

Woman's Realm / Social and Personal / Fashions / Literature

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Ellen's Diary

By an Island Farmer's Wife

Jamie told me he saw the W's grey geese on the pond "Sam's bridge" this morning "dipping their heads down in the water and floating along just like sea gulls only" as he said "making no noise at all." He came with Rob, who was with Jack to haul more logs to the slip at the mill. It is a busy day that is operating there, these days snipping hundreds of logs into widths and thicknesses according to the farmers' needs. Mr. C. from the house on the hill, handles it with a practised touch. Jamie, I would say, enjoyed his visit. The out of doors held small appeal for him for this was the day, cold blusterings of snow swept across the country at intervals. Firmness appeared to be cold at their work and their teams were roused in any time of leisure.

Down on the floor, Jamie lent his approval while Polly painted a bird-house. There had been a few minutes of lost time before they agreed on the color "a little bird would like the best," a bright red, remained left from the Christmas come-painting season of an equally vivid orange. The choice finally fell on the latter and I, too, was quite satisfied. It brought a glint of sunshine into the old kitchen, to help off-set the grey-ness that came when for an interval, storm clouds covered the face of the sun. "And are you sitting down too?" James asked, with a reproving glance, when he came in search of a jacket "and your coat?" And now you don't tell me that's enamel—enamel on a bird house? "n shellac" Jamie offered "shellac so the paint won't soak in so much." "shellac!" James said, looking accusingly at me, as I hastily rose to my feet, but when Jamie explained that "little birds like to live in pretty houses" he laughed and at once gathered him up from the floor. They snuggled down then for a few minutes chat together in the comfort of the old armchair.

James, as I overheard him tell Mr. C. not so long since, is obliged to read the riot act to Ellen every so often. "use the woman get too much of her own way, and there's no living with them at all." Mr. C. being confirm bachelor has, I suppose only a layman's knowledge of the subject, yet on these occasions by his silence, "gives consent." "Give them a bit of setting down" James is certain to continue "and at once conditions begin to improve." This idea of James' is doubtless a hang-over from "under-the-law" days, but at the same time I have found it to

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Dorothy Dix Says—

Old Age Harder On Men

Women Keep Occupied For Happier Twilight Of Life

Men have the best of life when they are young, but age is kinder to old women than it is to men. In youth men are freer than women ever are. More doors of opportunity are open to them. They have a better chance to follow their hanks and achieve their ambitions than women have. Their daily routine is never as dull as women's is because it has in it more people, more experiences, more adventure.

But when age comes the story is different. No matter how pleasant a life a man has had, no matter how successful he has been, when the time comes when he has to give up his old pursuits and habits, he is more bereft than a woman is because he has less to fall back upon. His work has been taken from him and the hands that have always been busy are idle. His one absorbing interest is gone, and he has to live in the past, or else perish in boredom. He often hasn't even kept his friendships in good repair and there is no other man with whom to share his loneliness. As Chauncey Depew once said, "There are many men in this country who have enough to retire on, but there are very few who have anything to retire to."

GROUCHY AND GRUMPY

Nearly all old men are miserable. That makes them grouchy and grumpy and an affliction to live with, for they take out their chagrin on what age has made them to be being bitterly critical of youth. In fact, they are a benediction and the most cherished figure in it, but there are few households in which Grandpa isn't the family pest. And it is because men can't take age in their strides as well as women do.

It is this ability that women have to accept age cheerfully and philosophically that is responsible for their having a longer life expectancy than men. For, without knowing it, they prepare themselves for it by having a great diversity of interests that keeps them always busy and occupied.

When Grandpa has to give up his job and go on the retired list, he has nothing to do except to interfere with other people and tell them how much better he used to do things than they are doing them, but Grandpa is as busy as a bee. She helps her married children take care of the babies and lends a hand with the cooking, if she lives with her married children. She takes an active part in church work and is the prop and stay of committees. She belongs to all sorts of clubs, and if you will drop into any lecture on anything from politics to pie, you will find that more than half of the audience have gray hair and the middle-age spread.

Taking them by and large, elderly women and even old women are a cheerful lot who are making the best they can of now and here, and it is because they keep busy with a thousand little tasks that occupy their minds and hands and that keeps them alive, physically as well as as spiritually; whereas men, when they have to give up their old occupations and diversions, have nothing to do that either amuses or interests them. And that is fatal.

So Grandpa's knitting may be symbolic. Every stitch may be lengthening her life line, as well as Bobby's socks. And perhaps men would be better advised to take up their knitting, if they are in their twenties to practice in their eighties. Long ago Talleyrand advised every one to learn to be a good whist player in their youth so that they would not pass a miserable old age.

A Job Only You Can Do

Price Control Questions and Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are provided by the Board Readers. Persons who have intelligent questions to ask on price control are invited to send them in writing to the Women's Regional Advisory Committee.

Q. I intend to visit relatives in the United States for a few days. Will I be allowed to take them gifts of butter and meat?

A. Whether or not you would be allowed to take butter and meat into the United States is a matter which comes under the jurisdiction of the United States customs officials. We suggest that you enquire at your nearest customs office.

Q. I would like to know if Chinese laundries have been allowed to increase their prices? I'm enclosing a ticket which states the latest prices which are from 20 to 25 more than previously charged for the same items.

A. Laundries are not permitted to charge more for the same type of work than was charged by them in 1941. As you have given us the name and address of the laundry which has increased prices we are investigating at once.

Household Scrapbook

By Roberta Lee

Mending Broken Glass

Glass can be mended successfully as follows: Melt a small quantity of powdered alum in an old spoon, and before it hardens rub over the pieces of glass to be united, pressing them firmly together and, while still to dry. They will not come apart, even when washed in hot water.

Dishes

Dishes that have contained milk, eggs, or flour should be soaked in cold water before washing. Soak dishes that have contained greasy articles or sugar in hot water.

Orange Juice

Keep the oranges in the refrigerator and there will be no need of diluting the juice with ice in order to be cold enough on warm mornings.

STOP INDIGESTION! YOU NEED MORE LIVER BILE

Science says two plants daily, yet many get only one. Live bile helps digest your food and provides your body's natural laxative. Lack of bile causes indigestion, headache, constipation, loss of energy, nervousness, and other ailments. Contains 9 mottles with complete instructions. Made from fruits and herbs.

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How Can I!!!

By Anne Ashley

Q. How can I determine the quality of a mop when buying one?
A. A good method of testing is to shake the mop well and see if the strings stand alone and do not mat together. A good quality mop will have strings that hang straight and free from each other.
Q. How can I separate the whites of eggs from the yolks?
A. By punching a small hole in each end of the egg. Then hold it upright and shake it. The white will pour out, leaving the unbroken yolk in the shell.
Q. How can I avoid getting smudges on the linen when ironing?
A. Clothes cannot be ironed without smudges if the irons are soiled. The iron should be kept clean with wax or salt.



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first choice of expert cooks



Heinz Vinegars

Morning Smile Modern Etiquette

By Roberta Lee

A woman was on her way home from a holiday and her train in Nashville dashed off a postcard to her sister. "I hope I catch this train to better advantage," she handed the card to the porter, asking him to post it.

When she next pencilled postscript: "It bore a neat, pencilled postscript: 'She caught it. Respectfully yours, Porter.'"

Mistress (during cleaning) — Be careful with those books, Jane, some of them are antique. The Maid—Yes, and some of them ought to go back to the village library, ma'am!

Better English

D. C. Williams

1. What is wrong with this sentence? "I feel badly about it."
2. What is the correct pronunciation of "douché"?
3. Which one of these words is misspelled? Dissipation, douch, dromedary.
4. What does the word "expostulate" mean?
5. What is a word beginning with "gr" that means "use of lofty language"?

ANSWERS
1. Say, "I feel about it," had being an adjective in the predicate position. The adverb badly is used when it describes the action of a verb, as "The carburetor works badly." 2. Accented on second syllable is preferred. 3. Douché. 4. To reason earnestly with a person on some impropriety of his conduct. "Men expostulate with erring friends." — Jonest. 5. Grandiloquence.

Cook's Corner

MARBLED SPONGE-ANGEL CAKE

"Delicious flavor—light and tender—delicately attractive appearance—good volume."
1 cup once-sifted cake flour
1/4 cups fine granulated sugar
1 cup egg whites
1 teaspoon salt
1 teaspoon cream of tartar
4 egg yolks
1/2 teaspoon vanilla
1/2 teaspoon almond flavoring
3 tablespoons cocoa

Measure flour into sifter, add 1/2 cup of the sugar and sift together four times. Beat the egg whites with the salt until foamy; sprinkle with cream of tartar and continue to beat until stiff but not dry; gradually beat in remaining 1/2 cup sugar, beating after each addition until meringue will stand in peaks. Sprinkle flour-sugar mixture over meringue, a third at a time, folding gently after each addition. Divide egg-white mixture into two parts. Beat the egg yolks until thick and light and stir in the vanilla; add to one part of the white mixture and fold lightly to combine. Fold almond flavoring into second egg-white mixture; set cocoa over the top and fold in lightly. Place alternate spoonfuls of the two batters into an ungreased large tube pan; run a knife around through



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