

THE CHARLOTTETOWN GUARDIAN

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THURSDAY, MAY 3, 1928

A MODEL PROVINCE.

RECENT statistics with reference to industrial, commercial and social conditions, in the Province of Quebec make interesting reading. Quebec is by common consent a model province, happy, comfortable, wealthy, law-abiding and home-loving. They have the best roads in Canada, they are but lightly taxed, they have a system of education which satisfied them and in their largest cities universities, which will compare favorably with the best in the world. They have hospitals and benevolent institutions and they religiously look after their poor and their sick. It is conceded by her sister provinces that in sane government, provincial and municipal, and in the things that matter, Quebec has outstepped them all.

And yet, to a certain class of moral reformers, to wit, our Prohibitionists, the Province of Quebec is a veritable Sodom and Gomorrah entwined together, because she has committed the unpardonable sin of placing their sale of liquor under government control. The sin, according to this standard of morality, is not that there is more drunkenness and immorality and lawlessness there than anywhere else, but that they have actually legalized the sale of the damnable stuff, that they have actually legislated to accept blood-money into their provincial treasury!

It will require a microscopic examination and a careful religious scrutiny to find, in favor of prohibition, a distinction between putting this so-called blood-money in the treasury to the credit of the taxpayers, and putting it into the pockets of the bootleggers. We, in this Province, and our brethren in Nova Scotia are feeding the bootleggers and getting all the liquor we want. Quebec is using the surplus from the sale of liquor for the benefit of the taxpayers and are probably not consuming any more liquor per head than we are.

In the cosmopolitan city of Montreal, where many nationalities are hived together, one sees less evidence of drink on the streets than can be seen in the "dry" cities of Charlottetown and Halifax. "Oh, but," say the reformers, "they are drinking an awful lot, for they can get it so easily!" They can get it no more easily from the legal vendor than we can get it in Charlottetown or Halifax from the bootleggers. As to the number who drink and the quantity they drink, we do not know, nor does anyone else, although there are those among us who quote voluminous figures to show how far gone the people of Quebec are in drunkenness. Such statistics prove nothing but the type of mind behind them. The clear, plain fact is that Quebec is a model province and has the official figures to prove it notwithstanding the fact that they are largely maintaining their public utilities with the profits from liquor sales.

AS IT IS.

SO far as the work of the Federal and our Provincial Governments is concerned, what they have written for the present, they have written. The Federal Parliament is winding up and little more of important legislation need be looked for. The Provincial Legislature has finished or abandoned such legislation as it attempted and the result is largely in the future.

What has the Federal Government accomplished? The one great need of Canada today, as it has been for years past, is home employment, the development of home industries and the building up of industrial centres to provide a home market and home employment, to so encourage agriculture as to induce immigrants to come here and to re-

main here. In this connection it is safe to say unreservedly that the Federal Government has not only done nothing but has left matters very much worse than they found them. They have been and still are spending money like drunken sailors, not for the building up of the country, but to secure political support by local and sectional concessions and special treatment.

Trade returns frequently published in recent weeks show the trend of industrial conditions. We are exporting raw material in enormous quantities while we are importing from foreign countries goods fabricated from our own raw material. As referred to in our yesterday's issue, the fruit growers and vegetable gardeners of Ontario and Quebec waited upon the Government, asking that the anti-dumping clause against the importation of these products be restored. This clause had been effective until the King Government had annulled it at the request of a group of Western free-traders. The West has, under the King Government assumed the role of dictators and Canada is at their mercy. The Government now yields to their every demand in freight concessions, in free or near free importations of United States products, to the loss of Canadian agriculture. We are spending millions in immigration, while we are driving out our Canadians in larger numbers than the immigrants we secure for our millions.

Canada never can become the nation it has a right to be if we are going to continue having others do for us what we should do for ourselves, and letting them glut our markets with their products. We are drifting far away from the National Policy which made Canada the country it now is, far away from the dream of the Fathers of Confederation who laid the foundation of Canada for the Canadians. So long as we have small-souled, self-seeking politicians at the head of affairs, instead of statesmen and patriots, we shall never get back to the Canada of Sir John Macdonald and his great conferees. Canadians must realize this, and they should wake up to it before the sleep becomes a chronic, national stupor, from which we can never wake. Canada must learn to take itself seriously, must learn that if we are to be a nation to be lived in and for, we must place men in our governments and our parliaments who will consider country first.

A CHILD'S LIFE AT STAKE.

TOO often the price of motoring is the life of a small child.

Accidents often are unavoidable, the fault of no one, and due solely to unfortunate circumstances beyond the control of man. The fact that they are unpreventable, however, does not minimize the sorrow that follows in their wake. The hearts they sadden and the lives they shatter call for one sovereign remedy, and that is caution.

The beautiful, sun-shiny days of Spring and Summer are the unwitting heralds of daily traffic tragedies. Thousands of small children who have no safe place for play are forced into the streets. Thoroughfares are not intended to be used as playgrounds, but whether it is right or not the street will continue to be utilized as a playground as long as cities are crowded and play space continues to be inadequate.

If motoring is to continue to be a source of unalloyed pleasure, every motorist must pledge himself to drive with care, particularly where children are at play. Driving with care perhaps may mean going more slowly than one desires, but it is what one would want another motorist to do if his own child were to dart before an automobile.

Notes by the Way

CANADA has 18 National Parks, very unequally distributed among the Provinces. Alberta has seven of them, ranging in area from 8 1/2 square miles to 5,380 square miles. British Columbia has four of the national system of parks, the smallest of which contains 100 square miles and each of the others is four or five times as large. Saskatchewan has four of the parks, two of which are under 20 square miles each and the two larger ones each exceeding 1,300 square miles. Ontario has four parks of the national system. The Thousand Islands Park contains 145 acres, another at Point Pelee is 4 square miles in area and Broder Park contains 20 acres. In the Maritimes the National Parks are limited to two, Fort Howe Park at Saint John, 19 acres, and Fort Anna Park at Annapolis Royal, N.S., 31 acres.

The population of the Dominion is advancing and the present estimate of the Ottawa statisticians is 9,519,220. At that rate half a million more may be hoped to be added before the next census and the round total of ten millions fully attained. In Mr. Frank Yeigh's 5,000 Facts About Canada the present estimated population of Prince Edward Island is set down at 86,700, which is some 2,000 less than was shown by the last census.

Eighty divorce bills passed in the House of Commons in less than five minutes last week. We sometimes hear of those who "marry in haste and repent at leisure." The number who have this unfortunate experience seems to be increasing, as is also the number who are in haste to obtain release from their marital troubles by means of divorce. This to Ontario suitors can only be obtained by Act of the Federal Parliament, and is an expensive process, too costly to be entered upon by suitors whose monetary resources are very limited. And yet, when Parliament is aroused to the full exertions of its power and speed it can pass 14 divorce bills in a minute and 88 in less than five minutes. This is not a matter to be proud of.

From time immemorial the newspapers of the land have been represented in the supreme Parliament and all the Legislatures of the land. The same is true of the judicial courts, from those of Justices of the Peace up to the Supreme Court of the Dominion. In like manner the meetings of City Council throughout Canada are open to the reporters who transcribe as much or as little of the sayings and doings of those bodies as they choose, or as they think may be of interest to the reading public.

The elected representatives of the people like to see the reporters present at their meetings and treat them with courtesy. Citizens who cannot all be present at the meetings of their representatives look to the press for a record of what was said and done at such meetings, realizing that what they read is the work of intelligent and reliable men who have been specially trained to observe, describe and report what they may see and hear. So far all is well. And who ever before heard of any representative public body claiming the right of censorship over the report of a public meeting before it could be printed?

The so-called Temperance Alliance claims the right of censorship over press reports of what is said and done at its public meetings, to which all friends of temperance are invited. They as a self-constituted body, responsible to nobody but themselves claim the right to censor and deny the freedom of the press, a freedom admitted and recognized by Parliament, by the Judiciary and every lawfully constituted representative body in Canada. Naturally this attempted usurpation of authority is resented by the newspapers and will never be submitted to by them.

The unwisdom of the Alliance had become widely apparent from day to day during the past year. Its bickerings and quarrels had been notorious and had alienated the public respect in which it was once held. Its recent attempted usurpation of unlawful powers has amazed an intelligent public and made an indecent exposure of its inner designs and purposes. Never before had it sunk so low in public estimation or gone so far to illustrate the ancient maxim that "Whom the gods would destroy they first make mad."

EDITORIAL NOTES

Our esteemed contemporary has commenced the publication, which we hope it will continue, of a revised edition of Anderson's Fairy Tales.

If some people were to think twice before speaking they would never say anything.

If a man can keep his mouth shut he can bluff almost anybody.



That Body of Yours

By James W. Barton, M.D. COMMON SENSE EATING

It must be confusing to readers who follow the health writings in various newspapers and magazines to see the wide differences in opinion as to the right quantity and quality of foods for their daily needs.

One writer stresses vegetables, another fruits, another milk, and another is brave enough to advise the use of meats every day.

Now as a matter of fact what you eat and the amount you eat should be in accordance with your age, sex, weight, and occupation.

Dr. Blum in his book has a diet or diets for practically every age and weight in healthy folks, and the same for every form of ailment such as hardening of arteries, inflammation of kidneys, heart ailments, skin ailments, and so forth.

However if you are the average healthy individual you might do well to follow the advice of Dr. McCollum of Johns Hopkins who says that the general rules of diet can be summed up in four simple rules:

1. Build up the daily menus around a quart of milk for each member of the family.

2. Use eggs and meat frequently but not excessively.

3. Serve salads twice a day to insure such raw vegetable foods as fruits, tomatoes, celery, lettuce, onions and so forth appearing regularly in the menu.

4. Serve one leafy vegetable such as beet tops, spinach, cabbage, and so forth each day.

He states that if you meet these requirements you can eat whatever else you desire.

Now your quart of milk does not have to be taken as milk but of course could be taken in bread or rice puddings, soups, or in other ways.

Meat or eggs should be eaten frequently which rather upsets the exclusive vegetarian diet recommended by so many writers.

For the average healthy man or woman meat or eggs once a day is sufficient. Any more might start trouble with blood vessels or kidneys.

Of course if you work hard physically you can safely eat meat or eggs twice a day.

The suggestion as to salads and the leafy vegetable is certainly worth following. In fact this is where most folks make their mistake; they fail to eat enough raw vegetable or fresh fruits.

The only food Dr. McCollum leaves out is bread.

Bread is a good food and should be eaten twice a day.

Milk can be the wrong food in some intestinal conditions, raw fruits and vegetables in intestinal and some skin ailments.

Remember, the above suggestions are for a normal healthy individual.

Modern Etiquette

By ROBERTA LEE

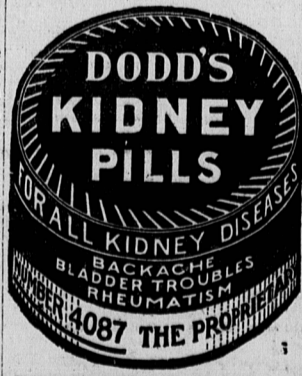
Q. What are the two extremes in conversation?

A. One is monopolizing the talk of boredom, the other letting the conversation lapse every time it reaches you. One is as undesirable as the other.

Q. Does it show good taste to use the phrase "my friend" in making introductions?

A. No; it is extremely bad taste. Q. What is one occasion when a man should always raise his hat?

A. When accepting courtesies or extending them.



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