocliniun flowers are daisy-like, averaging an inch in diameter, in pastel colors which include chamois, flesh pink and bright rose as well as white.

To dry everlasting flowers they should be cut before the centers open and hung up with blossoms down to dry in a dark closet. The foliage is stripped; and the flowers are not used in the room until cool weather comes, and the house heated. In an unheated house the stems may absorb water and be-

Household Scrapbook

By Roberta Lee

Metal and Glass Polish

An excellent polish for metal and glass can be made by mixing one part of wheat flour to five parts of potter's clay. Apply with a damp woolen cloth. This compound will also remove tar and grease from the glass and metal parts of an automobile.

Burns

A solution made of equal parts of Epsom salts and baking soda will usually give instant relief to a burn.

Ice Cream

When serving ice cream, if the serving spoon is first dipped into cold water, the ice cream will not stick to it.

Modern Etiquette

By Roberta Lee

Q. Where does a man take leave of a woman he has been entertaining for an evening?

A. The man sees the woman to the door of her home and is sure that all is well before he departs. He must never leave before the door has been unlocked and she has entered, nor should he express any desire to enter if it is very late.

Q. What kind of stationery should be used for formal invitations?

A. Plain white paper of good quality should always be used for engraved invitations to a formal affair.

Q. What are the most appropriate hours to make a formal call?

A. Any time between 3:30 and 5:30.

Better English

D. C. Williams

1. What is wrong with this sentence? "What did you do that for?"

2. What is the correct pronunciation of "fatigue"?

3. Which one of these words is misspelled? Incinerate, incivility, incidentally.

4. What does the word "prone" mean?

5. What is a word beginning with the letter "tiresome"; boring?"

ANSWERS
1. Say, "Why did you do that?"
2. Pronounce fat-ig, a as in ask unstressed, e as in tea, accent second syllable. 3. Incidentally. 4. Inclination; as, "prone to self-gratification." 5. Tedious.

Morning Smile

SOME THEORY

"Your wife is a very systematic woman, isn't she?" asked Robinson.

"Yes, very," replied Smith. "She works on the theory that you can find whatever you want when you don't want it by looking where it wouldn't be if you did want it."

NEEDED TREATMENT

At a boarding house a guest was sawing away at a sinewy kneebolt of a roast chicken leg. At last, waving an arm towards a bottle of sauce on the table, near the landlady's elbow, he said: "Pass the liniment, please, Mrs. McPherson. This saguill has rheumatism."

PLEATED SKIRTS OFFER VARIATION

NEW YORK — Designers have brought out many types of pleated skirts, some that hang a straight as a slim skirt. It is good news for women in general, for not all can wear a full-flared skirt.

Many treatments tend to slim the pleats. Some designers stitch each pleat, both for effect and to hold it in place through many wearings. Others stitch the pleats far

enough down (around the hips in circular manner) so the pleats hang straight. Still others set a few pleats deep and wide, which gives much the same effect.

Equally attractive is the skirt with double knife pleats, which

gives an extra full skirt while will swirl with delicate grace. Such a skirt is only for the slender young girl who herself has great fullness. These may be full or fairly slim.

BUYS AND WHYS BY Barbara Brent

A weekly advertising and information service for today's woman



If you've noticed that your baby—usually a little ray-of-sunshine, looks mighty like a thundercloud at mealtime—chances are he's bored with his food and it's high time to switch to HEINZ Baby Foods! For HEINZ Baby Foods look good enough to bring a happy, hungry gleam to baby's eyes and—YUM!—they taste delicious, too! Don't just take baby's word for it—taste for yourself any of the flavourful varieties of HEINZ baby Foods and you'll understand why baby gobbles them so gleefully! Ready-to-serve strained fruits and vegetables—for instance—delicious—and so easy to digest—vacuum sealed to retain vitamin content in a high degree. Try all of HEINZ Baby Foods—every one of them backed by the famous 78-year-old HEINZ reputation for quality! And for your free booklet—"Your Baby's Diet"—write to me—Barbara Brent, 1411 Crescent St., Montreal, P.Q.

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BE ASSURED OF DELICIOUS DESSERTS!

At the end of a perfect meal, you'll want something very special in the way of good taste for dessert—something to rate a delighted "Encore!" from your public. If you crave the compliment of having plates passed back for more—serve desserts made with BENSON'S CORN STARCH—tasty puddings—cream-smooth custards and meringues to melt in your mouth! And speaking of meringue... 1 tsp. of BENSON'S CORN STARCH added to 1 tbs. of sugar for each stiffly whipped egg white... will make a fluffier, smoother, more delicious meringue. In fact, you'll find so many ways to improve your menus with fine-textured BENSON'S—it makes smoother gravies and pie-fillings—that you'll call it a menu "must"! Like all good things much-in-demand, you'll want to buy it when you see it, for BENSON'S is a buy-word familiar to generations of satisfied Canadian homemakers. Yes, I know it's hard to find at present, but the supply is gradually increasing and soon there'll be enough for everyone!

BEAUTY TREATMENT FOR YOUR HOME!

Spring is here! In the bright sunshine your home would look well with a fresh coat of paint—and there's that annoying leak in the roof that must be fixed! But—money, money—who has the money! If this is the way you feel—if you and your husband require money for home repairs and are in a position to repay without undue strain on your family budget... pay a visit to the manager or accountant of your nearest branch of the BANK OF MONTREAL. He'll tell you that homemakers are constantly receiving ready help through the bank's Personal Loan plan. And the low cost will repay in 12 monthly instalments. Truly a bank service for your convenience—think of it when you need money for home repairs.

Every woman knows, so this is just a reminder and not news to you, that there's nothing like rich, brown gravy to add appetite appeal to a meal. "True!" you may say, "but what of my meatless meals?" The answer to that is OXO. Any day you haven't meat, you can have a big dish of the brownest, most delicious gravy by making OXO Gravy... Melt 4 level tbs. of dripping, add 6 tbs. flour and brown, stirring constantly. Mix 2 OXO cubes or 2 tbs. fluid OXO in 2 cups of boiling water. Add this to your browned mixture, stir until smoothly blended; add salt and pepper and bring to a boil... Remember OXO is the goodness and flavour of prime, lean beef concentrated in cube or fluid form. Get some at your grocers and see how many delicious and economical ways it will serve you. Keep it on your handiest kitchen shelf and be reminded that beefy OXO will cut your meat bills.

NO MEAT BUT LOTS OF GRAVY!

Think for just a minute of all the brushes you use when you clean house... scrub, vngnetian blind, paint, banister or bench dusters, floor push brooms, radiator—well—a lot of brushes and wonder of wonder, they come now with NYLON BRISTLES! For you know that it's the bristles in your brushes that do the work—and that's why it is so important that your brushes have NYLON BRISTLES... they're the best and most enduring for every job and easy to clean so that they look like new at the finish. Well, now, thanks to Canadian Industries Limited, makers of NYLON BRISTLES in Canada, these wonderful new household utility brushes made with NYLON BRISTLES by a number of experienced brush manufacturers are among the best of the brand new buy-words for homemakers. Do look for the words "NYLON BRISTLED" when you're buying brushes for long wear, usefulness, cleanliness, and yes—beauty!

GIVE SPRING CLEANING THE BRUSH-OFF

Think for just a minute of all the brushes you use when you clean house... scrub, vngnetian blind, paint, banister or bench dusters, floor push brooms, radiator—well—a lot of brushes and wonder of wonder, they come now with NYLON BRISTLES! For you know that it's the bristles in your brushes that do the work—and that's why it is so important that your brushes have NYLON BRISTLES... they're the best and most enduring for every job and easy to clean so that they look like new at the finish. Well, now, thanks to Canadian Industries Limited, makers of NYLON BRISTLES in Canada, these wonderful new household utility brushes made with NYLON BRISTLES by a number of experienced brush manufacturers are among the best of the brand new buy-words for homemakers. Do look for the words "NYLON BRISTLED" when you're buying brushes for long wear, usefulness, cleanliness, and yes—beauty!

Needlecraft

—FOR THE HOME—

Adorable coat, hat, and dress will make a perfect calling ensemble for your little girl. Coat and dress are cut on the same line, with cunning pointed side panels and demure little more collar.
No. 2138 is cut in sizes 1, 2, 3 and 4. Size 2 requires 1 1/2 yards 54-inch for coat and hat; 1 1/2 yards 35-inch, 3/4 yard edging for dress.
Send 20 cents for PATTERN, which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state the size you wish. Include postal unit or zone number in your address.
Address Pattern Department, The Charlottetown Guardian, Pattern No. 2138.

Name _____
Address _____
City _____ Province _____

MAKES TWO COSTUMES

NEW YORK — Pleated tunics over simple print dresses often make two costumes. The simple low-cut in the neckline, the pleated tunic has its own skirtwaist line.

