

Woman's Realm/Social and Personal/Fashions/Literature

Living & Leisure THE WOMAN'S REALM

OUR OWN

If I had known in the morning
How wearily all the day
The words unkind would trouble
My mind
That I said when you went
away,
I had been more careful, darling,
Nor given you needless pain;
But we vex our own with look and
tone
We may never take back again.

For though in the quiet evening
You may give me the kiss of
peace,
Let it well might be that never
for me
The pain of the heart should
cease!
How many go forth at morning
Who never come home at night!
And heart have broken for harsh
words spoken
That sorrow can ne'er set right.

We have careful thought for the
stranger,
And smiles for the sometime
guest;
But oft for "our own" the bitter
tone,
Though we love our own the
best,
Ah! lips with the curve impatient,
Ah! brow with the shade of
scorn,
'Twere a cruel fate, were the night
too late
To undo the work of the morn!

—Margaret E. Sangster.

Children never seem to tire of
peanut butter sandwiches. To
fancy them up a little combine
equal parts of peanut butter,
raisins and celery with salt to
taste and enough mayonnaise to
give a good spreading consistency.

To remove stubborn coffee or
tea stains from cups and saucers,
rub them with a damp cloth dipped
in baking soda.

A large plastic bowl covered
slipped under a paper bag used for
garbage keeps the bag water-
tight.

Your husband's shirt collars will
last longer if he remembers to
fancy them up a little. This, ac-
cording to laundry experts, is bet-
ter than forcing the collar up and
back down again after the shirt
has been buttoned.

To preserve the left-over egg
yolks from a recipe requiring only
the egg whites, require only
a small bowl and cover with two
tablespoons of salad oil. They

WAKE UP YOUR LIVER BILE—

Without Calomel—And You'll Jump Out of
Bed in the Morning! Rinse to Go
The liver should pour out about 2 pints of
bile into your digestive tract every day.
If this bile is not flowing freely, your body
will not digest. It may just decay in the
digestive tract. Then gas bloats up your stomach.
You get constipated. You feel sour, rank and
the world looks pink.

It takes those mild, gentle Carter's Little
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Household Scrapbook

Rubber Plant

If the leaves of the rubber plant
are yellow, loosen the dirt around
the edge of the pot and remove the
plant to a different pot. The root
may be pot-bound, or the soil may
be wormy, but in either case it is
wise to repot the plant.

Chocolate Sauce

The result is delicious if about
two tablespoons of peanut butter
are added to the usual recipe for
chocolate sauce. Pour over ice
cream or pudding.

Pressing Trousers

Men's trousers will acquire a
knife-like edge if pressed under
damp paper.

Better English

D. C. Williams

1. What is wrong with this sentence? "Irregardless of this, we shall go."
2. What is the correct pronunciation of "disaster"?
3. Which one of these words is misspelled? Instense, insidious, insence, insensible.
4. What does the word "abject" mean?
5. What is a word beginning with per that means "boundary"?

ANSWERS

1. Say, "Regardless of this, we shall go."
2. Pronounce first s as z. 3. Instense. 4. Down in spirit or hope. "And banish hence these abject, lowly dreams."—Shakespeare.
5. Perimeter.

Morning Smile

The artist was proud of his latest canvas; it was a futuristic painting, supposed to represent a Dutch landscape. He made arrangements to exhibit it at the art museum, and beneath it hung a printed notice: "Don't touch with cane or umbrella."

When he went back to get his painting, he found that an unappreciative small boy had added to the sign the following postscript: "Take an axe."

Diner—"Waiter, the portions seem to have got a lot smaller lately."
Waiter—"Just an optical illusion, sir. Now that the restaurant has been enlarged, they look smaller—that's all."

The Stars Say—

By Genevieve Kemble

For Thursday, October 20

REASON and commonsense seem to indicate an auspicious launching of projects of more than passing significance, with a forecast of recognition and encouragement from influential sources. A favorable end seems to be in sight, with promise of substantial aid for worthwhile projects. While growth and eventual security seem at hand it may be difficult to convince capital for cherished expansion. Persistent and faithful effort may win.

For the Birthday

Those whose birthday it is are impelled to seek larger and far-reaching scenes of operation, especially in putting over important projects of solid and enduring proportions. Sustained efforts, sound plans and logical developments seem to bear rich fruit, although expansion and production may be held up for want of resources or needed capital. However, with persistent efforts, high purpose and good headwork opposition or impediment may melt away.
A child born on this day will be ambitious, capable, shrewd and far-visioned; may need cooperation from high places to further its serious work and objectives.

Honeymoon Enjoyed By Pigeons



The Earl of Harewood, son of the British princess royal, and his recent bride, the former Austrian concert pianist, Marion Stein, are shown feeding the pigeons in St. Mark's Square in Venice, Italy. The couple began their honeymoon in Paris and are leisurely taking their time about getting back to England and the rigors of housekeeping.

DOROTHY DIX SAYS—

Marriage With Degree

How Good A Matrimonial Bet Is Girl With Education?

DEAR MISS DIX: Do you think a college education tends to decrease a girl's chance of marriage? My observation shows that boys shy away from the college graduate in many cases. I know many fine, intelligent, good-looking girls with college educations who never had a date. It seems to me that a college education should be an asset to marriage.

ANSWER: Undoubtedly a college education is an asset to marriage because the more a woman knows and the better fitted she is to make a good wife. Every woman who has a husband to get along with, a house to run, dinner to cook, a baby to rear, needs all that any college can teach her of biology and psychology and chemistry and finance. There are many reasons why a well-educated woman makes a better wife than an illiterate one. To begin with, she is, as a general thing, easier to get along with and more reasonable to live with because she has a wider outlook on life and has been trained to see both sides of a subject. Then she is more interesting to live with because she reads and thinks and has something entertaining to talk about. And, finally, no matter how old she gets to be nor how much she loses her complexion, she never gets to be as ugly as an ignorant woman is.

LEARNING PAYS

I have traveled much in countries in which only a few of the higher-up women are educated, and as I looked at the dull, stupid, sodden faces of the middle-aged and old women, without one ray of intelligence to light them up, I thought that it paid to educate women just to make them easier on the eyes, if for no other reason.

No women are so set in their ways and so impossible to manage as ignorant women. Nor are any women such naggers as they who never read or think and who, having no new ideas, are driven to harping continually on the same subject. So for every reason the college-bred woman is the best matrimonial bet, but unfortunately not all men are wise enough to know this, and it is true that statistics show that a college education is no help toward getting a husband.

DEAR DOROTHY DIX: I am one of three girls, all employed and making good salaries. We are the support of our mother. I personally have been working for fifteen years, during which time I have earned over my pay envelope with my mother without opening it and have only received a small allowance out of it. The time has come now when I would like to make arrangements to get married, but I cannot do so as I have not the money necessary to get the clothes I need. I have asked mother to increase my allowance for this purpose, but she has refused to do so. What shall I do?

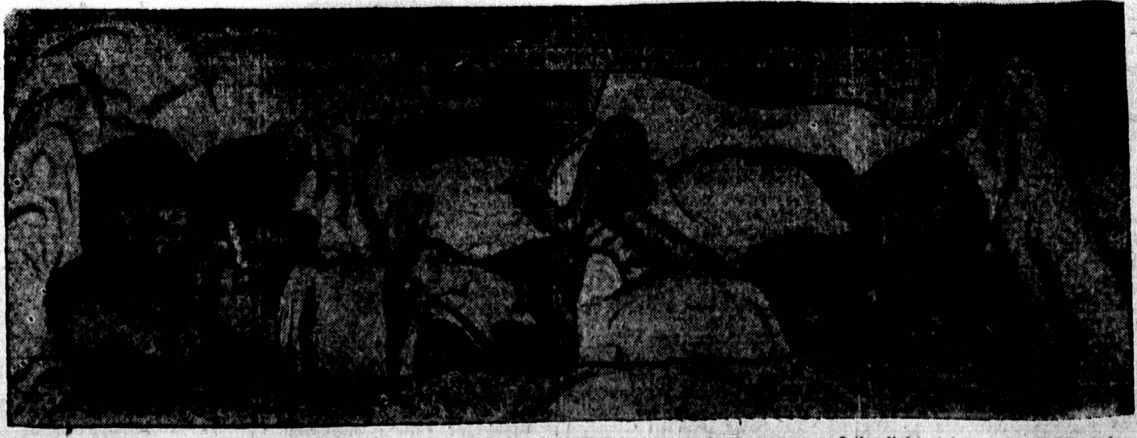
ANXIOUS READER

ANSWER: If you have the backbone of a fishing worm, you will turn, and refuse to turn over your salary to your greedy mother. After all, the matter is in your own hands, as she has no way of

(Continued on Page 9)



Other two Hargreave children, Kimmy and Sandra, are seen with grandmother. With birth of quads, youngsters have suddenly found themselves with four new sisters.



Famous four are seen in their crib at hospital in Sault Ste. Marie. The heaviest baby weighed three pounds, seven ounces at birth, the next three pounds six ounces and the lightest baby tipped the scales at three and three. It was first quadruplet birth in Soo's history.

That Body Of Yours

By James W. Barton, M. D.

SOME CAUSES OF THIN BLOOD

A physician making an examination of a patient complaining of tiredness and weakness examines the blood for the number of red blood cells or corpuscles, and also for the amount of hemoglobin (iron) in these red cells. If the number of cells is below normal, liver or liver extract is given, and if the amount of hemoglobin is below normal, in addition to liver and liver extracts, iron is given. The disease, however, thin blood, is called anemia.

Sometimes a physician finds that despite his treatment with liver and iron the patient's blood does not improve and thus that something is interfering with the natural increase in the number and richness (in iron) of the red cells or corpuscles. A close examination may reveal that the skin is wax-like, the patient is inclined to be slow slow in his or her movements and is somewhat overweight. The wax-like skin and overweight points to an underactive thyroid gland, which only one half grain daily; this was increased gradually over a period of three months to a maintenance dose of 3 grains daily. After 7 months treatment the basal metabolism rate was normal, and the illustrations showed a much more alert and active looking woman.

While thyroid extract, by means of the metabolism test, was the treatment found necessary in this case many cases, where blood remains thin despite liver and iron treatment, are caused by infection of the body—teeth, gums, tonsils, gall bladder, large intestine.

Cook's Corner

APPLE PUDDING

2 eggs
1/2 cup sugar
1 1/2 tablespoons flour
1 1/2 teaspoons baking powder
1/2 cup chopped nuts (optional)
6 medium-sized tart apples, peeled, cored and sliced.
Beat eggs until light, then beat in sugar. Add flour, sifted with baking powder, stir until blended. Fold in apples. Place in a greased baking dish and bake, covered, in a moderately slow oven, 325 degrees F., until the apples are almost tender, about 30 minutes. Remove cover and continue baking until top is browned, about 20 minutes. Serve cold with cream. Yield: six servings.

How Can I!!!

By Anne Ashley

Q. How should tennis rackets be stored?
A. Cover the strings with vaseline jelly before putting away for the winter. This will prevent the strings from drying and snapping during the time the rackets are not in use.

Q. How can I make a substitute for whipped cream?
A. Create one apple, add two or three tablespoons of sugar and one egg white. Beat until light.

Q. How can I remove ink stains from a desk?
A. Try applying equal parts of vinegar and linseed oil to the spots.

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Lonely Parade

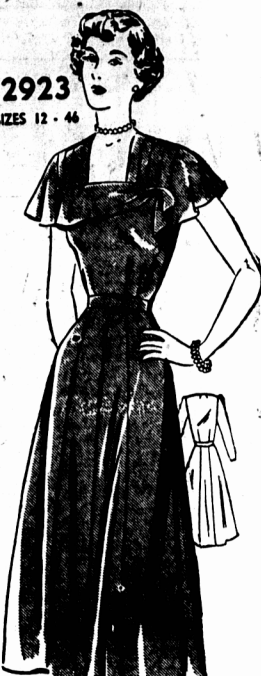
By Fannie Hurst

She was sensitive about all this, guarding her intimacy with household maids even from those for whom she performed them exercising care even to keep the household in ignorance of these night raids.

The Charlottetown busked the work of Kitty, she commented not at all. Neither did Sierra, but for the reason that, unalert to such details, she only sensed in a vague way this feat of a one-servant establishment.

Without benefit of the one maid, who was never kept up for late service, you could count on returning to Twenty-one East, after a play or concert, to find a fastidious array of cold foods, bottled beer and a chafing dish already filled and awaiting no more than a match to the spirit lamp. Usually these repasts were spread on the card table before the Charlottetown's open fire, or on those rare occasions when Kitty or Sierra came alone, laid out at one end of the dining room. Even the Charlottetown, who, as she fattened, became avowedly the gourmet, remained outside the pleasant mystery of how Kitty, on a relatively slender budget, was ultimately to establish a culinary reputation for this household of three women.

The morning that Kitty received a mauve note on Pretorius-Twee stationery, she ran immediately downstairs with it, entering the



Modern Etiquette

By Roberta Lee

Q. If one fails to hear a name in an introduction, is it all right to ask the one who is making the introduction to repeat it?
A. Address your question to the person being introduced to you, as, "I'm sorry, but I did not hear your name clearly."

Q. At a wedding supper, where should the father of the bride-groom be seated?
A. At the right of the bride's mother.

Q. Is it proper to remove serving dishes or dinner plates from the table?
A. The dinner plates should be removed first from the table, then the serving dishes.

Charlottetown's bedroom simultaneously with her knock. The Charlottetown looked up with unconcealed annoyance. "What a thing to do! Close that door. I hate being barged in on while I'm dressing!"

Kitty seated herself on the edge (Continued on Page 9)

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