

When sleep eludes you

Restless nights—followed by dull and draggy days—make existence a real burden. Next time you are troubled, turn to Eno for relief. A dash of Eno's "Fruit Salt" in a glass of water takes the fever and fret out of your system, and sound, refreshing sleep quickly results.

ENO'S FRUIT SALT

A French inventor's auto mobile that can be adjusted to a number of heights and angles is supported on spiral springs to absorb vibration.

Strawberry Boxes

We have received one carload 185,000 Strawberry Boxes

direct from the manufacturer. Made from clear whitewood regulation size as required by the SMALL FRUITS ACT, done up in crates of 1,000, 500 and 250 to the crate, but sold in any quantity.

CARTER & CO. LIMITED.

EYES TESTED AND Glasses Fitted

Competent service with latest equipment.

E. W. TAYLOR J. S. TAYLOR
OPTOMETRISTS
142 Richmond Street

Professional Cards

R. R. BELL
BARRISTER, SOLICITOR, ETC.
Cameron Block, Charlottetown.
MONEY TO LOAN

Dr. C. C. Archibald
Graduate of N. Y. Post Graduate Medical School and Hospital Practice Limited to Eye, Ear, Nose and Throat

Mark R. McGuigan B. A.
BARRISTER, SOLICITOR, ETC.
MONEY TO LOAN
Cameron Block, Charlottetown, P. E. I.

McLeod & Bentley
J. A. BENTLEY
W. E. BENTLEY, K. C.
Barrister and Attorney-at-Law
Office: 180 Richmond Street
MONEY TO LOAN
Charlottetown, P. E. I.

McDonald & McPhee B. A.
J. A. McDONALD H. F. MCPHEE
B. A.
BARRISTERS, ATTORNEYS, ETC.
MONEY TO LOAN
Biley Building, Charlottetown

Central Guardian

A SPLENDID OUTING—Georgetown Tea, July 18th.
6853-7-16-24.

A GRAND OLD TEA PARTY—Fort Augustus, Wednesday, July 18th. Bigger and Better than ever.
21

RESERVE Wednesday August 15th for the big Picnic and Celebration at Tignish.

STORE CLOSURE to-day 12.30. Please shop early. Moore & McLeod Limited.
6823-7-17-11

THE LAW OFFICE of J. O. C. Campbell will be closed for the next two weeks, during the absence of Mr. Campbell from the province.
6872-7-17-21

DONATIONS OF CAKE. Any person donating cakes for the Scotchfort Memorial Celebration please leave with or notify W. D. Gillis.

RESERVE Tuesday, July 24 for tea party at Rollo Bay.
6850-7-15-31-mws.

VISITORS DAY AT THE Y. M. C. A. Boy's Camp. Sports in afternoon and grand concert at evening, today, July 18, at Canoe Cove.

ENCOURAGE THE BOYS OF THE Y. M. C. A. Camp by attending their visitor's day and grand concert at 8 p. m. at Canoe Cove, July 18.

CHURCH SERVICES—Windsor Circuit service as follows:—Sunday, 22nd. Highfield, 11 a. m.; Princetown Road, 3 p. m.; Winesloe South, 7.30 p. m.; Preacher, W. H. Smith.

HOME ON VACATION—Mr. S. Arthur Macdonald, son of Mr. S. A. Macdonald has arrived home from Scotland where he has been attending the University of Edinburgh. He will spend the summer holidays in the city.

ENGAGEMENT—Mrs. W. W. Anderson, of Alma, N. S., has announced the engagement of her sister, Miss Bessie A. Moore, Alma, to Mr. J. D. Smith of South Brook, Cumberland County. The marriage is to take place at her old home, Hawthorne Place, Union Road, Lot 51, P. E. I. in the near future.—New Glasgow News.

CABLE HEAD EAST.—The closing exercises of Cable Head East school were held in the schoolhouse on Friday evening, June 29th. The school was tastefully decorated for the occasion with ferns, cut flowers and potted plants. The pupils were examined in the various subjects by their teacher. A very carefully prepared program was carried out under the auspices of the Sunshine Club. The following was the program: Chorus, O Canada; reading, Beatrice Wilson; monologue, Joseph Sutherland and Tena Wilson; chorus, Vacation Time; reading, Ronald McDonald; duet, Francis and Cecelia Sutherland; chorus, Cable Head East; reading, Marion Sutherland; monologue, Junior Pupils; duet, Lena Wilson and Joseph Sutherland; song, Junior pupils; presentation of Public School certificates to Marion O'Flaherty, Imelda McKinnon, Alberta Sutherland, Emmet McInnis. Remarks by Mr. H. D. McKinnon. Presentation to teacher, Good-bye song. God save the King.

MURPHY-MULLIN NUPTIALS.—A quiet wedding was solemnized on July 1st in St. Peter's church, Dorchester, Mass., when Katherine C. Mullin, of No. 2 Glen Street, Dorchester, was married at 7 p. m., to Leo L. Murphy, of Belcherston, Mass., by the Rev. Father Coughlin. Mrs. George McKinnon, sister of the groom, was bridesmaid, and Mr. George McKinnon best man, both of Belcherston, Mass. There was a reception and supper at the bride's home with near relatives and a few friends present. The wedding march was played as the bride entered the house, by Miss Miney Sanderson, an intimate friend of the bride. The couple left that same evening on an auto trip through Maine. The bride is a registered nurse, having held many important positions as Supervisor in prominent hospitals in Mass. and well known to many Island young ladies. She is a daughter of Mr. and Mrs. Tobias Mullin, formerly of St. Peter's, P. E. Island, and now of Dorchester, Mass. The groom is a native of Morell, P. E. Island. They expect to make their home in the near future in South Portland, Maine, where the groom has resided for a number of years, and the owner of a nice residence on Angel Ave., in that city. Many beautiful gifts denote the popularity of Mr. and Mrs. Murphy.

PERSONALS

Mr. J. J. MacDonald one of our favourite young farmers of Vernon River, is spending a few days with his brother, Mr. Anacae MacDonald (Druggist) of Tignish.

Mrs. Garnet Profit, Spring Valley, and Mrs. William Cousins, of Kensington, left Thursday morning for Conn. Hill, New Brunswick, where they intend spending a few weeks, visiting relatives.

For making gaskets on automobiles and other machinery a material that is expanded by heat has been invented that is sold in the form of

Grainland, Sask.—"I am glad that I heard of that good Lydia E. Pinkham's Vegetable Compound. I will not be without it again. I was so sick that I could not work at all and could not get on the machine. My aunt told me of Lydia E. Pinkham's Vegetable Compound and now I am telling all of my friends how good it is and I will answer all letters I get from women."

Mrs. Mary Schultzes, Grainland, Sask.

Mr. and Mrs. Harry Inman and Miss Margaret Dawson, of Augustus Cove, attended Yeo's Movies at Crapaud on Tuesday evening, July 10.

Mr. and Mrs. John McQuarrie, of Hampton, motored to West Tryon on Tuesday evening and were guests of Mr. and Mrs. Stetford Mullins.

Yes, "everybody's in the swim now," and the water's great! Victoria, the most up-to-date country burg of these parts, has two fine dressing rooms fitted up, one for the ladies and one for the gents.

Mr. and Mrs. John McPhail, Boston, is visiting friends and relatives on the Island.

Miss Mary Collins, R.N., arrived home recently to spend her vacation with her parents, Dr. and Mrs. J. T. Collins, Vernon River.

The many friends of Mr. John Murphy, Millville, are sorry to learn of his recent illness.

The crops, as a rule, look fine in Tryon, and many of the farmers are well away at the haying. Next week, no doubt they all will be beginning.

Mr. and Mrs. Elmer Dawson, of Augustus Cove, were guests of Mr. and Mrs. John Dawson, of Bedouque, on Sunday.

Mr. and Mrs. Merrill Dawson and Miss Margaret Dawson, of Augustus Cove, visited the adjacent community of Tryon on Wednesday evening.

A motor party: Messrs. Don McFarlane, Edwin Dawson, Frank McFarlane, and Elmer Dawson, of Augustus Cove, visited the Provincial Capital this week, where they had the honor of being the guests of the latter's brother, Lieutenant-Colonel Ulric Dawson, officer in charge of the Highland regiment.

Mr. and Mrs. J. W. Tron, of Millville, were guests of Mr. and Mrs. J. W. Tron, of Millville, on Sunday.

Mr. and Mrs. Benj. Weatherbie, and family Montague, were visitors to Pownal Sunday.

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Ups and Downs In Tryon And Vicinity

Miss Fannie Rogerson, of Tryon, spent last week-end with relatives at Crapaud.

For the past two weeks the weather has been ideal for picnics, and let me add there has been a goodly supply. On July 4th the Baptist Sunday school held their annual picnic on the Baptist Church grounds at Tryon. The day being an ideal one, together with the famous culinary ability of the Baptist ladies, helped make an unusually successful picnic.

Another year has rolled on its way and the children of our Public Schools are enjoying their mid-summer holidays, which were indeed welcome to both teachers and pupils after their strenuous year's work. Our teachers of last term, Principal (Miss Margaret Howatt) and Miss (Miss Margaret Howatt) and Miss (Miss Margaret Howatt), I have been informed, have both resigned their positions. Several applications are in, however, and I have no doubt our worthy board of trustees will choose, as always before, competent, faithful teachers, who will uplift the minds and lives of the rising generation.

Miss Adelaide Ives, teacher at Bideford last year, is spending her vacation with her grandmother in Tryon.

Mr. and Mrs. Robert Williams, and Mr. and Mrs. Edward Arthur, of Elmsdale, recently motored to Tryon and vicinity, where they visited relatives.

Mrs. J. A. Patterson and two small sons, Junior and Cecil, also Mrs. S. E. Reid, arrived home from Somerville, Mass., on Monday evening, and will remain for a few weeks vacation. They many friends in this community are pleased to have them in their midst once again, and hope they will make their sojourn a long one.

Mrs. John Hall Lea, and little Miss Dorothy King, of Boston, Mass., were recent visitors of Mr. and Mrs. Amos McWilliams, of N. Tryon.

Mr. Harold Mabey, of the Bank of Nova Scotia, Victoria, spent last week-end at his home in Tryon.

The Rev. Mr. Brinton, pastor of Tryon Baptist Church, dealt very ably with the subject "What are we living for?" in his sermon on Sunday evening, July 8, and was enjoyed by the large audience present.

Miss Edith O. Lord, of Summerside, was a visitor to Tryon on Sunday.

Mr. Neil Bradshaw, of Middleton, was a visitor to Tryon on Sunday.

Her friends are delighted to learn that Mrs. Dunbar is slowly improving, and will be discharged from the Charlottetown Hospital, where she was taken recently with a broken leg.

Mrs. Phillip Holland, Tryon, and Mrs. John Albert Rogerson, of West-Charlottetown, were recent visitors to Tryon. Their many friends, including their mother, Mrs. Dunbar, who is a patient in the hospital there.

Mr. Charles Horton, of Charlottetown, paid a flying visit to Tryon on Tuesday evening. His many old friends here were very glad to see "Charlie" again.

Yeo's Movies were held in Crapaud Hall on Tuesday evening, instead of Wednesday. A change in nights, but nevertheless no change in the good quality of the pictures. Everyone expresses themselves as delighted with the movie "What a Girl Should Know," starred by Patsy Ruth Miller.

Miss Enid Rogers, of Charlottetown, is visiting in W. Tryon, the guest of her aunt, Mrs. Bruce Howatt.

A party of Tryoners: Mr. and Mrs. Willard Thomas, and little daughter, Mrs. John Thomas, Miss Ruby Thomas, Mr. and Mrs. Reg. Thomas, Mr. Keith Thomas and Mrs. Florie Clark, motored to Charlottetown and vicinity last week, where they visited various points of interest.

Miss Jean Young, daughter of Rev. and Mrs. G. M. Young, pastor of the United (then Baptist) church at Tryon, is visiting friend in Tryon and vicinity.

The death of Mr. Hedley Callbeck, son of Mr. and Mrs. George Callbeck occurred under very sad circumstances at North Tryon on Tuesday morning, July 10. Funeral to be held Thursday at 2.30 p.m.

Recent motorists to the Provincial Capital were: Mrs. Brent Lea, Miss Amy Lea, Miss Katherine Dobson and Mrs. Wendell Lea.

Mr. Samuel Gillis, of Rose Valley, was a visitor to Tryon Sunday evening, the guest of Miss Ida McDonald.

Miss Liedie Pooley, of Amesbury, Mass., arrived on Friday evening on vacation in her old home town, North Tryon. Her many young friends are glad to have her back again to join in the fun.

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EATON GROCETERIA
OPERATED BY THE T. EATON CO. MARITIME LIMITED

LARGE	2.85
MEDIUM	.65
SMALL	.40

RADIO PEAS per tin	17	CONDENSED COFFEE per tin	30
LOBSTER, NEW PACK per tin	33	LUMP SUGAR 2 lb. box	22
SWIFT MINCE MEAT, per carton	25	CORN BEEF per lb.	28
POT BARLEY 2 lbs. for	11	RICE 2 lbs. for	14
SEIDLETZ POWDERS per box	23	EATON'S GLYCERIN 3 oz. bottle	18
PREPARED MUSTARD 9 oz. jar	12	SURPRISE SOAP POWDER, 3 for	22

VITONE BEING DEMONSTRATED — TRY IT

EATON GROCETERIA
OPERATED BY T. EATON CO.

Gleanings From Millview and Vicinity

Mr. J. Ernest H. Worth, city, was a recent visitor to Montague.

Mr. Beverley VanDerstine and family, city, passed through Millview recently.

Mr. George VanDerstine, Millview, purchased a new car. He is carrying on an extensive business in his garage, and the public certainly appreciate having a car doctor in their midst.

Messrs. Jenkins Bros., Millview, had a new Monitor gas tank installed recently. They are now able to supply the motorist with Premier or Monitor.

Mr. James Atkins, city, passed through Millview on Wednesday.

Messrs. C. Williams, city, and McDougall, Saint John, were in Millview Wednesday.

The many friends of Mr. George Lane, Hermitage, are very sorry to learn he has entered the P. E. I. Hospital for an operation.

Messrs. Olive and Hazel Smith and Mr. Geo. VanDerstine, Millview, motored to Montague on Sunday.

Messrs. Chas. Rankin and son, of Mt. Albion, were in Millview Sunday.

Sacrament was held in the Birch Hill church on Sunday, July 8th. There was a very large attendance at all the services. Rev. Mr. McDougall gave an impressive sermon.

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Messrs. Clarence Wood, George Smith and P. Wood were recent visitors to Newtown Cross.

Among those who attended the Summerside races on Wednesday were: Messrs. George Jenkins, E. Dumphy, A. Drake, Daniel and John Cummings and Wilfred McInnis.

On Thursday, July 5th, the parishioners of St. Joachim's Parish, Vernon River, were honored by His Excellency, Andrea Cassula, Archbishop of Leonopolis, and Delegate Apostolic to Canada and Newgate, a number of other clergy, who were the guests at the supper given for the occasion by Rev. P. D. McGuigan at the Parochial Residence.

At Mt. Albion on July 4th, 1928, Miss Hannah Murphy, having received the last rites of the Catholic church, passed beyond to meet her loving Redeemer. Miss Murphy, during her long life enjoyed the best of health until the last few years. She was highly esteemed and loved by her neighbors. Her brother and sister predeceased her a short time ago. Her remains were taken to St. Joachim's church, Vernon River, on the morning of July 5th, and tenderly laid to rest. The pall-bearers were: Messrs. Patrick, Jenkins, Owen Callaghan, Patrick and James Wood, James Hughes, and Fred Duffy.

Mr. William Acorn, Willville, is remodeling his house.

Miss Jennie Gordon, B. A., Toronto, has arrived home to spend her vacation with relatives in New Perth.

On Tuesday evening, July 3rd, the young ladies and gents of Waterdale and vicinity attended one of the most up-to-date ice-cream festivals held in that vicinity for some time. The festival was under the supervision of the Women's Institute, the proceeds, which were about \$45, were for the school. It was held on the lawn of Mr. J. C. Wisner. The piazza being decorated with bunting, Chinese lanterns and flowers, the moon shining on the water, and the merry-makers stepping off the fantastic, made a lovely scene, such as one would expect to see at Miami. Much credit is due those women who went to so much trouble in making their social evening a success.

Mr. George Keefe, city, was in Millview Wednesday.

Mr. Lawrence Murdoch, Murray River, passed through Millview recently.

The hay is ripening up very fast, and looks as if the farmer will soon have to be getting out his mowing machine.

There always seems to be strange things happening around Millview. Some time ago we had an experience with meeting an army of rats on her road one night. This time one of our young men while driving home from Charlottetown Saturday night, and going at a slow rate of speed, had the misfortune of hav-

ing one of the glasses in his new Pontiac Sedan broken. The accident is a mystery as there was no one near at the time, other than the occupants. The glass was broken in a great many pieces, but luckily no one was injured except for a few slight cuts. It is thought that the door was warped and probably the car gave a jurch.

Practical Harness Making



all strictly hand work of the best and most painstaking quality—is our business. We guarantee satisfaction to every patron because we put into our Harness the best materials and the best workmanship. We solicit new customers because we know we can please them and give them better quality for the same money than they can find elsewhere.

S. L. HARDY & CO
187 QUEEN STREET
CHARLOTTETOWN

INSIDIOUS EYE STRAIN

We use this adjective advisedly. Sufferers from Eye-strain may have perfect vision and therefore do not suspect the presence of any eye defect.

The motive power of the entire human organism is Nerve Energy. Normal eyes, it is computed utilize about 20% of this Nerve Energy, but when Eye-strain is present, a much larger proportion is required. Hence defective eyes, through their consumption of an excessive amount of Nerve Energy may seriously affect the functioning of other organs of the body and produce ill health.

HAVE YOUR EYES EXAMINED
G. F. Hutcheson
OPTOMETRIST

It Must be Good

Hickey & Nicholson's Black Twist Tobacco is Used by Thousands of Men Who Chew Tobacco, and They Never Change to Any Other Brand. There is a Reason. They Want the Best Chew and They Get it in Every Fig.

HICKEY & NICHOLSON TOBACCO CO., LTD.
Manufacturers—Charlottetown.