

# Healthful Sleep

is necessary for the enjoyment and prolongation of life. During sleep Nature renews the vital forces of the body and restores the energy. Sleeplessness is one of the evil results of indigestion. To avoid it, keep the stomach well, the liver active and the bowels regular. The health of these organs

## Is Assured by

Beecham's Pills. A harmless vegetable remedy, which acts immediately on the stomach, liver, bowels and kidneys, toning and putting them in good working order. Millions of people sleep well and keep well because, at the first unfavorable symptom, they begin to take

# BEECHAM'S PILLS

Worth a Guinea a Box  
Prepared only by Thomas Beecham, St. Helens, Lancashire, England.  
Sold everywhere in Canada and U. S. America. In boxes, 25 cents.

# CROWN LIFE

Procrastination is Deadly.

Are you insured to-day? Then insure—To-morrow may be too late.

Let us send you some fresh insurance facts  
**CROWN LIFE INSURANCE CO., TORONTO**  
Agents wanted in unrepresented districts

Ask your Cobbler what he thinks of Red T Shoes



All shoes look pretty much alike when new. Only wear will reveal their true qualities. The difference you could not see between the \$2.25 shoe and the \$3.00 or \$4.50 pair will often become annoyingly plain after a short while. Since we do not make "cheap" footwear, we can afford to put that sterling quality into Red T Shoes which ensures good wear, and to secure that kind of workmanship which produces good fit and style.

The new models are now being shown at your local boot shop.

# Red T Shoes

THE ROBERT TAYLOR CO., LIMITED, HALIFAX, N. S.

## CANADIAN GOVERNMENT RAILWAYS PRINCE EDWARD ISLAND

TIME TABLE IN EFFECT OCTOBER 2nd, 1916.

Trains Outward, Read Down.				Trains Inward, Read Up.			
P.M.	A.M.	A.M.	Atlantic Standard Time.	A.M.	P.M.	A.M.	P.M.
3.45	11.50	7.35 Dep.	Charlottetown	Arr. 11.40	10.15		10.20
5.00	1.15	8.50	Hunter River	10.56	9.20		9.03
5.45	2.05	9.02	Emerald Jct.	9.59	8.48	6.15	5.00
6.22	2.49	9.27	Kensington	9.27	8.23	5.30	
7.00	3.30	9.50 Arr.	Summerside	Dep. 9.00	8.00	4.50	
8.10	12.15	Dep.	Summerside	Arr. 8.45	5.05		
9.08	1.57	Port Hill		7.48	3.31		
9.57	3.32	O'Leary		7.03	2.07		
10.38	4.40	Alberton		6.19	12.55		
11.15	5.40 Arr.	Tignish	Dep. 5.45	12.00			
Tues. & Sat.	Mon. & Wed. & Friday.	Tues. & Sat.		Tues. & Sat.			
8.55	8.55	6.30 Dep.	Emerald Jct.	Arr. 8.55	7.50		
9.30	9.50	7.25 Arr.	Cape Traverse	Dep. 8.00	7.00		
P.M.	A.M.	A.M.	Atlantic Standard Time.	A.M.	P.M.	A.M.	P.M.
3.00	6.50	Dep.	Charlottetown	Arr. 9.45	5.50		
4.10	8.40	Mt. Stewart		8.35	4.10		
4.36	9.17	Morell		8.07	3.24		
4.57	9.47	St. Peters		7.44	2.50		
6.00	11.15	Arr.	Souris	Dep. 6.40	1.25		
7.10		Arr.	Elmira	Dep. 5.30			
4.15	8.50	Dep.	Mt. Stewart	Arr. 8.35	3.50		
5.04	10.00	Cardigan		7.40	2.39		
5.25	10.30	Montague		7.16	2.10		
6.00	11.10	Arr.	Georgetown	Dep. 6.40	1.30		
A.M.	P.M.	A.M.	Atlantic Standard Time.	A.M.	P.M.	A.M.	P.M.
9.10	3.19	Dep.	Charlottetown	Arr. 9.45	5.36		
9.50	4.25	Vernon River		8.31	4.01		
11.45	5.55	Arr.	Murray Harbor	Dep. 7.00	2.00		

All trains, unless otherwise marked, run daily, Sunday excepted.

Better see about having your water pipes fixed up now -before the cold weather comes to freeze them up.

**Fred H. Trainor**  
Plumber  
80 Grafton St  
Phone 393 J

## Halifax for the Cunard Steamers

OTTAWA, October 22—The trade and commerce department announces that the Cunard Steamship company have chosen Halifax as their Canadian winter port for the new steamship service to be established between Bristol and Canada. Their steamers will call at both Halifax and New-York on east and west-bound voyages.

## MYSTERY OF THE WAR RECALLS LIQUID FIRE.

Many a Legend is Being Constructed On Weird Machines.

LONDON, Sept. 29—(N. Y. Herald Correspondence)—None grudges Mr. Winston Churchill a fraction of the credit Mr. Lloyd George gave to him in connection with the mysterious "tanks" or "land dreadnaughts." At the same time the "worship of the tanks" is getting a bit overdone. The paeans of the uninformed grow louder and louder and it would seem only incidentally that it is taken into account that the great battle of last week was won by men and not by machines. Some persons are talking and writing as if the "tanks" had won the war, while Mr. Lloyd George himself has warned everybody not to expect too much from them.

It is recalled in the Daily Express that at the beginning of the war mysterious references were made in the newspapers to a wonderful high explosive with which the French were going to blast the Prussians from the face of the earth. Its merits were discussed in messes, in wardrooms at sea and at clubs and in drawing rooms, at home. At every discussion there was always somebody who told the story—in the strictest confidence—which he or she had from the "very highest authority."

"We are," the Express says, "in spite of the war a simple nation. We believed the yarns. We went even further and enlarged upon them, until a new surprise was launched on the top of us which completely eclipsed the old one.

### SURPRISES OF THE WAR

"Very few of these early surprise packets materialized. Who among us did not hear stories of the wonderful concrete hull ships which were to be sunk in the mouth of the Kiel Canal; of the Zeppelins which would asphyxiate towns with their loathsome bombs, or of the great howitzers which were to plaster the cliffs of Dover with a daily 'hate' as a reminder that Calais was nearer than it seemed? Each of these three stories was firmly believed and there may even be some who have stowed away these yarns in some hip pocket of their brain and are quietly waiting to say 'I told you so.'

"In these early days we were most efficient talkers. Nevertheless, it was the Prussians who sprang the first on us with their poison gas. We were deeply shocked. It was unspornant-like. It was not cricket. We raised horrified hands to heaven and talked and went on and went on talking, till one day we made gas ourselves, and we used it. War is a great leveller. There are some who claim her as the champion of socialism. That is as may be, but the poison gas surprise was first blood to the Prussian. As Tommy and Jack have it, they 'did it on us

## The Time to Save Your Hair is Now



NEWBRO'S HERPICIDE is the one remedy on your druggist's shelves which may always be depended upon.

Instead of complaining to your friends and mourning over your loss of hair, call upon your local druggist and purchase a bottle of NEWBRO'S HERPICIDE.

It is the first and original germ remedy for dandruff, stops itching and checks falling hair.

You can save the hair you have much easier than you can grow new. The time to save your hair is now. The remedy for doing it is NEWBRO'S HERPICIDE.

Applications may be obtained at the best barber shops and hair dressing parlors. It is guaranteed by The Herpicide Co. Sold everywhere.

JOHNSON & JOHNSON  
Special Agents

## Eastern Steamship Lines

### ALL-THE-WAY BY WATER. INTERNATIONAL LINE.

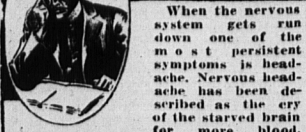
Leave St. John Mondays and Tuesdays at 9.00 a. m. (Atlantic Time), for Eastport, Lubec, Portland and Boston. Return—Leave Central Wharf, Boston, Mondays and Thursdays at 9.00 a. m., for Portland, Eastport, Lubec and St. John.

MAINE STEAMSHIP LINE. BETWEEN PORTLAND AND NEW YORK REDUCED FARES AND AND STATEROOM PRICES. From Portland and New York. Passenger service Tues., and Sat., one week Thurs., alternate week. Freight service Tues., Thurs., and Sat. Leave Franklin Wharf, Portland, 6 p. m. Leave New York 5 p. m.

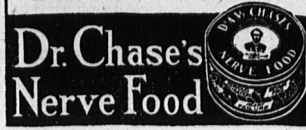
METROPOLITAN LINE. Direct between Boston and New York. 18 1/2 Hours. Route via Cape Cod Canal. Express Steel Steamships Massachusetts and Bunker Hill. Leave North Side India Wharf, Boston week days and Sundays at 6 p. m. Same Service returning from Pier 12, North River, Foot of Murray St. New York City.

St. John City Ticket Office, 47 King St. A. G. Currie, Agent, St. John, N. B. & E. Fleming, T. F., & P. A., St. John, N. B.

## Constant Headaches



When the nervous system gets run down one of the most persistent symptoms is headache. Nervous headache has been described as the cry of the starved brain for more blood. Because of its remarkable blood-forming and blood-enriching qualities, Dr. Chase's Nerve Food ranks first as a means of overcoming nervous exhaustion, nervous prostration, headache, indigestion, sleeplessness, irritability and all the annoying symptoms of nervous breakdown. It is not a mere relief, but thorough cure; for it rebuilds and reconstructs the wasted and depleted nerve cells. 50 cts. a box, 6 for \$2.50.



proper. We made gas every bit as good as the Prussian, improved gas helmets and respirators, and waited for the next surprise. It was not long in coming. The Prussian, who, every Englishman knows by now, is wily, went one better than the poison gas inventor, and treated us to liquid fire.

### TIRPITZ AND HIS BOATS.

"While we were busy making gas helmets and poison gas, Grandpa Tirpitz so far forgot his whiskers as to hurl a bomb at us in the shape of his famous 'unterseeboot' campaign. They were most wonderful boats, these submarines of Grandpa Tirpitz. Tens of thousands of miles was their radius of action; they carried torpedoes innumerable, their shells great, formidable, and they bristled with as many guns as there were prickles on Kipling's hedgehog in 'Just So Stories.' There was a certain army officer who went so far as to say that he knew these submarines had no periscopes. 'How did they see?' 'Ah!' the authority would say, 'that's the very thing I'm not allowed to tell you.' Grandpa Tirpitz had a fair measure of success. We must give him his due, but where in the sea do these great dreadnaughts and cruisers lie which were to fall such an easy prey to the torpedoes of his U-boats?"

"Russia has had her surprise as well as England and Germany. The great Sikorsky biplane, a huge aerial monster and efficiency was brought into use early in the war, and there were few Zeppelin commanders who dared the flight over the Masurian lakes with these giants of the air for antagonists. There had been many surprises in the shape of inventions. The Mills hand grenade and the trench mortar are no longer locked on as experimental weapons. They are an accomplished fact, but of all the inventions which have borne fruit and prospered, the new mystery cars are the greatest. What are they like these great, formidable, steel clad monsters? of what calibre are these 'tanks' which override trenches and trees and dugouts and shell craters? Are they merely the mechanical perfection of the human brain or in truth reveal devils that cannot be traced down on dugout, pulled a Bavarian colonel into its interior economy and then rolled off, wandering up and down the face of the earth seeking whom else it might devour. 'They are wonderful cars these 'tanks.' Whose was the clever brain that thought of them, and perfected them? Where and by whom were they made? The stories about them are almost as miraculous as the cars themselves. Here are a few 'real truths' which have been circulated about them: 'They carry a crew of 400 men. 'They have 12-inch guns. 'Their speed is thirty miles per hour. 'They are officered by airmen who have lost their nerve; and 'They were made by Swedes in Japan!'

### THE TANK IN ACTION.

"The Prussians cannot tell you. Of a surety he must have thought some bygone hero when he saw the great Mammoth like 'buses' rolling toward him in the cold grey morning, menacing and ugly, utterly heedless of barbed wire and shell holes, plunging over mine craters, spitting fire and smoke as they came. We read of one of the most mysterious cars which had been dug out, pulled a Bavarian colonel into its interior economy and then rolled off, wandering up and down the face of the earth seeking whom else it might devour. 'They are wonderful cars these 'tanks.' Whose was the clever brain that thought of them, and perfected them? Where and by whom were they made? The stories about them are almost as miraculous as the cars themselves. Here are a few 'real truths' which have been circulated about them: 'They carry a crew of 400 men. 'They have 12-inch guns. 'Their speed is thirty miles per hour. 'They are officered by airmen who have lost their nerve; and 'They were made by Swedes in Japan!'

### Whatever the 'tanks' may be, whether fish, flesh or good red herring, they are marvellously efficient. They are a real surprise, and what is more, an effective one.

"It is extraordinary how like we are to cousin Hans. It is not such a long time ago that our protests rose

## Religious Revival In England

(Canadian Press Despatch.) LONDON, October 23.—King George and Queen Mary and many members of the royal household attended a special religious service in Buckingham Palace last night in connection with the "National Mission," which is a plan for a national religious revival. Services similar to those held in the palace are being held throughout the kingdom this month.

## British Liberal, M.P. Charged

(Canadian Press Despatch.) LONDON, October 23.—It is announced that Joseph King, Liberal member of Parliament for North Somerset, will appear in the Bow Street Police Court to-day to answer a charge made under the Defence of the Realm Act. He has always been a strong peace advocate.

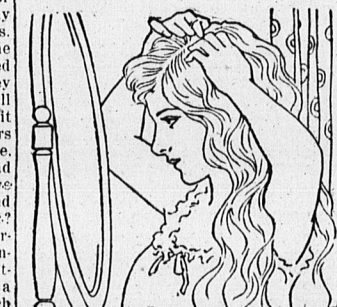
Since the outbreak of the war Mr. King in the House of Commons has made several attacks on the government, questioning the government concerning its actions.

### OFFICERS GO TO FRANCE.

LONDON, October 21.—The following Canadians have gone to France: Lieutenants W. C. Bradburn, Edmonton; T. S. Allan, H. H. Anderson, Calgary; H. B. Trout, Thessalon, Ont.; C. V. Williams, Hamilton, Ont.; E. Malloch, Arrior; D. S. MacMaster, Artillery; V. Morris, Prince Edward Island; S. Stondart, Winnipeg; E. D. Alexander, Pioneers; S. Kirkland, Ontario; G. P. Weir, British Columbia; J. E. Griffiths, Port Arthur; C. G. Green-shields, Montreal; G. C. Pickford, Halifax; M. Melroe, Nova Scotia; J. C. Watson, Ontario; G. A. Wallace, Campbellton, N.B.; R. H. Wilson, Vancouver; H. P. Brown, Pioneers; G. H. Elwell, Toronto; W. H. Ellis, Quebec; T. W. Morse, Toronto.

The following receive Imperial commissions: Sergt. Blackler, Cavalry Det.; Privates G. S. Hitch, Ambulance Corps; D. G. Christie, Artillery; O. Mason, Army Service Corps.

to the skies against poison gas. It is a still shorter time since we used it ourselves. We have thoroughly scared Hans with our 'tanks' and already he is complaining that they are a cowardly and unfair weapon to use against an honorable nation in modern warfare!"



## To Keep Your Hair From Falling

Touch spots of dandruff with Cuticura Ointment, next morning shampoo with Cuticura Soap. Trial free. Sample Each Free by Mail. With 32-p. Skin Book. Address Postcard, "Cuticura, Dept. M., Boston, U.S.A." Sold throughout the world.

## Professional Cards

MORSON & DUFFY  
Barristers and Attorneys  
Solicitors for Royal Bank of Canada  
MONEY TO LOAN

A.A. McLean, K.C., Donald McKinnon  
McLEAN & McKINNON  
Barristers, Attorneys-at-Law  
Royal Bank Bldg., Charlottetown.

D.C. McLeod, K. C., W.E. Bentley, K.C.  
McLEOD & BENTLEY

Barrister and Attorney-at-Law  
Offices—Bank of N. S. Chambers  
Charlottetown, P. E. I.

## WARBURTON & SHAW

Barristers, Attorneys, Notary Public, Etc., Solicitors for Canada Bankers Association, Bank of Montreal, Canada, Permanent Mortgage Corporation  
Offices—Old Guardian Office, Prince Block, Charlottetown, P. E. I.

## S. S. Hessian

LAWYER  
Montague, P. E. I.  
Money to Loan  
2574-2-18Mtl.

## J. D. Stewart

Barrister, Solicitor and Notary Public Office  
NEWSON BLOCK  
Charlottetown  
Branch Office Georgetown  
Money to Loan on Real Estate  
2572-10-16Mtl.

# "SALADA"

It has the reputation of nearly a quarter of a century behind every packet sold—

Black—Green—or Mixed — E 204



Weight— Warmth— Long Wearing

Here's the Underwear for out-door men—for those exposed to icy blasts day and night.

Here's the Underwear that protects against sudden chills—heavy

and substantial enough for all out-doors, whether in town or country—in the woods or on the water.



has the strength and elasticity of honest Maritime wool from which it is made.

Soft, strong durable—substantial in weight and neatly finished—Atlantic Underwear is just about ideal for active out-door life. Look for the Atlantic Trademark—a guarantee of satisfaction in comfort and wear.

ANTIC UNDERWEAR LIMITED, MONCTON, N. B.

# Biliousness

and other Liver Troubles

The astonishing efficacy of Dr. Cassell's Instant Relief is due to its toning effect upon the liver and bowels. It gives strength to the organs and helps them back to health and natural action. In other words it enables the system to cure itself. Don't weaken your liver with purgative pills or morning salts, don't get the salt-taking habit; let Dr. Cassell's Instant Relief bring you natural and therefore lasting cure.

Dr. CHAS. F. FORSHAW, D.Sc., F.R.M.S., a well-known British Scientist, writes: "Never take Salines or Purgatives for Constipation to force Bowel action is to aggravate the trouble and create the Constipation habit. I recommend as a superior and convenient treatment Dr. Cassell's Instant Relief."

Price 50 cents. from all Druggists and Storekeepers,

or direct from the Sole Agents for Canada, Harold F. Ritchie and Co., Ltd., 16, McCaul-street, Toronto. War Tax 2 cents extra.

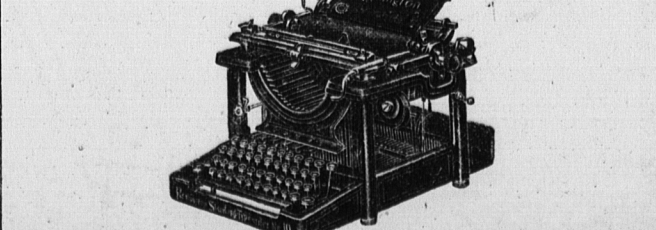
Dr. Cassell's Instant Relief is the companion preparation to Dr. Cassell's Tablets.

Sole Proprietors: Dr. Cassell's Co., Ltd., Manchester, England.



## Dr. Cassell's Instant Relief

LIVER TONIC, ANACARDIUM, CARMINE, CASCARA



## TYPEWRITERS

For the next few days we will offer No. 5 Underwoods at almost cost of duty, one colored ribbon, \$55.00 Underwood No. 5 two colored ribbon back spacer, \$65.00 Underwood No. 4 one colored ribbon \$48.50 Underwood No. 4 two colored ribbon back spacer, \$65.00 Underwood No. 10, \$55.00. Oliver No. 3 \$43.50. Oliver No. 5 \$47.50. Those machines guaranteed from 5 to 10 years. Standard Folding Typewriter in Leatherette case \$35.00. Empire \$28.00. Remingtons Nos. 5 and 6 \$20.00 and \$22.00. Those machines guaranteed for 2 and 3 years. We got a few Bennett's faith and that machine will be taken when it arrives ship C. O. D. for balance. Company reserves the right to refund the deposit if any of the machines are sold out. The purchaser has the right to have any expert examine the machine before accepting it from the express office. You save all middlemen's and agent's profits on your machine by buying direct. EASTERN TYPEWRITER EXCHANGE, 20 Station St., Amherst, N. S. 2100-9-18Mwtl.