In the teeth of the gale

Atlantic Underwear protects its wearer against the benumbing cold.

Men who sail the seas, or tramp the forests, or those whose work keeps them out-of-doors all winter, know that

ATLANTIC UNDERWEAR

means warmth, comfort and long, sturdy wear.

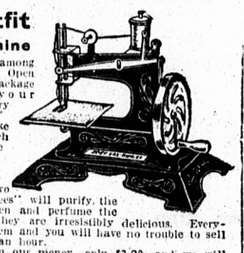
The extra heavy weave protects against cold and blows, yet fits so easily that the muscles have full play. Ask for Atlantic Underwear—and see that every garment has the Atlantic Trademark, the guarantee of long wear.

ATLANTIC UNDERWEAR LIMITED - MONCTON, N.B.

15

ATLANTIC UNDERWEAR

FREE Grand Sewing Outfit And a Real Sewing Machine



GIRLS—Just look at the wonderful sewing outfit you can obtai without a cent of cost.

You get first—a lovely sewing bag—just like mother's—big enough for all your Doll's clothes, sewing, embroideries, etc. Then a high-grade steel embroidery scissors, a real aluminum thimble and a book of high-grade needles containing a fine bodkin and all sizes of needles for sewing, darning, etc. Then you get a set of fine English knitting needles, a 3-inch crochet hook, a 36-inch tape measure, two skeins of embroidery floss, 3 spools different colored thread, a half-dozen pearl buttons, a set of hooks and eyes, and just look—the complete patterns for making all the finest dolls' clothes that even a little Princess Doll would want—a beautiful dress, a lovely coat with flowing cape, a sweet little hat and a complete outfit of underwear, including Princess Slip, nightgown, drawers, etc.

Then, besides this wonderful outfit, there is this grand sewing machine. Made of solid metal throughout, it is a perfect little marvel. It operates by hand and will do fine work just like your mother's big $50.00 machine. Everybody says it's simply wonderful.

Just send your name and address at once and we will send you, postage paid, a free sample package of "Daintees," our delightful new Cream Candy Coated Breathlets and just 32 large 10c. packages to introduce among your friends. Open your free package and ask your friends to try a "Daintee." They will like them so much that everyone will want a package or two at once. Just one or two little "Dainteets" will purify the mouth, sweeten and perfume the breath and they are irresistibly delicious. Everybody loves them and you will have no trouble to sell them all in an hour.

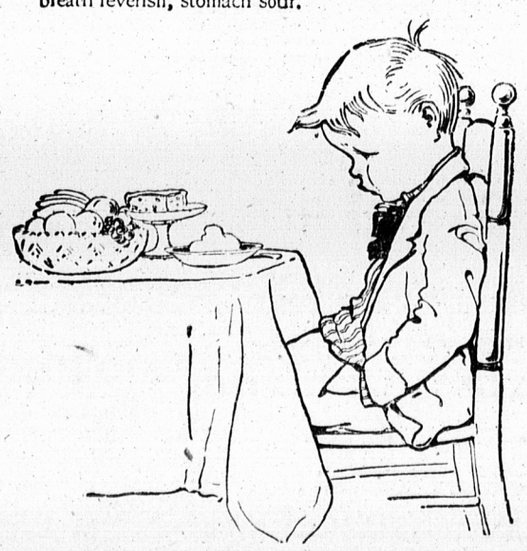
Then return our money, only $3.20, and we will at once send you your lovely sewing outfit just as represented, and the grand sewing machine you can also receive without selling any more goods, by just showing your fine sewing outfit to your friends and getting only four of them to sell our goods and earn our fine premiums as you did. Remember, we pay all delivery charges on these grand prizes right to your door. Write for the goods today and you can soon have the finest sewing outfit you have ever seen. Address

THE GOLD DOLLAR MANUFACTURING CO., Dept. M. 20 Toronto, Ont. 30B

Mother! Look at his Tongue!

Give Him a Cascaret—Quick!

Won't eat? Don't scold! See if tongue is white, breath feverish, stomach sour.



TO MOTHERS! Nothing else "works" the nasty bile, the sour fermentations and constipation poison so gently but so thoroughly from the little stomach, liver and bowels like harmless Cascarets. While children usually fight against laxatives and cathartics, they gladly eat a candy Cascaret. Cascarets never gripe the bowels, never sicken. Each ten cent box of Cascarets contains directions for dose for children aged one year old and upwards.

INSPECTION

KEEP YOUR SHOES NEAT

2 IN 1 SHOE POLISHES

LIQUIDS AND PASTES. FOR BLACK, WHITE, TAN, DARK BROWN OR OX-BLOOD SHOES. PRESERVE THE LEATHER.

The F. F. DALLEY CORPORATIONS, LIMITED, HAMILTON, CAN.

PROVINCIAL EXHIBITION PRIZE LIST

(Fruit Continued)

PLUMS

Yellow Egg.
1—H. W. Vinnicombe, 2—H. E. Bent, 3— Chas. Webster.
Large Golden Prolific.
1—H. E. Bent, 2— Chas. Webster.
Victoria.
1—L. J. Reddin, 2—H. E. Bent.
Burbank.
1—H. E. Bent, 2—Chas. Webster. 3—Wm. McIntyre and Son, Montague.
Orleans.
1—H. E. Bent, 2—D. J. Stewart, L. Montague.
Bradshaw.
1—E. G. Love, city, 2—John Jordain, St. Avards, 3—Wm. MacIntyre and Son, 4—Chas. Webster.
Lombard.
1—H. E. Bent, 2—Chas. Webster, 3—Wm. MacIntyre and Sons.
Quakenboss.
1—H. E. Bent, 2—D. J. Stewart, 3—Laura Wightman, L. Montague.
Moore's Arctic.
1—E. G. Love 2—Wm. Gregory, 3 D. J. Stewart, 4—Jas. Essery.
Washington.
1—D. J. Stewart, 2—H. E. Bent.
Prince Englebert.
1—L. J. Reddin.
Pond's Seedling.
1—H. E. Bent, 2—Geo H. King, St. Avards, 3—Wm. MacIntyre and Sons.
McLaughlin.
1—E. G. Love.
Blue Damson.
1—Evelyn Haszard, city, 2—D. J. Stewart, 3—Chas. Webster.
Field.
1—D. J. Stewart, 2—Geo H. King St. Avards, 3—Laura Wightman.
Imperial Gage.
1—John Jordain, 2—H. E. Bent, 3 E. G. Love.
Bavay's Gage or Reine Claude de Bavay.
2—Wm. MacIntyre and Son.
A. O. V. Named.
1—H. E. Bent, 2—Geo H. King, 3 D. J. Stewart.
Collection Plums.
1—H. E. Bent, 3—D. J. Stewart.

CRANBERRIES

Best Peck Cranberries,—Wild.
1—Mrs. Robt Shaw, Brackley Beach, 2—Mrs. Lee Essery, Union Road.

CHEESE — CLASS 56

Exhibit of Factory Cheese.
1—Hazelbrook Dairy Co., Hazelbrook.
2—Grand River Dairy Co., Grand River.
3—C. A. Stevenson New Glasgow Dairy Co., P. E. I.
4—Tignish Dairy Co., Tignish.
5—Stanley Bridge Dairy Co., Stanley Bridge.
6—Summerside Dairy Co, Summerside.
7—Emerald Dairy Co., Emerald.
8Union Dairy Co., Port Vernon.
9—Kinkora Dairy Co., Kinkora.
10—Hamilton Dairy Co., Hamilton
11—Kensington Dairy Co., Kensington.
12—Cornwall Dairy Co., Cornwall
13—Hillsboro Dairy Co., Hillsboro
14—East River Dairy Co., East River.
15—Egmont Bay Dairy Co. Egmont Bay.

PLANTS AND FLOWERS Class 60

Flowers in Pots.
Amaryllis.— 1 Specimen.
1—Mrs. A. C. Stevenson, Cornwall, 2— Mrs. M. Matheson, city.
Asparagus Plumosus.
1—Mrs. W. H. Johnson, city, 2 Mrs. W. A. Miller, city.
Begonias Flowering.
1—Mrs. Jas Herrell, city, 2 —Mrs Geo Lewis W. Royalty.
Coleus.
1—Mrs. Jas Tait, city.
Ferns, Foreign Varieties.
1—Mrs. Jas Tait.
Fuchias, double.
1— Mrs. Patrick Walsh, city.
Fuchias, single.
1—Mrs. Patrick Walsh, city, 2 — Mrs. Geo Lewis, W. Royalty.
Geraniums Ivy leaved.
1—Mrs. W. A. Miller, city.
Hydrangea.
1—Mrs. Geo Lewis.
Ivy — English.
1—Miss Burke, city, 2—Mrs. R. B. Norton.
Ornamental Foliage Plants.
1—Mrs. Jas. Tait.
Hanging Pot or Basket.
1—Mrs. Patrick Walsh.
Balsam, 1 Plant, etc.
1—Miss Annie Boswall, Marshfield 2—Edith Longworth, city.
Campanula.
1—Julia Parsons, city 2—Mrs. W. A. Miller, city.
Asparagus.— 1 Pot.
1—Miss Annie Smith, city, 2 —Mrs Jas. Smith, city.
Flowers.—Cut Blooms.
Antirrhinum (Snapdragon)
1—Mrs. Jas Tait, city 2—Edith Longworth city.
Asters, 1 collection, not quilled, etc.
1—Mrs Robt Shaw, Brackley Beach 2—Mrs. Jas. Tait, city.
Carnations, Maguerites.
1—Annie Boswall, Marshfield.
Calliopsis.
1—W. J. Pickard, city, 2—Geo. Chilton, city.
Calendula.
1— W. J. Pickard.
Dahlias, Double show.
1—Miss G. S. Douglass, Buctouche, N. B., 2— A. F. Houston, city
Dahlias, Double Fancy.
1—Miss G. S. Douglas.
Dahlias, double pompon.
1—L. A. Haszard, city 2—Miss Haviland.
Dahlias, Cactus.
1—L. A. Haszard, 2—Miss M. Doyle, city.
Dahlias, cactus fancy.
1—Miss G. S. Douglas.
Dahlias, Palony— Flowered.
1—Miss M. Doyle, city, 2—Miss G. S. Douglas.
Cosmos, 5 sprays.
1—Jennie W. Turner, city, 2—Miss Haviland.
Dahlias, single, 5 Blooms.
1—A. F. Houston, city.
Dianthus, double, 6 blooms.
1—Mrs. D. J. Stewart, L. Montague, 2— George Chilton.
Dianthus, single.
1—Mrs. D. J. Stewart, 2—George Chilton.
Delphinium (Larkspur)
1—Mrs. D. J. Stewart.
Everlastings, best bouquet.
1—Mrs. D. J. Stewart, 2—Miss Laura Wightman, L. Montague.
Gillardia, annual.
1—George Chilton.
Gladiolus, 5 spikes.
1—Mrs. D. J. Stewart.
Hydrangea, Paniculata.
1—Mrs. Fred White, York Point, 2 Mrs. M. Matheson, city.
Nasturtiums, bunch of 12.
1—George Chilton, 2 —Miss Haviland, city.
Pansies— dish of 12 blooms.
1—Louise Haszard, city, 2 —Miss G. S. Douglas.
Helianthus (Sunflower)
1—W. J. Pickard, city, 2—Mrs. P. Walsh.
Flocks perennial.
1—W. S. Louson, city.
Roses, 3 or more cut blooms.
1—L. A. Haszard, 2—Mrs James Tait.
Salpiglosis, 12 spikes.
1—Miss Haviland, city.
Stocks— Double.
1—Miss Annie Boswall, Marshfield.
Sweet Peas, 6 colors only.
1—Mrs. C. G. Duffy, city, 2 —Mrs J. A. Ritchie, city.
Sweet Peas, 10 Specimens.
1—Miss M. Doyle, city, 2—Mrs. C. G. Duffy.
Verbenas— 6 Blooms.
1—George Chilton.
Zinnias, 6 cut blooms.
1—George Chilton, 2—Annie Boswall.
Bouquet suitable for table.
1—Mrs. D. J. Stewart, 2—Evelyn Haszard, city.
Collection Dahlias.
1—L. A. Haszard, 2—Mrs. James Tait.
Collection Gladiolus.
1—Mrs. D. J. Stewart, L. Montague.
Collection Pansies.
1—George Chilton, 2—W. J. Pickard.

Ladies Fancy Work.—Class 61.

Point Lace.
1, Miss E. A. M. McMurray, City.
Battenburg, any Specimen.
1, Miss E. A. M. McMurray, 2, Miss Lizzie Prowse.
Lace Doylies.
1, E. A. M. McMurray, 2, Mrs. C. H. Beer, City.
Darning on Net.
1, Mrs. E. Graham Chisholm, New Glasgow, N. S.
Drawn Work.
1, Lucy A. Lawrence, Maitland, N. S; 2, L. H. Hooper, City.
Roman Embroidery on Cut Work.
1, Winnifred Douglas, City; 2, Lucy A. Lawrence.
French Embroidery.
1, Ethel McDougal. City.
Eyelet Embroidery.
1, Mrs. D. S. Hooper, 2, Ethel McDougall.
Centrepiece, White, worked with White.
1, Bessie Colburn, Amherst, N. S.; 2, Ethel McDougall.
Centrepiece, worked on Colored Cotton or Linen.
1, Ethel McDougall, 2, Florence Keaveney.
5 O'clock Tea Cloth.
1, Lucy A. Lawrence, 2, Bessie Colburn.
Sideboard Cloth in White or Colored Linen.
1, Miss Olive Ritchie, City; 2, Ethel McDougall.
White Shirt Waist, any sort.
1, Ethel McDougall.
Hem Stitched White Handkerchiefs.
1, Miss Burke, City; 2, Agnes Drake, North River.
4 White Handkerchiefs, with Initials or Monogram.
1, Miss Burke, 2, L. H. Hooper.
Embroidered Collars, in White or Colored.
1, Ethel McDougall.
Best Specimen Fancy Art Work.
1, Erena Foster, Marshfield; 2, Mrs. Allen, City.
Mt. Mellick Work.
1, Agnes Longworth, City.
Hardanger Work.
1, Bessie Colburn.
Sofa Cushion in Floral Design.
1, Miss Burke, 2, Ethel McDougall.
Sofa Cushion, worked in colored cotton or linen.
1, Ethel McDougall, 2, Pearl Saunders, Winsloe.
Sofa Cushion in Conventional design.
1, Ethel McDougall, 2, Mrs. William King, Tracadie Cross.
Best Hand-made Night Robe.
1, Ethel McDougall, 2, Bertha Hatloran, City.
Best pair Hand made Pillow Slips.
1, Ethel McDougall, 2, Mrs. Pierce City.
1 Pair Fancy Towels, hand worked.
1, Lucy A. Lawrence, 2, Mrs. William Trainor, City;
Pillow Shams.
1, Mrs. Pierce.
Tea Cosey.
1, Mrs. J. A. Hyndman, City; 2, Mrs. Catherine Knox, City.
Punch Work.
1, Mrs. J. W. MacPhee, Georgetown.
Cross Stitch.
1, Ruth Miller, City, R. R. No. 3; 2, Mrs. James Bayer, City.
Ribbon Work.
1, Mrs. Gladys, McDonald, City; 2, Florence E. MacLeod, City.
Fancy Vest.
1, Miss Lulu Dalziel, City.
Tatting.
1, Mrs. John L. MacLeod, City; 2, Mrs. Catherine Knox, City.
6 Netted Doylies.
1, Miss Agnes Prowse, City.
Pyrography.
1, Florence E. MacLeod.
Brass Work.
1, L. H. Hooper.
Novelty for Gift or Bazaar.
1, Mrs. Geo. E. Pearson, City; 2, Mrs. James Tait, City.
Pin Cushion.
1, Ethel McDougall, 2, Mrs. E. H. Norton, City.
Patchwork Quilt— Cotton.
1, Mittie Pickard, City; 2, Mrs. B. Wilson Sayne, City.
Patchwork Quilt.— Silk.
1, Martha Johnson, Georgetown; 2, Margaret Johnson, Georgetown.
Crochet.
Quilt.
1, Mrs. J. J. McFadyen, City. 2, Mary McLeod, City.
Bedroom Slippers.
1, Miss T. Easton, City; 2, Mrs. E. H. Norton, City.

Continued on page eleven

Two models of boys' shoes. Always popular and in general demand. Give you service as well as appearance. Black or brown leathers.

Real Economy in Children's Shoes

IT is natural to suppose that a shoe only half as big as another would sell for only half the price. It does not work out that way, however. For though there may be only half as much *material* in a child's shoe, the *labor cost* is practically the same as for the man's shoe.

Bear this fact in mind when buying children's shoes. Don't pay too much, of course, but *don't pay too little*. The real measure of economy is the number of pairs you have to buy in a year. A dollar more may mean double the amount of service.

Get your dealer's advice on the quality, and *look for the manufacturer's trade-mark on the shoes*. Thus you have a double safeguard: a guarantee that you are paying neither too much nor too little for comfort, neat appearance, and substantial service.

A.H.M. War-Time Selections offer Special Service Value for Men, Women and Children. Ask your dealer for them

AMES HOLDEN McCREADY LIMITED

"Shoemakers to the Nation"

ST. JOHN MONTREAL TORONTO WINNIPEG EDMONTON VANCOUVER

When you buy Shoes look for— AHM RELIABILITY *—this Trade-mark on every sole*

26

Mrs. Jos. Parks and Daughter.

Girl Had St. Vitus' Dance

MOST remarkable results are being obtained from the use of Dr. Chase's Nerve Food in the treatment of children who suffer from ailments arising from thin, watery blood and exhausted nerves, such as ricketts, St. Vitus' dance and convulsions.

This food cure is so natural and gentle in action and yet so potent in restoring nervous energy that weak, puny children soon show the benefits of its use.

Mrs. Jos. Parks, 72 Picton street east, Hamilton, Ont., writes:—"Five years ago my little girl was taken ill with St. Vitus' dance, and for four years we doctored her, trying several doctors and different remedies without curing her. She could not walk or get around at all, and we had to feed her, as she was unable to hold a spoon in her hand. Her tongue was affected so that we could scarcely understand her when she talked. One day a friend of mine who knew of the benefits of Dr. Chase's Nerve Food advised me to give my little girl some. I acted upon her advice, and soon could notice a difference. She was quieting down and commenced to eat better. I continued the treatment for some time, and she gradually got stronger and healthier. She recovered from her nervous trouble and was able to get around nicely. We are very grateful to Dr. Chase's Nerve Food for the cure it effected for our daughter."

School life seems to take too much out of many children who are naturally nervous and easily worried and excited. For such there is nothing like this great nerve restorative to revitalize the depleted nerve cells and to bring back the color and robust health of childhood.

Dr. Chase's Nerve Food, 50c a box, 6 for $2.75, all dealers, or Edmanson, Bates & Co., Ltd., Toronto. Be sure to see the portrait and signature of A. W. Chase, M. D., the famous Receipt Book author, on the box you buy.